



CICO  
BOOKS

RYLAND PETERS & SMALL

books to inspire and delight

**SPRING 2023 NEW TITLES**

(JANUARY–JUNE)



**BACKLIST CATALOGUE**

FOOD & DRINK • HOME & LIFESTYLE • HEALTH, MIND, BODY & SPIRIT • CRAFT • GIFT & HUMOUR

# Contents

Food & Drink	1
Home & Garden	45
Health, Mind, Body & Spirit	74
Craft	102
Babies & Kids	122
Gift & Humour	129
Journals & Organizers	148
Stationery	150
Sales & Marketing	151

### KEY TO FOREIGN LANGUAGE RIGHTS

AA – Afrikaans; AE – Arabic; AU – Australian; BE – Belgian; BR – Brazil; BU – Bulgaria; CH – Swiss; CN – Chinese; CZ – Czech; DE – German; DK – Danish; EE – Estonian; ES – Spanish; FC – French Canadian; FI – Finnish; FR – French; GR – Greek; HR – Croatian; HU – Hungarian; ID – Indonesian; IL – Israeli; IN – Indian; IT – Italian; JP – Japanese; KR – Korean; LB – Lebanese; LT – Lithuanian; LV – Latvian; MY – Malaysian; NL – Dutch; NO – Norwegian; PL – Polish; PT – Portuguese; RO – Romanian; RU – Russian; SE – Swedish; SG – Singaporean; SK – Slovakian; SV – Slovenian; TH – Thai; TK – Turkish; TW – Taiwanese; UA – Ukrainian; US – American; VN – Vietnamese; ZA – South African

### PAPERSTYLE FSC CERTIFICATION

All our forthcoming **paperstyle** stationery and most of our backlist is printed on FSC paper. The FSC (Forest Stewardship Council) label ensures that the forest products used in our items come from responsibly harvested and verified sources. In the **Stationery** section, \* denotes an item that is printed on non-FSC paper and board.



# Cucina di Amalfi



ISBN: 978-1-78879-508-1

192 pages (FSC paper) | 150 colour photographs  
254 x 200 mm | £20.00 (hardback)

Carton quantity: 18

Publication: March 2023



### URSULA FERRIGNO

is an acclaimed and experienced food writer and chef. She trained at the Auguste Escoffier School of the Culinary Arts and has taught at leading cookery schools in both the UK and Italy, including the celebrated Leith's School of Food and Wine. She toured the US, running classes in all Sur la Table stores, is consultant chef to Caffè Nero and has made many appearances on BBC TV. The author of more than 18 cookery books (including *Cucina Siciliana* for Ryland Peters & Small), Ursula has also written for *Olive*, *BBC Good Food*, *The Observer* and *Taste Italia*.



also available:  
**Cucina Siciliana**  
ISBN: 978-1-78879-117-5  
£20.00

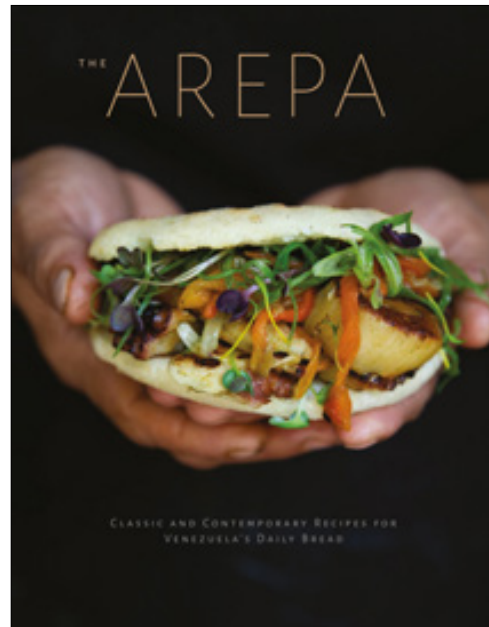
Italian food reflects culture. In Italy cooking is the product of geography, history and religion. 'Italian cooking' is really a patchwork of local and regional cuisines, all fiercely claiming to be the best in the country.

**Ursula Ferrigno's** own family come from the south of Italy, and just south of Naples is the Amalfi Coast. It is widely considered to be one of Italy's most magical locations: breath-taking (literally) winding cliff-top roads, pastel-coloured houses tumbling down towards the sea, flower-framed terraces and trees heavy with the world's most coveted lemons at every turn. Discover the delicious food the region has to offer. Vegetable dishes take centre stage and both meat and fish are eaten and often combined. In this seductive book you'll find 75 recipes to enjoy, from simple *antipasti* to *pane* (bread) and *pizza*, pasta, *piatti principali* (main plates), *contorni* (vegetable) and the all-important *dolci* (desserts), alongside essays on the food culture and traditions of the area and beautiful scenic photography.

- *Forbes* reported the Amalfi coast to be a popular and beautiful destination for food and culture.
- Trendy restaurants in London such as *Big Mamma's* Circolo Popolare and Ave Mario are often booked up months in advance.
- Beautiful photography, personal essays, authentic Italian food – a celebration of the dishes born out of Southern Italy, and everything that this beautiful region has to offer.



# The Arepa



**ISBN: 978-1-78879-517-3**  
 176 pages (FSC paper) | 200 colour photographs  
 254 x 200 mm | £20.00 (hardback)  
 Carton quantity: 10  
**Publication: June 2023**



**IRENA STEIN** is a photographer, restaurateur and humanitarian whose spirit is deeply rooted in humanizing society. Irena came to America from Venezuela on a scholarship to Stanford University where she graduated with a Master's in Cultural Anthropology. Since then she has merged her passion for food, community and environmentalism by opening her first restaurant, Alma Cocina Latina, in Baltimore, Maryland.

**EDUARDO EGUI** has worked in high-end kitchens in Caracas and Miami and lives in Barcelona, Spain, with his wife and child, having opened his restaurant La Real Hamburguesaria in 2017. He also travels to Venezuela with his company Caracas Catering.



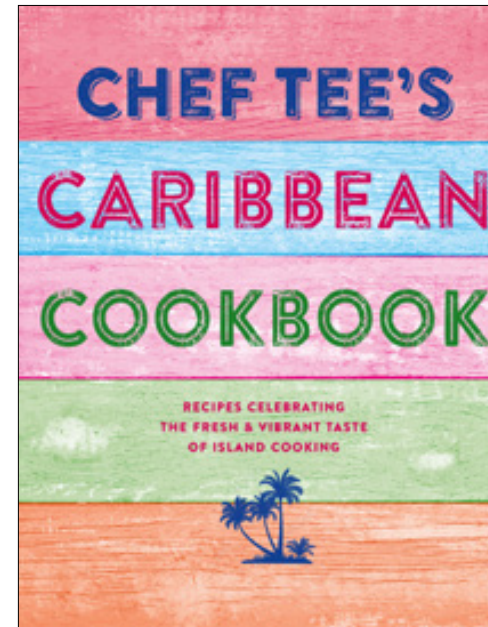
also available:  
**Everyone Loves Tacos**  
**ISBN: 978-1-78879-434-3**  
 £9.99

The arepa – a crisp round pocket made from corn flour – is one of Venezuela’s defining foods. Gluten-free and dairy-free, arepas are endlessly adaptable, unarguably delicious and fun to eat. From chicken to cheese, avocado and pork, just about anything you would put between two slices of bread can fit into an arepa. With a growing number of arepa bars opening globally and top chefs and food lovers alike discovering Venezuelan cuisine, arepa fever is spreading fast! *The Arepa* will introduce this celebrated little pocket to everyday eating, first by teaching how to make arepa dough, then providing instructions on how to cook them and pairing them with countless fillings and flavour combinations. Making arepas is easily accomplished in any home kitchen with four simple ingredients – corn flour, water, oil and salt – and they can be assembled in advance. They contain no replacement or unnatural ingredients, making them way healthier than most gluten-free bread recipes. No rising is required, making the dough easier than bread, and there’s no rolling, making them less tricky than tacos. With a little practice, it will become simple to add arepas to your culinary repertoire.

- There are more than 500 arepa bars in the States and more than 3500 globally. Arepa & Co have recently opened 3 branches of their new arepa restaurant in London, UK.
- The author’s restaurant, Alma Cocina Latina, has been recognised nationally by *Bon Appétit*, *The New York Times*, *Baltimore Sun*, United Nations Environmental Board, and others. A dedicated Arepa bar will be opening next to the existing restaurant early in 2023.



# Chef Tee’s Caribbean Cookbook



**ISBN: 978-1-78879-510-4**  
 176 pages (wood-free FSC paper) | 100 colour photographs | 254 x 200 mm | £20.00 (hardback)  
 Carton quantity: 10  
**Publication: April 2023**



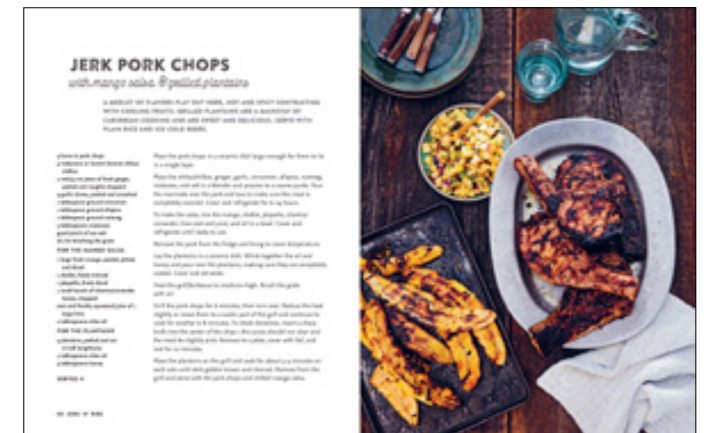
**CHEF TEE** opened Paradise Cove during the pandemic. He had previously worked as a teacher and chef, but was able to truly exercise his passion for cooking when he transformed what was once a corner shop into what is now the popular Paradise Cove. Having grown up in care himself, Chef Tee aims to create change by employing care leavers and 16–25 year olds. He has four degrees, runs marathons for charity, and brings fantastic Caribbean food to London.



also available:  
**Island Poké Cookbook**  
**ISBN: 978-1-78879-433-6**  
 £18.99

Caribbean cuisine offers a world of flavour, with all the islands having their own unique dishes and cooking styles. In this sunshine-filled book you’ll find recipes for mouth-watering hot sauces, spice rubs, marinades and cool chutneys as well as vibrant salads, wood grills and slowly simmered braises. Food is often eaten on the go from beach shacks or street vendors, who cook up fresh bites every day. Satisfying curries are always on the menu and are traditionally served with rice or roti breads for wiping your plate clean, and vegetable sides. Meat is a big feature, often marinated, and fresh fish is readily available, particularly on the smaller islands, but there are plenty of vegetarian and vegan dishes to enjoy too. And let’s not forget the rum-based cocktails! Celebrate the fresh and vibrant colours and tastes of the Caribbean in your own kitchen with delicious and easy recipes, filled with lip-smacking flavour, guaranteed to transport you to paradise.

- In the same vein as best-selling Caribbean cookbooks such as *Original Flava*, *The Creole Kitchen* and Levi Roots’ *Reggae Cookbook*.
- Caribbean food identified by The National Restaurant Association as a top trend to watch for 2022.
- ‘This is all comfort food, made by someone who knows a bit about having to find a place of safety and now wants to offer you one, too.’ Jay Rayner, *The Guardian*.
- **Chef Tee** is a rising media star, having featured in the *Observer New Review* (as part of a piece on successful care leavers), as well as debuting as a guest chef at the Latitude Festival in Summer 2022.



# BBQ For All



ISBN: 978-1-912983-71-1

176 pages (wood-free FSC paper)  
100 colour photographs  
254 x 200 mm | £20.00 (hardback)  
Carton quantity: 18

Publication: March 2023



**MARCUS BAWDON** is obsessed by cooking with fire. It's an all-encompassing passion that he loves to share with people via his vibrant CountryWoodSmoke website, Facebook group and YouTube channel; through demonstrations and appearances at food and BBQ festivals across Britain, and as editor of *UK BBQ Mag*.

For barbecue supremo and teacher **Marcus Bawdon**, outdoor cooking should always be tempting. And it doesn't always have to be about huge slabs of meat! This book will inspire you to pull together feasts guaranteed to impress, regardless of dietary preferences or requirements. The art of BBQ has taken off around the globe, and Marcus experienced exciting methods first-hand from the Middle East to Japan, Italy to India. He takes inspiration from a wealth of culinary influences to demonstrate how far cooking with fire has come and how flavoursome it can be, even for those with a specific dietary need. Here, the doors of Marcus' own UK BBQ School have been thrown wide open so you can see in glorious technicolour in his stunning photographs what is possible, to encourage you to take giant leaps forward on your own BBQ at home. Included are recipes for meat and seafood, as well as vegetarian and vegan recipes. Advice is also shared on buying barbecues, tips on cooking technique and how to hone your skills. BBQ is a real journey, and there is no better teacher than Marcus.

- A book for everyone, from carnivores to meat-avoiders, so that everyone can enjoy the best of those smokey flavours regardless of dietary needs.
- According to *The Grocer*, in 2022 more Brits than ever are investing in premium BBQ equipment. BBQ ready food items rose 488% in summer 2021.
- The author's first book, *Food & Fire* (ISBN 978-1-911026-88-4), sold 22,000 copies, and his book *Skewered* won the World Gourmand Award for Best BBQ Book 2021.



also available:  
**Food and Fire**  
ISBN: 978-1-911026-88-4  
£16.99

# Endless Summer Table



ISBN: 978-1-78879-509-8

208 pages (wood-free FSC paper) | 150 colour photographs | 254 x 200 mm | £20.00 (hardback)  
Carton quantity: 10

Publication: April 2023



**KATHY KORDALIS** draws inspiration from her Australian and Mediterranean heritage, as she was raised by Greek parents in Australia. A graduate of Leith's School of Food and Wine, Kathy works as a freelance food stylist and writer, her clients include chef Bill Granger of Granger & Co. Kathy is completing a Masters degree in the Anthropology of Food at SOAS and leads Gastronomic Tours in London for Context Travel.



also available:  
**Rustica**  
ISBN: 978-1-78879-280-6  
£16.99

Take a journey through the sun-dappled food of the Mediterranean, with over 75 recipes inspired by recipes prepared and enjoyed in France, Spain, Greece and Italy. This is crowd-pleasing food, designed to be shared. All diners are welcome at **Kathy Kordalis'** table, as the Mediterranean diet was traditionally based on fish, along with mainly vegetable-based meals and protein from legumes, the perfect basis for a 'flexitarian' approach. Being mindful of seasonality and food availability is important, but without it affecting your joy or enjoyment. This super-versatile recipe collection features sauces, pickles and ferments, recipes for easy breads, summer vegetable dishes (including salads, sides and appetizers), fish and meat plates plus deliciously indulgent sweet things and bakes. In addition, *Endless Summer Table* is peppered with vignettes on key Mediterranean ingredients, from olives to honey and saffron, to create a beautiful book for all who love to cook, and a reference to revisit time and time again.

- Enticing summer food, beautifully photographed in sun-dappled table settings, aspirational dining at it's most potent and on-trend with the current social media interest in lifestyle dining and 'tablescaping'.
- Communal dining and catering for multiple dietary needs are becoming increasingly important. This book makes this easy and enjoyable.
- UK food chains are taking on the Mediterranean cuisine more than ever before; fast-food establishments such as The Real Greek show that demand for this cuisine is high.



# Lunch to Go



ISBN: 978-1-78879-500-5

144 pages (FSC paper)

70 colour photographs

210 x 170 mm | £14.99 (hardback)

Carton quantity: 24

Rights sold: CZ

Publication: February 2023



also available:  
The Salad Bowl

ISBN: 978-1-78879-087-1

£9.99

The lunch hour can be the biggest highlight or disappointment of any day. A shop-bought meal purchased in haste is so often a bland specimen, shovelled down without a second thought to health or bank balance. However, food-savvy members of the public are now more conscious than ever about what they are putting into their bodies. Nutritious and delicious dinners are big business – but why stop at dinner? After all, around a third of meals eaten are lunches at work or school. Hungry souls are now after something better come breaktime and are willing to spend a little longer on a meal that tastes good and does good. The new supercharged lunchbox can be so much more than the ubiquitous tuna salad sandwich and packet of crisps of yesteryear. Instead, *Lunch to Go* will teach you how to create a thing of delight, a balanced individually portioned meal that will be the envy of colleagues. Don't cheat yourself, instead treat yourself to a beautifully crafted lunchbox.

- The ultimate way to save money and reduce plastic and food waste; ideal as concerns around cost of living and the environment are so prominent.
- Exciting recipes that wave goodbye to the meal deal and go far beyond the ham sandwich.
- Driven by the post-Covid 'back to the office' rush.
- Wholesome, delicious and easy to transport; goes in hand with the 'Bento Box' cute lunch trends on TikTok. One account has amassed 14 million views on just one of many viral videos (*LA Times*).



# The Vital Vegan



ISBN: 978-1-78879-497-8

176 pages (wood-free FSC paper)

100 colour photographs

235 x 190 mm | £20.00 (hardback)

Carton quantity: 18

Publication: January 2023



LEAH VANDERVELDT was the food editor at health and wellness website, MindBodyGreen, where she wrote and developed whole-food recipes and edited content about nutrition, health and cultivating a positive relationship with food. She has also worked previously for *Vogue* and *Vanity Fair* in the US, as well as for lifestyle and design magazine *Home Beautiful* in Australia. Leah runs wellbeing blog *Nourish and Evolve* and focuses on mindful, nourishing and intuitive eating. She is certified in Culinary Nutrition from the Natural Gourmet Institute in New York City and lives in New Orleans, USA, with her husband, Fabian.



also available:  
The Plant Kitchen  
ISBN: 978-1-78879-181-6  
£14.99

With experience as an editor for the health and wellness website MindBodyGreen, **Leah Vanderveldt** offers a new outlook on eating plant-based dishes for health and wellbeing. This is unashamed comfort eating – big hearty bowls, packed full of goodness and rich in flavour. Her philosophy is to get the maximum enjoyment from foods by using seasonings and cooking techniques in over 100 simple recipes that offer indulgence and balance all at once. Affordability and accessibility is key, too, and these tasty, comforting and hearty meals are designed to bring excitement to the palate. Expect lots of colour, texture and flavour, with combinations of spice and freshness, creamy and crunchy, umami, sweet and sour. Try Spiced Buckwheat Porridge, Red Lentil Dahl, Winter Roasted Veg Bowl with Honey Balsamic Dressing, Curry-infused Quinoa with Herbed Black Lentils, Veggie Tacos with Five-seed Slaw, Planty Paella, Peanut Butter Cookies and Chocolate Bark with Dried Cherries and Almond Flakes. Plant-based comfort food incorporates an abundance of plant foods in meals that nourish the body and soul. It isn't heavy or overly rich, it can be light and healthy, while still being filling and flavourful.

- Taps into the rise in popularity of flexitarian eating – in 2020, 41% of Brits reported completely removing or actively reducing the amount of meat in their diet (*TheVeganSociety*).
- Vegan comfort food to be a top trend for 2022 (*Kroger*).
- *Vegan Street Food* (ISBN 978-1-84975-650-1) has sold over 33,000 copies.



## Bottomless Brunch



ISBN: 978-1-78879-524-1

160 pages (FSC paper) | 100 colour photographs | 235 x 190 mm | £16.99 (hardback) | Carton quantity: 20

Publication: May 2023



Enjoy a bottomless brunch in the comfort of your own home with this delicious collection of brunch recipes paired with irresistible cocktails. There is no better way to enjoy a lazy morning at home than cooking up a storm and then rewarding your hard work with a decadent cocktail. Whether you're dining for two or cooking for a crowd, *Bottomless Brunch* will provide the inspiration to create your very own boozy brunch at home. Keep it simple with a classic Eggs Benedict paired with a Mimosa or make things more interesting with Baked Chilli Eggs matched with a long cold glass of Brunch Punch. Cooking for more? A pan of Slow-braised Beans with Ham Hock, some Cheddar Cornbread and a perfect Bloody Mary is a great way to feed, and impress, a crowd. There are even deliciously sin-free mocktail combos to appeal to the non-drinkers out there such as Herb Fritters with Fried Eggs and a Basil Limeade. Dive into this glorious collection of paired food and drink recipes and transform your brunch into a truly buzzing breakfast affair.

- Very little in way of competitive titles out there – a lot of brunch books, but nothing else with brunch recipes paired with cocktails.
- Contains a huge range of brunch recipes to suit all tastes – eggs, fruits, pastries, meat and vegetarian.
- Alcoholic and non-alcoholic cocktails are included to appeal to the growing number of non-drinkers around the world.

## Great Sandwiches

From the humble cheese and tomato sandwich to an enormous meatball sub, the sandwich is both a comforting classic and the most versatile type of food imaginable. Whether you want a simple snack to stick in your lunchbox or something more substantial to see away a Sunday morning hangover, *Great Sandwiches* has delicious recipes from around the world involving the key ingredient, bread, to make paninis, burgers, hogies, boccadillos, tartines, and more. With beautiful illustrations to showcase the true variety and deliciousness of the world of sandwiches, you will find recipes for everything from the classic BLT and Pastrami on Rye, to exciting creations from further afield like the Katsu Sando and Cubano, as well as more practical creations in between bread such as the Roast Dinner Leftover Sandwich.

- British Sandwich Association founder and director Jim Winship – 'Over the past few decades £7bn-a-year industry has grown up'.
- Comes hand-in-hand with the return of the packed lunch, back to work culture.
- American deli culture: 'the sandwich is the perfect American food' – Bee Wilson, food historian.

### HELEN GRAVES

is a food and recipe writer and editor and London-dwelling sandwich fanatic. She has written for *Olive*, *Food & Travel*, *National Geographic Food* and many others. Visit Helen's websites at [helengraves.co.uk](http://helengraves.co.uk) and [londonreviewofsandwiches.wordpress.com](http://londonreviewofsandwiches.wordpress.com). The author is based in Peckham, London.



ISBN: 978-1-912983-65-0

144 pages (wood-free FSC paper) | 75 colour illustrations | 210 x 170 mm | £14.99 (hardback) | Carton quantity: 28

Publication: June 2023



## Leftover Meals to Love



ISBN: 978-1-78879-523-4

192 pages (wood-free FSC paper) | 90 colour photographs | 235 x 190 mm | £20.00 (hardback) | Carton quantity: 20

Publication: May 2023



Want to save time, money and energy by using up your existing food stocks rather than constantly grocery shopping and then struggling to use up leftovers? Here **Megan Davies** shows how, by helping you develop intuition for using what you already have in your kitchen. She shares her vibrant, accessible and, most importantly, flexible recipes for leftover meals that can be rustled up just by looking in the fridge or store cupboard. Each recipe has a highly inventive ingredients table, showing how to swap and substitute ingredients, depending on what you have to hand, making it easy to ring the changes and work with what you have. Cooking this way is something that comes naturally to Megan and here she shares her secrets, to equip you with the skills and tricks needed to make your own food go further, whilst at the same time refreshing your weeknight meal roster and enjoying some weekend feasting.

- Second book from the author of *Home Bird: Simple Low-waste Recipes for Family & Friends* (ISBN 879-78879-233-2).
- With the cost of food rapidly rising, most people are looking at ways to cut their food budget. Using up leftovers and any lingering ingredients in the fridge is an obvious place to start.
- Leftovers is a popular search on social media with #leftovers having over 2 million posts on Instagram and #leftoverideas having over 800K views on TikTok.
- Recipes are divided into seasonal sections, to make the most of food when it is at its best and cheapest, plus there are chapters on batch-cooking basic recipes and creating condiments and sauces.

## The Thrifty Cookbook

A busy family household is often short on time and money. The weekly food shop can be a stressful time when you are wondering how you can feed your family good, honest food without exceeding the weekly budget. Living on a budget, or trying to reduce your outgoings, doesn't have to mean foregoing cooking and eating good food though. Thrifty tips will guide you through how to make the most of your ingredients and create wonderful family food for all mealtimes. Enjoy some budget breakfasts such as Baked Eggs or Corned Beef Hash before moving on to some purse-friendly soups and salads for lunch. The main meal of the day no longer needs to empty the bank, so instead delve in to some quick and easy dishes such as Thai Salmon Fish Cakes or Quick Vegetable Curry. Treats don't have to be ignored in favour of saving pennies either – whip up some quick treats such as Iced Summer Berries with Hot White Chocolate Sauce or Banana Fritters. *The Thrifty Cookbook* has all the inspiration you need to produce fantastic food, in super quick time, for the whole family even when you've had to tighten the household purse strings.

- News and social media chat is generally focussed around the cost of living crisis, so offering recipes that are budget-friendly is very relevant.
- Simple, easy-to-follow recipes mean that they can all be made in around 20 minutes or less – perfect for a busy family.
- Quick cooking also means an energy-efficient way of cooking, which is useful during the energy crisis, where families are concerned with conserving energy wherever possible.



ISBN: 978-1-78879-525-8

144 pages (FSC paper) | 100 colour photographs | 210 x 170 mm | £14.99 (hardback) | Carton quantity: 28 | Rights sold: FR

Publication: May 2023



NEW  
EDITION

# The Clever Camper Cookbook



**NEW EDITION**

**ISBN: 978-1-80065-217-0**

128 pages (wood-free FSC paper)

60 colour photographs

210 x 170 mm | £14.99 (hardback)

Carton quantity: 30

**Publication: June 2023**



**MEGAN WINTER-BARKER AND SIMON FIELDING**

are keen travellers and big foodies. They both grew up in the beautiful Lake District, where Simon's family business The Apple Pie Café and Bakery is located. *The Clever Camper Cookbook* came from a road-trip around Europe that they took in their campervan 'Pip'. Since writing the book, Meg and Simon have married and have a child and now live in London.



also available:  
**On Toast**

**ISBN: 978-1-78879-388-9**

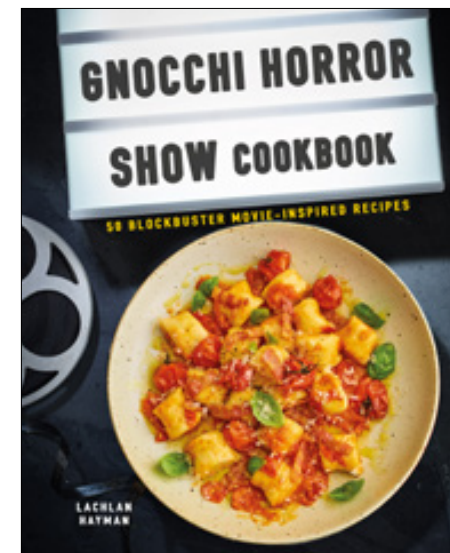
£9.99

Having spent months exploring the world in their trusty VW camper, **Megan Winter-Barker** and **Simon Fielding** are experts at putting together incredible food equipped with just a two-burner camping stove and a tiny fridge or cool box. *The Clever Camper Cookbook* features over 40 of the best recipes they came up with on their travels – there's no fuss, nothing too fancy, just deliciously simple cooking. Whether you're on top of a mountain, down by the water's edge or setting up for a few nights at a festival, they have all your food needs covered. In this updated edition, you can start the day with a Chorizo Omelette, tuck into Fish Finger Tacos for lunch and enjoy an al fresco feast under the stars with ideas for Halloumi Burgers, Boursin & Tomato Pasta, BBQ treats, and more. No longer does food on the road have to involve yet another portion of beans on toast! This book includes new features of advice and tips straight from Megan and Simon's many trips away in their van, from the need-to-know on camping with youngsters to the most coveted life hacks for taking on festivals van-style. Seize the open road with these recipes in hand and remember to pack a hearty appetite!

- Over the past few years, Campervan sales have rocketed, with the renewed love for 'Staycations' during pandemic travel restrictions making people keen to explore the leisure motor market.
- Renovating vans DIY style into campers is becoming increasingly popular.
- Retro motor homing is all the rage – made even cooler thanks to the #vanlife phenomenon, which has more than 10.5 million posts on Instagram.
- Complete with a simple shopping list helps you maximize the number of meals you can make with a minimum amount of ingredients, plus, every recipe can easily be scaled up when cooking for a group of friends.



# Gnocchi Horror Show Cookbook



**ISBN: 978-1-912983-63-6**

144 pages (wood-free FSC paper)

75 colour photographs

210 x 170 mm | £14.99 (hardback)

Carton quantity: 24

**Publication: April 2023**



**LACHLAN HAYMAN**

is a self-proclaimed dad-joker who wants to make food less snobby and more fun and accessible to everyone. He's a fan of a silly concept but is serious about his food. This book follows his title *Killing Me Soufflé*, a collection of music-based recipes for anyone who's ever sung into a spatula.



also available:

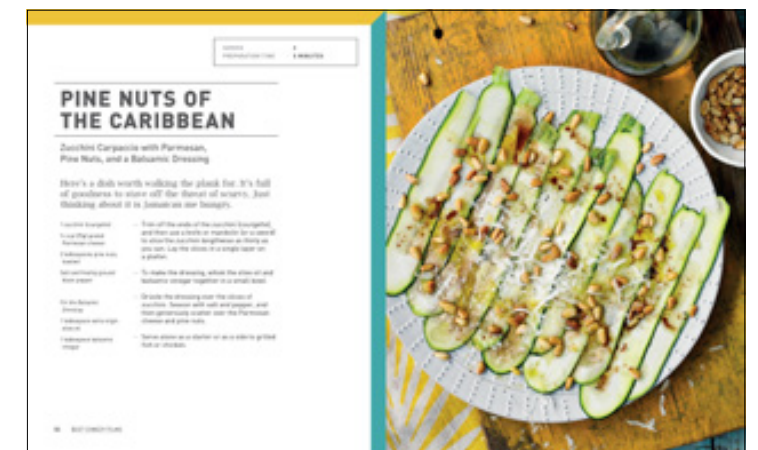
**Binge-Watching Eats**

**ISBN: 978-1-78879-163-2**

£9.99

Why settle for popcorn and a fizzy drink? The *Gnocchi Horror Show Cookbook* presents a director's cut of the finest dishes paying homage to the finest ever films. Think of them as culinary sequels. With 50 blockbuster pun-based recipes featuring 'The Silence of the Clams', 'Frying Nemo', 'Peel Harbour', 'School of Wok', 'Pinenuts of the Caribbean', 'Cook-a-Dahl Dundee', and 'Jurassic Pork', this is five-star cuisine from the big screen. Each recipe is both delicious and pun-tastic, meaning that you can enjoy your favourite films alongside their accompanying dish or snack. A range of genres are covered, from comedies and dramas to horrors and action films, meaning that you can have everything from 'Edward Caesarhands' to 'Loaf Actually'. May the forks be with you!

- The perfect gift for foodies and film buffs, publishing in time for Cannes film festival buzz.
- Taps into the trend for pun-based cookbooks – the puns will have you rolling in the aisles.
- Each of the 50 recipes is illustrated with stunning photography.
- TV and movie-based cookbooks are huge in the gift market right now – e.g. Marvel, Friends and Bridgerton-themed cookbooks in Urban Outfitters.
- With the vast number of streaming services out and 'binge watching' culture, appetite for this type of book is bigger than ever. TikToks on TV/movie inspired foods are going viral.



# Deliciously Vintage Baking & Desserts



**ISBN: 978-1-78879-502-9**  
 144 pages (wood-free FSC paper)  
 120 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20  
 Rights sold: BR  
**Publication: February 2023**



**VICTORIA GLASS** is a London-based food writer and recipe developer. She has made cakes for, among others, The Prince's Trust and The Royal British Legion and was the Roald Dahl Museum's first ever Gastronomic Writer in Residence. She has written six cookbooks, including *Deliciously Chocolate*, *Baking Mash-up* and *Boozy Shakes* for Ryland Peters & Small.

It's not hard to see why some cakes and bakes become classics, with family recipes handed down through the generations. You have only to sink your fork into a moist Lemon Drizzle Cake or enjoy the smell of freshly-baked Cinnamon Buns to understand why there are some sweet treats that we simply can't resist returning to again and again. This book is a celebration of those recipes, drawing from a broad culinary heritage. From cookies and cakes to pastries and desserts, **Victoria Glass** charts the delicious range of some of our much-loved classics. Lesser-known smaller bakes such as Jumbles and Fat Rascals feature alongside indisputable classics such as Rock Cakes and fruit-studded Chelsea Buns. Larger cakes and pastries range from the quintessential Victoria Sponge and Hummingbird Cake, to those creations with an international flair: delight with a decadent Austrian Sachertorte or a South African Melktert. To finish, classic puddings include Apple and Blackberry Crumble and Spotted Dick. Comforting and economical, these 60 recipes are guaranteed to hit all the right notes of nostalgia and deliciousness.

- The novelty of retro foods has spiked since lockdowns, with consumers returning to nostalgic recipes for a dose of comfort food and for the enjoyment of traditional baking.
- Younger generations are getting involved too, with a TikToker recreating school lunch style cakes and desserts amassing more than 100,000 views.
- During lockdown, The Co-Operative saw nostalgic comfort foods making a comeback with a 738% rise in dried trifle sales and a 336% rise in sales of custard powder.



also available:  
**Cinnamon, Spice & Warm Apple Pie**  
**ISBN: 978-1-78879-276-9**  
 £9.99

# Summer Fruit Pastries



**ISBN: 978-1-78879-513-5**  
 160 pages (wood-free FSC paper)  
 75 colour photographs  
 210 x 170 mm | £14.99 (hardback)  
 Carton quantity: 28  
**Publication: May 2023**



also available:  
**Pâtisserie at Home**  
**ISBN: 978-1-78879-204-2**  
 £16.99

On a summer's day, there is perhaps nothing more appealing and indulgent than a bite-size fruit pastry or tart. Whether you're tucking into a zingy lemon tartlet or a classic strawberry cream puff, these recipes provide perfectly delectable offerings that celebrate all manner of fresh and seasonal summer fruits. Recipes include everything from small treats to pair with an iced tea or chilled glass of lemonade to larger bakes to share with friends at a BBQ or garden party. Choose from elegant treats such as Fresh Fruit Eclairs and Blueberry and Summer Berry Mini Galettes, or impress with larger offerings, such as Hazelnut and Apple Frangipane Tart and Raspberry Choux Ring. Wherever your sweet tooth sends, these bakes are the perfect way to satisfy your craving for indulgence in the warmer months of the year.

- Experience that sunshine feeling at any time of year, with these fruity summer treats.
- Fashionable London bakery Toklas along with pop-up bakers Lark! ran a 'Summer Fruit Pop-up' in July 22, attracting queues of customers eager to buy limited edition bite-size fresh fruit treats, from roasted peach and mascarpone tartlets to mango-filled glazed brioche.
- Given the current cost of eating out and buying shop-bought, people are seeking out ways to make these luxury treats at home.





# Frozen Sweet Treats & Desserts



ISBN: 978-1-78879-514-2

160 pages (wood-free FSC paper)  
100 colour photographs  
210 x 170 mm | £14.99 (hardback)  
Carton quantity: 24  
Publication: June 2023



Cooling, delicious and indulgent are all words that come to mind when we picture the wonderful world of ice cream. Whether you are sipping smooth chocolatey flavours through a straw on a summer's day, mixing a soft scoop of vanilla ice cream into a fizzy drink, pimping your drink with coffee or a tippie or layering up an ice box cake to slice and serve, the possibilities of ice cream are endless. Discover a wide range of mix-ins and toppings to layer up loaded sundaes, and enjoy all the glory of an ice cream parlour in the comfort of your own home. Perfect for an indulgent treat on the sofa on a Friday night, or for an ice-cold creamy beverage on a hot afternoon. Get ready for a long hot summer, these recipes will help you to get the most out of the cold, the sweet, and the creamy.

- Ice cream based products have seen a resurgence with the invention of more life-style specific ice cream brands, including dairy free, low sugar and vegan.
- Ice cream cakes are an Instagram trend with #icecreamcakes attracting more than 1 million posts.
- Fun treats such as Japanese-style rice paper wrapped Mini Moon Mochi Ice Creams have served to increase popularity with a younger trend-driven market.
- The Museum of Ice Cream has branches in New York, Austin, Chicago, Singapore and Shanghai showing global appeal. Fashion designer Anya Hindmarch also launched The Ice Cream Project concept store in summer 2022 in London, UK.



also available:  
Macarons  
ISBN: 978-1-78879-201-1  
£9.99

# Kombucha



NEW EDITION

ISBN: 978-1-78879-476-3

96 pages (FSC paper)  
80 colour photographs  
210 x 170 mm | £14.99 (hardback)  
Carton quantity: 24  
Rights sold: EE, FR, NL  
Publication: January 2023



LOUISE AVERY is the founder and owner of kombucha microbrewery L.A. Brewery. The company uses all-natural ingredients to brew health-boosting, sparkling probiotic teas and currently supplies delis, cafés and stores nationwide, including Selfridges, as well as restaurants such as Dishoom and Honest Burgers. Louise lives with her partner in Suffolk.



also available:  
Easy Leaf Tea  
ISBN: 978-1-84975-824-6  
£16.99

Louise Avery began brewing kombucha in 2010 as part of a self-sufficient and healthy lifestyle, living on a Scottish Island in the Hebrides, simply because she loved its unique and more-ish taste. Now she is one of London's best-connected kombucha producers. Here she reveals her tried-and-tested recipes that use the freshest produce to create truly delicious cold teas. Starting with an introduction to kombucha, Louise offers information on the types of tea you can use to flavour your kombucha, the health benefits of drinking it, the essential equipment you will need to brew your own and the dos and don'ts when it comes to selecting other ingredients. Following this, she presents a step-by-step basic process for brewing kombucha, bottling and storing and controlling the yeast. Recipes are then organised by type of base: 'Fruit', with recipes for Blood Orangeade, Pear and Ginger, Pomegranate and Lime, a Cranberry Cleanse and Blueberry Lemonade; 'Vegetable', including Sour Rhubarb Fizz, Striped Candy Beetroot and Lime, and a Virgin Mary. Next up, 'Flower' has ideas for Hibiscus Kombucha, Rose Petal Tea, Lavender Love and a Hoppy Pale Ale, while 'Herb, Spice and Tea' is where things heat up with Lemongrass Tea and two Turmeric Immune Boosters as well as Jasmine Kombucha and a Lychee Basil 'Mojito'. You'll be spoilt for choice for ways to flavour this health-giving drink.

- The UK is currently experiencing a kombucha 'boom' according to the BBC.
- The BBC show 'Easy Ways to Live Well' cited kombucha as one of '8 Simple Things You Can Do To Live Better'.
- Fermented foods cited as a 2021 trend by several sources including Waitrose.



# Leaf Tea



**ISBN: 978-1-78879-503-6**  
 176 pages (FSC paper)  
 150 colour photographs  
 186 x 123 mm | £12.99 (hardback)  
 Carton quantity: 20  
 Rights sold: CZ, NL  
**Publication: March 2023**



**TIMOTHY D'OFFAY** became fascinated by tea culture and tea growing while living in Japan's ancient capital Kyoto, over 20 years ago. Using Japan as a base, he soon started to explore the tea traditions of Taiwan, Korea, and Hong Kong. In 2000, these experiences led him to co-found East Teas at Borough Market in London with the tea expert Alex Fraser and in 2008 he set up Postcard Teas, a high-end tea importing business with a shop in London's exclusive Mayfair. His work involves travelling extensively across Asia to source and import some of the world's finest tea leaves.

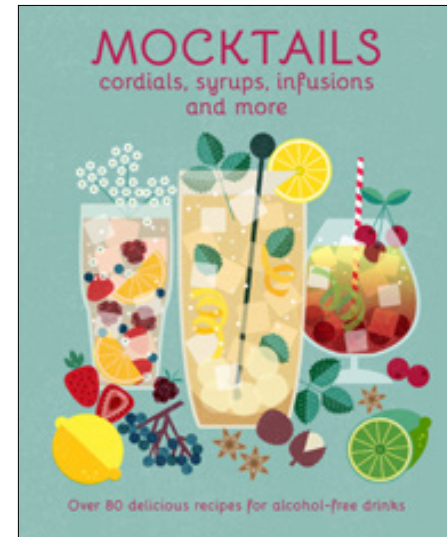
Tea expert **Timothy d'Offay** starts with the very basics with a section on water and tea tools to make brewing easier. Then, as well as traditional ways of making tea, he explores new brewing methods such as 'Flow Brew', which involves brewing one tea through another to create an infusion, and 'Ambient Tea', a way of making tea pair better with food. There is a 'Cold Brew' chapter as well as one for delicious sparkling teas, called 'Kitchen Colas', which you can make in the comfort of your own home with tea and a few other natural ingredients. 'Fresh Fruit Tea Quarters' are another new innovation, combining tea and fresh fruit juice to create a refreshing soft drink. In *Leaf Tea* there will be recipes to make the most of matcha and the other stoneground teas now available so you can learn to make tasty 'Somersault' drinks – frappes, milkshakes and ice creams. So turn on your kettle, tune into tea culture and drop those tasteless tea bags for some of the best leaf tea experiences you can have.

- Written by the author of *The Life of Tea*, winner of the Fortnum & Mason Food and Drink Awards 2019.
- A growing number of top restaurants (including The Fat Duck, Noma and Momofuku) are encouraging diners to pair their food with tea rather than with wine and offer high-end speciality teas.
- 'It's a moment, an aesthetic...' Pinterest predicts tea-time to become the new happy hour, naming it a top trend in 2022.



also available:  
**The Curious Barista's Guide to Coffee**  
**ISBN: 978-1-78879-083-3**  
 £12.99

# Mocktails, Cordials, Syrups, Infusions and More



**ISBN: 978-1-78879-507-4**  
 128 pages (wood-free FSC paper)  
 100 colour photographs  
 210 x 170 mm | £14.99 (hardback)  
 Carton quantity: 24  
**Publication: January 2023**



also available:  
**Summer Drinks**  
**ISBN: 978-1-78249-358-2**  
 £9.99

For too long designated drivers, detoxers and teetotalers have been left out in the cold when it comes to great drinks. Instead, they are forced to sip on the same insipid fruit juices that make up most alcohol-free offerings. Thankfully help is at hand with *Mocktails, Cordials, Syrups, Infusions and More* – a collection of delicious recipes that are welcome alternatives to the boring soft drinks or mineral water. These drinks prove that ditching the booze doesn't mean sacrificing taste. Exciting ingredients and flavour combinations such as strawberry and black pepper, mango and ginger, lemon and thyme, coffee and cardamom, or blueberry and elderflower will make your taste buds stand up and pay attention. And another bonus: no hangovers!

- Sales of non-alcoholic beverages spiked 33% in 2021 – near-beers, clean wines and more are all on trend.
- Celebrities debuting mocktails and alcohol-free drinks include Katy Perry and Blake Lively.
- Environmentally beneficial: brewing beer uses seven gallons of water to every gallon of beer, so alcohol reduction goes hand in hand with veganism and other planet-friendly dietary movements.



# Tequila Cocktails



**ISBN: 978-1-78879-505-0**  
 64 pages (FSC paper)  
 60 colour photographs  
 186 x 123 mm | £8.99 (hardback)  
 Carton quantity: 60  
**Publication: April 2023**



**JESSE ESTES** is an agave spirits expert and an award-winning bartender who has worked around the world and in establishments in London, UK, such as The Lonsdale, Callooh Callay and The Luggage Room. In 2013 Jesse was named one of 'London's Best Bartenders' by The Huffington Post. He has been featured in publications such as *Imbibe*, *Esquire*, *Shortlist*, *Spirits Business* and *Drinks International*. Jesse is now the Global Brand Ambassador for Tequila Ocho and leads masterclasses on tequila and other agave spirits across the world.

It's the perfect accompaniment to a Mexican meal full of spicy flavours and the ideal fuel for dancing the night away. Made from the fermented juice of the agave plant, this spirit, along with its trendy cousin mezcal, has a complex yet light flavour, which is perfect in cocktails. Premium quality versions are becoming readily available, especially for the discerning cocktail drinker – the simple rule is the higher the percentage of agave, the better. Learn about the proud heritage of agave-based spirits from expert **Jesse Estes**. Start with a margarita, such as a Pink Pomegranate or a Greener Pastures, and then try something longer such as a Hibiscus Highball. If you prefer something a little more moody, try a Fallen Angel or brace yourself for a Tequila Smash. Finally, unleash your wild side with an Under the Volcano!

- Tequila sales have grown hugely in the UK recently, with 1.7 million litres of tequila being shipped to the UK in 2020.
- Tequila has a generally stylish, fun reputation that is only growing – Kendall Jenner, George Clooney, Justin Timberlake, Mario Lopez, Adam Levine, P Diddy and Dwayne 'The Rock' Johnson all have their own brands of tequila.
- Jesse is the son of the late Tomas Estes, founder of London's Café Pacifico, European Tequila Ambassador for the Mexican Government and the man credited with introducing the drink to the European bar scene.



also available:  
**Whiskey Cocktails**  
**ISBN: 978-1-78879-387-2**  
 £7.99

# Martini



**ISBN: 978-1-78879-512-8**  
 64 pages (FSC paper)  
 40 colour photographs  
 186 x 123 mm | £8.99 (hardback)  
 Carton quantity: 60  
**Publication: May 2023**



**DAVID T. SMITH** is a drinks writer and consultant. He is the contributing editor for *Gin Magazine* and has contributed to various books and publications, including the best-selling *Gin Tonic* and *Negroni* for Ryland Peters & Small. David is a senior judge for international spirits competitions, including World's Drinks Awards, IWSC, the Global Spirits Masters, and American Distilling Institute. He is a member of The Gin Guild and, in 2021, was the 7th person to be inducted into the Gin Hall of Fame.

**KELI RIVERS** has progressed from a ginnoisseur at San Francisco's Whitechapel to Sipsmith US Brand Ambassador. She has 28 years under her belt working in the hospitality industry all over the world. Keli lives in Brooklyn, New York.



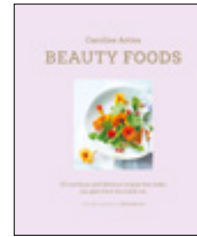
also available:  
**Negroni**  
**ISBN: 978-1-78879-279-0**  
 £7.99

There is nothing more satisfying than that first sip of a crisp, cold martini. In this book, **David T. Smith** and **Keli Rivers** guide you on an exhilarating journey through all things 'martini', showcasing all the exciting places that the iconic cocktail can take you. You'll find everything from classics like the Dirty Martini and Vesper, to more avant garde combinations that demonstrate sensational possibilities, alongside seasonal treats. Contemporary recipes include the Appletini and Espresso Martini, while more experimental creations make the most of less typical spirits and flavours, allowing you to indulge in the Rum Martini and the Mezcal Martini. The recipes provide opportunities for everyone so whether you prefer yours shaken or stirred, grab your finest spirits and let the experts show you the very best of the martini!

- The martini is in its 'new golden age', with TikTok tutorials and Instagram aesthetics pulling Gen-Z into the excitement of the drink – 'Martinis stopped looking like an uncreative boomer drink and began to feel timelessly chic', Hannah Chamberlain of TikTok account SpiritedLA.
- The Espresso Martini is currently the world's most notorious cocktail, a classic that surges in popularity time and time again (*The Guardian*). The canned cocktail industry and new modifications see the drink continuously rebranded for newcomers (*The New York Times*).
- With the House of Martinis London pop-up Summer 2022, and World Martini Day (18th June), summer is the perfect time to dive into martini recipes.



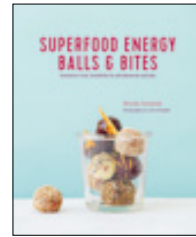
Beauty Foods



CAROLINE ARTISS  
**ISBN: 978-1-78879-116-8**  
 144 pages | 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Superfood Energy Balls & Bites



NICOLA GRAIMES  
**ISBN: 978-1-84975-929-8**  
 144 pages (wood-free paper)  
 80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



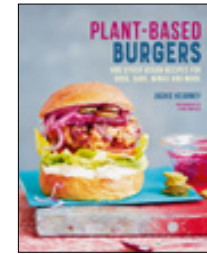
Vegan Recipes to Enhance your Yoga Life



SARAH WILKINSON  
**ISBN: 978-1-78249-847-6**  
 144 pages | 80 colour photographs  
 235 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: TW



Plant-based Burgers



JACKIE KEARNEY  
**ISBN: 978-1-78879-421-3**  
 144 pages (wood-free paper)  
 c.100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 24



Vegan Mock Meat Revolution



JACKIE KEARNEY  
**ISBN: 978-1-78879-026-0**  
 144 pages | 70 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20



Healthy Little Tummies



CLAIRE POWER  
**ISBN: 978-1-78879-234-9**  
 144 pages | c.70 colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18  
 Rights sold: NL



The Plant Kitchen



**ISBN: 978-1-78879-181-6**  
 160 pages (wood-free paper)  
 70+ colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18



First-time Vegan



**BESTSELLER**  
 25,000 SOLD

LEAH VANDERVELDT  
**ISBN: 978-1-78879-062-8**  
 144 pages (wood-free paper)  
 80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Vegan Paleo



JENNA ZOE  
**ISBN: 978-1-78879-063-5**  
 144 pages | 60 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE, SE



The Salad Bowl



NICOLA GRAIMES  
**ISBN: 978-1-78879-087-1**  
 160 pages | 60 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE, ES, NL



Totally Tofu



**ISBN: 978-1-78879-347-6**  
 144 pages (wood-free paper)  
 c.100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



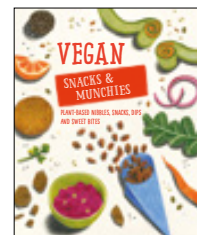
Kombucha



LOUISE AVERY  
**ISBN: 978-1-78879-036-9**  
 96 pages (wood-free paper)  
 60 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: NL, EE, FR



Vegan Snacks & Munchies



**ISBN: 978-1-78879-032-1**  
 144 pages (wood-free paper)  
 60 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



The Vegan Baker



DUNJA GULIN  
**ISBN: 978-1-84975-863-5**  
 144 pages | 100 colour photographs  
 228 x 235 mm | £16.99 (hardback)  
 Carton quantity: 20  
 Rights sold: DE, IT



Vegan Christmas Feasts



**BESTSELLER**  
 5,500 SOLD

JACKIE KEARNEY  
**ISBN: 978-1-78879-177-9**  
 144 pages (wood-free paper)  
 60 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



The CBD Kitchen



LEAH VANDERVELDT  
**ISBN: 978-1-78879-112-0**  
 128 pages (wood-free paper)  
 50 colour photographs  
 235 x 190 mm | £12.99 (hardback)  
 Carton quantity: 30  
 Rights sold: CZ, DE



The Forager's Kitchen Handbook



FIONA BIRD  
**ISBN: 978-1-78249-876-6**  
 192 pages (wood-free paper)  
 300 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 20  
 Rights sold: SV



The Flexitarian Cookbook



**BESTSELLER**  
 7,700 SOLD

**ISBN: 978-1-78879-146-5**  
 144 pages (wood-free paper)  
 70 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20  
 Rights sold: ZA, PL



The Guilt-Free Kitchen



JORDAN & JESSICA BOURKE  
**ISBN: 978-1-78879-443-5**  
 144 pages (wood-free paper)  
 70 colour photographs  
 210 x 170 mm | £14.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE, ZA



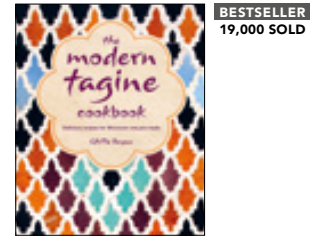
Home-grown Harvest



**ISBN: 978-1-78879-121-2**  
 192 pages (wood-free paper)  
 100 colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18  
 Rights sold: DE



The Modern Tagine Cookbook



GHILLIE BAŞAN  
**ISBN: 978-1-78879-143-4**  
 144 pages | 60 colour photographs  
 210 x 170 mm | £12.99 (hardback)  
 Carton quantity: 24  
 Rights sold: ES



Rustica



THEO A. MICHAELS  
**ISBN: 978-1-78879-280-6**  
 160 pages (wood-free paper)  
 c.140 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 18  
 Rights sold: DE



Orex!



THEO A. MICHAELS  
**ISBN: 978-1-78879-079-6**  
 176 pages (wood-free paper)  
 70 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 18  
 Rights sold: DE, GR



Tapas and Other Spanish Plates to Share



**ISBN: 978-1-78879-077-2**  
 144 pages | 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: FI



Tagines & Couscous



GHILLIE BAŞAN  
**ISBN: 978-1-84597-947-8**  
 144 pages | 80 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE, ES, FR, NL



Vegetarian Tagines & Couscous



GHILLIE BAŞAN  
**ISBN: 978-1-78879-300-1**  
 144 pages | 70 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE, NL



The Levantine Table



GHILLIE BAŞAN  
**ISBN: 978-1-78879-439-8**  
 240 pages | c.300 colour photographs  
 254 x 200 mm | £25.00 (hardback)  
 Carton quantity: 10



Tapas



**ISBN: 978-1-84597-394-0**  
 64 pages | 35 colour photographs  
 140 x 140 mm | £6.99 (hardback)  
 Carton quantity: 90  
 Rights sold: FI



La Paella



LOUISE PICKFORD  
**ISBN: 978-1-78879-236-3**  
 128 pages (wood-free paper)  
 c.55 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: NL, DE



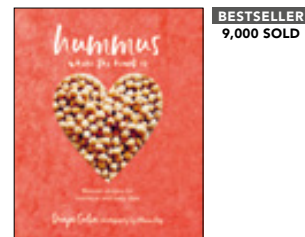
Cucina Siciliana



URSULA FERRIGNO  
**ISBN: 978-1-78879-117-5**  
 160 pages | 150 colour photographs  
 235 x 190 mm | £20.00 (hardback)  
 Carton quantity: 18  
 Rights sold: DE



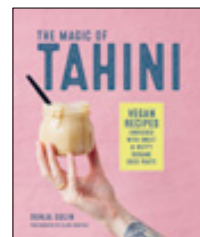
Hummus Where the Heart Is



DUNJA GULIN  
**ISBN: 978-1-84975-928-1**  
 128 pages (wood-free paper)  
 90 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE, NL



The Magic of Tahini



DUNJA GULIN  
**ISBN: 978-1-78879-072-7**  
 128 pages | 90 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Mezze



GHILLIE BAŞAN  
**ISBN: 978-1-84975-935-9**  
 144 pages | 100 colour photographs  
 210 x 170 mm | £12.99 (hardback)  
 Carton quantity: 24  
 Rights sold: FR, DE, GR, ES, HU



The Scandi Kitchen



BRONTE AURELL  
**ISBN: 978-1-84975-654-9**  
 160 pages (wood-free paper)  
 80 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 22  
 Rights sold: DE, RU  
 (see also page 53)



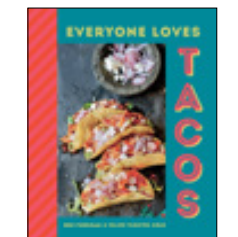
Real Mexican Food



BEN FORDHAM & FELIPE FUENTES CRUZ  
**ISBN: 978-1-78879-438-1**  
 144 pages (wood-free paper)  
 c.100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 20  
 Rights sold: IT, CZ, NL, ES, BR, FI



Everyone Loves Tacos



BEN FORDHAM & FELIPE FUENTES CRUZ  
**ISBN: 978-1-78879-434-3**  
 144 pages (wood-free paper)  
 c.80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: ES, DE, NL, SE, CZ



## Healthy Vegan Street Food



AUTUMN  
2022  
HIGHLIGHT

JACKIE KEARNEY  
**ISBN: 978-1-78879-470-1**  
208 pages | 300 colour photographs  
235 x 190 mm | £20.00 (hardback)  
Carton quantity: 20



## Vegan Street Food



BESTSELLER  
31,500 SOLD

JACKIE KEARNEY  
**ISBN: 978-1-84975-650-1**  
208 pages (wood-free paper)  
300 colour photographs  
235 x 190 mm | £18.99 (hardback,  
quarter-binding)  
Carton quantity: 18  
Rights sold: FI



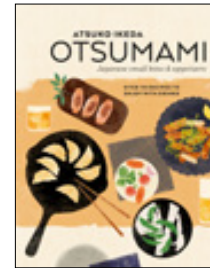
## My Vegan Travels



JACKIE KEARNEY  
**ISBN: 978-1-84975-883-3**  
208 pages | 100 colour photographs  
235 x 190 mm | £16.99 (hardback,  
quarter-binding)  
Carton quantity: 16



## Otsumami



ATSUKO IKEDA  
**ISBN: 978-1-78879-430-5**  
176 pages | c.100 colour photographs  
254 x 200 mm | £20.00 (hardback)  
Carton quantity: 10



## Atsuko's Japanese Kitchen



ATSUKO IKEDA  
**ISBN: 978-1-78879-081-9**  
192 pages (wood-free paper)  
100 colour photographs  
235 x 190 mm | £18.99 (hardback)  
Carton quantity: 18



## Island Poké Cookbook



JAMES GOULD-PORTER  
**ISBN: 978-1-78879-433-6**  
176 pages (wood-free paper)  
c.100 colour photographs  
235 x 190 mm | £18.99 (hardback,  
decorative quarter-binding)  
Carton quantity: 24



## The Delicious Book of Dhal



NITISHA PATEL  
**ISBN: 978-1-78879-150-2**  
128 pages (wood-free paper)  
100 colour photographs  
210 x 170 mm | £9.99 (hardback)  
Carton quantity: 24



## The Asian Kitchen



**ISBN: 978-1-78879-436-7**  
144 pages (wood-free paper)  
c.100 colour photographs  
210 x 170 mm | £9.99 (hardback)  
Carton quantity: 24  
Rights sold: CZ



## Bao



AUTUMN  
2022  
HIGHLIGHT

LORETTA LIU  
**ISBN: 978-1-78879-474-9**  
160 pages | 100 colour photographs  
235 x 190 mm | £20.00 (hardback)  
Carton quantity: 20



## Street Food



**ISBN: 978-1-78879-216-5**  
160 pages (wood-free paper)  
65+ colour photographs  
235 x 190 mm | £14.99 (hardback)  
Carton quantity: 18



## Travels with my Spatula



TORI HASCHKA  
**ISBN: 978-1-78879-209-7**  
144 pages (wood-free paper)  
60+ colour photographs & illustrations  
235 x 190 mm | £14.99 (hardback)  
Carton quantity: 20



## Two's Company



ORLANDO MURRIN  
**ISBN: 978-1-78879-377-3**  
176 pages (wood-free paper)  
c.100 colour photographs  
235 x 190 mm | £18.99 (hardback)  
Carton quantity: 18



## The Noodle Bowl



LOUISE PICKFORD  
**ISBN: 978-1-78879-235-6**  
160 pages (wood-free paper)  
c.70 colour photographs  
210 x 170 mm | £9.99 (hardback)  
Carton quantity: 24



## Sushi



BESTSELLER  
57,500 SOLD

EMI KAZUKO, FIONA SMITH &  
ELSA PETERSEN-SCHEPELERN  
**ISBN: 978-1-84597-096-3**  
128 pages | 100 colour photographs  
172 x 144 mm | £7.99 (paperback  
with flaps)  
Carton quantity: 40



## Sushi Made Simple



ATSUKO IKEDA  
**ISBN: 978-1-84975-884-0**  
160 pages | 80+ colour photographs  
235 x 190 mm | £18.99 (hardback)  
Carton quantity: 20  
Rights sold: CZ, ES, IT, CN



## Two's Company: Simple



AUTUMN  
2022  
HIGHLIGHT

ORLANDO MURRIN  
**ISBN: 978-1-78879-467-1**  
176 pages | 100 colour photographs  
235 x 190 mm | £20.00 (hardback)  
Carton quantity: 20



## Share



THEO A. MICHAELS  
**ISBN: 978-1-78879-211-0**  
160 pages (wood-free paper)  
80+ colour photographs  
235 x 190 mm | £16.99 (hardback)  
Carton quantity: 18



## Grazing &amp; Feasting Boards



AUTUMN  
2022  
HIGHLIGHT

THEO A. MICHAELS  
**ISBN: 978-1-78879-466-4**  
208 pages (wood-free paper)  
100 colour photographs  
254 x 200 mm | £20.00 (hardback)  
Carton quantity: 10



Sharing Food with Friends



KATHY KORDALIS  
**ISBN: 978-1-78879-382-7**  
 160 pages | 100 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 20



Party-Perfect Bites



**BESTSELLER**  
 36,500 SOLD

MILLI TAYLOR  
**ISBN: 978-1-84975-568-9**  
 144 pages | 100 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 24



Party-Perfect Bites



MILLI TAYLOR  
**ISBN: 978-1-78879-157-1**  
 144 pages | 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Roast Revolution



KATHY KORDALIS  
**ISBN: 978-1-78879-027-7**  
 160 pages (wood-free paper)  
 100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20



Fireside Food for Cold Winter Nights



LIZZIE KAMENETZKY  
**ISBN: 978-1-78879-277-6**  
 160 pages (wood-free paper)  
 80 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 20



Comfort: A Winter Cookbook



**AUTUMN 2022 HIGHLIGHT**

**ISBN: 978-1-78879-479-4**  
 176 pages | 200 colour photographs  
 235 x 190 mm | £20.00 (hardback, cloth quarter-binding)  
 Carton quantity: 20  
 Rights sold: DE, TW



Cheese Boards to Share



THALASSA SKINNER  
**ISBN: 978-1-78879-148-9**  
 160 pages | 100 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 20



A Perfect Day for a Picnic



TORI FINCH  
**ISBN: 978-1-78879-080-2**  
 160 pages | 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: FI



Food and Fire



**BESTSELLER**  
 14,500 SOLD

MARCUS BAWDON  
**ISBN: 978-1-911026-88-4**  
 144 pages (wood-free paper)  
 80 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20  
 Rights sold: DE



Fondue & Raclette



**AUTUMN 2022 HIGHLIGHT**

LOUISE PICKFORD  
**ISBN: 978-1-78879-472-5**  
 176 pages | 120 colour photographs  
 235 x 190 mm | £20.00 (hardback)  
 Carton quantity: 20



Bistro



LAURA WASHBURN HUTTON  
**ISBN: 978-1-78879-282-0**  
 144 pages (wood-free paper)  
 c.80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE, RU



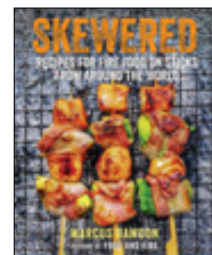
Home Bird



MEGAN DAVIES  
**ISBN: 978-1-78879-232-2**  
 160 pages (wood-free paper)  
 80+ colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 18



Skewered



MARCUS BAWDON  
**ISBN: 978-1-912983-42-1**  
 144 pages (wood-free paper)  
 80 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 22



Smoke & Spice



VALERIE AIKMAN-SMITH  
**ISBN: 978-1-78879-206-6**  
 144 pages (wood-free paper)  
 80+ colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 20



Feast from the Fire



VALERIE AIKMAN-SMITH  
**ISBN: 978-1-84975-967-0**  
 160 pages (wood-free paper)  
 100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20  
 Rights sold: DE



Fridge Raid



MEGAN DAVIES  
**ISBN: 978-1-78879-361-2**  
 192 pages (wood-free paper)  
 c.90 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 18



Canned



THEO A. MICHAELS  
**ISBN: 978-1-78879-362-9**  
 160 pages (wood-free paper)  
 c.100 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 22



Air-Fryer Cookbook



JENNY TSCHIESCHE  
**ISBN: 978-1-78879-424-4**  
 144 pages (wood-free paper)  
 c.100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 24  
 Rights sold: ZA, FC, NL



Modern Instant Pot® Cookbook



JENNY TSCHIESCHE  
**ISBN: 978-1-78879-350-6**  
 144 pages | 100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 22



Modern Vegetarian Instant Pot® Cookbook



JENNY TSCHIESCHE  
**ISBN: 978-1-78879-344-5**  
 144 pages | c.100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20



Healthy Vegetarian & Vegan Slow Cooker



AUTUMN 2022 HIGHLIGHT

NICOLA GRAIMES  
**ISBN: 978-1-78879-473-2**  
 144 pages | 100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20



A Bowl of Soup



AUTUMN 2022 HIGHLIGHT

HANNAH MILES  
**ISBN: 978-1-78879-471-8**  
 176 pages | 100 colour photographs  
 235 x 190 mm | £20.00 (hardback)  
 Carton quantity: 20



The Red Hot Cookbook



DAN MAY  
**ISBN: 978-1-84975-788-1**  
 160 pages (wood-free paper)  
 80 colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18  
 Rights sold: DE, FI, IT



Red Hot Sauce Book



DAN MAY  
**ISBN: 978-1-78879-440-4**  
 160 pages (wood-free paper)  
 120 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Healthy Slow Cooker



NICOLA GRAIMES & CATHY SEWARD  
**ISBN: 978-1-78879-420-6**  
 144 pages | c.75 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 24  
 Rights sold: NL



The Dutch Oven Cookbook



LOUISE PICKFORD  
**ISBN: 978-1-78879-389-6**  
 144 pages | c.100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 22  
 Rights sold: NL, FR



Sheet Pan Dinners



AUTUMN 2022 HIGHLIGHT

LIZ FRANKLIN & JENNY TSCHIESCHE  
**ISBN: 978-1-78879-468-8**  
 176 pages | 120 colour photographs  
 235 x 190 mm | £20.00 (hardback)  
 Carton quantity: 20  
 Rights sold: ES, NL, SK, ZA, DE, CZ



Pies, Glorious Pies



MAXINE CLARK  
**ISBN: 978-1-78879-237-0**  
 160 pages (wood-free paper)  
 c.80 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 18



Cluck Oink Baa Moo



MIRANDA BALLARD  
**ISBN: 978-1-78879-353-7**  
 208 pages (wood-free paper)  
 c.300 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20  
 Rights sold: ES



Fish



MAT FOLLAS  
**ISBN: 978-1-78879-198-4**  
 176 pages | 150 colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18



Vegetarian Sheet Pan Cooking



LIZ FRANKLIN  
**ISBN: 978-1-78879-029-1**  
 144 pages (wood-free paper)  
 80 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20  
 Rights sold: ZA, CZ, SK, DE, NL, ES



Home-cooked Comforts



LAURA WASHBURN HUTTON  
**ISBN: 978-1-78879-283-7**  
 144 pages (wood-free paper)  
 c.80 colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18



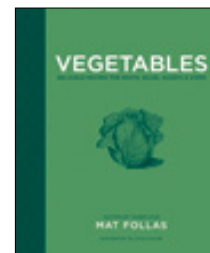
Souped Up



**ISBN: 978-1-78879-034-5**  
 144 pages (wood-free paper)  
 60 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE



Vegetables



MAT FOLLAS  
**ISBN: 978-1-78879-210-3**  
 176 pages | 150 colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18



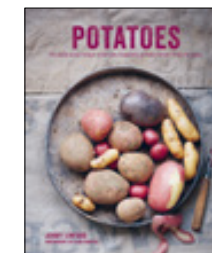
Piled-high Potatoes



HANNAH MILES  
**ISBN: 978-1-78879-082-6**  
 144 pages | 80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Potatoes



JENNY LINFORD  
**ISBN: 978-1-78879-028-4**  
 160 pages (wood-free paper)  
 100 colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 20  
 Rights sold: CZ, HU





Cauliflower Power



KATHY KORDALIS  
**ISBN: 978-1-78879-073-4**  
 144 pages | 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: NL, DE



Beans, Peas & Everything In Between



AUTUMN  
 2022  
 HIGHLIGHT

VICKY JONES  
**ISBN: 978-1-78879-444-2**  
 160 pages | 70 colour photographs  
 210 x 170 mm | £14.99 (hardback)  
 Carton quantity: 24



The Mighty Chickpea



**ISBN: 978-1-78879-425-1**  
 144 pages (wood-free paper)  
 c.75 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



The New Porridge



LEAH VANDERVELDT  
**ISBN: 978-1-84975-930-4**  
 144 pages (wood-free paper)  
 80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Eggs All Day



**ISBN: 978-1-78879-346-9**  
 160 pages (wood-free paper)  
 c.150 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 22  
 Rights sold: CZ, LV



Rice & Grains



KATHY KORDALIS  
**ISBN: 978-1-78879-429-9**  
 160 pages | c.100 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 18



Mushrooms



JENNY LINFORD  
**ISBN: 978-1-84975-880-2**  
 160 pages | 80 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20  
 Rights sold: CZ



Garlic



JENNY LINFORD  
**ISBN: 978-1-78879-153-3**  
 160 pages (wood-free paper)  
 80 colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18  
 Rights sold: DE, ES, CZ, IT



Lemons and Limes



URSULA FERRIGNO  
**ISBN: 978-1-78879-200-4**  
 160 pages | 80+ colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE, NL, CZ, ES



Pasta Perfect



LAURA SANTINI  
**ISBN: 978-1-78879-197-7**  
 176 pages | 80+ colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18  
 Rights sold: CZ, NL, DE



Melted Cheese



**ISBN: 978-1-78879-164-9**  
 144 pages (wood-free paper)  
 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE, NL



Making Artisan Pizza at Home



PHILIP DENNHARDT & KRISTIN JENSEN  
**ISBN: 978-1-78879-426-8**  
 192 pages | c.150 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 18



Perfectly Dressed Salads



LOUISE PICKFORD  
**ISBN: 978-1-78879-359-9**  
 96 pages (wood-free paper)  
 c.50 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: JP



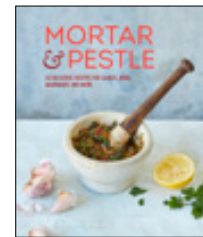
Preserves & Pickles



GLORIA NICOL  
**ISBN: 978-1-80065-030-5**  
 144 pages (wood-free paper)  
 c.100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 22



Mortar & Pestle



**ISBN: 978-1-78879-349-0**  
 144 pages (wood-free paper)  
 c.100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: IT



Craft Pizza



MAXINE CLARK  
**ISBN: 978-1-78879-194-6**  
 160 pages (wood-free paper)  
 150 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: CZ



Fire & Slice



**ISBN: 978-1-78879-448-0**  
 128 pages (wood-free paper)  
 c.75 colour photographs  
 210 x 170 mm | £14.99 (hardback)  
 Carton quantity: 24



Chicken Shack



AUTUMN  
 2022  
 HIGHLIGHT

**ISBN: 978-1-78879-442-8**  
 144 pages (wood-free paper)  
 75 colour photographs  
 210 x 170 mm | £14.99 (hardback)  
 Carton quantity: 24



Dirty Food



**CAROL HILKER**  
**ISBN: 978-1-78879-232-5**  
 160 pages (wood-free paper)  
 70+ colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18  
 Rights sold: DE



Big Night In



**KATHERINE BEBO**  
**ISBN: 978-1-78879-192-2**  
 176 pages (wood-free paper)  
 100+ colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18



Lazy Day Brunches



**ISBN: 978-1-78879-284-4**  
 144 pages (wood-free paper)  
 c.80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Twisted – the Cookbook



**TWISTED FOOD**  
**ISBN: 978-1-84975-844-4**  
 64 pages | 60 colour photographs  
 190 x 190 mm | £9.99 (hardback)  
 Carton quantity: 40



Binge-Watching Eats



**KATHERINE BEBO**  
**ISBN: 978-1-78879-163-2**  
 160 pages (wood-free paper)  
 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Lantana Cafe  
 Breakfast & Brunch



**SHELAGH RYAN**  
**ISBN: 978-1-84975-972-4**  
 144 pages (wood-free paper)  
 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Pub Grub



**ISBN: 978-1-78879-381-0**  
 144 pages (wood-free paper)  
 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



On Toast



**ISBN: 978-1-78879-388-9**  
 144 pages | c.100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Modern Pancakes



**ISBN: 978-1-78879-068-0**  
 144 pages | 90 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Easy Tagine



**ISBN: 978-1-78879-045-1**  
 240 pages | 200 colour photographs  
 190 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 28  
 Rights sold: DE, NL, FR, ES



Easy Vegetarian



**ISBN: 978-1-84975-826-0**  
 240 pages | 120 colour photographs  
 190 x 190 mm | £9.99 (paperback)  
 Carton quantity: 28



101 Hangover Recipes



**DAN VAUX-NOBES**  
**ISBN: 978-1-909313-90-3**  
 144 pages | 100 colour photographs  
 190 x 190 mm | £12.99 (hardback)  
 Carton quantity: 28



Easy Slow Cooker



**ISBN: 978-1-84975-913-7**  
 240 pages | 120 colour photographs  
 190 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 28



Easy Vegetarian One-Pot



**ISBN: 978-1-84975-159-9**  
 240 pages | 120 colour photographs  
 190 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 28



Hangover Food



**ISBN: 978-1-912983-03-2**  
 64 pages | 30 colour photographs  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 60



Easy Gluten-Free



**ISBN: 978-1-84975-940-3**  
 240 pages | 100 colour photographs  
 190 x 190 mm | £9.99 (paperback with flaps)  
 Carton quantity: 28



Easy Vegan



**ISBN: 978-1-84597-958-4**  
 240 pages | 120 colour photographs  
 190 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 28



Delicious Dips



**ISBN: 978-1-78879-195-3**  
 64 pages | 60 colour photographs  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 60  
 Rights sold: CZ



Wine Lover's Kitchen



FIONA BECKETT  
**ISBN: 978-1-84975-881-9**  
 160 pages | 100 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16  
 Rights sold: GR



Cooking with Beer



MARK DREDGE  
**ISBN: 978-1-912983-46-9**  
 144 pages | 100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 10  
 Rights sold: FR



Beer & Veg



MARK DREDGE  
**ISBN: 978-1-912983-40-7**  
 224 pages (wood-free paper)  
 100 colour photographs & illustrations  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 22



The Really Hungry Vegetarian Student Cookbook



**ISBN: 978-1-78879-046-8**  
 144 pages (wood-free paper)  
 100+ colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



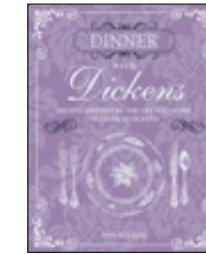
The Really Hungry Vegan Student Cookbook



**ISBN: 978-1-78879-285-1**  
 144 pages (wood-free paper)  
 c.80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Dinner with Dickens



PEN VOGLER  
**ISBN: 978-1-78249-449-2**  
 176 pages (wood-free paper)  
 80 colour photographs & artworks  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20



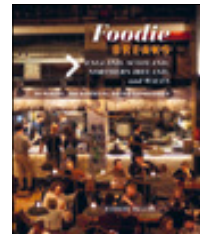
Beer and Food Matching



MARK DREDGE  
**ISBN: 978-1-911026-49-5**  
 224 pages | 250 colour photographs & artworks  
 186 x 123 mm | £9.99 (hardback)  
 Carton quantity: 28



Foodie Breaks: England, Scotland, Northern Ireland and Wales



RICHARD MELLOR  
**ISBN: 978-1-912983-00-1**  
 144 pages (wood-free paper)  
 100 colour photographs  
 210 x 170 mm | £9.99 (paperback, flexi-binding)  
 Carton quantity: 20



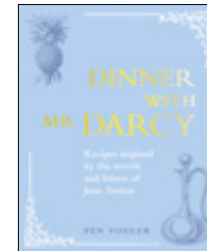
Foodie City Breaks: Europe



RICHARD MELLOR  
**ISBN: 978-1-911026-48-8**  
 144 pages (wood-free paper)  
 100 colour photographs  
 210 x 170 mm | £9.99 (flexi-bound)  
 Carton quantity: 24  
 Rights sold: IT



Dinner with Mr Darcy



PEN VOGLER  
**ISBN: 978-1-78249-848-3**  
 160 pages (wood-free paper)  
 80 colour photographs & artworks  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 18  
 Rights sold: DE, TW



Tea with Jane Austen



**BESTSELLER 21,000 SOLD**  
 PEN VOGLER  
**ISBN: 978-1-78249-342-6**  
 64 pages | 13 colour photographs & 10 illustrations | 186 x 123 mm  
 £9.99 (hardback)  
 Carton quantity: 76  
 Rights sold: KR



The (Unofficial) Bridgerton Book of Afternoon Tea



KATHERINE BEBO  
**ISBN: 978-1-78879-431-2**  
 144 pages (wood-free paper)  
 c.75 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



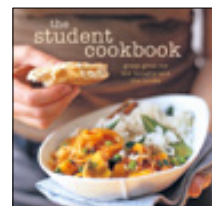
How to Dice an Onion



ANNE SHEASBY  
**ISBN: 978-1-912983-15-5**  
 128 pages | 50 colour artworks  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 40



The Student Cookbook



**BESTSELLER 23,000 SOLD**  
**ISBN: 978-1-84975-860-4**  
 240 pages | 120 colour photographs  
 190 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 24  
 Rights sold: FR



The Vegetarian Student Cookbook



**ISBN: 978-1-84975-886-4**  
 240 pages | 100 colour photographs  
 190 x 190 mm | £9.99 (paperback with flaps)  
 Carton quantity: 24



Afternoon Tea at the Cutter & Squidge Bakery



EMILY & ANNABEL LUI  
**ISBN: 978-1-78879-158-8**  
 176 pages (wood-free paper)  
 120 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 18



Afternoon Tea at Bramble Cafe



MAT FOLLAS  
**ISBN: 978-1-84975-937-3**  
 160 pages | 100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20



Afternoon Tea at Home



WILL TORRENT  
**ISBN: 978-1-78879-348-3**  
 176 pages | c.200 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16



Tea & Cake



LIZ FRANKLIN  
**ISBN: 978-1-78879-217-2**  
 128 pages (wood-free paper)  
 70+ colour photographs & illustrations  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: IT



The Scandi Kitchen



**BESTSELLER**  
 22,500 SOLD

BRONTË AURELL  
**ISBN: 978-1-84975-654-9**  
 160 pages (wood-free paper)  
 80 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 22  
 Rights sold: RU



ScandiKitchen Summer



BRONTË AURELL  
**ISBN: 978-1-84975-932-8**  
 176 pages (wood-free paper)  
 100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20  
 Rights sold: RU



How to Make Bread



**BESTSELLER**  
 40,500 SOLD

**Guild of Food Writers' Award WINNER**

EMMANUEL HADJIANDREOU  
**ISBN: 978-1-84975-140-7**  
 176 pages | 350 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16  
 Rights sold: AE, CN, CZ, DE, EE, FR, GR, HU, IT, NL, PT, SE, SK, TW, HR, KR, ES



How to Make Sourdough



**BESTSELLER**  
 24,500 SOLD

EMMANUEL HADJIANDREOU  
**ISBN: 978-1-84975-704-1**  
 160 pages | 150 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16  
 Rights sold: NL, IT



The First-Time Bread Baker



EMMANUEL HADJIANDREOU  
**ISBN: 978-1-78879-360-5**  
 160 pages (wood-free paper)  
 c.300 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 22  
 Rights sold: FR, IT, NL, TW



ScandiKitchen Midsommar



BRONTË AURELL  
**ISBN: 978-1-78879-357-5**  
 176 pages (wood-free paper)  
 c.100 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 20  
 Rights sold: RU



ScandiKitchen Fika & Hygge



**BESTSELLER**  
 25,500 SOLD

BRONTË AURELL  
**ISBN: 978-1-84975-759-1**  
 176 pages | 100 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 22  
 Rights sold: IT, DE, RU, FR, CZ



ScandiKitchen: The Essence of Hygge



BRONTË AURELL  
**ISBN: 978-1-78879-345-2**  
 160 pages (wood-free paper)  
 c.100 colour photographs  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48



Artisan Home Baking



JULIAN DAY  
**ISBN: 978-1-78879-202-8**  
 144 pages (wood-free paper)  
 70+ colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 20  
 Rights sold: DE



Pancakes, Waffles, Crêpes & French Toast



HANNAH MILES  
**ISBN: 978-1-78879-203-5**  
 144 pages | 70 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Cinnamon, Spice & Warm Apple Pie



**ISBN: 978-1-78879-276-9**  
 160 pages (wood-free paper)  
 80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: FR, DE



Brontë at Home: Baking from the ScandiKitchen



BRONTË AURELL  
**ISBN: 978-1-78879-151-9**  
 176 pages (wood-free paper)  
 60 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 18



Nordic Bakery Cookbook



MIISA MINK  
**ISBN: 978-1-78879-044-4**  
 160 pages (wood-free paper)  
 60+ colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Making Bread at Home



JANE MASON  
**ISBN: 978-1-78879-190-8**  
 176 pages (wood-free paper)  
 80+ colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 18  
 Rights sold: FR



Pâtisserie at Home



WILL TORRENT  
**ISBN: 978-1-78879-204-2**  
 176 pages | 80+ colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 18  
 Rights sold: BR, CN, EE



Japanese Pâtisserie



**BESTSELLER**  
 18,000 SOLD

JAMES CAMPBELL  
**ISBN: 978-1-84975-810-9**  
 176 pages | 80 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 18  
 Rights sold: IT, KR



Macarons



ANNIE RIGG & LORETTA LIU  
**ISBN: 978-1-78879-201-1**  
 144 pages | 70 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: BR, FC, DK, NL, ES



Va Va Voom Vegan Cakes



ANGELA ROMEO  
**ISBN: 978-1-78879-378-0**  
 144 pages | c.70 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 22



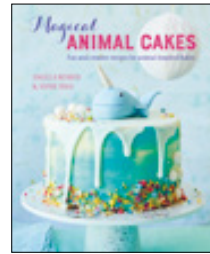
Fantasy Cakes



ANGELA ROMEO  
**ISBN: 978-1-84975-885-7**  
 160 pages | 80+ colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20



Magical Animal Cakes



ANGELA ROMEO & ANNIE RIGG  
**ISBN: 978-1-78879-191-5**  
 144 pages | 50+ colour photographs  
 235 x 190 mm | £12.99 (hardback)  
 Carton quantity: 20



Summer Drinks



**ISBN: 978-1-78879-358-2**  
 144 pages | c.80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: CN



Winter Drinks



**ISBN: 978-1-78879-275-2**  
 144 pages | 80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE, PT



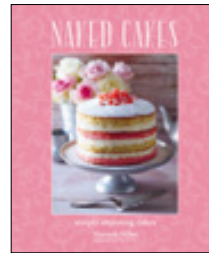
Cocoa Bombs™



ERIC TORRES-GARCIA  
**ISBN: 978-1-78879-386-5**  
 128 pages | c.75 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Naked Cakes



HANNAH MILES  
**ISBN: 978-1-78879-119-9**  
 144 pages | 70 colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 20  
 Rights sold: DE, TW, CN, KR



Banana Breads, Loaf Cakes & other Quick Bakes



**ISBN: 978-1-78879-380-3**  
 144 pages (wood-free paper)  
 c.100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: NL



Brownies, Blondies and other Traybakes



**ISBN: 978-1-78879-385-8**  
 144 pages (wood-free paper)  
 c.80 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



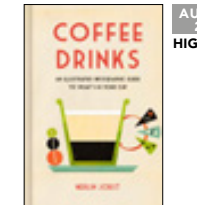
Easy Leaf Tea



TIMOTHY D'OFFAY  
**ISBN: 978-1-84975-824-6**  
 144 pages | 150 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20  
 Rights sold: CZ, NL



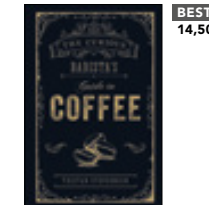
Coffee Drinks



MERLIN JOBST  
**ISBN: 978-1-912983-57-5**  
 64 pages | 30 colour illustrations  
 186 x 123 mm | £8.99 (hardback)  
 Carton quantity: 60  
 Rights sold: FR



The Curious Barista's Guide to Coffee



TRISTAN STEPHENSON  
**ISBN: 978-1-78879-083-3**  
 208 pages | 100 colour photographs & illustrations | 186 x 123 mm  
 £12.99 (hardback)  
 Carton quantity: 32  
 Rights sold: CN, KR, RU, TW, IT



Christmas Cookies



HANNAH MILES  
**ISBN: 978-1-78879-278-3**  
 144 pages (wood-free paper)  
 c.50 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



The Cookie Jar



LIZ FRANKLIN  
**ISBN: 978-1-78879-239-4**  
 192 pages (wood-free paper)  
 c.90 colour photographs  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 18



Summer Fizz



**ISBN: 978-1-78879-437-4**  
 144 pages (wood-free paper)  
 c.100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



The Curious Barista's Guide to Coffee



TRISTAN STEPHENSON  
**ISBN: 978-1-84975-563-4**  
 192 pages (wood-free paper)  
 200 colour photographs  
 235 x 190 mm | £20.00 (hardback, soft touch finish)  
 Carton quantity: 10  
 Rights sold: CN, KR, IT, RU, TW



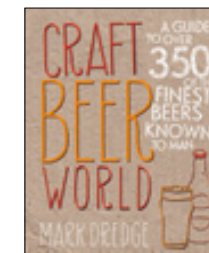
The New Craft Beer World



MARK DREDGE  
**ISBN: 978-0-957140-79-2**  
 224 pages (wood-free paper)  
 400 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 10



Craft Beer World



MARK DREDGE  
**ISBN: 978-0-957140-99-8**  
 208 pages (wood-free paper)  
 400 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 18  
 Rights sold: TW, KR, FR



The Pocket Book of Craft Beer



MARK DREDGE  
**ISBN: 978-1-911026-04-4**  
 208 pages (wood-free paper)  
 250 colour photographs  
 146 x 146 mm | £9.99 (paperback with rounded corners)  
 Carton quantity: 54  
 Rights sold: TW, KR, FR



The Beer Bucket List



MARK DREDGE  
**ISBN: 978-1-911026-27-3**  
 224 pages (wood-free paper)  
 200 colour photographs  
 235 x 190 mm | £18.99 (hardback)  
 Carton quantity: 16  
 Rights sold: CN



The Beer Bucket List



MARK DREDGE  
**ISBN: 978-1-911026-98-3**  
 224 pages | 200 colour photographs  
 186 x 123 mm | £9.99 (hardback)  
 Carton quantity: 28  
 Rights sold: CN



Festive Cocktails & Canapés



AUTUMN 2022 HIGHLIGHT

**ISBN: 978-1-78879-480-0**  
 144 pages | 100 colour photographs  
 210 x 170 mm | £14.99 (hardback)  
 Carton quantity: 24



Dessert Cocktails



AUTUMN 2022 HIGHLIGHT

DAVID T. SMITH & KELI RIVERS  
**ISBN: 978-1-78879-435-0**  
 64 pages | 60 colour photographs  
 186 x 123 mm | £8.99 (hardback)  
 Carton quantity: 60



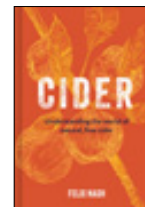
The Pikes Cocktail Book



DAWN HINDLE  
**ISBN: 978-1-78879-212-7**  
 192 pages (wood-free paper)  
 150 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 10



Cider



AUTUMN 2022 HIGHLIGHT

FELIX NASH  
**ISBN: 978-1-912983-58-2**  
 192 pages | 100 colour photographs  
 186 x 123 mm | £12.99 (hardback)  
 Carton quantity: XX



Fine Cider



FELIX NASH  
**ISBN: 978-1-911026-86-0**  
 160 pages (wood-free paper)  
 100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 18



Natural Wine



ISABELLE LEGERON  
**ISBN: 978-1-78249-899-5**  
 224 pages (wood-free paper)  
 200 colour photographs  
 235 x 190 mm | £19.99 (hardback)  
 Carton quantity: 10  
 Rights sold: CN, FR, DE, IT, JP, KR, RU, TW, UA, PL



Glamorous Cocktails



WILLIAM YEOWARD  
**ISBN: 978-1-78249-646-5**  
 160 pages | 250 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



The Art & Craft of Coffee Cocktails



AUTUMN 2022 HIGHLIGHT

JASON CLARK  
**ISBN: 978-1-78879-043-7**  
 208 pages (wood-free paper)  
 100 colour photographs  
 235 x 190 mm | £20.00 (hardback)  
 Carton quantity: 10  
 Rights sold: CN, KR, TW



The Art & Craft of Coffee Cocktails



JASON CLARK  
**ISBN: 978-1-78879-469-5**  
 208 pages | 100 colour photographs  
 186 x 123 mm | £12.99 (hardback)  
 Carton quantity: XX  
 Rights sold: CN, KR, TW



Wine



JANE PARKINSON  
**ISBN: 978-1-78879-076-5**  
 208 pages | 150 colour photographs  
 186 x 123 mm | £9.99 (hardback)  
 Carton quantity: 28  
 Rights sold: NL, TW, CN



It's Wine Time



CHRIS LOSH  
**ISBN: 978-1-912983-23-0**  
 64 pages | c.40 colour illustrations  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 60



Short Cocktails and Small Bites



JULIA CHARLES  
**ISBN: 978-1-78879-149-6**  
 64 pages | 50 colour photographs  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 60



Wild Mocktails and Healthy Cocktails



LOTTIE MUIR  
**ISBN: 978-1-78249-443-0**  
 176 pages (wood-free paper)  
 150 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 18



The Pocket Book of Cocktails



**ISBN: 978-1-78879-205-9**  
 176 pages (wood-free paper)  
 80+ colour photographs  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: DK, SE



Bar Cart Style



**ISBN: 978-1-78879-160-1**  
 128 pages (wood-free paper)  
 75 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



The Curious Bartender Volume I:  
The Artistry & Alchemy of  
Creating the Perfect Cocktail



**BESTSELLER**  
127,000 SOLD

André  
Simon  
Award  
NOMINEE

TRISTAN STEPHENSON  
**ISBN: 978-1-84975-437-8**  
208 pages (wood-free paper)  
120 colour photographs  
235 x 190 mm | £16.99 (hardback,  
mock aged-leather finish)  
Carton quantity: 10  
Rights sold: CN



The Curious Bartender:  
Cocktails at Home



TRISTAN STEPHENSON  
**ISBN: 978-1-78879-352-0**  
208 pages | c.100 colour photographs  
235 x 190 mm | £19.99 (hardback)  
Carton quantity: 10  
Rights sold: NL



The Curious Bartender's  
Guide to Malt, Bourbon  
& Rye Whiskies



TRISTAN STEPHENSON  
**ISBN: 978-1-78879-213-4**  
192 pages | 150 colour photographs  
& illustrations | 186 x 123 mm  
£9.99 (hardback)  
Carton quantity: 28  
Rights sold: UA, NL, TW



The Curious Bartender



TRISTAN STEPHENSON  
**ISBN: 978-1-78879-154-0**  
208 pages | 150 colour photographs  
& black & white illustrations  
186 x 123 mm | £12.99 (hardback)  
Carton quantity: 28  
Rights sold: CN



The Curious Bartender's  
Whiskey Road Trip



TRISTAN STEPHENSON  
**ISBN: 978-1-78879-159-5**  
384 pages (wood-free paper)  
100 colour photographs  
235 x 190 mm | £16.99 (hardback,  
special finish)  
Carton quantity: 10



The Curious Bartender:  
In Pursuit of Liquid Perfection



**AUTUMN  
2022  
HIGHLIGHT**

TRISTAN STEPHENSON  
**ISBN: 978-1-78879-475-6**  
208 pages (wood-free paper)  
100 colour photographs  
235 x 190 mm | £25.00 (hardback)  
Carton quantity: 10  
Rights sold: CN



The Curious Bartender:  
An Odyssey of Malt,  
Bourbon & Rye Whiskies



TRISTAN STEPHENSON  
**ISBN: 978-1-84975-562-7**  
288 pages (wood-free paper)  
220 colour photographs  
235 x 190 mm | £25.00 (hardback,  
soft touch finish)  
Carton quantity: 10  
Rights sold: NL, TW, UA



The Curious Bartender's  
Guide to Rum



TRISTAN STEPHENSON  
**ISBN: 978-1-78879-238-7**  
160 pages | c.250 colour  
photographs | 186 x 123 mm  
£9.99 (hardback)  
Carton quantity: 32  
Rights sold: IT, HU



The Curious Bartender's  
Gin Palace



**BESTSELLER**  
39,000 SOLD

André  
Simon  
Award  
NOMINEE

TRISTAN STEPHENSON  
**ISBN: 978-1-84975-701-0**  
208 pages (wood-free paper)  
180 colour photographs  
235 x 190 mm | £16.99 (hardback,  
soft-touch finish)  
Carton quantity: 10  
Rights sold: IT, TW



Gin the Mood



**BESTSELLER**  
12,500 SOLD

**ISBN: 978-1-912983-02-5**  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60  
Rights sold: DK, SE



The Curious Bartender's  
Guide to Gin



**BESTSELLER**  
10,000 SOLD

TRISTAN STEPHENSON  
**ISBN: 978-1-78879-039-0**  
192 pages | 100 colour photographs  
& illustrations | 186 x 123 mm  
£12.99 (hardback)  
Carton quantity: 28  
Rights sold: IT, TW



Gin Tonica



**BESTSELLER**  
99,000 SOLD

DAVID T. SMITH  
**ISBN: 978-1-84975-853-6**  
96 pages | 65 colour photographs  
& artworks | 186 x 123 mm  
£7.99 (hardback)  
Carton quantity: 52



Gin-dulgence



**AUTUMN  
2022  
HIGHLIGHT**

**ISBN: 978-1-912983-54-4**  
64 pages | 40 colour photographs  
186 x 123 mm | £8.99 (hardback)  
Carton quantity: 60



Pink Gin



**ISBN: 978-1-78879-214-1**  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



The Curious Bartender's  
Rum Revolution



**BESTSELLER**  
27,500 SOLD

TRISTAN STEPHENSON  
**ISBN: 978-1-84975-823-9**  
224 pages | 250 colour photographs  
235 x 190 mm | £20.00 (hardback)  
Carton quantity: 10  
Rights sold: IT, HU



Stranger Gins



CAROL HILKER  
**ISBN: 978-1-912983-41-4**  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Negroni



DAVID T. SMITH & KELI RIVERS  
**ISBN: 978-1-78879-279-0**  
64 pages | c.40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Whiskey Cocktails



JESSE ESTES  
**ISBN: 978-1-78879-387-2**  
64 pages | 50 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Vodka Cocktails



ISBN: 978-1-78879-379-7  
64 pages | c.50 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Japanese Cocktails



TARA GARNELL & ROSE MITCHELL  
ISBN: 978-1-78879-074-1  
64 pages | 60 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Floral Cocktails



LOTTIE MUIR  
ISBN: 978-1-78879-075-8  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Rosé Cocktails



JULIA CHARLES  
ISBN: 978-1-84975-969-4  
64 pages | 45 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 76



Prosecco Cocktails



LAURA GLADWIN  
ISBN: 978-1-84975-895-6  
64 pages | 50 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 76  
Rights sold: EE, SE, IT



Gatsby Cocktails



BEN REED  
ISBN: 978-1-78879-123-6  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Bond Cocktails



KATHERINE BEBO  
ISBN: 978-1-78879-144-1  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60  
Rights sold: DE, FI, DK, SE



Queer Cocktails



LEWIS LANEY  
ISBN: 978-1-912983-27-8  
64 pages | 50 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Rock Cocktails



ISBN: 978-1-911026-58-7  
64 pages | 30 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 76



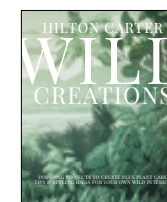
Living Wild



ISBN: 978-1-80065-212-5  
224 pages (FSC paper) | 275 colour photographs  
280 x 220 mm | £35.00 (hardback)  
Carton quantity: 10  
Publication: April 2023



HILTON CARTER is a director, editor and fine artist, who is passionate about plants – his home is filled with them. He has a huge following on Instagram (@hiltoncarter), where he shares his encyclopaedic knowledge of plant care and styling. Hilton has collaborated with Target, is one of the experts selected by Chip and Joanna Gaines for their Workshops digital series and Magnolia Network TV show, and makes frequent appearances on NBC's 'Today' show. He is also the co-founder of the *green neighbor* plant shop. Hilton lives with his wife and daughter in Baltimore.



also available:  
Wild Creations  
ISBN: 978-1-80065-025-1  
£20.00

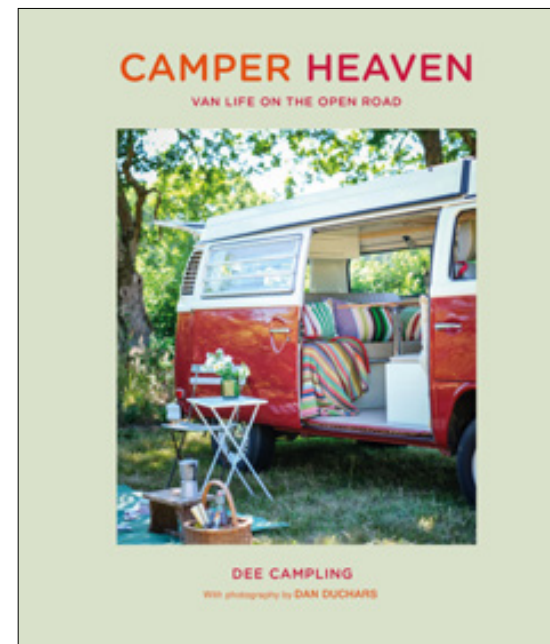
In *Living Wild*, Hilton Carter shows how to create a lush, stylish space packed with flourishing plants that bring life to your home and promote a happy and contented mindset. He discusses interior design choices – the importance of light, choosing the right colour scheme, and textures and materials that best showcase gorgeous greenery – then takes a deep dive into the artistry of plant styling. From picking the perfect planter to using statement plants, and taking in centrepieces, living walls and hanging planters plus outdoor spaces and plants for kids along the way, *Living Wild* is packed with design and styling ideas that blur the boundary between inside and out. Finally, we visit 8 unique spaces that have been plant styled by Hilton and take a detailed look at his favourite 'designer' plants, along with invaluable care tips.

- Praise for Hilton Carter's previous books: 'A love letter for greenery' – *Psychologies* '[Hilton] encourages readers to think creatively about how to display more plants at home' – *The Garden* 'Invaluable plant care advice and styling tips alongside swoonworthy photography' – *Independent*
- Indoor gardening has never been more popular – #houseplants has 8.7 million posts on Instagram, while #urbanjungle has over 8 million.
- Hilton's first book, *Wild at Home* (ISBN 978-1-78249-713-4), has sold over 105,000 copies. He has over 540k followers on Instagram.





# Camper Heaven



**ISBN: 978-1-80065-121-0**  
 176 pages (FSC paper)  
 200 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 18  
**Publication: March 2023**



**DEE CAMPLING** (@deecamplng) is an inspirational interior stylist, design consultant and influencer. She styles for all kinds of individual family homes, for brands ranging from tiny start-ups to the biggest of the big names and for events where she always adds a touch of the unexpected. She also loves to share her knowledge through insightful blogs, talks and hands-on workshops. Dee lives in Cheltenham with her husband and three children and enjoys travelling in her converted Volkswagen Crafter van.



also available:  
**A Woman's Shed**  
**ISBN: 978-1-80065-028-2**  
 £19.99

The pandemic has led to a massive surge in sales of camper vans, as holidaymakers have chosen to avoid busy airports, crowded resorts and the risks of travel disruption. Instead, many are enjoying the freedom of the open road, embracing their wanderlust and voyaging with their loved ones in comfort and style. In *Camper Heaven*, **Dee Campling** offers advice on choosing the right van for your needs and decorating it to match your personal tastes. She then presents a series of inspiring case studies, beginning with her own Scandi-style hideaway on wheels. The following chapters – Home on the Road, Retro Living, Creative Campers and The Great Escape – feature 12 remarkable vans to suit all styles. These range from a classic vintage Volkswagen camper to a converted horsebox with a rustic wooden interior. All the vans are highly personal and as unique as their adventurous owners, who offer thoughtful insights based on their experiences of van life.

- There has been a huge surge in sales of motorhomes since the pandemic began – UK sales increased by 150% in 2020.
- Camper van hire has also boomed. Camplify, a van sharing community, had its busiest month ever for bookings in May 2021.
- The Instagram hashtag #vanlife has more than 13 million posts showcasing campervans in scenic spots around the globe.
- Chloé Zhao's Academy Award-winning film *Nomadland* has sparked considerable interest in this unconventional way of life.



# Lived-in Style



**ISBN: 978-1-80065-214-9**  
 160 pages (FSC paper) | 200 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 16  
**Publication: April 2023**



**KI NASSAUER** has been dubbed the 'Martha Stewart of vintage' in media coverage from sources such as the *Wall Street Journal*, NBC's 'Today' and HGTV. Ki has a passion for vintage, scouring antiques stores, flea markets, salvage yards, and the occasional street-side pile of castoffs in search of inventive furniture and accessories. She is the former editor of *Flea Market Style* magazine and in 2006 started the biennial vintage shopping extravaganza *Junk Bonanza* in Minneapolis, Minnesota. As the creator of *Lived-In Style* magazine, Ki continues to share her passion for all things old and authentic. Born and raised in Minnesota, Ki now lives in Los Angeles.



also available:  
**Shades of White**  
**ISBN: 978-1-80065-060-2**  
 £25.00

What is *Lived-in Style*? Well, it may bring to mind the comfy reading chair you curl up in next to the window. It might get you thinking about your freshly made bed, topped with a vintage blanket or your grandmother's quilt. Or perhaps it will elicit a smile over the collection of found treasures and jumble of mementoes displayed on your mantel. Moreover, this feel-good look isn't perfect. Far from it. It's mismatched and eclectic, vintage and repurposed. It's not about purchasing the contents of an entire room from a catalogue, no matter how beautifully styled it might be, or replicating a perfectly appointed home glimpsed on Instagram. Instead, *Lived-in Style* is about slowly amassing pieces over time, and truly loving each piece you find. Whether your style is farmhouse or boho, rustic or modern, the end result is a home that's authentic, easy-going and inviting – a cosy yet chic spot where guests will want to put their feet up and stay awhile.

- **Ki Nassauer** has a loyal and engaged audience of nearly 220,000 followers on social media.
- Her online magazine *Lived-In Style* celebrates the vintage-inspired life and has a monthly newsletter that reaches 21,000 readers.
- 'Vintage and sustainable accents' is one of *Vogue.com*'s leading interior design trends of 2022.
- An easy-to-achieve look that's sustainable and perfect for lovers of eclectic, free-spirited style.



## Inspire: The Art of Living with Nature



NEW EDITION

ISBN: 978-1-80065-189-0

176 pages (wood-free FSC paper)

250 colour photographs

235 x 190 mm | £25.00 (hardback)

Carton quantity: 20

Publication: February 2023



### WILLOW CROSSLEY

has a background in design and trained at the Covent Garden Academy of Flowers. Willow specializes in floral arrangements, installations, and exhibitions for events and weddings. She created bespoke arrangements for the wedding of the Duke and Duchess of Sussex and works with brands such as Chanel, Jo Malone, O.K.A, Daylesford, and Anthropologie. Recently, Willow launched an online floristry course with Create Academy. She lives with her family in Oxfordshire, UK.



also available:  
Wild at Home

ISBN: 978-1-78249-713-4

£18.99

In this delightfully inspiring book, **Willow Crossley** embraces her passion for plants and shows how to use flower-shop purchases, beachcombing bounty, home-grown harvests and hedgerow finds foraged on countryside walks to decorate your home. Divided into five chapters on Woodland, Flora, Fauna, Edibles and Beach, here are more than 50 ideas ranging from hellebores displayed in test tubes to a wreath made from hydrangeas, spring narcissi planted in wooden wine boxes, a tabletop centrepiece incorporating gilded apples and pears, displays of pebbles, coral and shells, sea urchins fashioned into napkin rings, hollowed-out red cabbages used as vases, a colourful posy of chillies and a wall display of antlers and feathers.

- Features 50 projects, with inspirational text and practical instructions, including step-by-step photographs.
- Willow is also known for advocating a sustainable approach to floristry, working with the seasons and sourcing locally grown flowers.
- Willow Crossley is an established floral stylist and designer with 145k Instagram followers (@willowcrossleycreates). She created bespoke floral arrangements for the wedding of the Duke and Duchess of Sussex and has worked with brands including Dior and Ralph Lauren.
- 'Millennials are turning to plant-first design solutions this year to increase their connection to nature and enhance their well-being,' says Pinterest. 'Staircase gardens, biophilic interiors and floral ceilings are all on the way up.'



## Retreats for the Soul



ISBN: 978-1-78879-511-1

176 pages (FSC paper) | 200 colour photographs

254 x 216 mm | £25.00 (hardback)

Carton quantity: 16

Publication: April 2023



### SARA BIRD

is a stylist, art director, writer, and speaker, producing photography shoots, features and workshops for the interiors industry. She was previously Decorating Editor for *Ideal Home* and is Contributing Editor for *Country Homes & Interiors*.

### DAN DUCHARS

is a respected interiors and lifestyle photographer who brings many years' experience as well as a fresh eye to every project. Together, Sara and Dan are content creators The CONTENTed Nest, devising and producing inspiring images and stories for a number of prestigious clients.



also available:

Gardens for the Soul

ISBN: 978-1-78879-428-2

£25.00

Be it a simple garden room, a homely shepherd's hut, a yoga-lover's cabin, a fishing lodge or summer house, a treehouse, a circus wagon, a purpose-designed garden smart pod or even a canal boat, the glorious retreats showcased here will provide inspiration for creating your very own place for escape or somewhere to enjoy favorite activities. Author **Sara Bird** reveals the essential elements of a soulful hideaway, from building materials to decorative details, and then explores 14 remarkable retreats in three chapters: Close to Home, On the Water and In the Wild. These are spaces designed for rest, relaxation, play and daydreaming either alone or *en famille*, as well as for their effects on our mental and physical wellbeing.

- Sustainability, repurposing of existing materials and recycling materials where possible are key interiors trends for 2022 and *Retreats for the Soul* demonstrates how to achieve these goals and style a beautiful, relaxing and individual retreat.
- Airbnb's new Categories feature, along with specialist online platforms such as Canopy & Stars, have made it easier than ever to find remarkable places to stay – cabins, treehouses, yurts and more.
- Pinterest's search trends for 2022 include 'emotional escape rooms' – it predicts that 'people will plan their great (indoor) escapes and designate rooms in their homes to decompress'.
- A third of Britons have created a space in their home dedicated to wellness or hobbies, and 48% would look for homes with a 'self-space' when buying, according to research by Not on the High Street.



## Botanical Style



### NEW EDITION

ISBN: 978-1-78879-521-0

160 pages (FSC paper) | 250 colour photographs  
254 x 216 mm | £25.00 (hardback)

Carton quantity: 16 | Rights sold: CN, DE, IT, NL

Publication: May 2023



### SELINA LAKE

is a stylist, author and columnist. Her work has been exhibited at RHS Chelsea Flower Show and RHS Hampton Court Palace Garden Festival and can be seen in publications such as *Country Living*, *The English Garden* and *Country Homes & Interiors*. She has a monthly column in *Modern Gardens* magazine and styles lifestyle photoshoots and events for commercial and editorial clients. Selina offers a glimpse into her world via her social media channels @selinalake. She has written over 10 books for Ryland Peters & Small, with recent titles including *Heritage Style* and *Garden Style*.



also available:  
*Garden Style*  
ISBN: 978-1-84975-925-0  
£19.99

In *Botanical Style*, **Selina Lake** brings her signature romantic vintage style to the current trend for all things botanical. The first chapter, Botanical Inspirations, sets out the ingredients of the look – antique botanical prints, flower stalls, potting sheds and houseplants – as sources of fresh ideas to transform your home. Moving on, Selina explores five different facets of the style. Vintage Botanicals celebrates a gentle palette of floral watercolours and pressed flowers, while Boho Botanicals has a free-spirited 1970s vibe, with jungly potted plants. The varied textures of Industrial Botanicals give it a modern edge, combining polished concrete and rusted metal with peeling paint and vintage posters. Natural Botanicals is based around antique prints and museum specimen cases for a nostalgic feel, while Tropical Botanicals have a glamorous retro flavour. Throughout the book, DIY Makes and Style Tips provide suggestions for how to recreate the textures, tones and ambience of botanical style at home.

- 'Decorating with botanicals is really on trend right now – with maximalist motifs becoming more popular [...] as people become more adventurous with their home decor,' says *Homes & Gardens*.
- Pinterest has revealed that 'Millennials are turning to plant-first design solutions this year to increase their connection to nature.'
- In 2022 and beyond, forecaster WGSN predicts 'consumers will be inspired to create conservatory, greenhouse spaces in their homes.'
- From the bestselling author of *Garden Style* (ISBN 978-1-84975-925-0), *Natural Living Style* (ISBN 978-1-78879-066-6) and *Heritage Style* (ISBN 978-1-78879-432-9).



## Pretty Pastel Style



### NEW EDITION

ISBN: 978-1-78879-519-7

160 pages (FSC paper) | 250 colour photographs  
254 x 216 mm | £25.00 (hardback)

Carton quantity: 16 | Rights sold: DE, FI, IT, TW

Publication: June 2023



### SELINA LAKE

is a successful stylist, author and columnist. Her work has been exhibited at RHS Chelsea Flower Show and RHS Hampton Court Palace Garden Festival and can be seen in *Country Living*, *The English Garden*, and *Country Homes & Interiors*. She has a monthly column in *Modern Gardens* magazine and styles lifestyle photoshoots and events for commercial and editorial clients. Selina offers a glimpse into her world via her social media channels @selinalake. She has written over 10 books for Ryland Peters & Small, with recent titles including *Heritage Style* and *Botanical Style*.



also available:  
*Heritage Style*  
ISBN: 978-1-78879-432-9  
£25.00

Pastels are enjoying a comeback, and this time round they're associated with feelings of comfort, wellbeing and calm. When used well, pastels have a rich intensity or a subtle sophistication, keeping them on the cool side of sweet. They allow us to fill a home with subtle colour, making us feel cosseted and safe. In *Pretty Pastel Style*, stylist **Selina Lake** shows you how to use this versatile colour palette to create beautiful spaces that are sophisticated, quirky and colour-rich without being garish. To start, she looks at four different decorating styles. Modern Pastels are contrasted with pops of stronger colour and sharpened with statement furniture, while Vintage Pastels are nostalgic and elegant. Handmade Pastels highlights simple crafting ideas that showcase candy stripes, polka dots and florals, while Simple Pastels work with off-whites for a minimal look. Next, the Details section looks at everything from furniture and lighting to decoration and display. Finally, the Spaces section showcases beautiful rooms that use pastels to stylish effect.

- According to Popsugar, the pastel trend is associated with feelings of wellbeing and keeping us calm in 2022, while Pantone's vice president Laurie Pressman says they are 'easy to live with and non-confrontational' and that they 'bring people together in unity'.
- The current 'Danish Pastel' trend, which has over 300 million views on TikTok, combines Nordic minimalism with uplifting sorbet shades for a cool, contemporary take on this retro palette.
- From the bestselling author of *Botanical Style* (ISBN 978-1-84975-713-3) and *Heritage Style* (ISBN 978-1-78879-432-9).



## Creative Family Home



**ISBN: 978-1-78879-501-2**

160 pages (FSC paper) | 300 colour photographs  
254 x 216 mm | £25.00 (hardback)

Carton quantity: 16

Rights sold: FI, IT, KR, NL

**Publication: March 2023**



### ASHLYN GIBSON

is a designer, stylist and writer. Her new venture Bless Stories is a shop and event and treatment space for soul seekers and conscious beings in Stoke Newington, London. Ashlyn has written for *Kidswear Living*, *Mollie Makes*, *Red*, *Smallish*, and *ST Kids Telegraph Magazine* and is a leading voice on modern family living. Her previous book *Creative Children's Spaces* was also published by Ryland Peters & Small. Ashlyn lives in east London with her theatre director husband, daughter Olive and their Finnish Lapphund Luna.



also available:

**Home for the Soul**

**ISBN: 978-1-78879-241-7**

£25.00

In *Creative Family Home*, **Ashlyn Gibson** explores the heart and soul of twelve homes that capture the zeitgeist in family living. Whether your family consists of a single bouncing baby or a tribe of pre-teens, *Creative Family Home* tackles both the practical and the decorative issues and paves the way for a fun, hard-working and creative home that grows and adapts with your kids. The book starts by focusing on the varying demands of family living, with suggestions for using space imaginatively, colour and pattern, hardworking storage, homework and creative zones, and displaying kids' artworks and other family treasures. Next, Ashlyn visits real-life homes that are notable for their fresh, irreverent take on modern family living and takes inspiration from their varying approaches to the many demands that today's families encounter. *Creative Family Home* celebrates modern family life, where children are given the freedom to express themselves and to develop their individuality within the context of an imaginative family home.

- Many parents are searching for interiors inspiration online. The hashtag #nurserydecor has been used more than 3 million times on Instagram, while #kidsroom appears 5 million times.
- Children today are spending more time indoors than ever before, so interior design should take their needs into account. In a recent Natural England survey, 69% of respondents aged 12 to 15 listed indoors as one of their favourite places to spend time.
- Aviva reports that 'A third of UK households are multi-generational' – and with children living at home for longer, many families need to consider how to future-proof their living space.



## Furniture Flips



**ISBN: 978-1-80065-215-6**

160 pages (FSC paper)  
250 colour photographs  
235 x 190 mm | £20.00 (hardback)

Carton quantity: 20

**Publication: April 2023**



### JOANNE CONDON

is a furniture artist and upcycler with a colourful, millennial-friendly aesthetic. Her projects are fun and accessible, featuring pastel tones and colour blocking with geometric or abstract shapes. Joanne is based in County Tipperary, Ireland.



also available:

**Annie Sloan Paints Everything**

**ISBN: 978-1-78249-356-3**

£16.99

The perfect antidote to unsustainable, mass-produced 'fast furniture', flipping can take many forms: applying paint or wallpaper, replacing handles and hardware, experimenting with upholstery and adding pattern and texture. The only limit is your imagination. First of all, **Joanne Condon** details what you need to get started, including essential equipment and how to prepare vintage or second-hand furniture for painting. There follow 30 projects, organized by difficulty level. Beginners can start with simple stencils and color blocking, while intermediate upcyclers might try their hand at cross stitch on a cane-backed chair. Confident furniture flippers, meanwhile, can tackle larger, more advanced projects, such as transforming a wardrobe into a pantry – or even painting a piano. Throughout the book, Joanne presents easy-to-follow instructions with photographs to guide you at every single step.

- Joanne has an Instagram following of 27k that is growing fast. Her online furniture upcycling course is available on the Domestika website.
- The hashtag #furnitureflip is inspiring a new generation of upcyclers, with 426k Instagram posts and has more than 4 billion views on TikTok.
- The colourful creativity of Joanne's designs ties in with the Newstalgia trend, which is 'all about reinventing the past, taking something old and making it new again' with a dash of personality, according to *House Beautiful*.
- 'People [are looking to] upcycle and thrift in a bid to revamp all things old school with a contemporary finish.' – Matt Siberry, Head of Home at Pinterest.



## French Home



**NEW EDITION**

ISBN: 978-1-78879-504-3

160 pages (FSC paper) | 250 colour photographs

254 x 216 mm | £25.00 (hardback)

Carton quantity: 16

Rights sold: FI, NL

Publication: April 2023



### JOSEPHINE RYAN

is a renowned antiques dealer and stylist. Compelled by the thrill of the find, Josephine loves hunting out quirky, unusual pieces and combining the unexpected. France – its lifestyle, climate, and furniture – is her greatest inspiration. Josephine has her own store in a Georgian townhouse in historic Tetbury in the Cotswolds and is also the author of *Essentially French* and *Essentially Irish*, both published by Ryland Peters & Small.



also available:

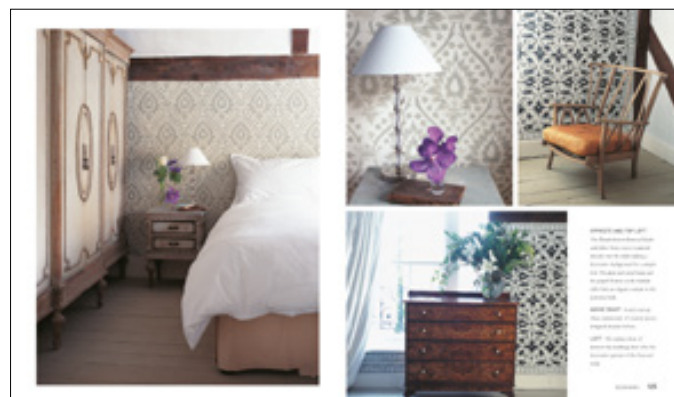
*Essentially French*

ISBN: 978-1-78879-024-6

£19.99

In *French Home*, dealer in French antiques **Josephine Ryan** explores the elements that combine to create elegant yet comfortable spaces with a distinctly French feel. She points out the architectural details that enhance the framework of a room, explores the textures and the colour palette that flatter various styles of furniture, and shows us options for lighting, mirrors, decorative objects and paintings. By exploring real homes that deftly synthesise all these elements and more, *French Home* examines the sophisticated alchemy of an enduringly popular look that can be either lush and complex, or simple and pared-down.

- Josephine Ryan, who has 'shopped' France for thirty years, demonstrates a keen eye for objects both ordinary and extraordinary, which she brings together in an unexpected and original way.
- 'Introducing a historical, heirloom, antique, or vintage piece can quickly change the mood of a room, imbuing it with depth and a focal point – which may be why this trend has lasting appeal in 2022,' says *Architectural Digest*.
- Organised room by room to provide you with inspirational style ideas.
- Will inspire you to re-evaluate the items you own or reinvent a room to bring a touch of French style to your home.



## Summers in France



ISBN: 978-1-78879-520-3

208 pages (FSC paper) | 220 colour photographs

280 x 220 mm | £35.00 (hardback)

Carton quantity: 10

Publication: June 2023



### CAROLINE CLIFTON-MOGG

writes about interior design, gardens and other subjects. She contributes to magazines such as *House & Garden* and her books include *Tuscan Escapes*, *The Comforts of Home* and *All in the Detail* (all Ryland Peters & Small). Caroline lives in Notting Hill, London.



also available:

*Perfect French Country*

ISBN: 978-1-78879-287-5

£35.00

Think of summers in France and what comes to mind? Hot sunlight on a stone-flagged terrace. Bees buzzing amidst a sea of lavender. Wandering through a local market and filling a basket with bread, cheese and ripe peaches. Sipping wine as dusk falls, then eating by candlelight in the warm evening air. These aspects please all the senses – and so too does the distinctive decorative style of rural France. Against this backdrop, **Caroline Clifton-Mogg** visits 15 glorious homes that display the legendary French sense of style and evoke all the sensual appeal of summers spent in this beautiful part of the world. Throughout the book, she also explores the elements of the French country look, from the colour palette and materials typical of rural style, to cosy and chic soft furnishings and decorative accessories and antiques sourced at local markets and brocantes.

- Provides inspiration for those who love French design, and an insight into how the French country look is put together by the various owners of the houses featured.
- France is the world's most popular destination, and travel and tourism in France is forecast to surpass pre-pandemic levels in 2023, according to the World Travel & Tourism Council.
- The look is also popular on social media – #frenchcountry has 14 million views on TikTok while #provence has 177.5m views and is also hugely popular on Instagram.



## At Home with Country



ISBN: 978-1-80065-196-8

160 pages (FSC paper) | 206 colour photographs  
254 x 216 mm | £30.00 (hardback)

Carton quantity: 16

Publication: March 2023



### CHRISTINA STRUTT

is the founder of Cabbages & Roses, a fabric company that specialises in historic rural printed fabrics for fashion, accessories, and interiors. Her books include *Living Life Beautifully*, *Vintage Chic* and *A Life in Fabric*, all published by CICO Books. Christina is based near Bath and in London.



also available:  
*A Life in Fabric*  
ISBN: 978-1-80065-103-6  
£35.00

From urban high-rises to coastal hideaways, the great manor homes of England to a tiny beach house on the other side of the Atlantic, the beauty of the Cabbages & Roses brand lies in its gentle yet distinctive take on vintage design. In this lavish book, **Christina Strutt** explores Classic Country, Modern City, Island Country and Outdoor Country styles. Homes that bring together the old and the new, evoking the atmosphere of each season, sit beside city spaces where urban living combines with vintage style – think faded florals and ticking fabrics softening an industrial space, splashes of colour to enliven it and contrasting textures to add interest. Coastal dwellings are fresh, breezy and dreamy – beautifully suited for beach living. The book shows that the country can come to the city, that the city can benefit from coastal settings and that the Cabbages & Roses style is a beautiful asset to any home as it complements all environments.

- At the forefront of a new style of decorating, 'Christina founded Cabbages & Roses in 2000, before vintage became a buzzword and florals bloomed all over the high street.' (*The Independent*)
- Cabbages & Roses is a quintessentially British fashion and lifestyle brand with 55k followers on Instagram (@cabbages\_and\_roses).
- Taps into the continuing popularity of #cottagecore (3.4 million posts on Instagram and almost 10 billion views on TikTok).
- Christina's previous titles for CICO Books include *Home-Made Vintage* (ISBN 978-1-90817-020-0), *A Guide to Natural Housekeeping* (ISBN 978-1-90817-021-7), and *Green Housekeeping* (ISBN 978-1-78249-783-7).



## The Comforts of Home



ISBN: 978-1-78879-498-5

160 pages (FSC paper) | 220 colour photographs  
254 x 216 mm | £25.00 (hardback)

Carton quantity: 16

Rights sold: CN, DE

Publication: January 2023



### CAROLINE CLIFTON-MOGG

Caroline Clifton-Mogg is an acclaimed journalist and author who writes about interiors and gardens, among other subjects. She contributes to magazines such as *House & Garden*. Her books include *A Space of My Own*, *All In The Detail*, *Tuscan Escapes*, *Provençal Escapes*, *Italian Country Living* and *French Country Living*, all published by Ryland Peters & Small. Caroline lives in London.



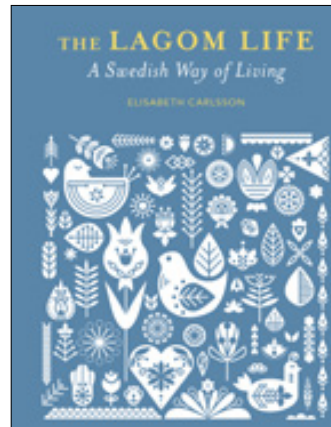
also available:  
*The Sensory Home*  
ISBN: 978-1-78879-477-0  
£25.00

*The Comforts of Home* is a book that enters into the spirit of how we want to live now, at a time when excess is no longer desirable. Author **Caroline Clifton-Mogg** puts a welcoming and beautiful haven within everyone's reach. The first section, The Elements, extols the joys of an orderly haven, covering both decorative aspects such as textiles and finishing touches, and practical topics such as storage and cleaning. The second section, The Rooms, shows how to create a home that's inviting and easy to live in – from the welcoming hallway, to the cosy kitchen, comfortable living room, satisfying study, practical bathroom and peaceful bedroom – through to the garden. *The Comforts of Home* offers clever decorating ideas that rely on imagination and style rather than a deep purse and suggests ways of making the most of what we have to put the heart back into our homes.

- After spending so much time at home during the pandemic, many of us are keen to reinvent our spaces sustainably and on a budget.
- This book taps into the current Newstalgia trend, demonstrating how a few carefully chosen new pieces can enliven an established interior. 'The mixing and matching of retro items with contemporary pieces [...] comforts us with memories of the past while grounding us in the present,' says Etsy's trend expert Dayna Isom Johnson.
- The recent success of *The Home Edit* on Netflix suggests that home organization is still a hot topic. And according to *Forbes*, 'Bigger, Better Kitchen Pantries are a Covid-Inspired Wellness Design Trend' that is here to stay.



# The Lagom Life



**NEW EDITION**

**ISBN: 978-1-80065-185-2**  
 176 pages (FSC paper)  
 100 colour photographs  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48  
 Rights sold: CZ, FR, KR, RU  
**Publication: January 2023**



**ELISABETH CARLSSON** is a Swede who has lived in Madrid and New York and has now made her home in London with her husband, two children and cat. Her background is in publishing but she is now a trained nutritional therapist. She keeps balance in her often hectic life with simple and lagom pleasures like lots of fika moments, growing her own vegetables and lighting candles every day. She lives in south London.

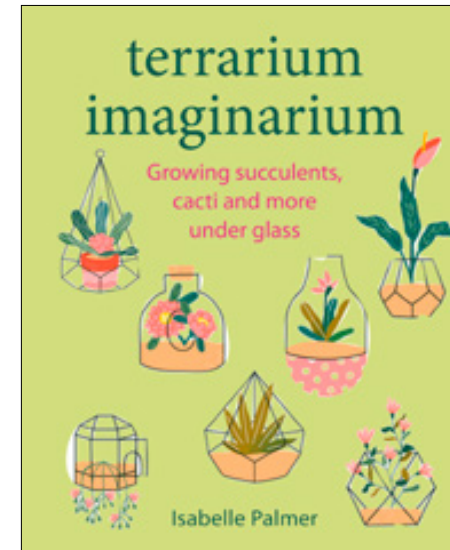
Our love affair with all things Scandinavian shows no signs of letting up. Having embraced the Danish concept of hygge, we're now looking to Sweden and one of their essential philosophies, lagom. It's best described as 'not too much, not too little; just the right amount', which, in practice, is balance – and isn't that what we're all looking for? In this delightful book, **Elisabeth Carlsson**, a Swede who has been living in the UK for many years, lets us in on the secrets of the enviable Swedish lifestyle and shows us how we can all be a little more lagom. She explains what lagom means to the Swedish and then explores how it can relate to all areas of our life, starting with our separation of work and home and how we manage our time. She suggests taking a more balanced approach to how we eat, never depriving ourselves but not overindulging and avoiding waste. Elisabeth also explains what makes a home more lagom in style and function and how we can take care of it sustainably. We also need to appreciate and look after our bodies with moderate exercise and care. Lagom has the potential to change our approach to life as a whole and help us realise that what's good for the world can also be good for us, too. Filled with advice and ideas, this thoughtful guide provides the key to a lagom way of living – healthy, harmonious and happy.

- Lagom was identified by Etsy as a key trend for 2022, as shoppers 'look to live their lives with balance and moderation in mind'. Yelp recently saw searches for 'lagom' increase 33% in just 2 months.
- *The Lagom Life* is the companion to *The Essence of Hygge* (ISBN 978-1-78879-345-2).
- Other books on Scandinavian living have been bestsellers, including *ScandiKitchen* (ISBN 978-1-84975-874-1), which has sold almost 14,000 copies, and *ScandiKitchen: Fika & Hygge* (ISBN 978-1-84975-759-1), which has sold over 27,000 copies since 2016.



also available:  
**ScandiKitchen: The Essence of Hygge**  
**ISBN: 978-1-78879-345-2**  
 £7.99

# Terrarium Imaginarium



**ISBN: 978-1-80065-218-7**  
 128 pages (FSC paper) | 100 colour photographs | 210 x 170 mm  
 £14.99 (hardback)  
 Carton quantity: 30  
 Rights sold: DE, IT, NL  
**Publication: May 2023**



**ISABELLE PALMER** is a renowned small space garden designer and the founder of The Balcony Gardener. Specialising in the tiny corners of city gardening since 2009, her innovative and fresh approach to design and garden retail has earned her well-deserved attention for a stylish greener city life. Her adventures started out on her own London balcony where she wanted to create a little green oasis of her own. Believing that others would want to do the same, she started The Balcony Gardener ([www.thebalconygardener.com](http://www.thebalconygardener.com)). With great passion and a practical approach, she has shared her small-space gardening and houseplant expertise in four books.



also available:  
**The Joy of Living with Plants**  
**ISBN: 978-1-80065-027-5**  
 £9.99

Small-space gardening expert **Isabelle Palmer** shows you how to use succulents and other plants to create trendy terrariums and gorgeous indoor garden designs and how to grow under glass. She offers helpful advice and techniques as well as handy tips for taking care of your new houseplants. Display pretty cacti inside copper lanterns, grow amazing aquatic plants in a deep vase, create a stunning fireside moss and fern display, and plant some tiny jewel-like succulents inside mason jars for an easy and on-trend kitchen window scene. *Terrarium Imaginarium* removes the mystery of taking care of plants and gives everyone a chance to enjoy the benefits and beauty of a garden indoors.

- Indoor gardening has never been more popular: #urbanjungle has over 8.6 million posts on Instagram and in the UK, the average 18-24-year old has 10 plants in their home.
- With over half a million views on TikTok and 78,000 posts on Instagram, #terrariumimagination is a popular hashtag for a new generation of indoor gardening enthusiasts.
- Around 7 in 10 millennials consider themselves to be 'plant parents'. In particular, 'succulent plants are more and more popular these days with millennials,' says gardening expert Stephen Webb.
- Studies have proven that house plants improve concentration and productivity (by up to 15%), reduce stress levels, and boost your mood.



# Small Summer Gardens



**NEW EDITION**

ISBN: 978-1-80065-216-3

144 pages (wood-free FSC paper)  
250 colour photographs | 235 x 190 mm  
£14.99 (paperback with flaps)  
Carton quantity: 30  
Rights sold: JP  
Publication: May 2023



**EMMA HARDY** is a keen gardener and an equally keen crafter. Her books for CICO include *The Winter Garden*, *Teeny Tiny Gardening*, *The Urban Wildlife Gardener*, *Handmade Candles and Smudge Sticks*, *Making Children's Clothes*, *Quilting in No Time* and *Green Crafts for Children*. Emma is married with two daughters and lives in south London.



also available:  
**Teeny Tiny Gardening**  
ISBN: 978-1-78249-459-1  
£12.99

There are gorgeous flowering plants, lush foliage, special occasion displays, and edible fruit and vegetable harvests. The projects in *Small Summer Gardens* include hanging baskets, window boxes, beautiful flower beds, large and small pots, and pretty recycled containers. Create a display of foxgloves and woodland plants in a rusty trunk, scented sweet peas in a tub, a mini water garden with flowering water lilies, a wreath made from alpine flowers, fruit bushes in pots and much more. With **Emma Hardy's** expert advice, you will learn everything you need to know about growing annuals from seed, growing bulbs, using inexpensive bedding plants in interesting ways, combining perennials and small shrubs and growing and maintaining fruit and vegetable plants.

- 35 creative and colourful projects for small gardens, including containers, bedding plants and special displays
- Growing awareness of how greenery is good for our mental health, as well as looking lovely, means more and more people are looking to grow plants and vegetables in whatever space they have available.



# The Queen: 70 Years of Majestic Style



**NEW EDITION**

ISBN: 978-1-78879-427-5

176 pages | 230 colour photographs  
235 x 190 mm | £18.99 (hardback)  
Carton quantity: 20  
Publication: November 2022



**BETHAN HOLT** is the fashion news and features director at *The Telegraph*, and has contributed to *Us Weekly* and *People* magazine – writing about royal style is her professional obsession. She has appeared on the BBC, Sky, Channel 4, and ITV talking about royal fashion, as well as on numerous podcasts including *Royally Obsessed*, and was shortlisted for Fashion Journalist of the Year at the 2018 and 2019 Press Awards. Her previous book is *The Duchess of Cambridge: A Decade of Modern Royal Style*.



also available:  
**The Duchess of Cambridge: A Decade of Modern Royal Style**  
ISBN: 978-1-78879-302-5  
£16.99

A woman whose views were never heard, Queen Elizabeth II deployed fashion as a means to communicate and signal her position to the crowds who gathered to see her in public and the millions who watched her television broadcasts: 'I must be seen to be believed,' she said. The Queen's evolving attitude to dress reflected a visual landscape that started as genteel reportage in black and white and over the years developed into a 24/7 live-streamed news cycle, flashed around the world in seconds and driven by social media. Through it all, Elizabeth II's style was an extension of all she represented as Queen; it was stoical and cautious yet dazzling and majestic. *The Queen: 70 Years of Majestic Style* celebrates the fashion evolution of Elizabeth II and takes a look at an unrivalled archive of unique fashion moments that bear testament to the care and consideration the Queen took in looking the part for a role like no other.

- Revised edition with brand new introduction.
- 'A fun read... This book's charm extends well beyond its pictures, though it has an impressive collection... [Bethan] Holt's assessments are shrewd.' – *The Washington Post*
- 'A great read; absolutely beautiful.' – *Us Magazine/Royally Us*
- 'A luxe and detailed style tribute to the Queen.' – *Pure Wow/Royally Obsessed*





## The Flower Hunter



LUCY HUNTER  
**ISBN: 978-1-78879-384-1**  
 208 pages | 300 colour photographs  
 280 x 220 mm | £30.00 (hardback)  
 Carton quantity: 10  
 Rights sold: CN



## Vintage French Style



CAROLYN WESTBROOK  
**ISBN: 978-1-78249-548-2**  
 160 pages | 160 colour photographs  
 254 x 216 mm | £23.00 (hardback)  
 Carton quantity: 16



## The French-Inspired Home



CAROLYN WESTBROOK  
**ISBN: 978-1-78249-743-1**  
 160 pages | 250 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16  
 Rights sold: DE

The Irish Aesthete:  
Ruins of Ireland

ROBERT O'BYRNE  
**ISBN: 978-1-78249-686-1**  
 176 pages | 200 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20



## Romantic English Homes



ROBERT O'BYRNE  
**ISBN: 978-1-78249-412-6**  
 176 pages | 300 colour photographs  
 292 x 244 mm | £30.00 (hardback)  
 Carton quantity: 10



## Romantic French Homes



AUTUMN  
2022  
HIGHLIGHT

LANIE GOODMAN  
**ISBN: 978-1-80065-162-3**  
 176 pages | 200 colour photographs  
 292 x 244 mm | £35.00 (hardback)  
 Carton quantity: 10  
 Rights sold: DE



## The Scandinavian Home

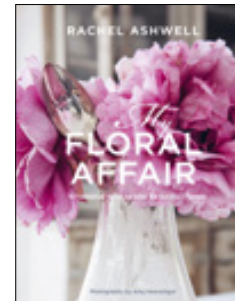


**BESTSELLER**  
16,500 SOLD

NIKI BRANTMARK  
**ISBN: 978-1-78249-411-9**  
 176 pages (wood-free paper)  
 250 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 10  
 Rights sold: DE, IT

William Yeoward Blue & White  
and Other Stories

WILLIAM YEOWARD  
**ISBN: 978-1-78249-474-4**  
 192 pages | 250 colour photographs  
 292 x 244 mm | £35.00 (hardback)  
 Carton quantity: 10

Rachel Ashwell:  
My Floral Affair

**BESTSELLER**  
15,000 SOLD

RACHEL ASHWELL  
**ISBN: 978-1-78249-547-5**  
 240 pages | 250 colour photographs  
 280 x 220 mm | £25.00 (hardback)  
 Carton quantity: 10  
 Rights sold: CN



## Create

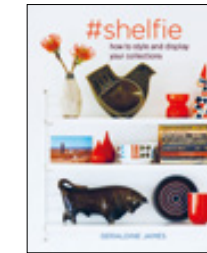


AUTUMN  
2022  
HIGHLIGHT

EMILY HENSON  
**ISBN: 978-1-78249-478-7**  
 160 pages | 200 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 16



## #shelfie



GERALDINE JAMES  
**ISBN: 978-1-78249-844-5**  
 192 pages (wood-free paper)  
 250 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 10



## Creative Walls



GERALDINE JAMES  
**ISBN: 978-1-78249-748-6**  
 224 pages (wood-free paper)  
 250 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 16  
 Rights sold: FI, IT, JP, TW



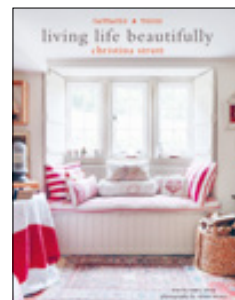
## Rachel Ashwell: Couture Prairie



RACHEL ASHWELL  
**ISBN: 978-1-78249-790-5**  
 192 pages | 200 colour photographs  
 292 x 244 mm | £25.00 (hardback)  
 Carton quantity: 10  
 Rights sold: IT



## Living Life Beautifully



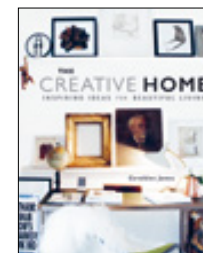
CHRISTINA STRUTT  
**ISBN: 978-1-78249-815-5**  
 160 pages (wood-free paper)  
 250 colour photographs  
 280 x 220 mm | £30.00 (hardback)  
 Carton quantity: 10

Blenheim and the  
Churchill Family

HENRIETTA SPENCER-CHURCHILL  
**ISBN: 978-1-78249-059-3**  
 224 pages | 200 colour photographs  
 279 x 203 mm | £35.00 (hardback)  
 Carton quantity: 12



## The Creative Home



GERALDINE JAMES  
**ISBN: 978-1-78249-358-7**  
 256 pages (wood-free paper)  
 250 colour photographs  
 235 x 190 mm | £19.99 (hardback)  
 Carton quantity: 16  
 Rights sold: FI, IT, JP, TW



## A Life Less Ordinary



ZOE ELLISON & ALEX LEGENDRE  
**ISBN: 978-1-78249-583-3**  
 192 pages (wood-free paper) plus 10 pages  
 of tracing paper inserts & 2 postcards in  
 envelopes | 200 colour photographs  
 280 x 220 mm | £30.00 (hardback)  
 Carton quantity: 10



## The Stuff of Life



HILARY ROBERTSON  
**ISBN: 978-1-78879-086-4**  
 208 pages | 220 colour photographs  
 280 x 220 mm | £19.99 (hardback)  
 Carton quantity: 10  
 Rights sold: TW



## Nomad at Home



HILARY ROBERTSON  
**ISBN: 978-1-78879-245-5**  
 192 pages | 220 colour photographs  
 280 x 220 mm | £30.00 (hardback)  
 Carton quantity: 10



## Faded Glamour

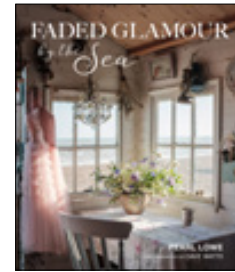


PEARL LOWE  
**ISBN: 978-1-78249-791-2**  
 208 pages | 200 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 10



**BESTSELLER**  
 8,000 SOLD

## Faded Glamour by the Sea



PEARL LOWE  
**ISBN: 978-1-80065-101-2**  
 208 pages | 250 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 10  
 Rights sold: DE



## Perfect English Townhouse



ROS BYAM SHAW  
**ISBN: 978-1-84975-924-3**  
 192 pages | 250 colour photographs  
 292 x 244 mm | £35.00 (hardback)  
 Carton quantity: 10



**BESTSELLER**  
 9,000 SOLD

## Perfect English Farmhouse



ROS BYAM SHAW  
**ISBN: 978-1-84975-878-9**  
 192 pages | 310 colour photographs  
 292 x 244 mm | £30.00 (hardback)  
 Carton quantity: 10



## Perfect French Country



ROS BYAM SHAW  
**ISBN: 978-1-78879-287-5**  
 208 pages | 250 colour photographs  
 292 x 244 mm | £35.00 (hardback)  
 Carton quantity: 10



## Relaxed Rustic



NIKI BRANTMARK  
**ISBN: 978-1-78249-814-8**  
 176 pages | 250 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16



## Global Bohemian



FIFI O'NEILL  
**ISBN: 978-1-78249-718-9**  
 160 pages | 200 colour photographs  
 254 x 216 mm | £23.00 (hardback)  
 Carton quantity: 16



## English Houses



BEN PENTREATH  
**ISBN: 978-1-84975-753-9**  
 224 pages | 200 colour photographs  
 292 x 244 mm | £30.00 (hardback)  
 Carton quantity: 10



**BESTSELLER**  
 14,500 SOLD

## Essentially French



JOSEPHINE RYAN  
**ISBN: 978-1-78879-024-6**  
 160 pages | 265 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16



## Simply Scandinavian



SARA NORRMAN  
**ISBN: 978-1-78879-354-4**  
 160 pages | 250 colour photographs  
 254 x 216 mm | £23.00 (hardback)  
 Carton quantity: 16  
 Rights sold: DE, KR



## Scandi Rustic



REBECCA LAWSON & REENA SIMON  
**ISBN: 978-1-78879-246-2**  
 160 pages | 220 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 16  
 Rights sold: DE, RU



## English Decoration



BEN PENTREATH  
**ISBN: 978-1-78879-120-5**  
 192 pages | 230 colour photographs  
 292 x 244 mm | £35.00 (hardback)  
 Carton quantity: 10



## Perfect English



ROS BYAM SHAW  
**ISBN: 978-1-84975-964-9**  
 192 pages | 315 colour photographs  
 292 x 244 mm | £35.00 (hardback)  
 Carton quantity: 10



## Perfect English Style



ROS BYAM SHAW  
**ISBN: 978-1-78879-242-4**  
 208 pages | 250 colour photographs  
 292 x 244 mm | £35.00 (hardback)  
 Carton quantity: 10



## New Nordic Colour



ANTONIA AF PETERSENS  
**ISBN: 978-1-84975-875-8**  
 160 pages | 230 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 10  
 Rights sold: CN



## Pink House Living



EMILY MURRAY  
**ISBN: 978-1-78879-084-0**  
 160 pages (wood-free paper)  
 200 colour photographs  
 235 x 190 mm | £19.99 (hardback)  
 Carton quantity: 18



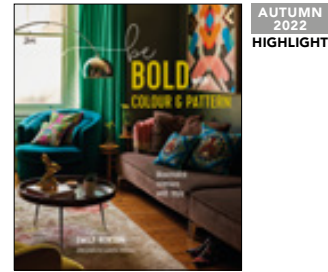
## A Pop of Colour



GERALDINE JAMES  
**ISBN: 978-1-80065-039-8**  
 176 pages (wood-free paper)  
 200 colour photographs  
 235 x 190 mm | £23.00 (hardback)  
 Carton quantity: 20  
 Rights sold: FR



## Be Bold with Colour &amp; Pattern



EMILY HENSON  
**ISBN: 978-1-78879-446-6**  
 160 pages | 210 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 16

Rockett St George:  
Extraordinary Interiors

JANE ROCKETT & LUCY ST GEORGE  
**ISBN: 978-1-84975-869-7**  
 260 pages | 200 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 10  
 Rights sold: IT

Rockett St George:  
Extraordinary Interiors in Colour

JANE ROCKETT & LUCY ST GEORGE  
**ISBN: 978-1-78879-155-7**  
 176 pages | 250 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 10



## Heritage Style



SELINA LAKE  
**ISBN: 978-1-78879-432-9**  
 176 pages | 200 colour photographs  
 254 x 216 mm | £25.00 (hardback with  
 printed dust jacket)  
 Carton quantity: 16



## Easy Cottage Style



LIZ BAUWENS & ALEXANDRA CAMPBELL  
**ISBN: 978-1-80065-107-4**  
 160 pages | 205 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 16



## Country Brocante Style



LUCY HAYWOOD  
**ISBN: 978-1-78879-078-9**  
 160 pages | 200 colour photographs  
 254 x 216 mm | £23.00 (hardback)  
 Carton quantity: 16  
 Rights sold: DE

Colefax and Fowler  
Inspirational Interiors

ROGER BANKS-PYE  
**ISBN: 978-1-78879-047-5**  
 192 pages | 350 colour photographs &  
 50 colour illustrations | 292 x 244 mm  
 £35.00 (hardback)  
 Carton quantity: 10



## Natural Living Style



SELINA LAKE  
**ISBN: 978-1-78879-066-6**  
 160 pages (wood-free paper)  
 220 colour photographs | 254 x 216 mm  
 £19.99 (hardback)  
 Carton quantity: 16  
 Rights sold: DE, CN



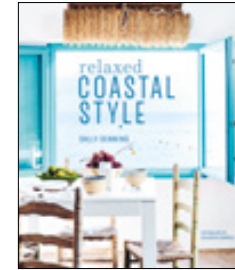
## Winter Living Style



SELINA LAKE  
**ISBN: 978-1-78879-243-1**  
 160 pages | 225 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16  
 Rights sold: IT



## Relaxed Coastal Style



SALLY DENNING  
**ISBN: 978-1-84975-962-5**  
 176 pages | 200 colour photographs  
 254 x 216 mm | £23.00 (hardback)  
 Carton quantity: 16



## Surfside Style



FIFI O'NEILL  
**ISBN: 978-1-78249-880-3**  
 160 pages | 200 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16



## Coastal Blues



SALLY HAYDEN & ALICE WHATELY  
**ISBN: 978-1-78879-147-2**  
 160 pages | 300 colour photographs  
 254 x 216 mm | £23.00 (hardback)  
 Carton quantity: 16



## Botanical Style



SELINA LAKE  
**ISBN: 978-1-84975-713-3**  
 160 pages | 250 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16  
 Rights sold: DE, IT, NL, CN



## Garden Style



SELINA LAKE  
**ISBN: 978-1-84975-925-0**  
 160 pages | 220 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16  
 Rights sold: IT, CN, DK



## Shed Style



SELINA LAKE  
**ISBN: 978-1-78879-182-3**  
 160 pages | 200 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 16  
 Rights sold: DE



## Life Unstyled



EMILY HENSON  
**ISBN: 978-1-78879-351-3**  
 160 pages | 270 colour photographs  
 254 x 216 mm | £23.00 (hardback)  
 Carton quantity: 16  
 Rights sold: DE



## Modern Rustic



EMILY HENSON  
**ISBN: 978-1-78879-186-1**  
 160 pages | 250 colour photographs  
 254 x 216 mm | £23.00 (hardback)  
 Carton quantity: 16



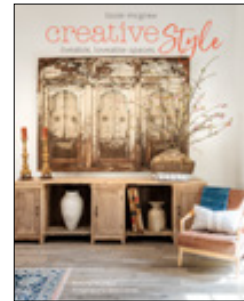
## Bohemian Modern



EMILY HENSON  
**ISBN: 978-1-78879-286-8**  
 160 pages | 250 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16



## Creative Style



AUTUMN  
2022  
HIGHLIGHT

LIZZIE MCGRAW & FIFI O'NEILL  
ISBN: 978-1-80065-163-0  
192 pages | 250 colour photographs  
280 x 220 mm | £35.00 (hardback)  
Carton quantity: 10



## Relaxed Living, Happy Home



ATLANTA BARTLETT & DAVE COOTE  
ISBN: 978-1-78879-423-7  
176 pages | 230 colour photographs  
254 x 216 mm | £25.00 (hardback)  
Carton quantity: 16  
Rights sold: FR



## Made of Wood in the Home



MARK & SALLY BAILEY  
ISBN: 978-1-78879-022-2  
176 pages (wood-free paper)  
200 colour photographs  
254 x 216 mm | £19.99 (hardback)  
Carton quantity: 16

Farrow & Ball  
Living with Colour

ROS BYAM SHAW  
ISBN: 978-1-78879-156-4  
192 pages | 250 colour photographs  
292 x 244 mm | £30.00 (hardback)  
Carton quantity: 10

Farrow & Ball  
Decorating with Colour

ROS BYAM SHAW  
ISBN: 978-1-78879-187-8  
192 pages | 350 colour photographs  
292 x 244 mm | £30.00 (hardback)  
Carton quantity: 10



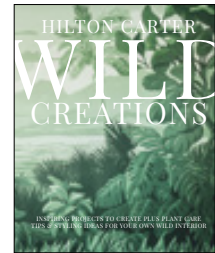
## Blue &amp; White at Home



ISBN: 978-1-78879-441-1  
192 pages | 220 colour photographs  
280 x 220 mm | £30.00 (hardback)  
Carton quantity: 10



## Wild Creations



HILTON CARTER  
ISBN: 978-1-80065-025-1  
240 pages (wood-free paper)  
200 colour photographs  
235 x 190 mm | £20.00 (hardback)  
Carton quantity: 10  
Rights sold: CN, DE, FR, CN



## Wild at Home

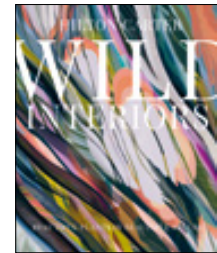


BESTSELLER  
72,000 SOLD

HILTON CARTER  
ISBN: 978-1-78249-713-4  
144 pages (wood-free paper)  
200 colour photographs  
235 x 190 mm | £18.99 (hardback)  
Carton quantity: 20  
Rights sold: RU, CN, IT, RU



## Wild Interiors



BESTSELLER  
40,500 SOLD

HILTON CARTER  
ISBN: 978-1-78249-875-9  
224 pages | 200 colour photographs  
235 x 190 mm | £20.00 (hardback)  
Carton quantity: 10  
Rights sold: CN, UA, RU



## Monochrome Home



BESTSELLER  
35,500 SOLD

HILARY ROBERTSON  
ISBN: 978-1-84975-613-6  
192 pages | 300 colour photographs  
280 x 220 mm | £30.00 (hardback)  
Carton quantity: 10  
Rights sold: UA



## Shades of White



FIFI O'NEILL  
ISBN: 978-1-80065-060-2  
208 pages | 200 colour photographs  
254 x 216 mm | £25.00 (hardback)  
Carton quantity: 16



## Shades of Grey

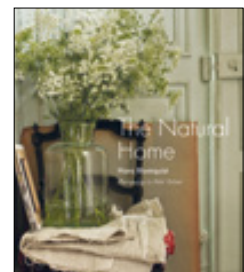


BESTSELLER  
22,000 SOLD

KATE WATSON-SMYTH  
ISBN: 978-1-78879-124-3  
176 pages | 230 colour photographs  
235 x 190 mm | £18.99 (hardback)  
Carton quantity: 18  
Rights sold: IT, FR



## The Natural Home



HANS BLOMQUIST  
ISBN: 978-1-78879-085-7  
160 pages | 230 colour photographs  
254 x 216 mm | £23.00 (hardback)  
Carton quantity: 16  
Rights sold: DE, JP



## Inspired by Nature

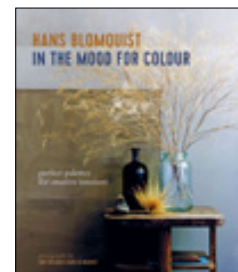


BESTSELLER  
11,500 SOLD

HANS BLOMQUIST  
ISBN: 978-1-78879-021-5  
208 pages (wood-free paper)  
250 colour photographs  
254 x 216 mm | £25.00 (hardback)  
Carton quantity: 10  
Rights sold: IT



## In the Mood for Colour



HANS BLOMQUIST  
ISBN: 978-1-78879-356-8  
208 pages | 250 colour photographs  
254 x 216 mm | £25.00 (hardback)  
Carton quantity: 10  
Rights sold: IT, UA



## Details Make a Home



AUTUMN  
2022  
HIGHLIGHT

HANS BLOMQUIST  
ISBN: 978-1-78879-445-9  
208 pages (wood-free paper)  
200 colour photographs  
254 x 216 mm | £25.00 (hardback)  
Carton quantity: 10



## Books Make a Home



DAMIAN THOMPSON  
ISBN: 978-1-78879-422-0  
192 pages | 230 colour photographs  
280 x 220 mm | £35.00 (hardback)  
Carton quantity: 10  
Rights sold: CN, IT, JP, KR, TW



## The Natural Cozy Cottage



CHRISTIANE BELLSTEDT MYERS  
ISBN: 978-1-80065-097-8  
176 pages (wood-free paper)  
215 colour photographs  
235 x 190 mm | £20.00 (hardback)  
Carton quantity: 18



## Small Space Style



SARA EMSLIE  
**ISBN: 978-1-78879-090-1**  
 160 pages | 200 colour photographs  
 254 x 216 mm | £19.99 (hardback)  
 Carton quantity: 16  
 Rights sold: FR, IT, KR



## Insta-Style for your Living Space



JOANNA THORNHILL  
**ISBN: 978-1-78249-652-6**  
 192 pages (wood-free paper)  
 250 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 20



## Cool Dogs, Cool Homes



GERALDINE JAMES  
**ISBN: 978-1-78249-879-7**  
 176 pages (wood-free paper)  
 250 colour photographs  
 235 x 190 mm | £19.99 (hardback)  
 Carton quantity: 18



## Sustain



CHRISTINA STRUTT  
**ISBN: 978-1-78249-833-9**  
 160 pages (wood-free paper)  
 20 colour photographs  
 129 x 98 mm | £6.99 (hardback)  
 Carton quantity: 52  
 Rights sold: EE, FI, IT



## Green Housekeeping



**BESTSELLER**  
 9,500 SOLD

CHRISTINA STRUTT  
**ISBN: 978-1-78249-783-7**  
 192 pages (wood-free paper)  
 300 colour photographs  
 235 x 190 mm | £14.99  
 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: EE, FI, IT



## Wooden Furniture Hacks



HESTER VAN OVERBEEK  
**ISBN: 978-1-78249-720-2**  
 112 pages (wood-free paper)  
 120 colour photographs  
 235 x 190 mm | £12.99 (paperback  
 with flaps)  
 Carton quantity: 24



## How We Live Now



REBECCA WINWARD  
**ISBN: 978-1-78879-183-0**  
 160 pages (wood-free paper)  
 200 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 18



## Happy Starts at Home



REBECCA WEST  
**ISBN: 978-1-78249-845-2**  
 176 pages (wood-free paper)  
 200 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: UA



## The Sensory Home

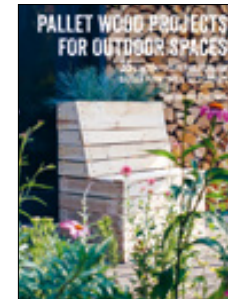


**AUTUMN**  
 2022  
**HIGHLIGHT**

PIPPA JAMESON  
**ISBN: 978-1-78879-477-0**  
 160 pages | 220 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 16



## Pallet Wood Projects for Outdoor Spaces



HESTER VAN OVERBEEK  
**ISBN: 978-1-78249-715-8**  
 128 pages | 250 colour photographs  
 276 x 208 mm | £14.99 (paperback  
 with flaps)  
 Carton quantity: 26



## Creating the French Look



ANNIE SLOAN  
**ISBN: 978-1-78249-793-6**  
 160 pages | 300 colour photographs  
 254 x 216 mm | £12.99 (paperback  
 with flaps)  
 Carton quantity: 30



## Annie Sloan Paints Everything



**BESTSELLER**  
 32,500 SOLD

ANNIE SLOAN  
**ISBN: 978-1-78249-356-3**  
 160 pages | 300 colour photographs  
 276 x 208 mm | £16.99  
 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: FR, NL, DE, CZ



## Home for the Soul



SARA BIRD & DAN DUCHARS  
**ISBN: 978-1-78879-241-7**  
 176 pages | 230 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 16



## Calm



SALLY DENNING  
**ISBN: 978-1-78879-383-4**  
 176 pages | 250 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 16



## Holistic Spaces



ANJIE CHO  
**ISBN: 978-1-78249-667-0**  
 176 pages (wood-free paper)  
 200 colour photographs  
 210 x 170 mm | £12.99 (hardback)  
 Carton quantity: 20



## The Annie Sloan Collection



ANNIE SLOAN  
**ISBN: 978-1-80065-029-9**  
 224 pages | 400 colour photographs  
 276 x 208 mm | £19.99 (paperback  
 with flaps)  
 Carton quantity: 18



## Quick and Easy Paint Transformations



**BESTSELLER**  
 170,000 SOLD

ANNIE SLOAN  
**ISBN: 978-1-906525-75-0**  
 160 pages | 420 colour photographs  
 276 x 208 mm | £16.99  
 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: FI, FR



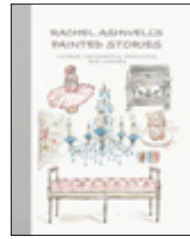
## Colour Recipes for Painted Furniture and More



**BESTSELLER**  
 122,000 SOLD

ANNIE SLOAN  
**ISBN: 978-1-78249-032-6**  
 160 pages | 300 colour photographs  
 276 x 208 mm | £16.99  
 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: DE, FR, GR, JP, NL, PL,  
 SE, TW, DK, ES



Rachel Ashwell's  
Painted Stories

RACHEL ASHWELL  
**ISBN: 978-1-80065-006-0**  
 224 pages (wood-free paper)  
 70 colour artworks  
 210 x 148 mm | £9.99 (hardback)  
 Carton quantity: 20



## Handmade Living



WILLOW CROSSLEY  
**ISBN: 978-1-78249-635-9**  
 176 pages | 200+ colour photographs  
 235 x 190 mm | £19.99 (paperback  
 with flaps)  
 Carton quantity: 16  
 Rights sold: FI, DE, TH



## A Life in Fabric



CHRISTINA STRUTT  
**ISBN: 978-1-80065-103-6**  
 192 pages | 200 colour photographs  
 292 x 244 mm | £35.00 (hardback)  
 Carton quantity: 10

Succulents and All Things  
Under Glass

ISABELLE PALMER  
**ISBN: 978-1-78249-921-3**  
 128 pages | 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



## The Balcony Gardener



ISABELLE PALMER  
**ISBN: 978-1-78249-552-9**  
 144 pages (wood-free paper)  
 300 colour photographs | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: CZ, DK, IT, SK



## Moon Gardening



MATT JACKSON  
**ISBN: 978-1-78249-817-9**  
 160 pages | 120 colour  
 photographs | 235 x 190 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: FR



## Jane Packer's Flower Course



JANE PACKER  
**ISBN: 978-1-78879-188-5**  
 160 pages | 320 colour photographs  
 254 x 216 mm | £20.00 (hardback)  
 Carton quantity: 16  
 Rights sold: FR, IT, KR, CN, CZ, SK



## Jane Packer Flowers



**ISBN: 978-1-78879-215-8**  
 144 pages | 120 colour photographs  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: FR, KR



## Gardens for the Soul



SARA BIRD & DAN DUCHARS  
**ISBN: 978-1-78879-428-2**  
 176 pages | 200 colour photographs  
 254 x 216 mm | £25.00 (hardback)  
 Carton quantity: 16  
 Rights sold: NL



## The Winter Garden



EMMA HARDY  
**ISBN: 978-1-78249-787-5**  
 144 pages (wood-free paper)  
 250 colour photographs  
 235 x 190 mm | £12.99  
 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: DE, FR, IT, CZ



## Teeny Tiny Gardening



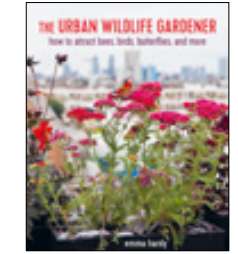
EMMA HARDY  
**ISBN: 978-1-78249-459-1**  
 144 pages | 250 colour  
 photographs | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 32  
 Rights sold: CN, DE, DK,  
 FR, IT, CZ



## New Decorated Garden



ELSPETH THOMPSON &  
 MELANIE ECLARE  
**ISBN: 978-1-78249-816-2**  
 144 pages (wood-free paper)  
 250 colour photographs  
 235 x 190 mm | £12.99 (hardback)  
 Carton quantity: 20  
 Rights sold: JP

The Urban Wildlife  
Gardener

EMMA HARDY  
**ISBN: 978-1-78249-819-3**  
 144 pages (wood-free paper)  
 200 colour photographs  
 235 x 190 mm | £12.99  
 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: JP



## A Woman's Shed



GILL HERIZ  
**ISBN: 978-1-80065-028-2**  
 208 pages | 300 colour photographs  
 235 x 190 mm | £19.99 (hardback)  
 Carton quantity: 10

A Woman's Huts  
and Hideaways

GILL HERIZ  
**ISBN: 978-1-78249-322-8**  
 192 pages (wood-free paper)  
 300 colour photographs  
 235 x 190 mm | £19.99 (hardback)  
 Carton quantity: 10



## The Joy of Living with Plants



ISABELLE PALMER  
**ISBN: 978-1-80065-027-5**  
 144 pages (wood-free paper)  
 250 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



## Gardening for Kids



DAWN ISAAC  
**ISBN: 978-1-80065-011-4**  
 128 pages | 250 colour photographs  
 235 x 228 mm | £14.99 (hardback)  
 Carton quantity: 18



## Grow Your Own Food



DEBORAH SCHNEEBELI-MORRELL  
**ISBN: 978-1-80065-005-3**  
 144 pages (wood-free paper)  
 200 colour photographs  
 235 x 190 mm | £12.99  
 (paperback with flaps)  
 Carton quantity: 30



## Living the Country Dream



BELLA PRINGLE & NICK IVINS  
**ISBN: 978-1-78879-355-1**  
 224 pages | 260 colour photographs  
 254 x 188 mm | £25.00 (hardback)  
 Carton quantity: 10  
 Rights sold: FR



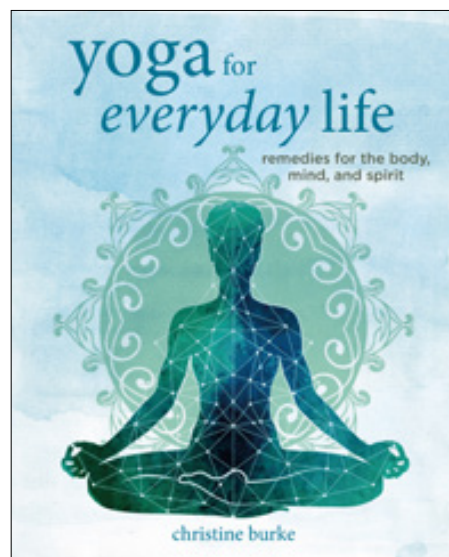
## The Home Farm



NICKI TRENCH  
**ISBN: 978-1-80065-092-3**  
 192 pages (wood-free paper)  
 200 colour photographs  
 235 x 190 mm | £14.99  
 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: FR, NL, DE



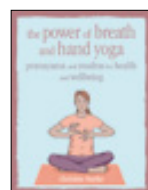
# Yoga for Everyday Life



**ISBN: 978-1-80065-187-6**  
 176 pages (FSC paper)  
 390 colour photographs  
 210 x 170 mm | £14.99 (hardback)  
 Carton quantity: 24  
 Rights sold: CN, CZ, EE, FR  
**Publication: January 2023**



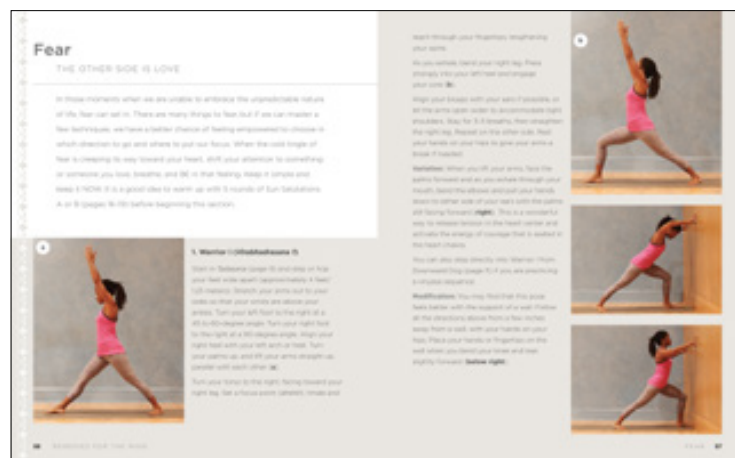
**CHRISTINE BURKE** is a Registered Yoga Teacher with Yoga Alliance at the 800-hour-plus level and has taught thousands of students of all ages. She opened Liberation Yoga in 2004, which has since appeared in the 'Top 20 Yoga Studios In The World' by *Travel + Leisure* magazine and 'Best Yoga Studio In LA' by *LA Weekly*. Her teaching has likewise been featured in *LA Times*, *LA Weekly*, *Yogi Times*, *LA Yoga*, *Westways*, *Great Yoga Teachers* and many online magazines. Her first book, *The Yoga Healer*, won the *Soul and Spirit* magazine award for 'Best Yoga Book of The Year'. She lives in Los Angeles, USA, with her daughter, Clementine.



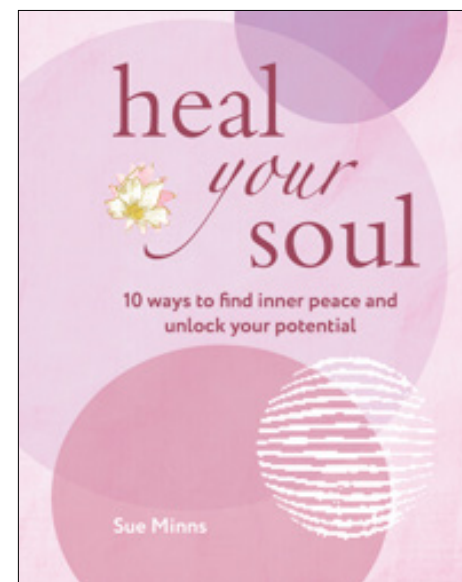
also available:  
**The Power of Breath and Hand Yoga**  
**ISBN: 978-1-78249-711-0**  
 £9.99

Do you have a pain in your neck that won't go away? Are you often impatient or overwhelmed? Would you like a greater sense of love, balance, or appreciation in your life? In *Yoga for Everyday Life*, **Christine Burke** gives you the power to heal and revitalise yourself – mind, body and spirit! Practitioners of all levels, from beginner to advanced, occasional to frequent, will love this accessible handbook of remedies based on the art and science of yoga. The first three chapters – 'Remedies for the Body', 'Remedies for the Mind' and 'Remedies for the Spirit' – cover a number of physical, mental, and emotional concerns and provide three simple, concise practices for each to address the condition. The final chapter includes longer combined sequences for the morning, noon and night to wake up, recharge and relax. From alleviating daily aches and pains to improving your state of mind and tapping into your creative spirit, you will find succinct, powerful tools that can be practised anywhere, any time.

- There are over 10,000 yoga masters in the UK who teach over 460,000 British yogis every week. The interest in yoga in the UK rises by 73% every year. (*Finder*)
- Christine Burke is an experienced yoga teacher for students of all levels and ages.
- All of the poses and sequences are illustrated with stylish, clear photography.



# Heal Your Soul



**ISBN: 978-1-80065-232-3**  
 160 pages (FSC paper) | 100 colour artworks  
 235 x 190 mm | £14.99 (paperback with flaps)  
 Carton quantity: 30  
**Publication: June 2023**



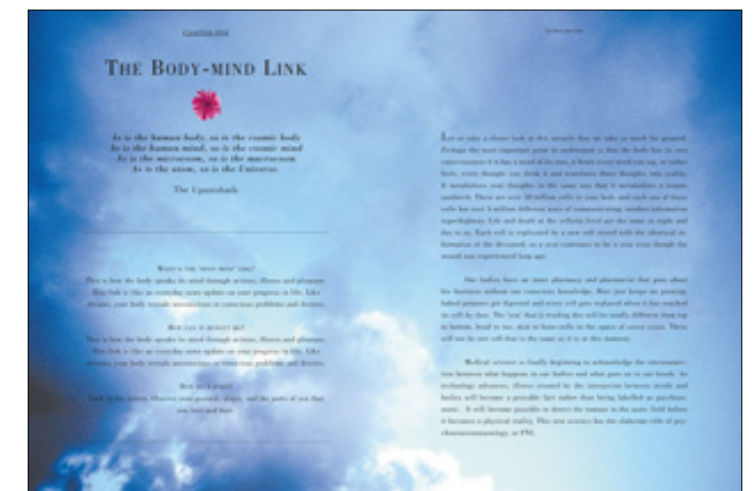
**SUE MINNS** has trained in Transpersonal Psychotherapy, Deep Memory Process Therapy (aka past life regression), Shamanic Practice and Animal Spirit Medicine. Her wide interest in the spiritual path took her to a two-year study course with One Spirit Interfaith, which led to ordination as a minister. Sue is based in London.



also available:  
**Mindful Walking**  
**ISBN: 978-1-80065-088-6**  
 £7.99

With helpful practices and step-by-step meditations, this inspiring guide shows you how to rediscover your identity and bring your body, mind and soul back into balance. **Sue Minns** introduces you to different methods that will help you enjoy and gain spirituality, including how to breathe and meditate, understanding the body–mind link and exploring your personal energy field or aura. You'll also learn how to use crystals for therapy, boost your physical and emotional health through the chakra system and find your inner child. With practical exercises, visualisations and useful summaries, *Heal Your Soul* shows you how to incorporate spiritual practices and a sense of inner peace into your everyday life.

- Taps into the current need for solace and control: spirituality and folk religion are gaining cult online followings through TikTok.
- Guides you through a wide range of popular spiritual practices including crystals, breathing, meditation and discovering your inner child.
- Beautifully presented with colourful illustrations.



# Mindful Homes



**ISBN: 978-1-80065-211-8**  
 144 pages (FSC paper) | 150 colour photographs | 235 x 190 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 30  
**Publication: April 2023**



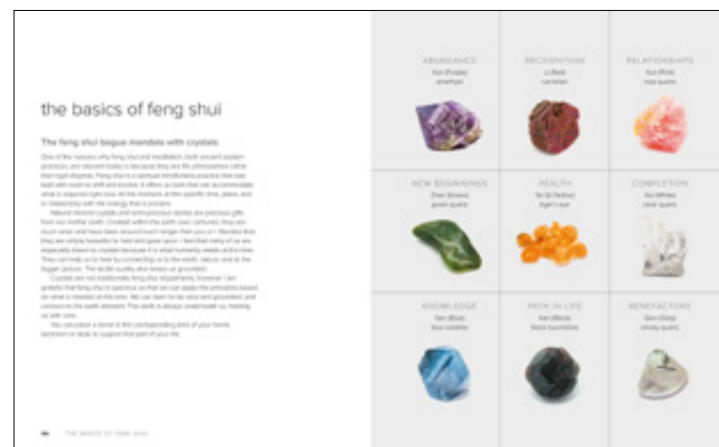
**ANJIE CHO** is a registered architect and certified feng shui consultant based in New York City, USA. She has been featured in dozens of publications, including *The New York Times*, *Domino Magazine* and *BuzzFeed*, and regularly writes for *The Spruce* and *MindBodyGreen*. She is the author of *Holistic Spaces*, also published by CICO. Find out more at [www.anjiecho.com](http://www.anjiecho.com).



also available:  
**Holistic Spaces**  
**ISBN: 978-1-78249-667-0**  
 £12.99

Feng shui teaches that we are interconnected and interdependent. This includes the spaces that we live in and engage with every day. We are not separate from our homes, our spaces or the objects and people that surround us. How can we begin to connect to and appreciate our world, and see the beauty in each moment? In *Mindful Homes*, **Anjie Cho** explains how we can start by paying attention to the details around us. Feng shui and mindfulness can help us to slow down, be more aware and create spaciousness to give birth to more joy, creativity and community. Learn simple practices to cultivate a healing living space, including creating sacred areas for rituals, incorporating crystals, mindful meditation and offering gratitude to deities and to your home itself. With stunning photography throughout, *Mindful Homes* will inspire you to look at your environment with fresh eyes and create a space that enhances happiness and wellbeing.

- 'The healing home' has been identified as a trend for 2023.
- The philosophy of feng shui has seen a revival in recent years, proving popular among those wanting a more spiritual take on interior design.
- An enduringly popular practice, with millions of followers across Instagram, YouTube and TikTok.



# Manifest Your Everything



**ISBN: 978-1-80065-192-0**  
 144 pages (matt art paper) | 100 colour photographs & artworks | 235 x 190 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 30  
**Publication: February 2023**



**NICCI ROSCOE** has over 40 years' experience in helping people enhance their wellbeing through a wide variety of methods: as a life coach and health, fitness and beauty writer, a crystal master teacher, reiki master and a master practitioner of NLP. She has been a health and fitness presenter on TV and has made appearances on Sky One, BBC and ITV, and has had articles published in the *Daily Mail* and *Mail on Sunday*. Nicci is the co-author of *My Crystal Guide* (CICO Books) with Philip Permutt, and *Fabulous Impact*. She lives in Hertfordshire in south-east England.



also available:  
**Make It Happen**  
**ISBN: 978-1-80065-122-7**  
 £7.99

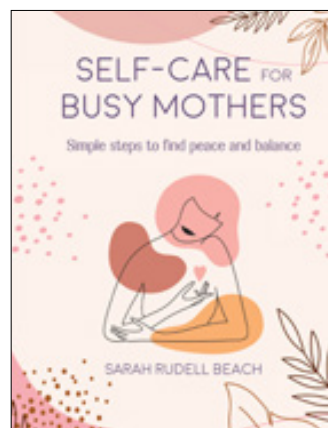
Discover the art of manifestation with this inspiring, practical and fully illustrated guide to one of the most powerful forces in the universe. **Nicci Roscoe** draws on decades of experience to offer essential guidance on how to achieve peace and calm, let go of anger and negative emotion, forgive, nurture and listen to yourself and others, find determination and courage, and discover the best possible path to self-love, gratitude and change. *Manifest Your Everything* offers a complete journey of healing and transformation. Nicci offers unrivalled insight into the best ways to achieve confidence, improve finances, boost career and find your inner god or goddess, through use of practical exercises, crystal energy, and affirmations. Learn to live life to the full again by unlocking the magic of the universe and your own inner powers.

- Manifesting is hugely popular, with the recent *Sunday Times* bestseller *Manifest* by Roxie Nafousi selling hundreds of thousands of copies, and *The Secret* by Rhonda Byrne over 35 million.
- From 2020 to 2022 the website Life Coach Directory saw a 450% rise in potential clients searching for manifestation techniques. On TikTok, the hashtag #manifestation has over 13.9 billion views (*Guardian*, February 2022).
- Taps into the current need for solace and control in a world filled with war and economic crisis.





# Self-Care for Busy Mothers



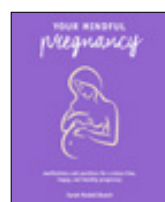
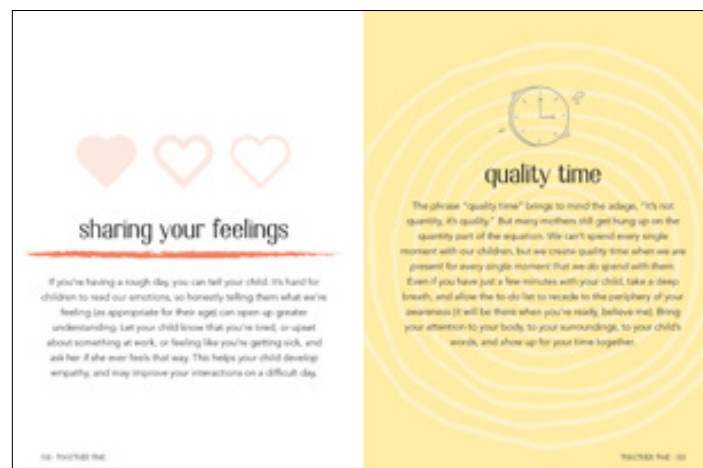
**ISBN: 978-1-80065-191-3**  
 144 pages (wood-free FSC paper) | 50 colour artworks  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48  
**Publication: February 2023**



**SARAH RUDELL BEACH** became a mother in 2006, embarking on a powerful journey in both motherhood and mindfulness. She has had a personal mindfulness practice for many years now, holds a master's degree in education, and is a Mindful Schools Certified Instructor. As the executive director of Brilliant Mindfulness, she teaches mindfulness courses to children, teens and adults. Sarah writes about mindfulness and healthy living for the *Huffington Post*, and is the author of *Mindfulness for Children and Your Mindful Pregnancy*. She lives in Minnesota, USA, with her husband and two children.

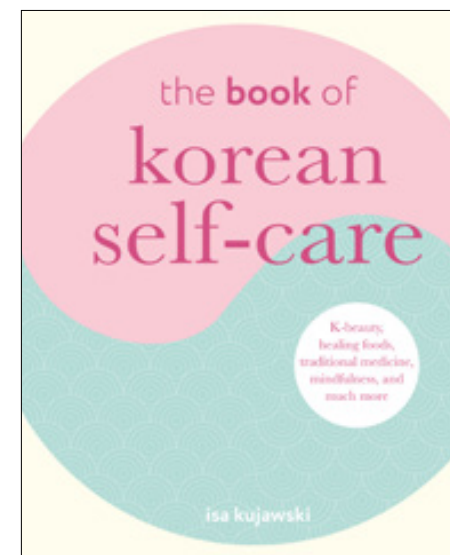
Becoming a new parent can be an overwhelming experience, presenting significant challenges to mental health and wellbeing. The powerful techniques offered in this book are intended to boost psychological health, help you navigate the ups and downs of motherhood and help you be the mother – and the YOU – that you want to be. **Sarah Rudell Beach** offers a rich compendium of practical advice on how to be present in the moment, and how to live with curiosity and without judgement and offers powerful tools that can transform how you relate to your own life and how you engage with the world. There is a growing body of research that tells us that when mothers practise self-care they experience less stress and anxiety, build stronger relationships with their children and feel less overwhelmed by the demands of motherhood. Their children experience less stress and anxiety, too. In this beautifully illustrated book, Sarah Rudell Beach introduces the basics of self-care and offers a collection of meditations and affirmations. From dealing with tantrums and your patience being tested to making time for yourself and practising self-compassion, you'll discover how being present in the moment can lead to greater calm, balance and ease in your daily life.

- Intended to take the stress and anxiety out of parenting and promote mental health, offering a rich combination of advice, affirmations and positive thinking.
- Mindfulness continues to be a best-selling topic in books: *The Little Pocket Book of Mindfulness* (ISBN 978-1-782492-03-0) has sold 77,500 copies.
- The ideal gift for Mother's Day.



also available:  
**Your Mindful Pregnancy**  
**ISBN: 978-1-78249-885-8**  
 £12.99

# The Book of Korean Self-Care



**ISBN: 978-1-80065-204-0**  
 144 pages (wood-free FSC paper)  
 100 colour photographs & artworks  
 210 x 170 mm | £14.99 (hardback)  
 Carton quantity: 28  
**Publication: January 2023**



**ISA KUJAWSKI**, MPH, RDN, a functional mind-body nutritionist in the Washington D.C. metro area, is half-Korean and lived in Seoul for a number of years. She is the founder of Mea Nutrition and a sought-after wellness expert, and has been featured in *Mind Body Green*, *Shape*, *Food & Nutrition*, *VeryWell*, *Thrive*, *Eat This* and *Livestrong*. Isa's focus on food as medicine, nutritional psychology and her background as a Navy veteran make her a unique source in the field of holistic wellness and integrative nutrition.



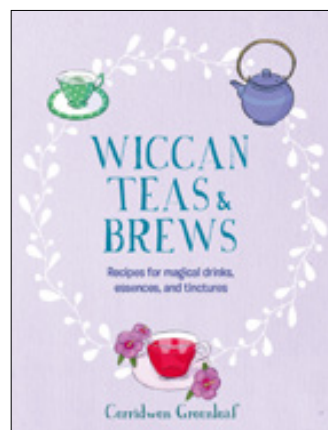
also available:  
**Everyday Self-Care**  
**ISBN: 978-1-78249-887-2**  
 £7.99

Join holistic wellness and integrative nutrition expert **Isa Kujawski**, MPH, RDN, to discover Korean wellbeing concepts and centuries-old healing traditions. Explore the mind and spirit practices of *sohwakhaeng* (small but certain happiness), *Kuok Sundo* breathing (a form of meditation) and *worabel* (Korean slang for work-life balance). Learn about 'hitting mung' to empty one's mind and *salim yok* (forest bathing) where you immerse yourself in nature. Find the healing benefits in foods, including kimchi for digestive wellness and medicinal ingredients such as ginseng, ginger and green tea. Take a closer look at Korean skincare, known around the world for resulting in glowing skin, and discover spa techniques that you can use at home to unwind. Connecting nutrition, mental wellbeing and Korean healing concepts, this book shows how to find true wealth through vibrant health.

- The Korean Wave brought us K-pop and K-dramas; the global influence of Korean beauty now takes it a step further with K-wellness, with a focus on health from the inside out. (June 2021, *Lux Nomade*)
- 'Stressed out? Try the South Korean wellness trend "hitting mung".' (Jan 2022, Today.com)
- The favourably and widely reviewed book *The Power of Nunchi: The Korean Secret to Happiness and Success* by Euny Hong (2019) has increased the focus on Korean wellness practices.
- *Everyday Self-Care* (ISBN 978-1-78249-887-2) has sold over 35,000 copies.



# Wiccan Teas & Brews



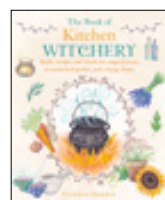
ISBN: 978-1-80065-200-2  
144 pages (wood-free FSC paper) | 75 colour artworks  
152 x 115 mm | £9.99 (hardback)  
Carton quantity: 48  
Publication: March 2023



CERRIDWEN GREENLEAF has worked with many leading lights of the Wiccan world including Starhawk, Z Budapest, Raymond Buckland and many more. She has led ritual and magic workshops throughout North America. Her graduate work in medieval studies has given her deep insight into ancient spells, making her work unique in the field. She is the author of *The Book of Kitchen Witchery*, *The Book of Witchy Wellbeing* and *The Modern Wiccan's Guide to Living*, all published by CICO Books. She blogs at [yourmagicalhome.blogspot.com](http://yourmagicalhome.blogspot.com) and lives in San Francisco, CA, USA.

Tea has amazing magical and healing properties, making it an essential in every witch's life. With brews to empower and functional benefits to improve wellbeing, the beautifully illustrated and practical *Wiccan Teas & Brews* is a treasury of witchy wisdom and wellness. Join bestselling author Carridwen Greenleaf and her years of spellcraft and experience to discover your own mug of magic. You will learn how to brew up teas, digestives, tisanes, tonics, tinctures and many other enchanting concoctions that can be created right at home. Nurture through nature with nourishing recipes, essences and infusions. Create celebratory brews for the sabbats and everyday rituals. And finding magical spells in a cup for love, luck and beyond will be a constant source of delight. For comfort, inspiration, remedy and divine magic, it's time to reach for the cauldron and the kettle!

- Due to the increased focus on tea's health benefits, tea is one of the fastest growing segments of the beverage industry and the second most consumed beverage in the world behind water. (*World Tea News*, March 2022)
- 'Taking cues from traditional witchcraft, alternative wellness has fast become one of the most popular self-care trends online at WitchTok.' (*Vogue UK*, July 2020)
- Carridwen Greenleaf is the author of *The Book of Kitchen Witchery* (ISBN 978-1-78249-372-3), which has sold over 21,000 copies.



also available:  
*The Book of Kitchen Witchery*  
ISBN: 978-1-78249-372-3  
£12.99

# Your Magical Garden



ISBN: 978-1-80065-194-4  
144 pages (FSC paper)  
100 colour artworks | 235 x 190 mm  
£14.99 (paperback with flaps)  
Carton quantity: 30  
Publication: February 2023



CLARE GOGERTY lives on a smallholding in rural Herefordshire which she intends to open as a spiritual retreat in 2023. She has been interested in magic, Druidry and folklore since childhood. A former magazine editor, she is now a freelance journalist and author, writing about spirituality, travel, homes and lifestyle. Find out more at [claregogerty.co.uk](http://claregogerty.co.uk) and on Instagram @claregogerty.

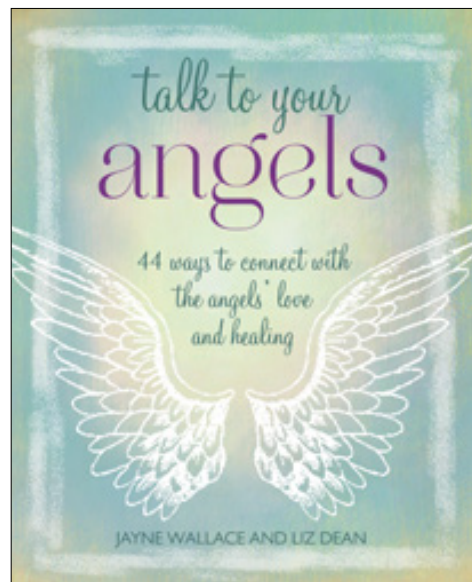
Modern witchcraft is a nature-based discipline, harnessing the power of plants, the spirit of the land, the benefits of each season and the cycle of nature. Inspired by the Five Elements – Spirit, Air, Fire, Water and Earth – and based on author Clare Gogerty's own experience, *Your Magical Garden* will encourage you to look at your outdoor space with a witch's eye. Each chapter is based on one of the Five Elements and offers details about the element and its potency, how to work with it in your garden, what plants are associated with it, and corresponding remedies, rituals and spells. You will learn how to create spiritual features, such as a moon gate, leaf mandala, scrying pool and fire pit, as well as ways to care for nature, such as rewilding to create a haven for plants and wildlife. Discover the wonder of re-enchanting your garden, however small, and creating a place of contemplation, meditation and connection with the earth.

- Troubled times have seen more and more people looking for meaning in their lives and a connection with the natural world – modern, nature-based witchcraft is in tune with this longing.
- People are keen to reduce the effects of climate change and biodiversity loss – this book shows how to help by working with nature, rather than against it.
- There is an ever-increasing number of witches and druids as well as those with an interest in all things to do with witchcraft – for example, WitchTok has more subscribers than the Kardashians.



also available:  
*The Green Wiccan Herbal*  
ISBN: 978-1-78249-396-9  
£12.99

# Talk to Your Angels



**NEW EDITION**

**ISBN: 978-1-80065-229-3**

144 pages (wood-free FSC paper)  
64 colour illustrations | 235 x 190 mm  
£14.99 (paperback with flaps)

Carton quantity: 30  
Rights sold: FC, FR, JP  
Publication: May 2023



**JAYNE WALLACE**

is the founder of Psychic Sisters. Jayne has worked as a professional clairvoyant since the age of 17 and has a monthly column in *Fate & Fortune*. Her decks include *The Mythic Goddess Tarot*, *The Moon and Stars Tarot* and *The Magical Nordic Tarot*. She lives in Essex.

**LIZ DEAN**

is the author of several tarot decks and books, including *The Little Book of Tarot* and *Tarot of the Heart*. Liz's work has been featured in the *Daily Mail* and the *Express* online, as well as the magazines *Spirit & Destiny*, *Kindred Spirit* and *Fate & Fortune*. She lives in Roker, near Sunderland, on the north-east coast.



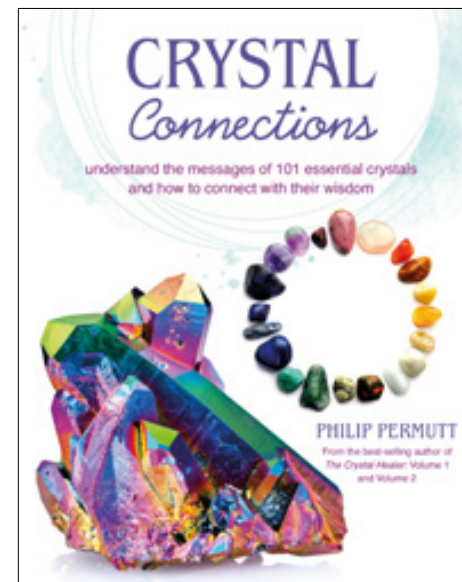
also available:  
**Prayer Energy**  
**ISBN: 978-1-78249-702-8**  
£7.99

*Talk to Your Angels* brings you traditional and not-so-traditional ways to meet your angelic guides. **Jayne Wallace** and **Liz Dean** unveil the signs of angelic presence and demonstrate the best ways to get closer to these celestial beings, with each tip illustrated by award-winning artist Sarah Perkins. Discover the signs and symbols that let you know your angels are nearby and connect with them using colours, flowers and crystals to strengthen your connection with the angelic realms. Learn, too, how to ask angels for help with everyday needs and personal challenges such as healing a relationship rift, letting go of the past and sending healing to loved ones.

- Provides readers with practical, simple ideas and step-by-step instructions to help them channel their angels.
- As the founder of Psychic Sisters, Jayne Wallace has a large and loyal following. Her clients include Kim Kardashian, Kate Hudson and Tracey Emin. She appears regularly in the national press, and her TV work includes *This Morning*, *Big Brother's Little Brother* and *The Wright Stuff*.
- Liz Dean is a best-selling author for CICO: *The Art of Tarot* (ISBN 978-1-904991-04-5) has sold over 253,000 copies, *The Magic of Tarot* (ISBN 978-1-78249-721-9) has sold over 74,000 copies and *The Golden Tarot* (ISBN 978-1-906094-86-7) has sold over 114,000 copies.



# Crystal Connections



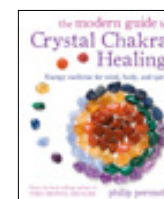
**ISBN: 978-1-80065-209-5**

144 pages (FSC paper) | 200 colour photographs & artworks | 235 x 190 mm  
£14.99 (paperback with flaps)  
Carton quantity: 30

Publication: April 2023



**PHILIP PERMUTT**, described by the *Daily Mail* as 'Britain's leading crystal expert,' discovered crystals thirty years ago after a severe illness. He has been practising ever since as a crystal healer and teacher. He is the author of many internationally acclaimed bestselling books, which have been translated into Chinese, Dutch, Finnish, French, Polish, Spanish and Japanese.



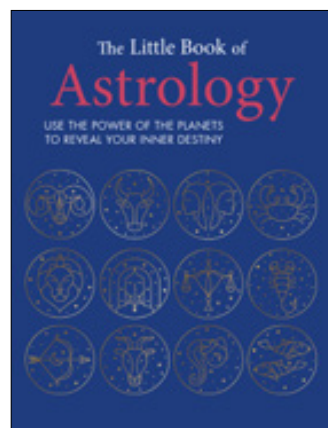
also available:  
**The Modern Guide to Crystal Chakra Healing**  
**ISBN: 978-1-80065-105-0**  
£14.99

Crystals not only heal but also affect how we feel and influence our responses to the wider world. They can support us when we feel down and help to boost our natural abilities when we're doing well or need a helping hand. Crystals improve the quality of our lives. If simply by adding beauty, they make us feel better. *Crystal Connections* is a detailed, accessible and fully illustrated guide to harnessing the magic of crystals, written by one of the world's leading crystal healers. While there are many books on crystals, this one is directed at communicating and understanding the messages within them. Learn how to recognise and connect with the energy of your crystals, work with them in dowsing, divination and healing practices, how they relate to chakras, how to cleanse and look after them and much more. Also included is a full-colour crystal finder section featuring 101 of the most common crystals.

- **Philip Permutt** is a best-selling author: *The Crystal Healer: Volume 1* (ISBN 978-1-90499-163-2) has sold over 148,500 copies and *The Complete Guide to Crystal Chakra Healing* (ISBN 978-1-90652-553-8) has sold over 29,000 copies.
- Google searches for 'crystal healing' have more than doubled in the past five years, fuelled by endorsements from celebrities like Katy Perry, Kate Hudson and Adele.
- Philip Permutt makes regular appearances on television (including ITV's *This Morning*, watched by over a million people live and with 2.2m+ YouTube subscribers), podcasts, radio and magazines. He has 12,000+ Facebook followers.



# The Little Book of Astrology



**ISBN: 978-1-80065-208-8**  
 144 pages (wood-free FSC paper) | 150 colour artworks  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48  
 Rights sold: DE, ES, NL  
**Publication: March 2023**

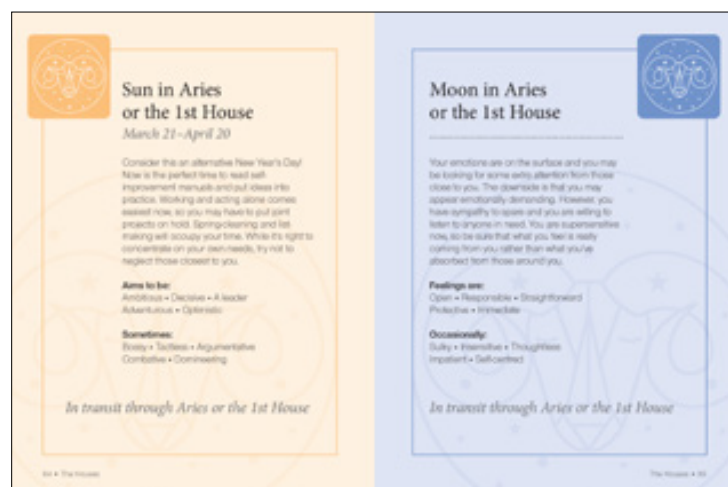


*The Little Book of Astrology* includes all the essential information about how the Sun, Moon, Mars and Venus – the most important heavenly bodies – empower us and help shape our lives. With informative descriptions of the zodiac and celestial ring, how to make sense of the various astrological Houses, the zodiac elements, the modes, planets, plus and minus signs, as well as concise descriptions of all 48 astrological signs, there is no better way to discover what motivates you in life and how to reveal the key aspects of your inner self. Discover how your rising sign allows you to meet life, Venus shapes your relationships, the Moon influences your emotional life, the Sun's energy provides motivation and Mars helps you get what you want. *The Little Book of Astrology* is the most accessible and convenient way to discover how your fortune is written in the stars.

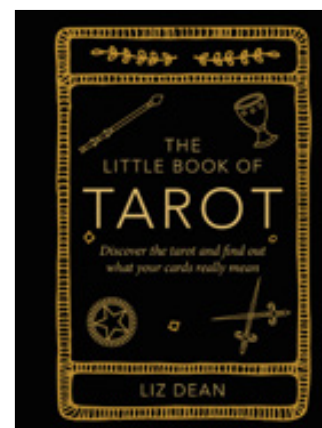
- Astrology is massively popular and has surged since 2020. According to the BBC, the US 'psychic services' market (including astrology) is worth \$2.2 billion.
- Google searches for horoscopes have doubled since 2010 and over 90% of people know their star signs.
- Astrology is a bestselling subject for CICO: *Be Your Own Astrologer* (ISBN 978-1-78249-655-7) has sold over 27,000 copies and *Heavenly Bodies Astrology* (ISBN 978-1-78249-931-2) has sold over 25,000 copies.



also available:  
**Be Your Own Astrologer**  
**ISBN: 978-1-78249-655-7**  
 £7.99



# The Little Book of Tarot



**ISBN: 978-1-80065-186-9**  
 144 pages (matt art paper)  
 150 colour artworks  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48  
 Rights sold: PT  
**Publication: January 2023**



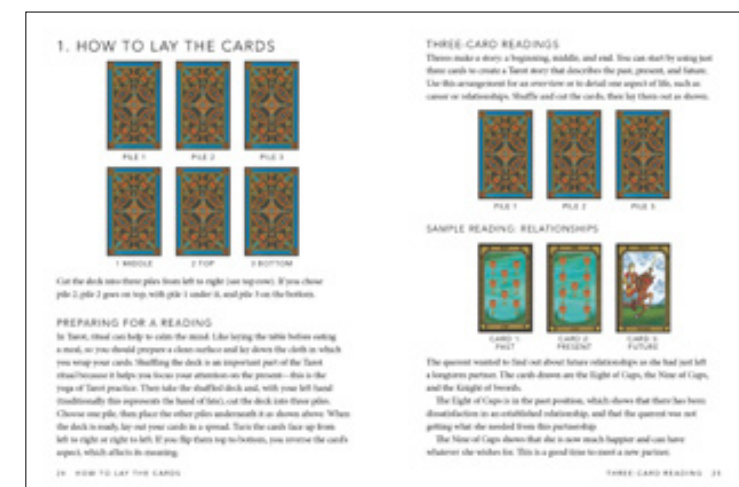
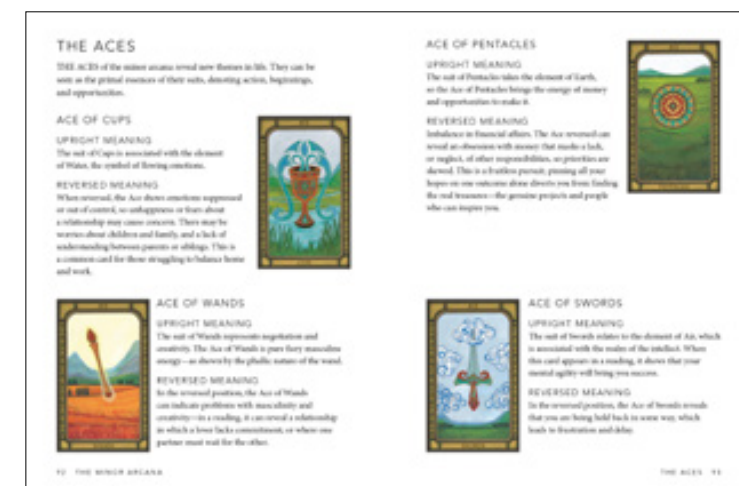
**LIZ DEAN**  
 is the author of several tarot decks and books, including the official HBO *Game of Thrones Tarot*, *The Magic of Tarot* and *The Golden Tarot*. Liz's work has been featured in the *Daily Mail*, the *Express* online, *Spirit & Destiny*, *Kindred Spirit* and *Fate & Fortune*. She lives in Roker, near Sunderland, on the north-east coast.



also available:  
**Understanding Tarot**  
**ISBN: 978-1-78249-725-7**  
 £9.99

The tarot is a secret system of symbols that has been used for almost 600 years, and is becoming increasingly popular today as people look for meaning and reassurance in our ever-changing and chaotic world. This form of spiritual counsel can be used to seek answers to life's key questions: 'Will I find success in my chosen career?', 'Will I find true love?', 'What does the future hold?' and 'Will I be happy?'. This book empowers the reader by revealing the knowledge that each card brings, and how every reading can give a dynamic understanding of events, personalities and relationships. With sample readings and concise interpretations, tarot expert **Liz Dean** gives you the confidence to approach the cards holistically. Freed from concentrating solely on the meaning of individual cards, you will begin to see them as a story or journey of life that gives you a clear picture of the past, present and future.

- Liz Dean is a bestselling author for CICO: *The Art of Tarot* (ISBN 978-1-90499-104-5) has sold over 253,000 copies, *The Magic of Tarot* (ISBN 978-1-78249-721-9) has sold over 74,000 copies and *The Golden Tarot* (ISBN 978-1-90609-486-7) has sold over 114,000 copies.
- Tarot's popularity is on the rise – with card sales up 50 per cent in recent years, 8.5m #tarot results on Instagram on an average day and witch influencers gaining huge audiences. (*Vogue UK*, Sept 2020)
- This gift book format is a bestseller for CICO.



# Magical Self-Care Tarot



Tarot is a centuries-old tool used for divination, advice, play and more, including self-care. Join tarot card reader and teacher **Leah Vanderveldt** to uncover how the cards can go beyond predicting a likely outcome based on the current energy. In the *Magical Self-Care Tarot* deck each card holds understanding, solutions and healing tools for mind, body and spirit, offering something constructive and helpful to focus on. In the guidebook, along with upright and reversed meanings, you will find a self-care action, an associated keyword, a spell and an astrological association and modality explanation for each card. With spreads for energetic support, reparenting, clarity, and elemental and inspired action, discover how to use the tarot for self-care. Whether you're looking for direction, support, or a way to deepen your self-care practice and add a little more magic to it, this deck can help.

- Tarot is among a range of mystic practices to have seen a mainstream resurgence in recent years. (Oct 2021, *The Guardian*)
- On Instagram there are around 18 million posts tagged #selfcare.

- The cards feature specially-commissioned colour artworks that are inspiring and rich in meaning.

**ISBN: 978-1-80065-231-6**  
 Boxed set with 64-page paperback book (160 x 135 mm) & 78 colour cards  
 78 colour artworks  
 Box: 172 x 140 x 40 mm | £20.00  
 Carton quantity: 20  
**Publication: June 2023**



**LEAH VANDERVELDT** is a tarot reader and breathwork guide, who aims to help others connect to their magic. Leah is also the author of *Magical Self-Care for Everyday Life* (CICO Books). Leah lives in New Orleans, USA with her husband and two daughters. Find Leah on Instagram @leah.vanderveldt.



also available:  
**Be Kind**  
**ISBN: 978-1-80065-037-4**  
 £16.99



# Tarot of Tales



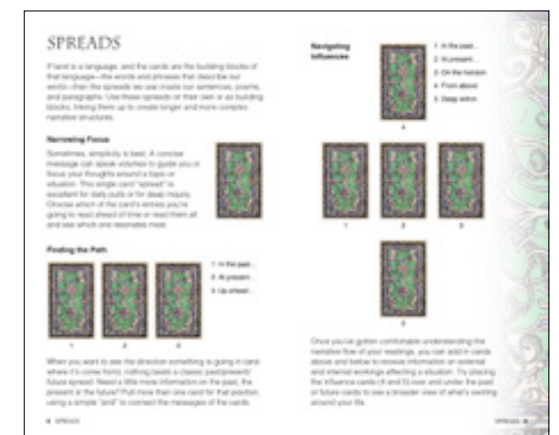
Folk tales have brought us invaluable lessons on life for thousands of years. With *Tarot of Tales*, veteran tarot reader and author **Melinda Lee Holm** and illustrator **Rohan Daniel Eason** invite you into their magical, world of art and prose where your readings become personalised fairy tales told by the cards in narrative form. The meaning of each card is told in five different ways – one for each of five possible positions given in the accompanying full-colour guidebook. Lay out the cards, find the corresponding passage for each card and position and link them together to read the tale told to you by the Tarot. Presented in their own compact box for easy storage, the 78 cards provide richly detailed illustrated scenes that allow you to step inside your own personal storybook, one that changes to bring you the wisdom you need when you need it. Tarot is a language: let it tell you your story.

- Stunningly presented boxed set with 78 individually illustrated tarot cards in their own compact box and a full-colour accompanying 128-page guidebook – the same boxed format as *Heavenly Bodies Astrology* (ISBN 978-1-78249-931-2) which has sold over 25,000 copies.
- *Elemental Power Tarot* (ISBN 978-1-78249-922-0), also by Melinda Lee Holm, has sold over 16,000 copies.
- Melinda Lee Holm's press coverage includes features in the *LA Times*, *Vogue* and *InStyle*, and she is a favourite of celebrities such as Brie Larson and Aimee Mullins.

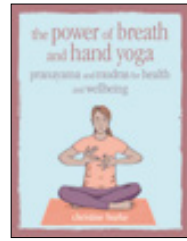
**ISBN: 978-1-80065-199-9**  
 Boxed set with 176-page paperback book (180 x 110 mm) & 78 colour cards  
 78 colour artworks  
 Box: 193 x 125 x 65 mm | £29.99  
 Carton quantity: 8  
**Publication: March 2023**



**MELINDA LEE HOLM** is a highly inspirational writer, tarot reader and educator. She has read tarot on camera for GZA and has been featured in *Vogue*, *InStyle*, *WWD*, *Condé Nast Traveler* and the *Hollywood Reporter*. Melinda is also the creator of Melinda Lee Holm Beauty, a line of products formulated around magical ingredients. She is the author of *Elemental Power Tarot* and *Your Magical Year*, both published by CICO Books. She lives in Los Angeles, USA. Learn more at melindaleeholm.com.



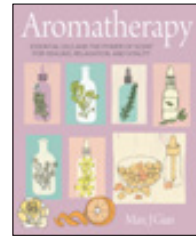
The Power of Breath and Hand Yoga



CHRISTINE BURKE  
**ISBN: 978-1-78249-711-0**  
 144 pages (wood-free paper)  
 50 colour artworks | 210 x 170 mm  
 £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: FR



Aromatherapy



MARC J. GIAN  
**ISBN: 978-1-80065-033-6**  
 160 pages (wood-free paper)  
 50 colour photographs & 50 colour artworks | 210 x 170 mm  
 £12.99 (hardback)  
 Carton quantity: 24  
 Rights sold: FR, TV



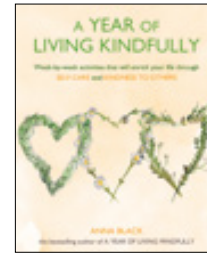
Natural Cures & Remedies



**ISBN: 978-1-80065-010-7**  
 144 pages (wood-free paper)  
 120 colour photographs & illustrations  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



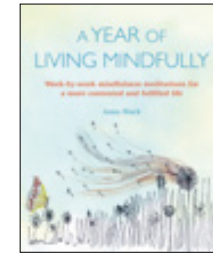
A Year of Living Kindfully



ANNA BLACK  
**ISBN: 978-1-78249-820-9**  
 192 pages (wood-free paper)  
 100 colour artworks | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: RU, DE, ES, NL



A Year of Living Mindfully



ANNA BLACK  
**ISBN: 978-1-78249-684-7**  
 192 pages (wood-free paper)  
 100 colour illustrations | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 24  
 Rights sold: RU



Living in the Moment



**BESTSELLER**  
**36,000 SOLD**

ANNA BLACK  
**ISBN: 978-1-908170-44-6**  
 144 pages | 144 colour illustrations  
 235 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 36  
 Rights sold: FR, TH, HU, NL, DE, ES, RU



The CBD Beauty Book



COLLEEN QUINN  
**ISBN: 978-1-80065-020-6**  
 144 pages (wood-free paper)  
 75 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 22  
 Rights sold: CZ, DE



Natural Beauty



KAREN GILBERT  
**ISBN: 978-1-78249-658-8**  
 144 pages (wood-free paper)  
 200+ colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: DE, EE, FI, KR, RU



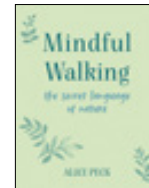
The Lagom Life: a Swedish Way of Living



ELISABETH CARLSSON  
**ISBN: 978-1-78249-538-3**  
 176 pages (wood-free paper)  
 100 colour photographs  
 146 x 146 mm | £9.99 (paperback with rounded corners)  
 Carton quantity: 60  
 Rights sold: CZ, FR, KR, RU



Mindful Walking



ALICE PECK  
**ISBN: 978-1-80065-088-6**  
 144 pages (wood-free paper)  
 50 colour photographs & artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48



Mindfulness @ Work



ANNA BLACK  
**ISBN: 978-1-78249-834-6**  
 160 pages (wood-free paper)  
 50 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: HU, TH, DE



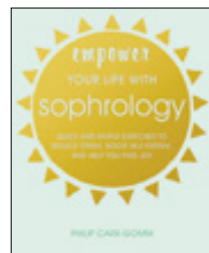
Be Mindful



ANNA BLACK  
**ISBN: 978-1-78249-852-0**  
 208 pages (wood-free paper)  
 70 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 40  
 Rights sold: FR, NL, DE, ES, TH, HU, RU



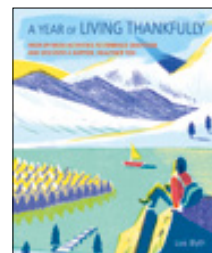
Empower Your Life with Sophrology



PHILIP CARR-GOMM  
**ISBN: 978-1-78249-726-4**  
 144 pages (wood-free paper)  
 75 colour artworks | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: FR, FC



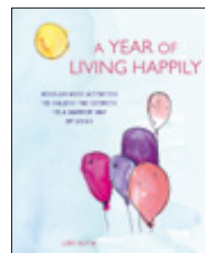
A Year of Living Thankfully



LOIS BLYTH  
**ISBN: 978-1-78249-727-1**  
 192 pages (wood-free paper)  
 100 colour illustrations | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 18



A Year of Living Happily



LOIS BLYTH  
**ISBN: 978-1-78249-477-5**  
 192 pages (wood-free paper)  
 100 colour artworks | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 24  
 Rights sold: RU



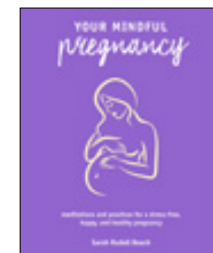
Sleep Well



ANNA BLACK  
**ISBN: 978-1-78249-903-9**  
 144 pages (wood-free paper)  
 70 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: HU



Your Mindful Pregnancy



SARAH RUDELL BEACH  
**ISBN: 978-1-78249-885-8**  
 128 pages | 70 colour artworks  
 235 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 20



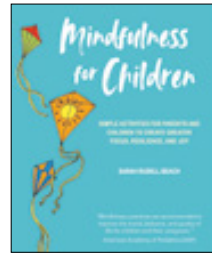
Mindful Moments for Busy Mothers



SARAH RUDELL BEACH  
**ISBN: 978-1-78249-612-0**  
 176 pages (wood-free paper)  
 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Mindfulness for Children



SARAH RUDELL BEACH  
**ISBN: 978-1-78249-606-9**  
 128 pages | 50 colour artworks  
 235 x 190 mm | £9.99 (paperback with flaps)  
 Carton quantity: 30



My Mindfulness Journal



ANNA BLACK  
**ISBN: 978-1-78249-807-0**  
 144 pages (wood-free paper, exposed edges) | 80 colour artworks  
 210 x 148 mm | £9.99 (hardback, imitation cloth spine)  
 Carton quantity: 20  
 Rights sold: DE



The Little Pocket Book of Mindfulness



**BESTSELLER**  
 115,000 SOLD

ANNA BLACK  
**ISBN: 978-1-78249-203-0**  
 208 pages (wood-free paper)  
 70 colour illustrations  
 146 x 146 mm | £9.99 (paperback with rounded corners)  
 Carton quantity: 48  
 Rights sold: FR, TH, HU, DE, NL, ES, RU



Evening Mantras for a Peaceful Now and an Inspiring Tomorrow



**ISBN: 978-1-78249-539-0**  
 144 pages (wood-free paper)  
 100 colour photographs  
 146 x 146 mm | £9.99 (paperback with rounded corners)  
 Carton quantity: 72  
 Rights sold: FI



Empowering Mantras for Awesome Women



**ISBN: 978-1-78249-566-6**  
 144 pages (wood-free paper)  
 100 colour photographs  
 146 x 146 mm | £7.99 (paperback with rounded corners)  
 Carton quantity: 60



Empowering Mantras for Awesome Women



**ISBN: 978-1-78249-853-7**  
 144 pages (wood-free paper)  
 100 colour photographs | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 52



The Little Pocket Book of Happiness



**BESTSELLER**  
 48,000 SOLD

LOIS BLYTH  
**ISBN: 978-1-80065-260-3**  
 176 pages (wood-free paper)  
 130 colour illustrations  
 146 x 146 mm | £9.99 (paperback with rounded corners)  
 Carton quantity: 54  
 Rights sold: DK, RO, NL, ES



Smile: the Wisdom of Joy



**AUTUMN 2022 HIGHLIGHT**

**ISBN: 978-1-80065-160-9**  
 144 pages (wood-free paper)  
 100 colour artworks  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48



Thank You: a Little Book of Gratitude



**AUTUMN 2022 HIGHLIGHT**

LOIS BLYTH  
**ISBN: 978-1-80065-168-5**  
 144 pages (wood-free paper)  
 75 colour artworks  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48  
 Rights sold: NL



Blue Mind Mantras



**ISBN: 978-1-80065-034-3**  
 144 pages (wood-free paper)  
 75 colour photographs | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: CZ



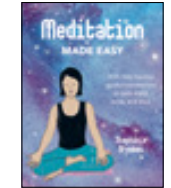
And Breathe...



SARAH RUDELL BEACH  
**ISBN: 978-1-78249-821-6**  
 160 pages (wood-free paper)  
 75 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48



Meditation Made Easy



STEPHANIE BROOKES  
**ISBN: 978-1-78249-926-8**  
 192 pages (wood-free paper)  
 100 colour illustrations  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: CZ, DE, ES, FR, NL



The Art of Kindness

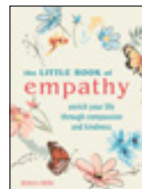


**AUTUMN 2022 HIGHLIGHT**

LOIS BLYTH  
**ISBN: 978-1-80065-123-4**  
 176 pages (wood-free paper)  
 100 colour artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: DE, ES



The Little Book of Empathy



KIRSTEN RIDDLE  
**ISBN: 978-1-80065-018-3**  
 144 pages (wood-free paper)  
 75 colour artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48



Nature's Blessings

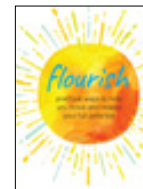


**AUTUMN 2022 HIGHLIGHT**

KIRSTEN RIDDLE  
**ISBN: 978-1-80065-159-3**  
 144 pages (wood-free paper)  
 100 colour artworks | 235 x 190 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 20



Flourish



**ISBN: 978-1-80065-016-9**  
 144 pages (wood-free paper)  
 60 colour artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 52



Be Your Own Goddess



KIRSTEN RIDDLE  
**ISBN: 978-1-80065-036-7**  
 144 pages (wood-free paper)  
 70 colour illustrations  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: FR



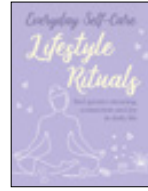
Everyday Self-Care



**ISBN: 978-1-78249-887-2**  
 144 pages (wood-free paper)  
 70 colour artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 52



## Everyday Self-Care: Lifestyle Rituals



ISBN: 978-1-80065-086-2  
144 pages (wood-free paper)  
70 colour artworks  
152 x 115 mm | £7.99 (hardback)  
Carton quantity: 48



## Make It Happen



AUTUMN  
2022  
HIGHLIGHT

JOANNE GREGORY  
ISBN: 978-1-80065-122-7  
128 pages (wood-free paper)  
50 colour artworks  
152 x 115 mm | £7.99 (hardback)  
Carton quantity: 48



## Change the Story



KRISTINE PIDKAMENY  
ISBN: 978-1-78249-923-7  
144 pages (wood-free paper)  
50 colour artworks | 210 x 148 mm  
£9.99 (hardback)  
Carton quantity: 20



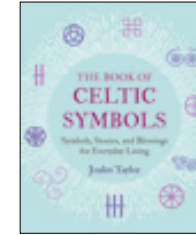
## The Nordic Book of Runes



JONATHAN DEE  
ISBN: 978-1-78249-744-8  
96 pages | 50 colour illustrations  
152 x 115 mm | £7.99 (hardback)  
Carton quantity: 56  
Rights sold: FR



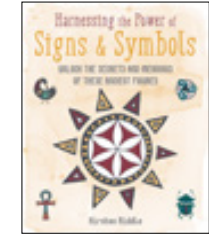
## The Book of Celtic Symbols



JOULES TAYLOR  
ISBN: 978-1-78249-824-7  
160 pages | 200 colour illustrations  
210 x 170 mm | £9.99 (hardback)  
Carton quantity: 24  
Rights sold: FR



## Harnessing the Power of Signs &amp; Symbols



KIRSTEN RIDDLE  
ISBN: 978-1-80065-089-3  
144 pages (wood-free paper)  
100 colour illustrations  
210 x 170 mm | £12.99 (hardback)  
Carton quantity: 24



## Stay Grounded



KRISTINE PIDKAMENY  
ISBN: 978-1-80065-035-0  
144 pages (wood-free paper)  
50 colour artworks | 210 x 148 mm  
£9.99 (paperback)  
Carton quantity: 24



## My Creative Writing Journal



KRISTINE PIDKAMENY  
ISBN: 978-1-78249-924-4  
144 pages (wood-free paper)  
80 colour artworks | 210 x 148 mm  
£9.99 (hardback)  
Carton quantity: 20



## My Creativity Journal



LIZ DEAN  
ISBN: 978-1-78249-661-8  
144 pages (wood-free paper,  
exposed edges) | 80 colour artworks  
210 x 148 mm | £9.99 (hardback,  
imitation cloth spine)  
Carton quantity: 30



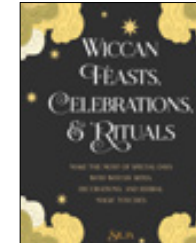
## Your Magickal Year



MELINDA LEE HOLM  
ISBN: 978-1-80065-095-4  
160 pages (wood-free paper)  
75 colour artworks | 235 x 190 mm  
£14.99 (hardback)  
Carton quantity: 18



## Wiccan Feasts, Celebrations &amp; Rituals



SILJA  
ISBN: 978-1-80065-054-1  
144 pages (wood-free paper)  
75 colour artworks | 235 x 190 mm  
£12.99 (paperback with flaps)  
Carton quantity: 30  
Rights sold: IT



## The Green Wiccan Herbal



SILJA  
ISBN: 978-1-78249-396-9  
160 pages (wood-free paper)  
300 colour illustrations | 235 x 190 mm  
£12.99 (paperback with flaps)  
Carton quantity: 30  
Rights sold: FR, IT, DE



## From Grief to Peace



HEATHER STANG  
ISBN: 978-1-80065-019-0  
144 pages (wood-free paper)  
50 colour artworks | 210 x 148 mm  
£9.99 (hardback)  
Carton quantity: 24  
Rights sold: FR



## The Joy of Living with Less



MARY LAMBERT  
ISBN: 978-1-78249-822-3  
112 pages (wood-free paper)  
60 colour photographs & 60 colour  
artworks | 210 x 170 mm  
£12.99 (hardback)  
Carton quantity: 24



## Holistic Spaces



ANJIE CHO  
ISBN: 978-1-78249-667-0  
176 pages (wood-free paper)  
200 colour photographs  
210 x 170 mm | £12.99 (hardback)  
Carton quantity: 20



## The Green Wiccan Spell Book



SILJA  
ISBN: 978-1-78249-785-1  
160 pages (wood-free paper)  
200 colour artworks | 152 x 115 mm  
£7.99 (hardback)  
Carton quantity: 48  
Rights sold: EE, FR, DE



## The Beginner's Guide to Wicca



KIRSTEN RIDDLE  
ISBN: 978-1-78249-839-1  
144 pages (wood-free paper)  
120 colour illustrations  
210 x 170 mm | £12.99 (hardback)  
Carton quantity: 24  
Rights sold: IT



## The Witch of the Woods



AUTUMN  
2022  
HIGHLIGHT

KILEY MANN  
ISBN: 978-1-80065-169-2  
144 pages (wood-free paper)  
80 colour artworks | 235 x 190 mm  
£16.99 (hardback)  
Carton quantity: 20





The Book of Norse Magic



AUTUMN 2022 HIGHLIGHT

CERRIDWEN GREENLEAF  
**ISBN: 978-1-80065-124-1**  
 144 pages (wood-free paper)  
 70 colour artworks | 235 x 190 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 20



Wiccan Moon Magic



AUTUMN 2022 HIGHLIGHT

CERRIDWEN GREENLEAF  
**ISBN: 978-1-80065-156-2**  
 144 pages (wood-free paper)  
 70 colour artworks  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48



5-Minute Magic for Modern Wiccans



AUTUMN 2022 HIGHLIGHT

CERRIDWEN GREENLEAF  
**ISBN: 978-1-80065-158-6**  
 144 pages (wood-free paper)  
 75 colour artworks | 235 x 190 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: FR, IT



Magical Self-Care for Everyday Life



LEAH VANDERVELDT  
**ISBN: 978-1-78249-851-3**  
 144 pages (wood-free paper)  
 80 colour photographs | 235 x 190 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 30



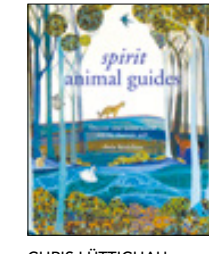
Magical Self-Care Journal



LEAH VANDERVELDT  
**ISBN: 978-1-80065-061-9**  
 144 pages (wood-free paper)  
 80 colour artworks | 210 x 148 mm  
 £9.99 (paperback)  
 Carton quantity: 20



Spirit Animal Guides



CHRIS LÜTTICHAU  
**ISBN: 978-1-78249-703-5**  
 160 pages (wood-free paper)  
 90 colour illustrations  
 210 x 170 mm | £12.99 (hardback)  
 Carton quantity: 24  
 Rights sold: FR, JP



The Modern Wiccan's Guide to Living



CERRIDWEN GREENLEAF  
**ISBN: 978-1-78249-883-4**  
 208 pages (wood-free paper)  
 100 colour artworks | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 10



Spells for Peace of Mind



CERRIDWEN GREENLEAF  
**ISBN: 978-1-78249-792-9**  
 144 pages (wood-free paper)  
 75 colour artworks | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 30



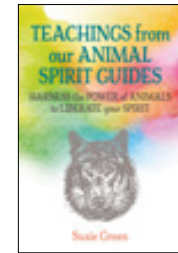
The Book of Kitchen Witchery



CERRIDWEN GREENLEAF  
**ISBN: 978-1-78249-372-3**  
 144 pages | 65 colour artworks  
 235 x 190 mm | £12.99  
 (paperback with flaps)  
 Carton quantity: 30



Teachings from our Animal Spirit Guides



SUSIE GREEN  
**ISBN: 978-1-80065-013-8**  
 144 pages | 100 colour illustrations  
 235 x 153 mm | £9.99 (hardback)  
 Carton quantity: 24



Colour Your Spirit Animal Guides



SUE COCCIA  
**ISBN: 978-1-78249-838-4**  
 96 pages (wood-free paper)  
 100 black & white artworks  
 276 x 208 mm | £9.99 (paperback with flaps)  
 Carton quantity: 40



Colour Your Winged Spirit Animal Guides



SUE COCCIA  
**ISBN: 978-1-78249-855-1**  
 96 pages (wood-free paper)  
 100 black & white artworks  
 276 x 208 mm | £9.99 (paperback with flaps)  
 Carton quantity: 40



The Green Witch at Home



AUTUMN 2022 HIGHLIGHT

CERRIDWEN GREENLEAF  
**ISBN: 978-1-80065-167-8**  
 144 pages (wood-free paper)  
 100 colour artworks  
 210 x 170 mm | £14.99 (hardback)  
 Carton quantity: 24  
 Rights sold: FR



The Kitchen Witch's Spell Book



CERRIDWEN GREENLEAF  
**ISBN: 978-1-80065-040-4**  
 144 pages (wood-free paper)  
 70 colour illustrations | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 52



The Book of Witchy Wellbeing



CERRIDWEN GREENLEAF  
**ISBN: 978-1-80065-032-9**  
 144 pages (wood-free paper)  
 65 colour artworks | 235 x 190 mm  
 £12.99 (paperback)  
 Carton quantity: 30



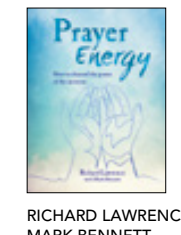
44 Ways to Talk to Your Angels



JAYNE WALLACE & LIZ DEAN  
**ISBN: 978-1-78249-704-2**  
 144 pages (wood-free paper)  
 60+ colour illustrations  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: FC, FR, JP



Prayer Energy



RICHARD LAWRENCE & MARK BENNETT  
**ISBN: 978-1-78249-702-8**  
 160 pages (wood-free paper)  
 80 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: FR, JP



Be Your Own Palm Reader



HEATHER ROAN ROBBINS  
**ISBN: 978-1-78249-723-3**  
 160 pages (wood-free paper)  
 50 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: FR



Be Your Own Astrologer



JOANNA WATTERS  
**ISBN: 978-1-78249-655-7**  
 160 pages (wood-free paper)  
 75 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48



Be Your Own Moon Astrologer



HEATHER ROAN ROBBINS  
**ISBN: 978-1-78249-701-1**  
 160 pages (wood-free paper)  
 50 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: FR



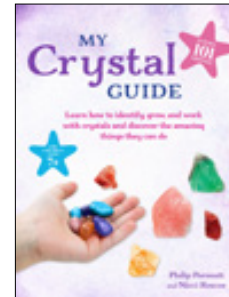
Heavenly Bodies Astrology



LILY ASHWELL  
**ISBN: 978-1-78249-931-2**  
 144-page colour book & 51 colour cards  
 100 colour artworks | 180 x 110 mm (book)  
 £29.00 (hardback book & card set)  
 Carton quantity: 8  
 Rights sold: JP



My Crystal Guide



PHILIP PERMUTT & NICCI ROSCOE  
**ISBN: 978-1-80065-015-2**  
 128 pages | 150 colour photographs  
 276 x 208 mm | £12.99 (paperback with flaps)  
 Carton quantity: 26



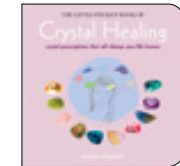
The Modern Guide to Crystal Healing



PHILIP PERMUTT  
**ISBN: 978-1-80065-009-1**  
 176 pages | 400 colour photographs  
 235 x 190 mm | £14.99 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: ES, FR, JP, PL, TW, NL



The Little Pocket Book of Crystal Healing



PHILIP PERMUTT  
**ISBN: 978-1-78249-470-6**  
 208 pages | 275 colour photographs & 35 colour artworks  
 146 x 146 mm | £9.99 (paperback with rounded corners)  
 Carton quantity: 48  
 Rights sold: EE, ES, FR, JP, PL, TW, NL



Be Your Own Dream Interpreter



TONY CRISP  
**ISBN: 978-1-78249-656-4**  
 160 pages (wood-free paper)  
 50 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: FR, EE



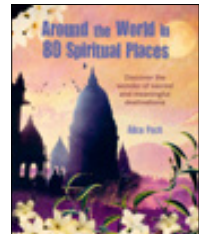
My Dream Journal



TONY CRISP  
**ISBN: 978-1-78249-724-0**  
 144 pages (wood-free paper, exposed edges) | 80 colour artworks  
 210 x 148 mm | £9.99 (hardback, imitation cloth spine)  
 Carton quantity: 30  
 Rights sold: NO



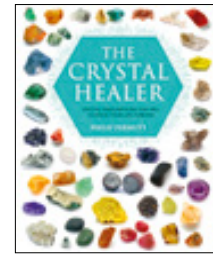
Around the World in 80 Spiritual Places



ALICE PECK  
**ISBN: 978-1-80065-106-7**  
 160 pages (wood-free paper)  
 100 colour photographs & artworks  
 210 x 170 mm | £12.99 (hardback)  
 Carton quantity: 24



The Crystal Healer

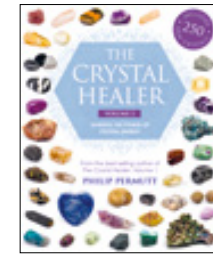


**BESTSELLER**  
 103,000 SOLD

PHILIP PERMUTT  
**ISBN: 978-1-904991-63-2**  
 144 pages | 275 colour photographs & 35 colour artworks | 235 x 190 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: FR, PL, ES, JP, TW



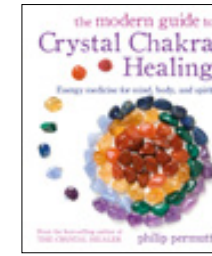
The Crystal Healer Vol. 2



PHILIP PERMUTT  
**ISBN: 978-1-78249-654-0**  
 160 pages | 250 colour photographs & 25 colour artworks | £12.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: FR, NL



The Modern Guide to Crystal Chakra Healing



PHILIP PERMUTT  
**ISBN: 978-1-80065-105-0**  
 160 pages | 150 colour photographs & 50 colour artworks | 235 x 190 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: FI, FR



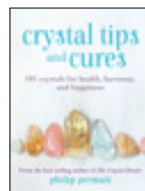
A Magical Night Journey Under the Moon & Stars



AMY T. WON  
**ISBN: 978-1-78249-925-1**  
 128 pages (wood-free paper)  
 80 colour illustrations  
 210 x 170 mm | £12.99 (hardback)  
 Carton quantity: 24



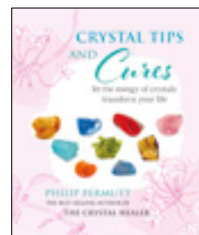
Crystal Tips & Cures



PHILIP PERMUTT  
**ISBN: 978-1-80065-081-7**  
 160 pages | 150 colour photographs & artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: EE, FR, SA



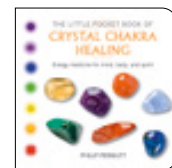
Crystal Tips & Cures



PHILIP PERMUTT  
**ISBN: 978-1-78249-784-4**  
 160 pages | 150 colour photographs & artworks | 210 x 170 mm  
 £12.99 (hardback)  
 Carton quantity: 24  
 Rights sold: EE, FR, ZA



The Little Pocket Book of Crystal Chakra Healing



PHILIP PERMUTT  
**ISBN: 978-1-78249-347-1**  
 208 pages | 150 colour photographs & 50 illustrations  
 146 x 146 mm | £9.99 (paperback with rounded corners)  
 Carton quantity: 64  
 Rights sold: ES, FI, FR



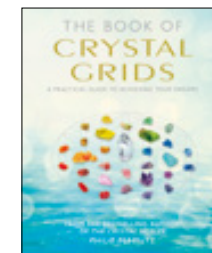
Crystal Reiki Healing



PHILIP PERMUTT  
**ISBN: 978-1-78249-857-5**  
 160 pages | 200 colour photographs & artworks | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: FR



The Book of Crystal Grids



PHILIP PERMUTT  
**ISBN: 978-1-78249-482-9**  
 160 pages | 150 colour photographs & artworks | 235 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: FR, TW



Crystal Clear



GOLNAZ ALIBAGI  
**ISBN: 978-1-78249-657-1**  
 144 pages (wood-free paper)  
 300+ colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: FR



9 781782 496571

Understanding Tarot



LIZ DEAN  
**ISBN: 978-1-78249-725-7**  
 160 pages | 200 colour artworks  
 234 x 153 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: PT



9 781782 497257

Colour Your Tarot



LIZ DEAN  
**ISBN: 978-1-80065-126-5**  
 64-page colour book & 156 cards (78 colour, 78 black & white) | 78 colour and 78 black & white artworks | 160 x 135 mm (book)  
 £25.00 (paperback book & card set)  
 Carton quantity: 20



9 781800 651265

The Mythic Goddess Tarot



JAYNE WALLACE  
**ISBN: 978-1-80065-155-5**  
 64-page colour book & 78 cards  
 78 colour artworks | 152 x 115 mm (book)  
 £20.00 (paperback book & card set)  
 Carton quantity: 20



9 781800 651555

The Body Tarot



EMMA MCARTHUR  
**ISBN: 978-1-80065-096-1**  
 64-page colour book & 72 cards  
 72 colour artworks | 152 x 115 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20 | Rights sold: FR



9 781800 650961

Be Kind



ANNA BLACK  
**ISBN: 978-1-80065-037-4**  
 64-page colour book & 52 cards  
 52 colour artworks | 174 x 140 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20 | Rights sold: RU



9 781800 650374

The Guardian Angel Oracle Deck



DELIA CICCARELLI  
**ISBN: 978-1-80065-085-5**  
 160-page colour book & 72 cards  
 72 colour artworks | 180 x 110 mm (book)  
 £29.99 (hardback book & card set)  
 Carton quantity: 8



9 781800 650855

The Celtic Goddess Oracle Deck



GILLIAN KEMP  
**ISBN: 978-1-80065-108-1**  
 128-page colour book & 52 cards  
 52 colour artworks | 152 x 115 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20



9 781800 651081

The Tree Magick Oracle Deck



GILLIAN KEMP  
**ISBN: 978-1-80065-087-9**  
 64-page colour book & 52 cards  
 52 colour artworks | 160 x 135 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20



9 781800 650879

The Moon & Stars Tarot



JAYNE WALLACE  
**ISBN: 978-1-80065-055-8**  
 64-page colour book & 78 cards  
 78 colour artworks | 152 x 115 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20 | Rights sold: FR, NL



9 781800 650558

The Crystal Power Tarot



JAYNE WALLACE  
**ISBN: 978-1-78249-696-0**  
 64-page colour book & 78 cards  
 78 colour illustrations | 160 x 135 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20 | Rights sold: JP, FR



9 781782 496960

The Magical Nordic Tarot



JAYNE WALLACE  
**ISBN: 978-1-78249-886-5**  
 64-page colour book & 78 cards  
 78 colour illustrations | 160 x 135 mm (book)  
 £20.00 (paperback book & card set)  
 Carton quantity: 20 | Rights sold: JP



9 781782 498865

Elemental Power Tarot



MELINDA LEE HOLM  
**ISBN: 978-1-78249-922-0**  
 64-page colour book & 78 cards  
 78 colour illustrations | 160 x 135 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20 | Rights sold: FR



9 781782 499220

The Magic of Tarot



LIZ DEAN  
**ISBN: 978-1-78249-721-9**  
 64-page colour book & 78 cards  
 78 colour illustrations | 160 x 135 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20  
 Rights sold: PT, ID, JP, FI, IT, CZ



9 781782 497219

Tarot of the Heart



LIZ DEAN  
**ISBN: 978-1-78249-850-6**  
 96-page colour book & 25 cards  
 25 colour illustrations | 160 x 135 mm (book)  
 £14.99 (paperback book & card set)  
 Carton quantity: 20



9 781782 498506

Unusual Spirit Animals



AUTUMN 2022 HIGHLIGHT

MANDA COMISARI  
**ISBN: 978-1-80065-161-6**  
 64-page colour book & 52 cards  
 52 colour artworks | 160 x 135 mm (book)  
 £20.00 (paperback book & card set)  
 Carton quantity: 20



Animal Messages



SUSIE GREEN  
**ISBN: 978-1-904991-84-7**  
 64-page colour book & 52 cards  
 52 colour illustrations | 172 x 140 mm (box)  
 £14.99 (paperback book & card set)  
 Carton quantity: 20  
 Rights sold: FR



Bird Messages



SUSIE GREEN  
**ISBN: 978-1-78249-662-5**  
 64-page colour book & 52 cards  
 52 colour illustrations | 160 x 135 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20



The Modern Wiccan Box of Spells



GILLIAN KEMP  
**ISBN: 978-1-78249-660-1**  
 64-page colour book & 52 cards  
 52 colour illustrations | 160 x 135 mm (book)  
 £14.99 (paperback book & card set)  
 Carton quantity: 20



The Dragon Tarot



NIGEL SUCKLING  
**ISBN: 978-1-78249-585-7**  
 64-page colour book & 78 cards  
 78 colour illustrations | 160 x 135 mm (book)  
 £20.00 (paperback book & card set)  
 Carton quantity: 20 | Rights sold: ES



Fallen Angel Oracle Cards



NIGEL SUCKLING  
**ISBN: 978-1-78249-858-2**  
 64-page colour book & 72 cards  
 72 colour illustrations | 160 x 135 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20 | Rights sold: FR



Spirit Animal Tarot



DAWN BRUNKE  
**ISBN: 978-1-78249-823-0**  
 96-page colour book & 78 cards  
 78 colour illustrations | 160 x 135 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20



The Angel Tarot



JAYNE WALLACE  
**ISBN: 978-1-78249-473-7**  
 64-page colour book & 78 cards  
 78 colour illustrations | 160 x 135 mm (book)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20  
 Rights sold: CZ, JP, FR, SE



Oceanic Tarot



JAYNE WALLACE  
**ISBN: 978-1-78249-339-6**  
 64-page colour book & 78 cards  
 78 colour illustrations | 172 x 140 mm (box)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20  
 Rights sold: JP, ES



The Victorian Steampunk Tarot



LIZ DEAN  
**ISBN: 978-1-78249-111-8**  
 64-page colour book & 78 cards  
 78 colour illustrations | 172 x 140 mm (box)  
 £16.99 (paperback book & card set)  
 Carton quantity: 20



The Golden Tarot



BESTSELLER  
 120,000 SOLD

LIZ DEAN  
**ISBN: 978-1-906094-86-7**  
 64-page colour book & 78 cards  
 78 colour illustrations | 174 x 140 mm (box)  
 £20.00 (paperback book & card set)  
 Carton quantity: 20  
 Rights sold: EE, FI, FR, ID, JP, PT, SE, ES, IT



Heavenly Bodies Astrology



LILY ASHWELL  
**ISBN: 978-1-78249-931-2**  
 144-page colour book & 51 colour cards  
 100 colour artworks | 180 x 110 mm (book)  
 £29.99 (hardback book & card set)  
 Carton quantity: 8 | Rights sold: JP



# Sewing for the Home



**ISBN: 978-1-80065-206-4**  
 224 pages (FSC paper) | 450 colour photographs & artworks | 276 x 208 mm  
 £16.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: DE, EE, FR, RU  
**Publication: February 2023**



**VANESSA ARBUTHNOTT** runs her own very successful fabric business. The collections share her signature gentle colours and include useful coordinates such as stripes, spots and florals. She lives in the Cotswolds.

**GAIL ABBOTT** is a home stylist and writer. She is the author of several books including *Blue and White Style*, *Living with Light* and *Living with White*, all published by CICO Books.



also available:  
 Sewing Know-How  
**ISBN: 978-1-80065-114-2**  
 £12.99

Covering everything from simple cushions to upholstered chair covers, this inspiring guide shows you how to transform your living spaces with 50 stylish sewing projects. The makes range from a lampshade for the novice stitcher, through to lined curtains with an array of different headings and blinds, as well as bed throws and table linen. There is also a chapter on accessories, such as a cook's apron, a tote bag and table mats, which would all be a great starting-point if you want to brush up on your skills before tackling a larger project. Before you begin, designer **Vanessa Arbuthnott** explains how each of her collections was developed and provides plenty of guidance on selecting fabrics, using colour and accurate measuring and cutting. Whether you're an expert crafter or are just starting out, *Sewing for the Home* includes all the know-how you'll need to create stunning and unique home furnishings and decorations.

- The pandemic prompted a boom in people wanting to update their home with DIY craft and design projects. There was a 127% rise in the sale of sewing machines in the UK during the pandemic (source: *The Telegraph*). 3.5 million people in the UK sew as a hobby (source: Office for National Statistics).
- Home sewing allows you to create one-of-a-kind pieces and offers an alternative to expensive and unsustainable mass-produced furnishings.
- Sewing is increasingly popular following the continued success of the BBC's *The Great British Sewing Bee*.



# Quilting Know-How



**ISBN: 978-1-80065-190-6**  
 96 pages (FSC paper) | 250 colour photographs & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 30  
**Publication: February 2023**



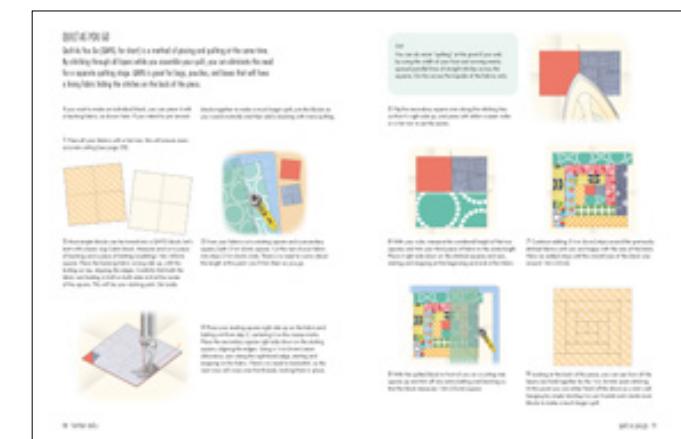
**MICHAEL CAPUTO** was born in New York, USA, and studied Advertising and Graphic Design at the Fashion Institute of Technology in New York. He was introduced to quilting by his mother, a keen quilter, and has taught quilting at the Institute in Finchley, at Ray Stitch in London, UK, and at shops and exhibitions in the States.



also available:  
 Knitting Know-How  
**ISBN: 978-1-78249-827-8**  
 £9.99

Whether you would like to learn new patchwork and quilting skills or want to take up this flourishing craft for the first time, you'll find all the techniques you'll need in this essential guide. Step-by-step instructions and easy-to-follow artworks show you how to master everything from accurate cutting and using templates to sewing curves and English paper piecing. If you are a beginner, the first chapter takes you through all the basic tools and equipment you'll need, such as a sewing machine, curved pins and a rotary cutter. For more advanced quilters, tips on perfect pressing, hand stitching and reverse appliqué will help you achieve a professional finish. Whatever your skill level, *Quilting Know-How* is the ideal reference handbook to keep by your side, helping you to build your confidence and abilities so that you can create stunning projects.

- All the patchwork and quilting techniques you need in one book, from basic piecing and sewing to advanced skills.
- Patchwork quilts are part of the homespun 'cottagecore' aesthetic trending on TikTok and Instagram.
- Using up scraps of fabrics to make quilts is an eco-friendly way to craft.
- *Knitting Know-How* (ISBN 978-1-78249-827-8) has sold over 21,000 copies, and *Crochet Know-How* (ISBN 978-1-78249-828-5) has sold over 39,500 copies.



# Easy Knitting for Beginners



**ISBN: 978-1-80065-197-5**  
 128 pages (FSC paper) | 100 colour photographs  
 276 x 208 mm | £14.99 (paperback with flaps)  
 Carton quantity: 26  
**Publication: March 2023**



**FIONA GOBLE** is the author of several bestselling knitting books, including *Knitted Animal Socks and Hats*, *Knit Your Own Dolls*, *Knitted Animal Nursery*, *Knitted Animal Cozies*, and *Knitted Animal Scarves, Mitts, and Socks*, as well as *Learn to Knit*, *Scarves and Cowsls*, *Beanies and Other Knitted Hats*, and *My First Animal Knitting Book*, all published by CICO Books. Fiona lives just outside London, with her husband and student son.



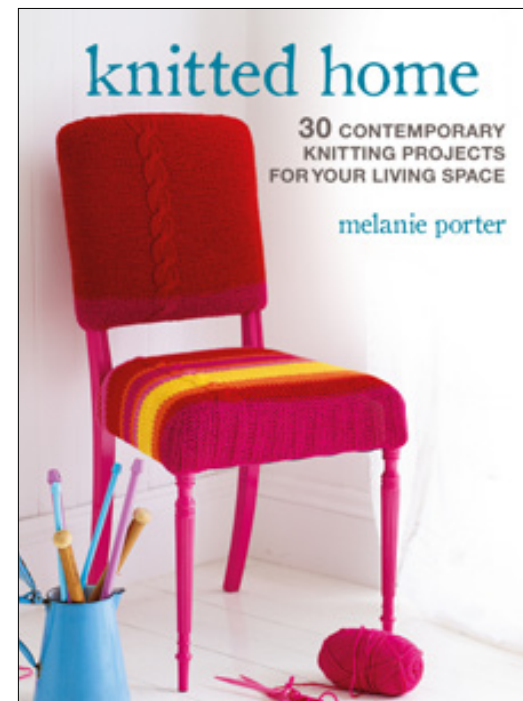
also available:  
**Mindful Knitting**  
**ISBN: 978-1-80065-154-8**  
 £14.99

Learn how to knit by working through these adorable projects by experienced knitter and author, **Fiona Goble**. The handy Tools and Materials chapter will teach you every stitch you'll need, all illustrated with helpful artworks, so even beginners will be able to pick up a pair of needles and get started. The projects are also grouped by skill level: Getting Started, Getting Better and Now You Are Really Good. In the first chapter, you'll find out how to make a cute cosy for your phone, a pretty heart garland to decorate your room, and a stripy cushion cover. Moving on to the next level, there are sweet woodland-themed key rings and simple table mats, as well as larger projects, such as the hot water bottle cosy and the book cover. Finally, try the patterns that are aimed at more experienced knitters, ranging from a delicate tea light shade and a draught excluder to a backpack and a throw. With easy-to-follow instructions and helpful tips throughout, you're bound to want to knit all of these projects, both for yourself and as gifts for friends.

- Perfect for beginners and more experienced knitters alike as there are three different skill levels.
- The knitting know-how section includes every stitch and technique you'll need.
- Fiona Goble is a bestselling author for CICO: *Knitted Animal Scarves, Mitts, and Socks* (ISBN 978-1-78249-252-8) has sold over 44,000 copies.



# Knitted Home



**ISBN: 978-1-80065-184-5**  
 128 pages (FSC paper) | 100 colour photographs  
 & 25 colour artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26 | Rights sold: FI, DE, NL  
**Publication: January 2023**



**MELANIE PORTER** is a graduate of the prestigious Central Saint Martin's College in London. She creates one-off contemporary designs using antiques sourced at auctions and markets – each project is painstakingly stripped back to the frame and restored or reupholstered using a series of hand-knitted panels. Her ability to create exquisite, textured fabrics that are individually knitted and felted for every project has drawn the attention of clients and press all over the world. She lives in London.



also available:  
**Crocheted Home**  
**ISBN: 978-1-78249-894-0**  
 £12.99

All of the projects in *Knitted Home* are easy to make and will inject style and colour into your interiors. **Melanie Porter** gives you three colour schemes to choose from – blues and greens in 'Cool Collection'; reds, oranges, and yellows in 'Hot Ideas'; and whites, creams, and greys in 'Pale Palette' – so there is something for all tastes. You can start with smaller projects, such as the bolster pillow cover, flower vase cosy, or stripy clock cover, then move on to something a little larger, such as the rope knit basket, chunky knit rug, or covered footstool. With a comprehensive techniques section, you'll discover how to use giant knitting needles and how to measure furniture for a knitted cover, as well as all the basics of knitting, so even beginners can try their hand at these fabulous ideas.

- Ties into the maximalist decor trend, which is all about colour and pattern, as well as the trend for upcycling in interiors by showing you how to update chairs, vases or lampshades with knitted covers.
- There's an excellent techniques section for beginners and experienced knitters alike.



# Beanies and Other Knitted Hats



**ISBN: 978-1-80065-202-6**  
 128 pages (FSC paper) | 120 colour photographs & illustrations | 235 x 190 mm  
 £16.99 (paperback with flaps)  
 Carton quantity: 30  
**Publication: April 2023**



**FIONA GOBLE** is the author of several bestselling knitting books, including *Knitted Animal Socks and Hats*, *Knit Your Own Dolls*, *Knitted Animal Nursery*, *Knitted Animal Cozies and Knitted Animal Scarves, Mitts, and Socks*, as well as *Learn to Knit, Scarves and Cowls*, *Easy Knitting for Beginners* and *My First Animal Knitting Book*, all published by CICO Books. Fiona lives just outside London, with her husband and student son.



also available:  
**Knitted Animal Hats**  
**ISBN: 978-1-80065-031-2**  
 £12.99

Walk down any street and count the number of beanies and bobble hats you see – they are everywhere, not only on cold winter days but as a fashion statement to be worn throughout the year. In this book, **Fiona Goble** has designed 36 fun hats for you to make for yourself or your friends. With great yarns and colour combinations, and styles ranging from a Fair Isle border beanie to a pixie pompom hat, you are sure to stand out from the crowd. There are hats for men, women, and kids, including hoods, headbands, and even a knitted crown. Many of the projects are quick and easy to knit, and only use a couple of balls of yarn.

- Fiona Goble is the best-selling author of *Knitted Animal Scarves, Mitts, and Socks* (ISBN 978-1-78249-252-8; 44,000 copies sold).
- The pandemic sparked a huge revival in knitting, as many people sought out a relaxing and mindful hobby. LoveCrafts reported a 166% jump in orders, and market research firm Mintel found that younger consumers were driving sales of yarn.
- Beanies and bobble hats are everywhere – now readers can make their own, combining fashion with craft.



# Cute & Easy Baby Knits



**ISBN: 978-1-80065-223-1**  
 128 pages (FSC paper) | 200 colour photographs & artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26  
**Publication: June 2023**



**SUSIE JOHNS** graduated from the Slade School of Fine Art and worked as a magazine editor for 11 years, specialising in crafts, cookery and gardening, before going freelance in 1996. Since then she has written books on a variety of creative subjects including photo craft, jewellery making, collage, sewing, knitting and crochet, and has contributed regular features for magazines. Susie is a qualified teacher and has run workshops in watercolours, beadwork, crochet and knitting. She is based in London.



also available:  
**35 Knitted Baby Blankets**  
**ISBN: 978-1-78249-889-6**  
 £12.99

Learn how to make beautiful garments and accessories for babies and toddlers, from booties and hats for newborns to a textured tunic sweater and a pretty skirt. **Susie Johns**, an author of more than 30 books, shows you how to make 25 patterns that can be knitted by beginners as well as more experienced crafters. You'll find out how to create practical items that are certain to be a hit, such as a blanket with a ribbed border or a drawstring bag to store toys, as well as a teddy bear and bunting with bells that will jingle above a baby's bed. Illustrated with clear step-by-step artworks, the knitting know-how chapter guides you through all the techniques you will need, from simple knit and purl stitch to delicate detailing effects and eye-catching features.

- According to knitting brand Wool and the Gang, there are more than 7.3 million knitters in the UK.
- This collection of knits for 0–3 year olds aims to simplify knitting and make the projects accessible to beginners.
- The helpful 'Knitting Know-How' section provides a comprehensive guide to all the stitches you will need.



# Easy Crochet for Beginners



**Nicki Trench**, one of the leading figures in the revival and promotion of home crafts, has designed a series of patterns that will guide you from the initial crochet stitches to producing beautiful projects incorporating a wide range of techniques. Starting you off is Crochet Know-How, which explains all the stitches with clear step-by-step artwork and instructions. Next, there are three chapters packed with patterns to improve your skills. In Starting Out, you will find a simple springtime throw and a pretty hat for a toddler, both of which you'll find amazingly easy and quick to create. Once you've mastered these, Practice Makes Perfect provides more of a challenge. Whip up some cute gifts for babies and young children, including baby bibs and blankets, or treat yourself to a pair of gloves in soft double knit yarn and a chunky seashell scarf to keep you warm on chilly mornings. Finally, Confident Crocheting has more advanced patterns, ranging from a family of adorable Russian dolls to a cherub dress with decorative picot stitching.

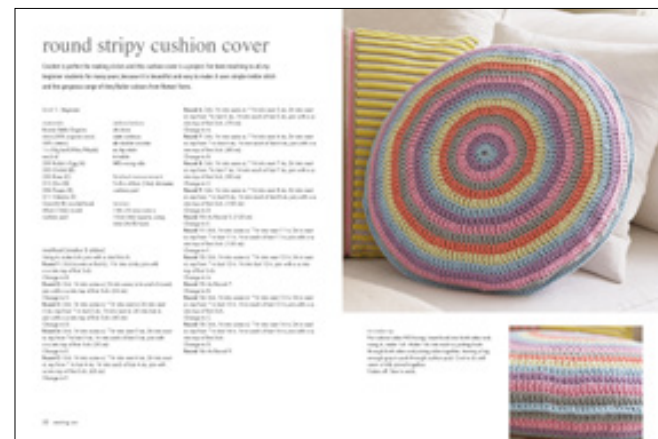
- Perfect for beginners and more experienced crocheters alike as there are three different skill levels.
- The crochet know-how section includes all the stitches and techniques you'll need.
- Nicki Trench's *Cute & Easy Crochet with Flowers* (ISBN 978-1-78249-049-4) has sold 20,000 copies.

**ISBN: 978-1-80065-182-1**  
 128 pages (FSC paper) | 100 colour photographs  
 276 x 208 mm | £14.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: FI, FR, TK  
**Publication: January 2023**

**NICKI TRENCH** is a bestselling author and crafter. She teaches, lectures, and writes features on knitting, crochet, sewing, cake decorating and hen keeping. Her recent books include *Cute & Easy Crochet with Flowers*, *Crochet Stashbusters* and *Learn to Crochet*, all published by CICO Books – visit her website at [www.nickitrench.com](http://www.nickitrench.com) to see more. Nicki is based in East Sussex.



also available:  
**Cute & Easy Crochet with Flowers**  
**ISBN: 978-1-80065-115-9**  
 £14.99



# Granny Square Crochet



Versatile and easy to make, the granny square is the ideal starting point for many people when they first learn to crochet. In *Granny Square Crochet*, crochet teacher **Catherine Hirst** presents 35 projects which show how this traditional square can be updated and used in many different ways. The first chapter has over a dozen projects for the home, ranging from a blue-and-white mug cosy which can be made in less than an hour to a stunning bed cover. There are cushion and seat covers, plus place mats and a runner for your table. The second chapter has some beautiful accessories, including gloves, a scarf, bags, and even a dog coat to keep your pets warm in winter. The third chapter has a great range of gifts for children and babies, such as blankets, bibs, hats and toys. Each project is graded according to the level of skill required, and there is a techniques chapter explaining all you need to know.

- Crochet exploded in popularity during the pandemic, with many people taking it up for the first time. Crochet was one of the top trends of summer 2022, with crocheted tops, dresses, skirts and accessories appearing in high-street shops and at major fashion brands. Videos on granny squares have 115 million views on TikTok.
- A comprehensive basic techniques chapter explains all you need to get started, and clear instructions make all projects easy to complete.
- Catherine Hirst is a well-established crafts teacher who brings an exciting, modern approach to crochet.
- Crochet is a mindful and mood-boosting hobby: a study by the Craft Yarn Council found that more than 90% of crocheters reported reduced stress thanks to crafting.

**ISBN: 978-1-80065-222-4**  
 128 pages (FSC paper) | 100 colour photographs  
 & 40 colour artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: DE, FI, SA  
**Publication: May 2023**

**CATHERINE HIRST** was taught crochet at a young age by her grandmother and took to it immediately – she quickly learned to knit and embroider as well, and has been hand-making clothing, accessories and gifts ever since. Her first book, *Teeny Tiny Crochet*, is also published by CICO Books. Catherine is based in London.



also available:  
**Contemporary Crochet**  
**ISBN: 978-1-80065-135-7**  
 £16.99



# Essential Origami



**ISBN: 978-1-80065-205-7**  
 64 pages (FSC paper) plus 250 sheets of origami paper | 150 x 150 mm  
 £12.99 (paperback)  
 Carton quantity: 24  
**Publication: February 2023**



**MARI ONO** is an expert in origami and all forms of papercrafts. Born in Japan, she has lived in the UK for many years with her artist husband, Takumasa, where they both work to promote Japanese arts and crafts. Her previous books include the bestselling *Origami for Children*, as well as *Origami Farm*, *How to Make Paper Planes*, *Dinogami*, *Wild and Wonderful Origami* and *Origami for Mindfulness*, all published by CICO Books.



also available:  
**Mindful Japanese Origami**  
**ISBN: 978-1-80065-153-1**  
 £12.99

Origami is known to have therapeutic effects: the focus required for the folds naturally encourages a state of mindfulness, while completing a model brings a sense of joy and satisfaction. This collection of 15 projects will introduce you to this healing, creative craft. The 64-page book guides you through basic folding techniques and then provides clear, step-by-step instructions to make the projects, which include a box, starfish, tree, flower basket and boat – all beautiful creations for your own home or to give as gifts. The paper block provides 250 sheets of traditional origami paper, including a range of stunning patterns, so you can begin making beautiful projects straight away.

- Part of a bestselling series – in the same format, *Japanese Origami* (ISBN 978-1-78249-795-0) has sold over 19,000 copies.
- *Origami for Children* (ISBN 978-1-906525-80-4) by the same author has sold over 250,000 copies.
- No expensive tools are required for origami – just paper, which is included in this pack.



# Foraged & Recycled Art



**ISBN: 978-1-80065-207-1**  
 128 pages (FSC paper) | 300 colour photographs & artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26  
**Publication: March 2023**



**CLARE YOUNGS** studied graphic design and has worked in packaging design, illustration and book jacket design. Her other books include *Creative Book Art*, *A Year in Crafts*, *Colour Yourself to Happiness*, *Book Art*, *Mobile Art*, *Wall Art*, *Make Your Own Woodland Creatures*, *Letter Art* and *Folk Art Needlecraft* (all published by CICO Books). She is based in Kent. See more of her work on Instagram: @clareyoungs.



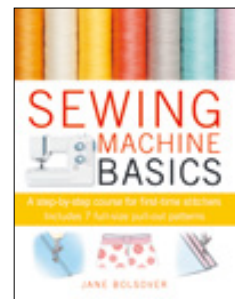
also available:  
**Creative Book Art**  
**ISBN: 978-1-80065-118-0**  
 £16.99

With ideas for makes from gifts and stationery to homewares and decorations, this collection shows you how to craft innovative projects from foraged and upcycled materials. The 35 designs include a festive gilded leaf garland, pretty seedpod coasters, floral paper bags and an appliqué wall hanging. Expert maker **Clare Youngs** guides you through all the techniques you'll need, showing you how to use a wide range of materials including fabric and paper off-cuts as well as natural elements such as twigs, flowers and pebbles. With just a few inexpensive supplies and tools to get you started, you'll soon be making beautiful works of art and developing your creativity while being kind to the planet.

- Clare Youngs has 139k followers on Instagram.
- Offers a sustainable and eco-friendly way to craft: all of the projects are made from foraged or recycled materials. Research commissioned by the World Wide Fund for Nature shows a 71% rise in searches for sustainable goods over the past five years.
- Crafting soared in popularity during the pandemic and is a mindful and anxiety-reducing pastime.



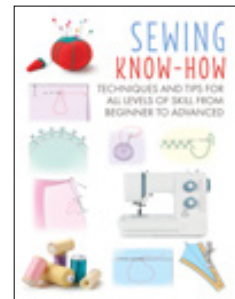
Sewing Machine Basics



**JANE BOLSOVER**  
**ISBN: 978-1-907030-73-4**  
 160 pages plus full-size pull-out pattern section | 200 colour photographs & colour artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: CN, DE



Sewing Know-how



**WENDY WARD**  
**ISBN: 978-1-80065-114-2**  
 96 pages | 300 colour photographs  
 276 x 208 mm | £12.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: FR, HU



A Beginner's Guide to Making Skirts



**WENDY WARD**  
**ISBN: 978-1-78249-370-9**  
 160 pages plus 3 full-size pattern inserts  
 200 colour photographs & artworks  
 276 x 208 mm | £12.99 (paperback with flaps)  
 Carton quantity: 26



A Beginner's Guide to Sewing by Hand and Machine



**JANE BOLSOVER**  
**ISBN: 978-1-80065-093-0**  
 192 pages plus full-size pull-out pattern sheet | 30 colour photographs & 200 colour artworks | 276 x 208 mm  
 £16.99 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: DE, CN



Sewing Basics for Every Body



**WENDY WARD**  
**ISBN: 978-1-78249-750-9**  
 160 page plus 3 full-size pull-out pattern sheets | 200 colour photographs & illustrations | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: RU



A Beginner's Guide to Sewing with Knitted Fabrics



**WENDY WARD**  
**ISBN: 978-1-78249-468-3**  
 128 pages & 3 full-size pattern sheets  
 200 colour photographs & illustrations  
 276 x 208 mm | £12.99 (paperback with flaps)  
 Carton quantity: 22



Simple Hand Sewing



**LAURA STRUTT**  
**ISBN: 978-1-80065-131-9**  
 128 pages | 200 colour photographs & artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26



How to Sew Sustainably



**WENDY WARD**  
**ISBN: 978-1-80065-023-7**  
 160 pages | 100 colour photographs & 200 artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26



Sewing with African Wax Print Fabric



**ADAKU PARKER**  
**ISBN: 978-1-78249-877-3**  
 128 page plus 3 full-size pull-out pattern sheets | 200 colour photographs & illustrations | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 20



Sewing Stashbusters



**KATE HAXELL**  
**ISBN: 978-1-80065-007-7**  
 96 pages | 70 colour photographs & 40 colour artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 30



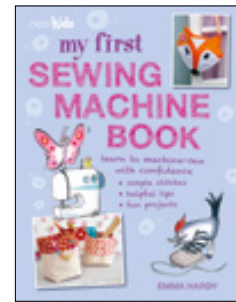
Modern Cross Stitch



**HANNAH STURROCK**  
**ISBN: 978-1-78249-240-5**  
 128 pages | 50 colour photographs & 70 colour charts & artworks  
 276 x 208 mm | £12.99 (paperback with flaps)  
 Carton quantity: 32  
 Rights sold: FI



My First Sewing Machine Book



**EMMA HARDY**  
**ISBN: 978-1-78249-101-9**  
 128 pages | 300 colour photographs & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 32



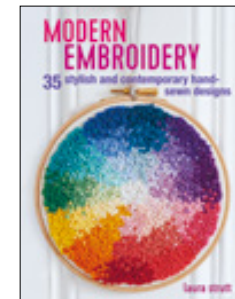
Fashion Hacks



**JANINE CHISHOLM SULLIVAN**  
**ISBN: 978-1-78249-927-5**  
 128 page plus full-size pull-out pattern sheet | 100 colour photographs & illustrations | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 20



Modern Embroidery



**LAURA STRUTT**  
**ISBN: 978-1-78249-602-1**  
 128 pages | 75 colour photographs & 175 colour artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26



The Mindful Maker



**CLARE YOUNGS**  
**ISBN: 978-1-78249-788-2**  
 128 pages | 250 colour photographs & illustrations | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26



Home-made Vintage



**CHRISTINA STRUTT**  
**ISBN: 978-1-78249-882-7**  
 144 pages (wood-free paper)  
 200 colour photographs | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: JP, DE, KR



Sewing Machine Basics for Children



**ANGELA PRESSLEY**  
**ISBN: 978-1-80065-102-9**  
 144 pages | 300 colour photographs & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26



Old Quilts, New Life



**SARAH FIELKE**  
**ISBN: 978-1-78249-846-9**  
 160 pages | 70 colour photographs & 50 colour artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26



Modern Quilting



MICHAEL CAPUTO  
**ISBN: 978-1-78249-641-0**  
 128 pages | 250 colour photographs  
 & artworks | 276 x 208 mm | £12.99  
 (paperback with flaps)  
 Carton quantity: 26



A Beginner's Guide to Crochet



AUTUMN  
2022  
HIGHLIGHT

NICKI TRENCH  
**ISBN: 978-1-80065-119-7**  
 160 pages | 80 colour photographs  
 & artworks | 276 x 208 mm  
 £16.99 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: DE, FI, IT



Contemporary Crochet

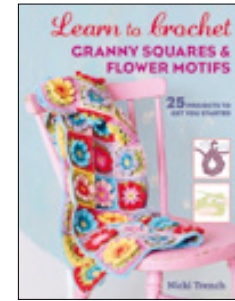


AUTUMN  
2022  
HIGHLIGHT

LIV HUFFMAN  
**ISBN: 978-1-80065-135-7**  
 144 pages | 200 colour photographs  
 & artworks | 235 x 190 mm  
 £16.99 (hardback)  
 Carton quantity: 30  
 Rights sold: IT



Learn to Crochet Granny Squares & Flower Motifs



BESTSELLER  
24,000 SOLD

NICKI TRENCH  
**ISBN: 978-1-78249-567-3**  
 96 pages | 80 colour photographs &  
 80 colour artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 40



Cute & Easy Crochet with Flowers



AUTUMN  
2022  
HIGHLIGHT

NICKI TRENCH  
**ISBN: 978-1-80065-115-9**  
 128 pages | 150 colour photographs  
 & artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26



Crochet with Flowers and Plants



AUTUMN  
2022  
HIGHLIGHT

KATE EASTWOOD  
**ISBN: 978-1-80065-136-4**  
 128 pages | 100 colour photographs  
 & artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26



Crochet Know-how



**ISBN: 978-1-78249-828-5**  
 96 pages | 300 colour photographs  
 276 x 208 mm | £9.99 (paperback  
 with flaps)  
 Carton quantity: 40  
 Rights sold: FR, RU, HU



201 Crochet Motifs, Blocks, Projects and Ideas



MELODY GRIFFITHS  
**ISBN: 978-1-78249-572-7**  
 144 pages | 200 colour photographs  
 & 50 black-and-white charts  
 276 x 208 mm | £12.99 (paperback  
 with flaps)  
 Carton quantity: 20  
 Rights sold: EE, CN, FI, PL, RU



Crochet Stashbusters



NICKI TRENCH  
**ISBN: 978-1-78249-796-7**  
 96 pages | 70 colour photographs &  
 40 colour artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 40



Modern Crocheted Shawls & Wraps



LAURA STRUTT  
**ISBN: 978-1-80065-083-1**  
 128 pages | 125 colour photographs  
 & artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: DE



Crocheted Hats & Scarves



NICKI TRENCH  
**ISBN: 978-1-78249-832-2**  
 112 pages | 200 colour photographs  
 276 x 208 mm | £12.99 (paperback  
 with flaps)  
 Carton quantity: 26



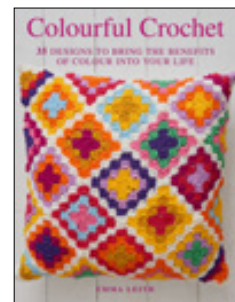
Crocheted Home



KATE EASTWOOD  
**ISBN: 978-1-78249-894-0**  
 128 pages | 100 colour photographs  
 & 40 colour artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26



Colourful Crochet



EMMA LEITH  
**ISBN: 978-1-78249-893-3**  
 128 pages | 70 colour photographs &  
 40 colour artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26



Mindful Crochet



EMMA LEITH  
**ISBN: 978-1-78249-693-9**  
 128 pages | 70 colour photographs &  
 40 colour artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: DK



Simple Chic Crochet



SUSAN RITCHIE & KAREN MILLER  
**ISBN: 978-1-78249-425-6**  
 128 pages | 100 colour photographs  
 & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 32



Crocheted Wreaths & Garlands



BESTSELLER  
7,000 SOLD

KATE EASTWOOD  
**ISBN: 978-1-78249-691-5**  
 128 pages | 70 colour photographs &  
 40 colour artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: DE, FR



Super-cute Amigurumi



NICKI TRENCH  
**ISBN: 978-1-78249-831-5**  
 112 pages | 200 colour photographs  
 235 x 228 mm | £9.99 (paperback  
 with flaps)  
 Carton quantity: 40  
 Rights sold: DK



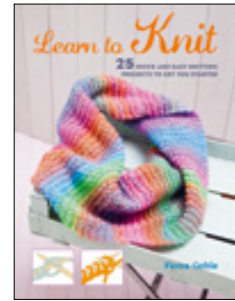
Get Knooking



LAURA STRUTT  
**ISBN: 978-1-78249-690-8**  
 112 pages | 70 colour photographs &  
 70 colour illustrations | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 20



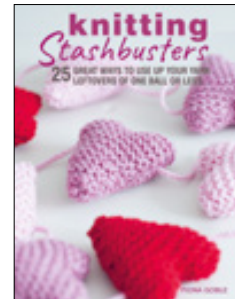
Learn to Knit



**FIONA GOBLE**  
**ISBN: 978-1-78249-344-0**  
 96 pages | 50 colour photographs & 40 artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 32



Knitting Stashbusters



**FIONA GOBLE**  
**ISBN: 978-1-78249-835-3**  
 96 pages | 70 colour photographs & 40 colour artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 40



Loom Knitting



**LUCY HOPPING**  
**ISBN: 978-1-78249-557-4**  
 128 pages | 250 colour photographs & illustrations | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: KR



Knitting Know-how



**ISBN: 978-1-78249-827-8**  
 96 pages | 300 colour photographs  
 276 x 208 mm | £9.99 (paperback with flaps)  
 Carton quantity: 40  
 Rights sold: FR, RU, HU



Rainbow Knits



**NICKI TRENCH**  
**ISBN: 978-1-78249-564-2**  
 96 pages | 100 colour photographs & 30 colour artworks | 235 x 216 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 32



Knitted Animal Socks and Hats



**FIONA GOBLE**  
**ISBN: 978-1-78249-640-3**  
 128 pages | 100 colour photographs & 40 colour artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26



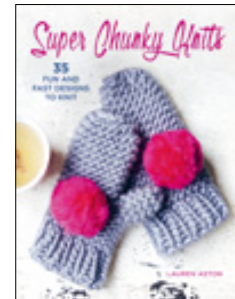
A Beginner's Guide to Knitting



**TRACEY LORD**  
**ISBN: 978-1-80065-111-1**  
 176 pages | 80 colour photographs & 100 colour artworks | 276 x 208 mm  
 £16.99 (paperback with flaps)  
 Carton quantity: 20



Super Chunky Knits



**LAUREN ASTON**  
**ISBN: 978-1-78249-494-2**  
 112 pages | 100 colour photographs & 20 colour artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 32



Knitted Animal Hats



**FIONA GOBLE**  
**ISBN: 978-1-80065-031-2**  
 112 pages | 120 colour photographs  
 276 x 208 mm | £12.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: DE, FI, IT, KR



Modern Knitted Shawls and Wraps



AUTUMN 2022 HIGHLIGHT

**LAURA STRUTT**  
**ISBN: 978-1-80065-109-8**  
 128 pages | 150 colour photographs & artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: PL



Baby & Toddler Knits



**DEBBIE BLISS**  
**ISBN: 978-1-78249-890-2**  
 96 pages | 90 colour photographs & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 30



Rag Rug Techniques for Beginners



**ELSPETH JACKSON**  
**ISBN: 978-1-80065-052-7**  
 128 pages | 250 colour photographs & illustrations | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26



Mindful Knitting



AUTUMN 2022 HIGHLIGHT

**CHLOÉ ELIZABETH BIRCH**  
**ISBN: 978-1-80065-154-8**  
 128 pages | 200 colour photographs & artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26



My First Knitting Book



**MIA UNDERWOOD**  
**ISBN: 978-1-78249-039-5**  
 128 pages | 300 colour photographs & artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 32  
 Rights sold: CN



Rag Rugs, Pillows and More



**ELSPETH JACKSON**  
**ISBN: 978-1-80065-021-3**  
 128 pages | 250 colour photographs & illustrations | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26



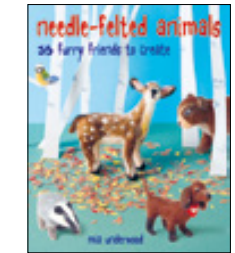
35 Knitted Baby Blankets



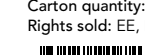
**LAURA STRUTT**  
**ISBN: 978-1-78249-889-6**  
 128 pages | 100 colour photographs & 30 colour artworks | 235 x 216 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 30



Needle-felted Animals



**MIA UNDERWOOD**  
**ISBN: 978-1-78249-746-2**  
 128 pages (wood-free paper)  
 300 colour photographs & illustrations  
 235 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: EE, NL



Modern Weaving



**LAURA STRUTT**  
**ISBN: 978-1-78249-362-4**  
 128 pages | 200 colour photographs & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 32  
 Rights sold: DE



Mindful Japanese Origami



MARI ONO  
**ISBN: 978-1-80065-153-1**  
 64 pages plus 250 sheets of origami paper | 150 x 150 mm | £12.99 (paperback with origami paper pack)  
 Carton quantity: 20  
 Rights sold: FI



Mindful Origami



MARI ONO  
**ISBN: 978-1-80065-008-4**  
 64 pages plus 250 sheets of origami paper | 100 colour photographs/illustrations | 150 x 150 mm | £9.99 (paperback with origami paper pack)  
 Carton quantity: 30  
 Rights sold: FI



Japanese Origami



MARI ONO  
**ISBN: 978-1-78249-795-0**  
 64 pages plus 250 sheets of origami paper | 80 colour photographs | 150 x 150 mm | £12.99 (paperback with origami paper pack)  
 Carton quantity: 30  
 Rights sold: CN, FR, PL



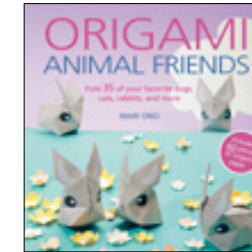
Origami Ocean Friends



MARI ONO  
**ISBN: 978-1-78249-637-3**  
 128 pages plus 50 pieces of origami paper | 200 colour photographs | 235 x 228 mm | £12.99 (paperback with flaps)  
 Carton quantity: 20



Origami Animal Friends



MARI ONO  
**ISBN: 978-1-78249-422-5**  
 128 pages plus 60 pieces of origami paper | 250 colour photographs | 235 x 228 mm | £14.99 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: KR



Making Paper Flowers



DENISE BROWN  
**ISBN: 978-1-80065-113-5**  
 128 pages (wood-free paper) | 70 colour photographs & 150 artworks | 235 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: FR, ES, CN



Origami Flowers & Birds



MARI ONO  
**ISBN: 978-1-78249-862-9**  
 64 pages plus 250 sheets of origami paper | 100 colour photographs | 150 x 150 mm | £12.99 (paperback with origami paper pack)  
 Carton quantity: 30



Origami Animals in the Wild



MARI ONO  
**ISBN: 978-1-80065-059-6**  
 64 pages plus 250 sheets of origami paper | 100 colour photographs/illustrations | 150 x 150 mm | £9.99 (paperback with origami paper pack)  
 Carton quantity: 24  
 Rights sold: CN, EE, FR, IT, KR, NL, PT, SE, TH, DE



Origami Pets



MARI ONO  
**ISBN: 978-1-80065-099-2**  
 64 pages plus 250 sheets of origami paper | 35+ colour photographs | 150 x 150 mm | £9.99 (paperback with origami paper pack)  
 Carton quantity: 24  
 Rights sold: KR, EE



Creative Book Art



CLARE YOUNGS  
**ISBN: 978-1-80065-118-0**  
 192 pages (wood-free paper) | 460 colour photographs & artworks | 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20  
 Rights sold: DE, FI, FR, IT



Folded Book Art



CLARE YOUNGS  
**ISBN: 978-1-78249-719-6**  
 128 pages (wood-free paper) | 200 colour photographs | 235 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 24  
 Rights sold: DE, FI, IT



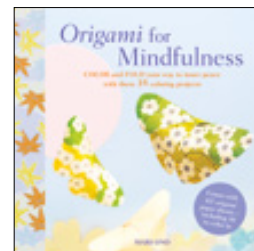
Letter Crafts



CLARE YOUNGS  
**ISBN: 978-1-78249-600-7**  
 144 pages (wood-free paper) | 250 colour photographs & artworks | 235 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: DE



Origami for Mindfulness



MARI ONO  
**ISBN: 978-1-78249-405-8**  
 128 pages plus 61 pieces of origami paper | 250 colour photographs | 235 x 228 mm | £14.99 (paperback with flaps)  
 Carton quantity: 34  
 Rights sold: FI



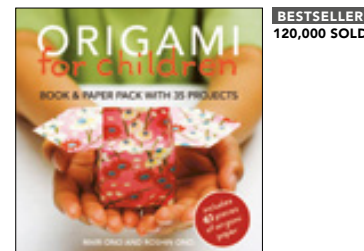
Origami for Kids



MARI ONO  
**ISBN: 978-1-78249-861-2**  
 128 pages plus 60 pieces of origami paper | 250 colour photographs | 235 x 228 mm | £14.99 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: CN, ES, FI, IT, PT, KR



Origami for Children Book & Paper Pack



MARI & ROSHIN ONO  
**ISBN: 978-1-90652-580-4**  
 128 pages plus 60 pieces of origami paper | 200 colour photographs | 235 x 228 mm | £14.99 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: CN, ES, IT, PT, KR



Creative Collage



CLARE YOUNGS  
**ISBN: 978-1-78249-489-8**  
 128 pages | 100 colour photographs & 100 colour artworks | 276 x 208 mm | £12.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: DE, IT



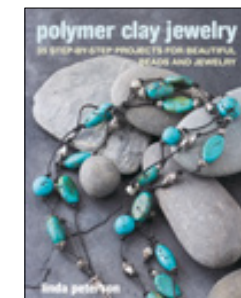
Remade Vintage Jewelry



\*CO-CO NICHOLE BUSH  
**ISBN: 978-1-80065-004-6**  
 128 pages | 200 colour photographs & artworks | 235 x 190 mm | £12.99 (paperback with flaps)  
 Carton quantity: 30



Polymer Clay Jewelry



LINDA PETERSON  
**ISBN: 978-1-80065-082-4**  
 128 pages | 200 colour photographs | 276 x 208 mm | £14.99 (paperback with flaps)  
 Carton quantity: 26



Rubber Band Bracelets



LUCY HOPPING  
**ISBN: 978-1-80065-012-1**  
 128 pages | 150 colour photographs &  
 200 colour artworks | 235 x 190 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 30  
 Rights sold: CN, DE, ES, FR, IT, PT, RU,  
 SE, TW



Seasonal Scandi Crafts



CHRISTIANE BELLSTEDT MYERS  
**ISBN: 978-1-78249-689-2**  
 128 pages | 250 colour photographs  
 276 x 208 mm | £12.99 (paperback  
 with flaps)  
 Carton quantity: 26



Scandi Christmas

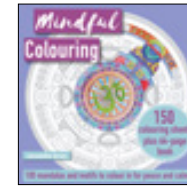


**BESTSELLER**  
**10,000 SOLD**

CHRISTIANE BELLSTEDT MYERS  
**ISBN: 978-1-78249-472-0**  
 128 pages | 250 colour photographs  
 & artworks | 276 x 208 mm | £12.99  
 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: DE, IT



Mindful Colouring

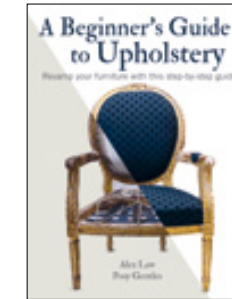


**AUTUMN**  
**2022**  
**HIGHLIGHT**

CASSANDRA LORUIS  
**ISBN: 978-1-80065-166-1**  
 64 pages plus 150 sheets of black  
 & white mandala designs & motifs  
 30 colour artworks | 150 x 150 mm  
 £12.99 (paperback)  
 Carton quantity: 20



A Beginner's Guide to Upholstery



ALEX LAW  
**ISBN: 978-1-78249-888-9**  
 144 pages | 300 colour photographs  
 276 x 208 mm | £14.99 (paperback  
 with flaps)  
 Carton quantity: 20



Eco-Resin Crafts



HAZEL OLIVER  
**ISBN: 978-1-80065-098-5**  
 128 pages | 200 colour photographs  
 276 x 208 mm | £14.99 (paperback  
 with flaps)  
 Carton quantity: 26



Christmas Ornaments



**ISBN: 978-1-80065-038-1**  
 128 pages (wood-free paper)  
 150 colour photographs & artworks  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



The All-Year-Round Christmas Handbook



TIFFANY WOOD  
**ISBN: 978-1-78249-891-9**  
 160 pages (wood-free paper)  
 200 colour illustrations  
 235 x 190 mm | £14.99 (hardback)  
 Carton quantity: 20



Guide to Creative Handlettering



FIONA GRAHAM-FLYNN  
**ISBN: 978-1-78249-599-4**  
 128 pages (wood-free paper)  
 250 colour photographs | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 30



Making Concrete Pots, Bowls and Planters



HESTER VAN OVERBEEK  
**ISBN: 978-1-80065-112-8**  
 128 pages | 200 colour photographs  
 276 x 208 mm | £14.99 (paperback  
 with flaps)  
 Carton quantity: 26  
 Rights sold: FI



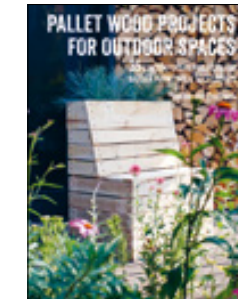
Wooden Furniture Hacks



HESTER VAN OVERBEEK  
**ISBN: 978-1-78249-720-2**  
 112 pages (wood-free paper)  
 120 colour photographs | 235 x 190 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 24



Pallet Wood Projects for Outdoor Spaces



HESTER VAN OVERBEEK  
**ISBN: 978-1-78249-715-8**  
 128 pages | 250 colour photographs  
 276 x 208 mm | £14.99 (paperback  
 with flaps)  
 Carton quantity: 26



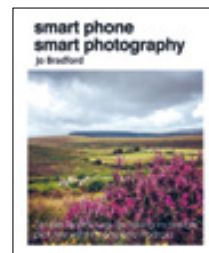
My Creative Writing Journal



KRISTINE PIDKAMENY  
**ISBN: 978-1-78249-924-4**  
 144 pages (wood-free paper)  
 80 colour artworks | 210 x 148 mm  
 £9.99 (hardback)  
 Carton quantity: 20



Smart Phone Smart Photography



**BESTSELLER**  
**15,000 SOLD**

JO BRADFORD  
**ISBN: 978-1-78249-562-8**  
 144 pages | 200 colour photographs  
 235 x 190 mm | £14.99 (paperback  
 with flaps)  
 Carton quantity: 30  
 Rights sold: EE, NL



Smart Phone Smart Photo Editing



JO BRADFORD  
**ISBN: 978-1-80065-053-4**  
 128 pages | 300 colour photographs  
 235 x 190 mm | £14.99 (paperback  
 with flaps)  
 Carton quantity: 30



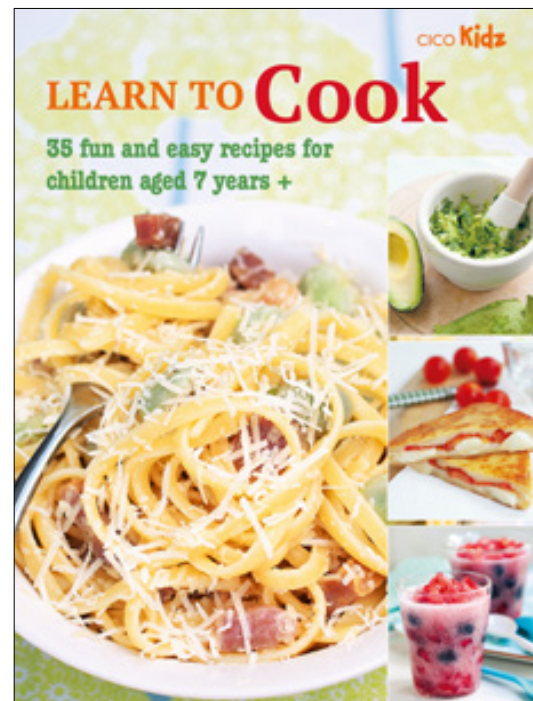
Handmade Houses and Feeders for Birds, Bees and Butterflies



MICHELE MCKEE-ORSINI  
**ISBN: 978-1-80065-110-4**  
 144 pages | 350 colour photographs  
 & artworks | 276 x 208 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: EE, NO, FR, FC, FI



# Learn to Cook



**ISBN: 978-1-80065-188-3**  
 128 pages (FSC paper) | 300 colour photographs & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: CN, NL  
**Publication: January 2023**



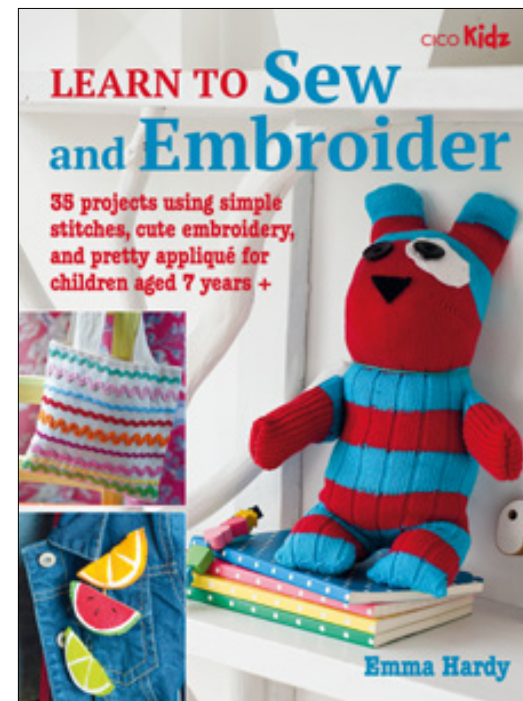
With 35 comprehensive recipes and a helpful techniques section, *Learn to Cook* will teach kids how to prepare a variety of foods, from sandwiches and party snacks to simple dishes for breakfast, lunch, and dinner – there’s even a range of lip-smacking desserts! The book starts out with Snacks and Light Meals, where you and your child can make delicious pizza toasts and homemade buttermilk pancakes. Then there’s the Proper Meals chapter, with oven-baked herby burgers, a comforting pea and parmesan risotto. Get your fruit fix with the peach and mascarpone dessert in the Desserts chapter. There are also quick and fun ideas in Party Food, such as chocolate-dipped strawberries and giant cheese straws. Every dish has step-by-step artworks to guide you and your child, plus a skill level so you can start with quick and easy dishes and move on to more challenging recipes.

- The book teaches children (aged 7 years and up) basic cooking skills in a fun way.
- With plenty of step-by-step photographs for children to follow and fun, tasty recipes that they’ll love to make, this is an invaluable book to help parents teach their little ones lifelong, practical kitchen skills.
- Part of the CICO Kids ‘Learn’ series, which includes *Learn to Bake*, *Learn to Play Chess*, *Learn about Space and Planets*, and *Learn about Nature Activity Book*.
- Publication timed to tie in with Channel 4’s *Junior Bake-Off* in January.



also available:  
**Learn to Bake**  
**ISBN: 978-1-80065-058-9**  
 £12.99

# Learn to Sew and Embroider



**ISBN: 978-1-80065-201-9**  
 128 pages (FSC paper) | 250 colour illustrations & photographs | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26  
**Publication: March 2023**



**EMMA HARDY**  
 is a stylist and designer who has worked on various lifestyle and interiors magazines. Her previous books include *Making Children's Clothes*, *Green Crafts for Children*, and *Sewing for Children*, all published by CICO Books. Emma is based in London.

Pick up this book and you’ll soon be a sewing whiz, using a wide variety of hand stitches and learning how to sew on a zip, attach buttons, embroider, and appliqué. In Jewellery and Accessories, you can make adorable watermelon slice brooches or a fun raccoon scarf, while Toys and Dolls features a fake fur teddy bear that would make a great gift – he’s so sweet, though, that you might want to keep him for yourself! Next is Stationery and Storage, which makes being organised fun – you’ll be the star of your class with the monster pencil case and the customised tote bag to carry your books in. Finally, in Gift Ideas, you can learn some beautiful embroidery stitches with the monogrammed pillowcase, or surprise a friend for their birthday with some personalised bunting. All of the projects have simple step-by-step artworks to guide you, plus a clearly marked skill level so that you can start with the easier projects and move on to more challenging crafts as you become a more confident stitcher.

- The book teaches children (aged 7 years and up) the basics of sewing in a fun way.
- It features clear, comprehensive instructions and adorable artworks that make all the projects easy for little ones to follow.
- Part of the CICO Kids ‘Learn’ series, which includes *Learn to Bake*, *Learn to Play Chess*, *Learn about Space and Planets*, and *Learn about Nature Activity Book*.



also available:  
**Learn to Crochet**  
**ISBN: 978-1-80065-128-9**  
 £12.99

## Nature Crafts for Children



**ISBN: 978-1-80065-195-1**

128 pages (FSC paper) | 150 colour photographs  
276 x 208 mm | £12.99 (paperback with flaps)  
Carton quantity: 30

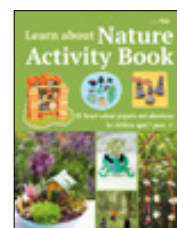
Rights sold: DE, ES, FI, NL, PT

**Publication: February 2023**



### CLARE YOUNGS

has loved making beautiful handcrafted objects since childhood. She studied graphic design and worked in illustration and book jacket design before deciding to turn her attention to craft full time. Her other books include *Creative Book Art*, *The Mindful Maker*, and *A Year in Crafts*, all published by CICO Books. She lives in Broadstairs, Kent – see more of her work on Instagram @clareyoungs.



also available:  
Learn About Nature  
Activity Book  
**ISBN: 978-1-80065-094-7**  
£12.99

Designed with the environment in mind, this brilliant collection of craft projects will keep kids entertained for hours. It features decorations, toys, jewellery, gifts, and more, every one of them incorporating natural materials – woodland folk are created from pine cones and seed pods, a length of bark is the base for an animal painting, and a piece of slate is transformed into a pretty brooch or badge. The fun ideas range from bark rubbings for budding artists to herb head flowerpots for junior gardeners and are sure to give kids the creative bug. Best of all, finding the project materials encourages kids to get outside! They can gather shells on the beach to make the shell mice, or collect leaves and twigs on a countryside walk to make a printed fox wall hanging. Even their own garden will become an exciting source of crafty materials.

- Parents are keen for children to connect with nature: of more than 200 forest schools surveyed by the Forest School Association (FSA), about two-thirds said demand for their services had increased since March 2020. (*The Guardian*, Oct 2021)

- **Clare Youngs** has 140k followers on Instagram and has illustrated a number of children's books, increasing her profile in children's publishing.

- The focus on natural and found materials, as well as recycling and reusing, encourages sustainability.



### My Pregnancy Journal



**BESTSELLER**  
193,000 SOLD

**ISBN: 978-1-84172-435-5**

144 pages with 8 dividers & pockets  
100 colour photographs | 244 x 169 mm  
rrp £14.99 inc. VAT, trade price £6.25  
(spiral-bound, hardback plc, cloth quarter-binding, elastic closure)

Carton quantity: 20

Rights sold: CZ, FC, FI, FR, GR, NL, NO, SK



### My Baby's Journal (Yellow)



**BESTSELLER**  
760,000 SOLD

**ISBN: 978-1-84172-292-4**

144 pages with 8 dividers & pockets  
100 colour photographs | 244 x 169 mm  
rrp £14.99 inc. VAT, trade price £6.25  
(spiral-bound, hardback plc, cloth quarter-binding, elastic closure)

Carton quantity: 20

Rights sold: ES, FC, FR, GR, IT, NL, NO, PL, SE, RO



### My Baby Journal (deluxe slipcase edition)



**BESTSELLER**  
47,000 SOLD

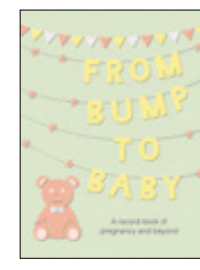
**ISBN: 978-1-84975-275-6**

144 pages with 8 dividers & pockets, keepsake envelopes & magic dots | acid-free photo paper | 100 colour photographs | 244 x 169 mm | rrp £25.00 inc. VAT, trade price £10.40 (spiral-bound, hardback, cloth quarter-binding, elastic closure band, cloth slipcase with closure ribbon & gift tag)

Carton quantity: 10



### From Bump to Baby



**ISBN: 978-1-78249-666-3**

96 pages (wood-free paper) with 1 pocket | 40 colour artworks  
235 x 190 mm | rrp £12.99 inc. VAT, trade price £10.82 (hardback, concealed spiral-binding)

Carton quantity: 24



### My Baby's Journal (Pink)



**BESTSELLER**  
89,000 SOLD

**ISBN: 978-1-84597-717-7**

144 pages with 8 dividers & pockets  
80 colour photographs | 244 x 169 mm  
rrp £14.99 inc. VAT, trade price £6.25  
(spiral-bound, hardback plc, cloth quarter-binding, elastic closure)

Carton quantity: 20

Rights sold: ES, FC, FR, GR, IT, NL, NO, PL, SE, RO



### Hello Baby



**ISBN: 978-1-78249-665-6**

96 pages (wood-free paper) with 1 pocket | 40 colour artworks  
235 x 190 mm | rrp £12.99 inc. VAT, trade price £10.82 (hardback, concealed spiral-binding)

Carton quantity: 24



### My Baby's First Year



**ISBN: 978-1-84975-671-6**

144 pages with 8 dividers & pockets  
100 colour photographs | 244 x 169 mm  
rrp £14.99 inc. VAT, trade price £6.25  
(spiral-bound, hardback plc, cloth quarter-binding, elastic closure band)

Carton quantity: 20





35 Knitted Baby Blankets



**LAURA STRUTT**  
**ISBN: 978-1-78249-889-6**  
 128 pages | 100 colour photographs  
 & 30 colour artworks | 235 x 216 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 30



Sewing Machine Basics for Children



**ANGELA PRESSLEY**  
**ISBN: 978-1-80065-102-9**  
 144 pages | 300 colour photographs  
 & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26



Learn to Crochet



**AUTUMN 2022 HIGHLIGHT**

**ISBN: 978-1-80065-128-9**  
 128 pages | 70 colour photographs  
 & 150 artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: CN



Baby & Toddler Knits



**DEBBIE BLISS**  
**ISBN: 978-1-78249-890-2**  
 96 pages | 90 colour photographs  
 & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 30



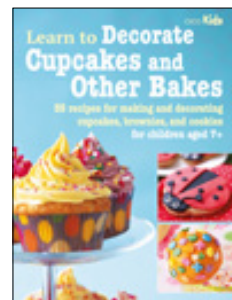
My Big Book of Sewing



**ISBN: 978-1-78249-709-7**  
 192 pages | 350 colour photographs  
 & artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 20



Learn to Decorate Cupcakes and Other Bakes

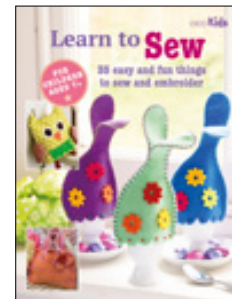


**AUTUMN 2022 HIGHLIGHT**

**ISBN: 978-1-80065-152-4**  
 128 pages | 250 colour photographs  
 & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: ES, NL, NO



Learn to Sew



**AUTUMN 2022 HIGHLIGHT**

**ISBN: 978-1-80065-127-2**  
 128 pages | 70 colour photographs  
 & 150 artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: CN



Learn to Needle-Felt



**AUTUMN 2022 HIGHLIGHT**

**MIA UNDERWOOD**  
**ISBN: 978-1-80065-165-4**  
 128 pages | 200 colour artworks &  
 50 photographs | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26



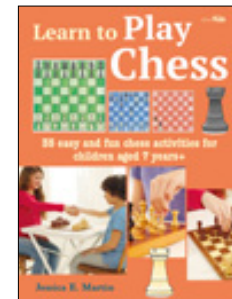
Learn to Bake



**SUSAN AKASS**  
**ISBN: 978-1-80065-058-9**  
 128 pages | 250 colour photographs  
 & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: CN, FR, NO, ES



Learn to Play Chess



**JESSICA E. PRESCOTT**  
**ISBN: 978-1-80065-057-2**  
 128 pages | 300 colour photographs  
 & artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: CN, RO, SE, DE



Gardening for Kids



**DAWN ISAAC**  
**ISBN: 978-1-80065-011-4**  
 128 pages | 250 colour photographs  
 235 x 228 mm | £14.99 (hardback)  
 Carton quantity: 18



Origami for Kids



**MARI ONO**  
**ISBN: 978-1-78249-861-2**  
 128 pages plus 60 pieces of origami  
 paper | 250 colour photographs  
 235 x 228 mm | £14.99 (paperback  
 with flaps)  
 Carton quantity: 20  
 Rights sold: CN



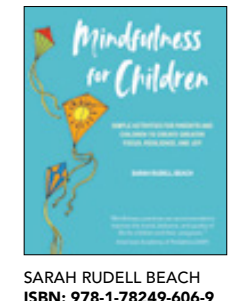
Learn About Space and Planets



**SUSAN AKASS**  
**ISBN: 978-1-80065-056-5**  
 128 pages | 200 colour photographs  
 & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26



Mindfulness for Children



**SARAH RUPELL BEACH**  
**ISBN: 978-1-78249-606-9**  
 128 pages | 50 colour artworks  
 235 x 190 mm | £9.99 (paperback  
 with flaps)  
 Carton quantity: 30



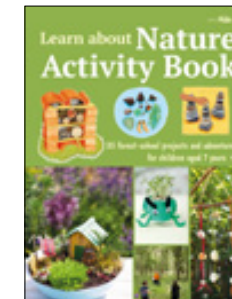
Fun Origami for Children: Pets!



**MARI ONO**  
**ISBN: 978-1-78249-580-2**  
 32 pages plus 18 tear-out sheets of  
 origami paper | 200 colour photographs  
 250 x 260 mm | £7.99 (paperback)  
 Carton quantity: 50  
 Rights sold: KR, EE



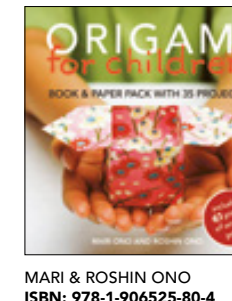
Learn About Nature Activity Book



**ISBN: 978-1-80065-094-7**  
 128 pages | 300 colour photographs  
 & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: CN



Origami for Children Book & Paper Pack

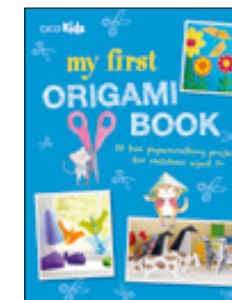


**BESTSELLER 290,000 SOLD**

**MARI & ROSHIN ONO**  
**ISBN: 978-1-906525-80-4**  
 128 pages plus 60 pieces of origami paper  
 200 colour photographs | 235 x 228 mm  
 £14.99 (paperback with flaps)  
 Carton quantity: 20  
 Rights sold: CN



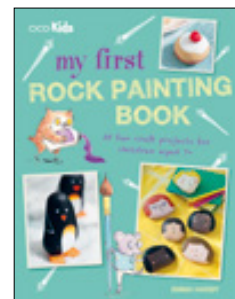
My First Origami Book



**ISBN: 978-1-78249-671-7**  
 128 pages | 250 colour photographs  
 & artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: FR, CN



My First Rock Painting Book



EMMA HARDY  
**ISBN: 978-1-78249-609-0**  
 112 pages | 50 colour photographs  
 & 50 artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: CN



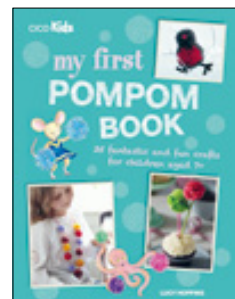
My First Knitting Book



**ISBN: 978-1-78249-039-5**  
 128 pages | 300 colour photographs  
 & artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 32  
 Rights sold: CN



My First Pompom Book



LUCY HOPPING  
**ISBN: 978-1-78249-444-7**  
 128 pages | 170 colour photographs  
 & 50 colour artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 32



My First Sewing Machine Book



EMMA HARDY  
**ISBN: 978-1-78249-101-9**  
 128 pages | 300 colour photographs  
 & artworks | 276 x 208 mm  
 £12.99 (paperback with flaps)  
 Carton quantity: 32



**BESTSELLER**  
 57,500 SOLD

My First Needle-Felting Book



MIA UNDERWOOD  
**ISBN: 978-1-78249-708-0**  
 128 pages | 50 colour photographs  
 & 200 colour artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 26  
 Rights sold: EE, NL



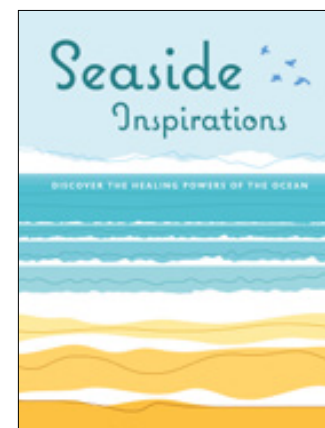
My First Cookie & Cake Decorating Book



**ISBN: 978-1-78249-492-8**  
 128 pages | 50 colour photographs &  
 170 colour artworks | 276 x 208 mm  
 £9.99 (paperback with flaps)  
 Carton quantity: 26



# Seaside Inspirations



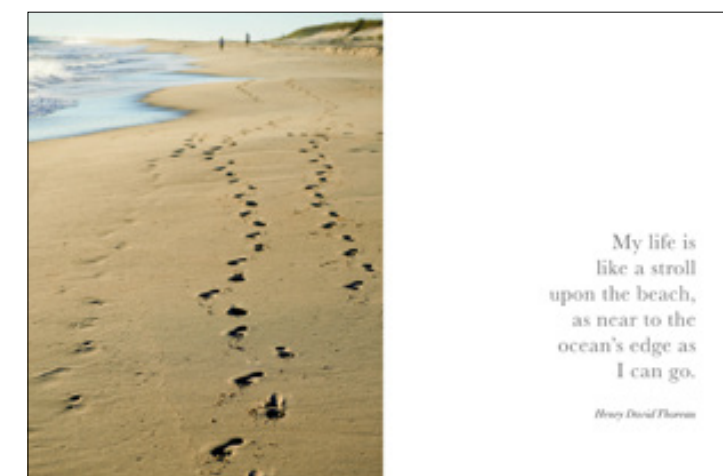
**ISBN: 978-1-80065-203-3**  
 144 pages (wood-free FSC  
 paper) | 150 colour photographs  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48  
**Publication: April 2023**



'When I sit here by the sea and listen to the sound of waves, I feel free from all the obligations and people of the world.' *Henry David Thoreau*

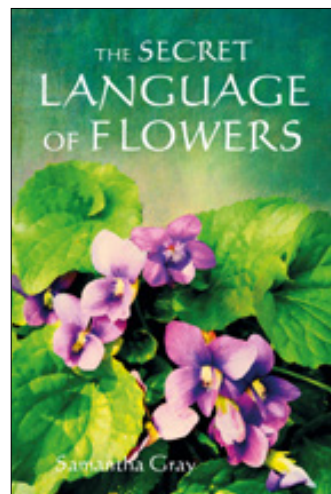
Around 15 million holidays are taken by the seaside in the UK alone, and nearly all of us are drawn to the tranquil allure of the deep ocean. The sea calms and soothes us, and scientific research even seems to indicate that being near water can decrease stress and anxiety, while increasing overall wellbeing and happiness. This beautiful collection of inspiring quotations and stunning photography will delight the avid sunseeker and armchair traveller alike. Whether you are on holiday, planning time away, or simply want to enjoy the lulling influence of the sea, *Seaside Inspirations* is a rich source of peace, wisdom, calmness and tranquillity.

- Beach holidays are consistently among the most popular in the UK, favoured by 40–50% of holidaymakers.
- Ideal for coastal gift shops.
- A beautiful book for anyone who loves beaches or the sea.



also available:  
 Blue Mind Mantras  
**ISBN: 978-1-80065-034-3**  
 £7.99

# The Secret Language of Flowers



**NEW EDITION**

**ISBN: 978-1-80065-193-7**  
 128 pages (FSC paper)  
 60 colour artworks  
 186 x 123 mm | £9.99 (hardback)  
 Carton quantity: 52  
 Rights sold: EE, KR  
**Publication: February 2023**



**SAMANTHA GRAY** is the author of a number of books for children and adults, including *The Faerie Book* (also published by CICO Books). She has contributed to the *Flower Fairy Friends* series and worked on a variety of titles, ranging from *Magical Moonlight Feast* to *Primrose's Woodland Adventure*. She is based between Hammersmith, London, and County Cork, Ireland.



also available:  
 Jane Packer Flowers  
**ISBN: 978-1-78879-215-8**  
 £7.99

Did you know that the type of flowers you give can speak volumes? *The Secret Language of Flowers* is a fascinating insight into the Victorian tradition of using flowers to convey secret messages in a society where feelings often had to be suppressed. **Samantha Gray** reveals how over 50 blooms acquired their meanings in folklore and how they became the language of courtship, love, friendship, beauty and more – discover how lily of the valley symbolises the return of happiness, how bluebells stand for constancy and everlasting love, and how daffodils represent high regard and chivalry. With stunning illustrations by artist Sarah Perkins that capture all of the beauty of flowers, this is an exceptionally lovely and fascinating gift book.

- This hardcover gift book is beautifully designed and features specially-commissioned illustrations by Sarah Perkins.
- The book is a wonderful gift to say thank you or express your love.
- Publication in time for Mother's Day.



# Mindful Gardening



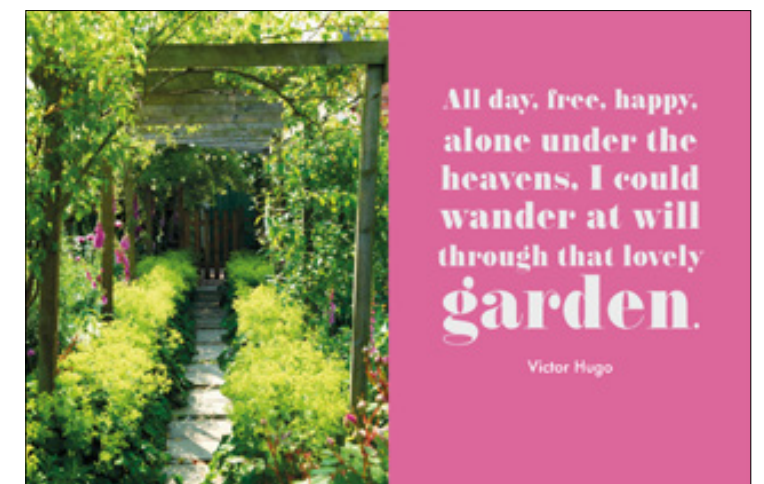
**ISBN: 978-1-80065-198-2**  
 144 pages (wood-free FSC paper) | 100 colour photographs  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48  
**Publication: March 2023**



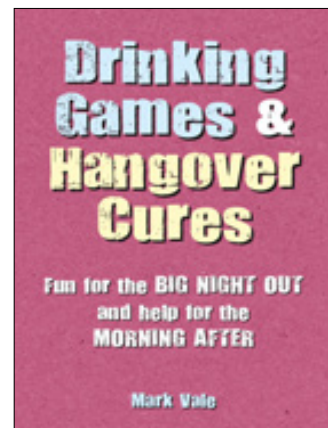
also available:  
 Mindful Walking  
**ISBN: 978-1-80065-088-6**  
 £7.99

When you devote time and energy to growing plants and flowers, it is richly rewarding; in doing so, you care for nature and the planet, as well as create a beautiful space. This book celebrates the joy of doing just that, with a carefully curated selection of quotes and inspirational photography, as well as advice and simple suggestions on nurturing your own outdoor space, no matter how big or small. Quotes include:

- 'To nurture a garden is to feed not just the body, but the soul.' – *Alfred Austin*
- 'When I go into the garden with a spade and dig a bed, I feel such an exhilaration and health that I discover that I have been defrauding myself all this time in letting others do for me what I should have done with my own hands.' – *Ralph Waldo Emerson*
- 'Life begins the day you start a garden.' – Chinese proverb
- Gardening has been shown to improve physical and mental health.
- Gardening soared in popularity during the pandemic and many have continued the hobby.
- Follows on from the success of CICO's *Mindful Walking* (ISBN 978-1-80065-088-6).



# Drinking Games & Hangover Cures



**NEW EDITION**

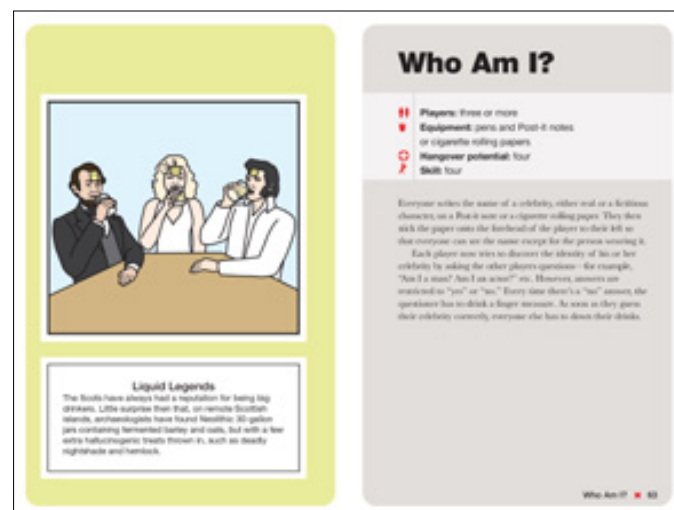
**ISBN: 978-1-912983-67-4**  
 144 pages (wood-free FSC paper) | 100 colour artworks  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48  
 Rights sold: CZ, EE, FI, PL  
**Publication: June 2023**



**MARK VALE** is a London-based author, journalist and editor who writes for many different magazines and websites in fields as varied as current affairs, science, culture, sport and travel.

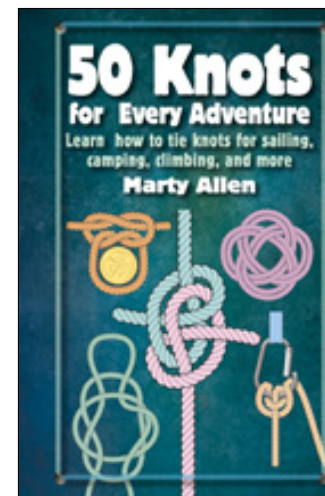
Nothing beats a night on the booze, and what kick starts a party better than drinking games? Yes, they're not big and they're not clever, but they're damn good fun. This handy guide contains over 25 of the best drinking games around. All you need to do is read the simple rules, grab some friends and start that fateful journey towards inebriation. BUT... what goes up must come down. So when you're rubbing the sleep out of your eyes and the drool from the corners of your mouth, wishing you'd only played nine holes of Bar Golf rather than the full 18, you'll be thrilled you were smart enough to get yourself this collection of over 25 hangover cures that will have you out of bed and back on your feet in no time.

- Ensure your evening is one to remember, though chances are if you lose, you won't recall much of it!
- Makes the perfect gift for a secret Santa or the teenager or twenty-something in your life.
- *Drinking Games* (ISBN 978-0-957140-94-3) and *Hair of the Dog* (ISBN 978-0-957140-95-0) are bestsellers for Dog 'n' Bone.



also available:  
**Hangover Food**  
**ISBN: 978-1-912983-03-2**  
 £7.99

# 50 Knots for Every Adventure



**ISBN: 978-1-912983-61-2**  
 96 pages (FSC paper)  
 200 colour artworks  
 186 x 123 mm | £9.99 (hardback)  
 Carton quantity: 52  
**Publication: March 2023**



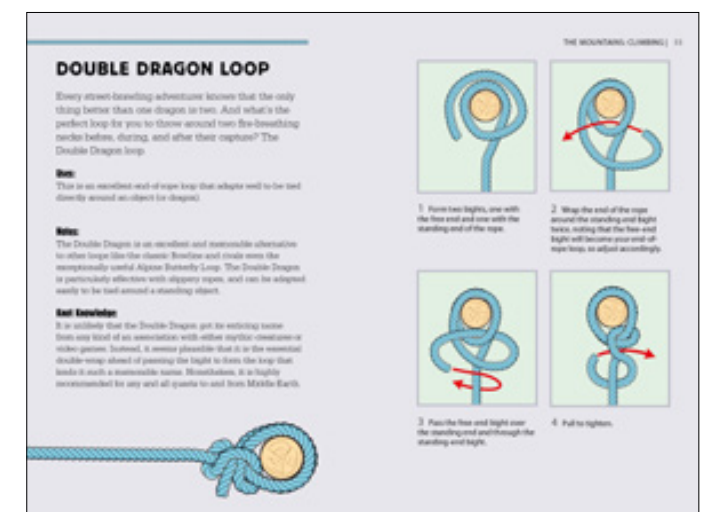
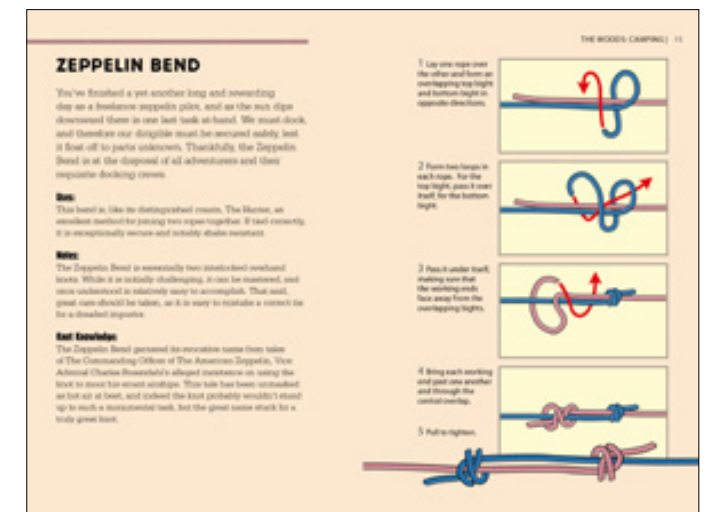
**MARTY ALLEN** is a renegade crafter, artist, writer, musician and liker of life. He makes all sorts of things and is an expert tier of knots. Marty is the author of *50 Knots You Need to Know*, *Build Your Own Fingerboard Skatepark* and *Retro Games*, all published by Dog 'n' Bone. He lives in Brooklyn, New York, USA. Visit his website at [martystuff.com](http://martystuff.com).



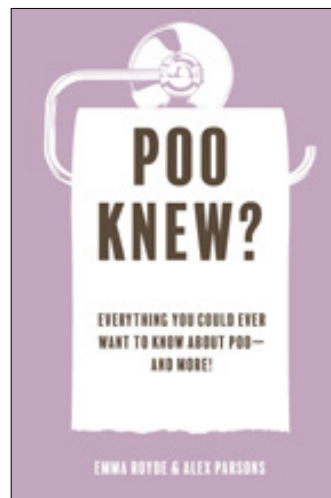
also available:  
**50 Knots You Need to Know**  
**ISBN: 978-1-909313-56-9**  
 £9.99

Be prepared for your next escapade with this handy guide to the world of knots. Included are all the essential knots you need to know, plus more advanced ties, so you'll be all set for whatever you're planning. Find your adventure by location: The Woods, covering all your camping needs; The Sea, for nautical outings both big and small; The Mountains, for all types of climbing and hiking; and Everywhere Else – for the adventure of life! Every knot is accompanied by clear step-by-step instructions and artworks, making this a resource you'll turn to time and time again. Plus, the book comes with two pieces of rope so that you can begin mastering the knot techniques right away.

- Tying a knot is an invaluable skill to have and here you will find all the knots that you may need, whether for sailing, climbing, camping or general everyday life.
- Each technique is described with easy-to-follow step-by-step instructions.
- Comes complete with two pieces of rope.
- *50 Knots You Need to Know* (ISBN 978-1-909313-56-9) by the same author has sold over 27,000 copies.



# Poo Knew?



Did you know that blue whales do the biggest poos on the planet? Their daily deposits can reach up to several meters in length and are often pink in colour thanks to a diet of shrimp. Or that when a dog needs to go it will align itself with the north-south axis of the Earth's magnetic poles? And did you know that the average person spends around three years on the toilet over the course of a lifetime? With so much time spent 'on the job', it's about time you learned something about the process you are going through. *Poo Knew?* will tell you amazing facts and trivia about your deposits, such as how the average human produces about 2 pounds of the good stuff every single day, or that the longest dump ever recorded was 26 feet, roughly the same height as a two-storey building. After digesting this collection of over 100 fascinating facts, you'll never look at your poo in the same way ever again.

- Books on poo are some of the most frequently requested by gift customers.
- *Poo Knew?* is a hilarious gift for those who appreciate toilet humour, making it a perfect stocking filler or gag birthday present.
- Educational as well as amusing, full of fascinating facts.

**NEW EDITION**

**ISBN: 978-1-912983-62-9**  
 96 pages (FSC paper)  
 50 colour illustrations  
 186 x 123 mm | £9.99 (hardback)  
 Carton quantity: 48  
**Publication: February 2023**



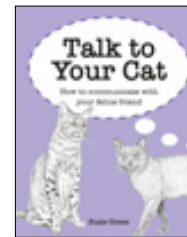
**ALEXANDRA PARSONS** is a writer and editor, until now of some repute. A long publishing career in respectable subjects such as cookery and interior design is now in jeopardy thanks to this dubious collaboration with her alter ego, Emma Royde.



also available:  
**Loo-niversity**  
**ISBN: 978-1-911026-83-9**  
 £7.99



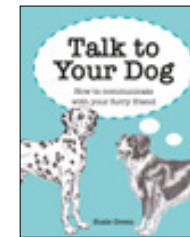
## Talk to Your Cat



**SUSIE GREEN**  
**ISBN: 978-1-80065-091-6**  
 144 pages (matt-art paper)  
 100+ colour illustrations  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



## Talk to Your Dog



**SUSIE GREEN**  
**ISBN: 978-1-80065-090-9**  
 144 pages (wood-free paper)  
 100+ colour illustrations  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



## A Dad's Guide to Having a Baby



**DOMINIC BLISS**  
**ISBN: 978-1-911026-82-2**  
 128 pages | 70 colour illustrations  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 40



## Beauty Foods



**CAROLINE ARTISS**  
**ISBN: 978-1-78879-116-8**  
 144 pages | 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



## Easy on the Eyes



**LISA POTTER-DIXON**  
**ISBN: 978-1-84975-670-9**  
 144 pages | 150 colour photographs  
 & 20 colour artworks | 235 x 190 mm  
 £16.99 (hardback)  
 Carton quantity: 24  
 Rights sold: NL



## Easy on the Eyes: the Pocket Book of Beauty



**LISA POTTER-DIXON**  
**ISBN: 978-1-84975-898-7**  
 176 pages | 150 colour photographs  
 & artworks | 146 x 146 mm | £9.99  
 (paperback with rounded corners)  
 Carton quantity: 54  
 Rights sold: NL



## A Bun in the Oven



**HANNAH HUNTER-KELM**  
**ISBN: 978-1-78249-825-4**  
 96 pages (wood-free paper)  
 40 colour artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 56



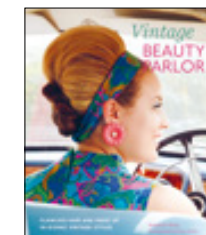
## The Make-up Manual



**LISA POTTER-DIXON**  
**ISBN: 978-1-78879-161-8**  
 160 pages | 250 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: AE, SE, VN



## Vintage Beauty Parlor



**HANNAH WING**  
**ISBN: 978-1-78879-189-2**  
 144 pages (wood-free paper)  
 150+ colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



The Queen: 70 Years of Majestic Style



BETHAN HOLT  
**ISBN: 978-1-78879-427-5**  
 176 pages | 230 colour photographs  
 235 x 190 mm | £20.00 (hardback)  
 Carton quantity: 20



The Duchess of Cambridge: A Decade of Modern Royal Style



BETHAN HOLT  
**ISBN: 978-1-78879-302-5**  
 176 pages | 180 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 20



Rock n Roll Bride



KAT WILLIAMS  
**ISBN: 978-1-78879-065-9**  
 208 pages | 100 colour photographs  
 235 x 190 mm | £16.99 (hardback)  
 Carton quantity: 18



Thank You: a Little Book of Gratitude

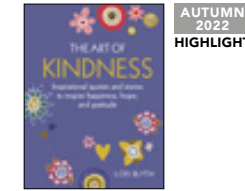


AUTUMN 2022 HIGHLIGHT

LOIS BLYTH  
**ISBN: 978-1-80065-168-5**  
 144 pages (wood-free paper)  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48  
 Rights sold: NL



The Art of Kindness



AUTUMN 2022 HIGHLIGHT

LOIS BLYTH  
**ISBN: 978-1-80065-123-4**  
 176 pages (wood-free paper)  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: DE, ES



Smile: the Wisdom of Joy



AUTUMN 2022 HIGHLIGHT

**ISBN: 978-1-80065-160-9**  
 144 pages (wood-free paper)  
 100 colour artworks  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48



What to Wear



TRACY MARTIN  
**ISBN: 978-1-78249-716-5**  
 160 pages | 20 colour illustrations  
 186 x 123 mm | £9.99 (hardback)  
 Carton quantity: 40



Jane Packer Flowers



**ISBN: 978-1-78879-215-8**  
 144 pages | 120 colour photographs  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: FR, KR



Modern Fairy Tales



K. TOWNE JR.  
**ISBN: 978-1-78249-664-9**  
 144 pages (wood-free paper)  
 100 colour photographs & illustrations | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 52



The Little Pocket Book of Happiness



BESTSELLER 48,000 SOLD

LOIS BLYTH  
**ISBN: 978-1-78249-260-3**  
 176 pages (wood-free paper)  
 130 colour illustrations  
 146 x 146 mm | £9.99 (paperback with rounded corners)  
 Carton quantity: 54  
 Rights sold: DK, RO, NL, ES



The Little Pocket Book of Mindfulness



BESTSELLER 115,000 SOLD

ANNA BLACK  
**ISBN: 978-1-78249-203-0**  
 208 pages (wood-free paper)  
 70 colour illustrations  
 146 x 146 mm | £9.99 (paperback with rounded corners)  
 Carton quantity: 48  
 Rights sold: FR, TH, HU, ES, DE, NL



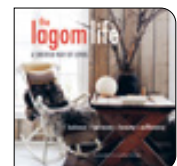
Be Mindful



ANNA BLACK  
**ISBN: 978-1-78249-852-0**  
 208 pages (wood-free paper)  
 70 colour artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: FR, NL, DE, ES, TH, HU, RU



The Lagom Life: a Swedish Way of Living



ELISABETH CARLSSON  
**ISBN: 978-1-78249-538-3**  
 176 pages (wood-free paper)  
 100 colour photographs  
 146 x 146 mm | £9.99 (paperback with rounded corners)  
 Carton quantity: 60  
 Rights sold: CZ, FR, KR, RU



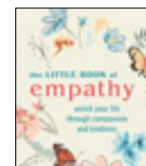
ScandiKitchen: The Essence of Hygge



BRONTË AURELL  
**ISBN: 978-1-78879-345-2**  
 160 pages (wood-free paper)  
 c.100 colour photographs  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48



The Little Book of Empathy



KIRSTEN RIDDLE  
**ISBN: 978-1-80065-018-3**  
 144 pages (wood-free paper)  
 75 colour artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48



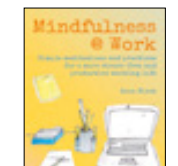
Mindful Walking



ALICE PECK  
**ISBN: 978-1-80065-088-6**  
 144 pages (wood-free paper)  
 50 colour photographs & artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48



Mindfulness @ Work



ANNA BLACK  
**ISBN: 978-1-78249-834-6**  
 160 pages (wood-free paper)  
 50 colour artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: HU, TH, DE



Mindful Colouring



AUTUMN 2022 HIGHLIGHT

CASSANDRA LORUIS  
**ISBN: 978-1-80065-166-1**  
 64 pages plus 150 sheets of black & white mandala designs & motifs | 30 colour artworks  
 150 x 150 mm | £12.99 (paperback with origami paper pack)  
 Carton quantity: 20



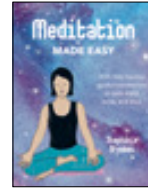
Sleep Well



ANNA BLACK  
**ISBN: 978-1-78249-903-9**  
 144 pages (wood-free paper)  
 70 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: HU



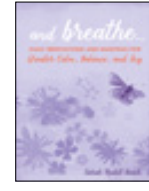
Meditation Made Easy



STEPHANIE BROOKES  
**ISBN: 978-1-78249-926-8**  
 192 pages (wood-free paper)  
 100 colour illustrations  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: CZ, DE, ES, FR, NL



And Breathe...



SARAH RUDELL BEACH  
**ISBN: 978-1-78249-821-6**  
 160 pages (wood-free paper)  
 75 colour artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48



Blue Mind Mantras



**ISBN: 978-1-80065-034-3**  
 144 pages (wood-free paper)  
 75 colour photographs | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: CZ



Make It Happen



AUTUMN  
 2022  
 HIGHLIGHT

JOANNE GREGORY  
**ISBN: 978-1-80065-122-7**  
 128 pages (wood-free paper)  
 50 colour artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48



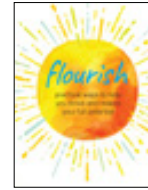
Be Your Own Goddess



KIRSTEN RIDDLE  
**ISBN: 978-1-80065-036-7**  
 144 pages (wood-free paper)  
 70 colour illustrations  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: FR



Flourish



**ISBN: 978-1-80065-016-9**  
 144 pages (wood-free paper)  
 60 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 52



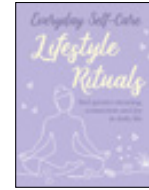
Everyday Self-Care



**ISBN: 978-1-78249-887-2**  
 144 pages (wood-free paper)  
 70 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 52



Everyday Self-Care:  
 Lifestyle Rituals



**ISBN: 978-1-80065-086-2**  
 144 pages (wood-free paper)  
 70 colour artworks  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48



Be Your Own Heroine



SOPHIE & CHARLOTTE ANDREWS  
**ISBN: 978-1-78249-896-4**  
 64 pages | 25 colour artworks  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 60



Be More Jane



SOPHIE ANDREWS  
**ISBN: 978-1-78249-706-6**  
 64 pages (wood-free paper)  
 20 colour illustrations | 186 x 123 mm  
 £7.99 (hardback)  
 Carton quantity: 60



Prayer Energy



RICHARD LAWRENCE &  
 MARK BENNETT  
**ISBN: 978-1-78249-702-8**  
 160 pages (wood-free paper)  
 80 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: FR, JP



Evening Mantras: for a  
 Peaceful Now and an  
 Inspiring Tomorrow



**ISBN: 978-1-78249-539-0**  
 128 pages (wood-free paper)  
 75 colour photographs  
 146 x 146 mm | £9.99 (paperback  
 with rounded corners)  
 Carton quantity: 72  
 Rights sold: FI



Empowering Mantras  
 for Awesome Women



**ISBN: 978-1-78249-566-6**  
 144 pages (wood-free paper)  
 100 colour photographs  
 146 x 146 mm | £7.99 (paperback)  
 Carton quantity: 60



Empowering Mantras  
 for Awesome Women



**ISBN: 978-1-78249-853-7**  
 144 pages (wood-free paper)  
 100 colour photographs  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 52



Be Your Own  
 Palm Reader



HEATHER ROAN ROBBINS  
**ISBN: 978-1-78249-723-3**  
 160 pages (wood-free paper)  
 50 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: FR



Be Your Own  
 Astrologer



JOANNA WATTERS  
**ISBN: 978-1-78249-655-7**  
 160 pages (wood-free paper)  
 75 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48



Be Your Own  
 Moon Astrologer



HEATHER ROAN ROBBINS  
**ISBN: 978-1-78249-701-1**  
 160 pages (wood-free paper)  
 50 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: FR



Be Your Own Dream Interpreter



TONY CRISP  
**ISBN: 978-1-78249-656-4**  
 160 pages (wood-free paper)  
 50 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: FR, EE



The Nordic Book of Runes



JONATHAN DEE  
**ISBN: 978-1-78249-744-8**  
 96 pages | 50 colour illustrations  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 56  
 Rights sold: FR



Wiccan Moon Magic



AUTUMN 2022 HIGHLIGHT

CERRIDWEN GREENLEAF  
**ISBN: 978-1-80065-156-2**  
 144 pages (wood-free paper)  
 70 colour artworks  
 152 x 115 mm | £9.99 (hardback)  
 Carton quantity: 48



Around the World in 80 Record Stores



MARCUS BARNES  
**ISBN: 978-1-911026-60-0**  
 144 pages | 100 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Music's Cult Artists



JOHN RIORDAN  
**ISBN: 978-1-912983-28-5**  
 160 pages (wood-free paper)  
 100 colour illustrations  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



The Little Book of Eurovision



ALEXANDRA PARSONS  
**ISBN: 978-1-912983-51-3**  
 144 pages (wood-free paper)  
 50 colour illustrations  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48



The Green Wiccan Spell Book



SILJA  
**ISBN: 978-1-78249-785-1**  
 160 pages (wood-free paper)  
 200 colour artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: EE, FR, DE



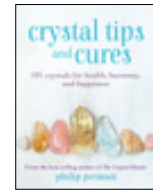
The Kitchen Witch's Spell Book



CERRIDWEN GREENLEAF  
**ISBN: 978-1-80065-040-4**  
 144 pages (wood-free paper)  
 70 colour illustrations | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 52  
 Rights sold: EE, FR, SA



Crystal Tips & Cures



PHILIP PERMUTT  
**ISBN: 978-1-80065-081-7**  
 160 pages | 150 colour photographs & artworks | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: EE, FR, SA



The Little Book of Drag



BRANDI AMARA SKYY  
**ISBN: 978-1-912983-53-7**  
 144 pages | 50 colour illustrations  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48



The Little Book of Pride



LEWIS LANEY  
**ISBN: 978-1-912983-16-2**  
 144 pages (wood-free paper)  
 25 colour illustrations  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 52



Totes Paris



ROSEANNE KANG JOVANOVSKI  
**ISBN: 978-1-912983-26-1**  
 64 pages | 30 colour illustrations  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 60



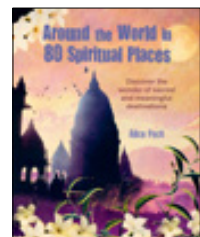
Crystal Clear



GOLNAZ ALIBAGI  
**ISBN: 978-1-78249-657-1**  
 144 pages (wood-free paper)  
 300+ colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24  
 Rights sold: FR



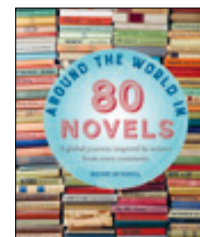
Around the World in 80 Spiritual Places



ALICE PECK  
**ISBN: 978-1-80065-106-7**  
 160 pages (wood-free paper)  
 100 colour photographs & artworks  
 210 x 170 mm | £12.99 (hardback)  
 Carton quantity: 24



Around the World in 80 Novels



HENRY RUSSELL  
**ISBN: 978-1-78249-663-2**  
 160 pages | 75 colour photographs  
 210 x 170 mm | £9.99 (hardback)  
 Carton quantity: 24



Foodie Breaks: England, Scotland, Northern Ireland and Wales



RICHARD MELLOR  
**ISBN: 978-1-912983-00-1**  
 144 pages (wood-free paper)  
 100 colour photographs  
 210 x 170 mm | £9.99 (paperback, flexi-binding)  
 Carton quantity: 20



Foodie City Breaks: Europe



RICHARD MELLOR  
**ISBN: 978-1-911026-48-8**  
 144 pages (wood-free paper)  
 100 colour photographs  
 210 x 170 mm | £9.99 (flexi-bound)  
 Carton quantity: 24  
 Rights sold: IT



Tapas



**ISBN: 978-1-84597-394-0**

64 pages | 60 colour photographs  
 140 x 140 mm | £6.99 (hardback)  
 Carton quantity: 90  
 Rights sold: FI, NL, SE





Delicious Dips



ISBN: 978-1-78879-195-3  
64 pages | 60 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60  
Rights sold: CZ



Hangover Food



ISBN: 978-1-912983-03-2  
64 pages | 30 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Binge-Watching Eats



KATHERINE BEBO  
ISBN: 978-1-78879-163-2  
160 pages (wood-free paper)  
100 colour photographs  
210 x 170 mm | £9.99 (hardback)  
Carton quantity: 24



The Pocket Book of Craft Beer



MARK DREDGE  
ISBN: 978-1-911026-04-4  
208 pages (wood-free paper)  
250 colour photographs  
146 x 146 mm | £9.99 (paperback with rounded corners)  
Carton quantity: 54  
Rights sold: KR, TW, FR



Bar Cart Style



ISBN: 978-1-78879-160-1  
128 pages (wood-free paper)  
75 colour photographs  
210 x 170 mm | £9.99 (hardback)  
Carton quantity: 24



The Curious Bartender's Guide to Gin



**BESTSELLER**  
10,000 SOLD

TRISTAN STEPHENSON  
ISBN: 978-1-78879-039-0  
192 pages | 100 colour photographs & illustrations | 186 x 123 mm  
£9.99 (hardback)  
Carton quantity: 28  
Rights sold: IT, TW



The Curious Barista's Guide to Coffee



**BESTSELLER**  
9,500 SOLD

TRISTAN STEPHENSON  
ISBN: 978-1-78879-083-3  
208 pages | 100 colour photographs & illustrations | 186 x 123 mm  
£12.99 (hardback)  
Carton quantity: 32  
Rights sold: CN, KR, RU, TW, IT



Coffee Drinks



**AUTUMN 2022 HIGHLIGHT**

MERLIN JOBST  
ISBN: 978-1-912983-57-5  
64 pages | 30 colour illustrations  
186 x 123 mm | £8.99 (hardback)  
Carton quantity: 60  
Rights sold: FR



Wine



JANE PARKINSON  
ISBN: 978-1-78879-076-5  
208 pages | 150 colour photographs  
186 x 123 mm | £9.99 (hardback)  
Carton quantity: 28  
Rights sold: NL, CN, TW



The Curious Bartender's Guide to Rum



TRISTAN STEPHENSON  
ISBN: 978-1-78879-238-7  
160 pages | c.250 colour photographs | 186 x 123 mm  
£9.99 (hardback)  
Carton quantity: 32  
Rights sold: IT, HU



The Curious Bartender's Guide to Malt, Bourbon & Rye Whiskies



TRISTAN STEPHENSON  
ISBN: 978-1-78879-213-4  
192 pages | 100 colour photographs & illustrations | 186 x 123 mm  
£9.99 (hardback)  
Carton quantity: 28  
Rights sold: UA, NL, TW



Whiskey Cocktails



JESSE ESTES  
ISBN: 978-1-78879-387-2  
64 pages | 50 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



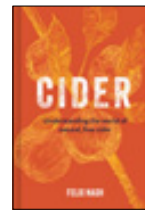
It's Wine Time



CHRIS LOSH  
ISBN: 978-1-912983-23-0  
64 pages | c.40 colour illustrations  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Cider



**AUTUMN 2022 HIGHLIGHT**

FELIX NASH  
ISBN: 978-1-912983-58-2  
192 pages | 100 colour photographs  
186 x 123 mm | £12.99 (hardback)  
Carton quantity: XX



The Beer Bucket List



MARK DREDGE  
ISBN: 978-1-911026-98-3  
224 pages | 200 colour photographs  
186 x 123 mm | £9.99 (hardback)  
Carton quantity: 28  
Rights sold: CN



Vodka Cocktails



ISBN: 978-1-78879-379-7  
64 pages | c.50 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Negroni



DAVID T. SMITH & KELI RIVERS  
ISBN: 978-1-78879-279-0  
64 pages | c.40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Gin Tonic



**BESTSELLER**  
93,500 SOLD

DAVID T. SMITH  
ISBN: 978-1-84975-853-6  
96 pages | 65 colour photographs & artworks | 186 x 123 mm  
£7.99 (hardback)  
Carton quantity: 52



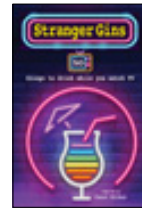
Pink Gin



ISBN: 978-1-78879-214-1  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Stranger Gins



CAROL HILKER  
ISBN: 978-1-912983-41-4  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Gin-dulgence



AUTUMN 2022 HIGHLIGHT  
ISBN: 978-1-912983-54-4  
64 pages | 40 colour photographs  
186 x 123 mm | £8.99 (hardback)  
Carton quantity: 60



Floral Cocktails



LOTTIE MUIR  
ISBN: 978-1-78879-075-8  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Rock Cocktails



ISBN: 978-1-911026-58-7  
64 pages | 30 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 76



Queer Cocktails



LEWIS LANEY  
ISBN: 978-1-912983-27-8  
64 pages | 50 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Gin the Mood



ISBN: 978-1-912983-02-5  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60  
Rights sold: DK, SE



The Art & Craft of Coffee Cocktails



AUTUMN 2022 HIGHLIGHT  
JASON CLARK  
ISBN: 978-1-78879-469-5  
208 pages | 100 colour photographs  
186 x 123 mm | £12.99 (hardback)  
Carton quantity: XX  
Rights sold: CN, KR, TW



Dessert Cocktails



AUTUMN 2022 HIGHLIGHT  
DAVID T. SMITH & KELI RIVERS  
ISBN: 978-1-78879-435-0  
64 pages | 60 colour photographs  
186 x 123 mm | £8.99 (hardback)  
Carton quantity: 60



Gatsby Cocktails



BEN REED  
ISBN: 978-1-78879-123-6  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Bond Cocktails



KATHERINE BEBO  
ISBN: 978-1-78879-144-1  
64 pages | 40 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60  
Rights sold: FI, DK, SE



The Pocket Book of Cocktails



ISBN: 978-1-78879-205-9  
176 pages (wood-free paper)  
80+ colour photographs  
152 x 115 mm | £7.99 (hardback)  
Carton quantity: 48  
Rights sold: DK, SE



Rosé Cocktails



JULIA CHARLES  
ISBN: 978-1-84975-969-4  
64 pages | 45 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 76



Prosecco Cocktails



BESTSELLER 51,000 SOLD  
LAURA GLADWIN  
ISBN: 978-1-84975-895-6  
64 pages | 50 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 76  
Rights sold: EE, SE, IT



Japanese Cocktails



TARA GARNELL & ROSE MITCHELL  
ISBN: 978-1-78879-074-1  
64 pages | 60 colour photographs  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60



Weed All About It



BESTSELLER 16,000 SOLD  
DANNY MALLO  
ISBN: 978-1-911026-65-5  
144 pages | 200 colour illustrations  
186 x 123 mm | £9.99 (hardback)  
Carton quantity: 40



A Sloth's Guide to Taking It Easy



BESTSELLER 50,000 SOLD  
SARAH JACKSON  
ISBN: 978-1-911026-57-0  
64 pages | 40 colour illustrations  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 40  
Rights sold: IT, KR



A Sloth's Guide to Etiquette



SARAH JACKSON  
ISBN: 978-1-912983-21-6  
64 pages | 40 colour illustrations  
186 x 123 mm | £7.99 (hardback)  
Carton quantity: 60  
Rights sold: CN



A Beginner's Guide to Goat Yoga



SARAH JACKSON  
**ISBN: 978-1-911026-85-3**  
 64 pages | 40 colour illustrations  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 60



No Drama Llama



SARAH JACKSON  
**ISBN: 978-1-912983-01-8**  
 64 pages | 40 colour illustrations  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 60



Life Lessons from a Dachshund



SIMON GLAZIN  
**ISBN: 978-1-912983-29-2**  
 64 pages | 30 colour illustrations  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 60



It's a Punderful Life



GEMMA CORRELL  
**ISBN: 978-1-909313-28-6**  
 64 pages | 50 colour illustrations  
 186 x 123 mm | £9.99 (hardback)  
 Carton quantity: 76



It's a Pug's Life



GEMMA CORRELL  
**ISBN: 978-1-912983-50-6**  
 144 pages (wood-free paper)  
 100 colour illustrations  
 152 x 115 mm | £7.99 (hardback)  
 Carton quantity: 48  
 Rights sold: ES, CZ, IT, JP, KR,  
 VN, FR, TW



A Pug's Guide to Etiquette



**BESTSELLER**  
**66,000 SOLD**

GEMMA CORRELL  
**ISBN: 978-1-909313-03-3**  
 64 pages | 50 colour illustrations  
 186 x 123 mm | £9.99 (hardback)  
 Carton quantity: 80  
 Rights sold: CZ, FR, IT, TW,  
 JP, VN



50 Knots You Need to Know



MARTY ALLEN  
**ISBN: 978-1-909313-56-9**  
 96 pages plus 2 pieces of cord  
 200 colour illustrations  
 186 x 123 mm | £9.99 (hardback)  
 Carton quantity: 52  
 Rights sold: EE, RU, SE



Retro Games



MARTY ALLEN  
**ISBN: 978-1-911026-62-4**  
 64 pages | 50 colour illustrations  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 76



Loo-niversity



NATHAN JOYCE  
**ISBN: 978-1-911026-83-9**  
 64 pages | 20 colour illustrations  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 60



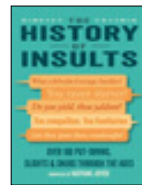
Oh Boris!



**ISBN: 978-1-911026-18-1**  
 64 pages | 40 colour photographs  
 140 x 140 mm | £6.99 (hardback)  
 Carton quantity: 70



The History of Insults

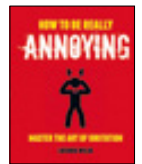


**AUTUMN 2022 HIGHLIGHT**

NATHAN JOYCE  
**ISBN: 978-1-912983-56-8**  
 112 pages (wood-free paper)  
 40 black & white and colour  
 illustrations | 152 x 115 mm  
 £7.99 (hardback)  
 Carton quantity: 48



How To Be Really Annoying



LUCINDA WILDE  
**ISBN: 978-1-912983-17-9**  
 160 pages (wood-free paper)  
 20 colour illustrations  
 129 x 98 mm | £6.99 (hardback)  
 Carton quantity: 40



Let the Pun Shine



TEO ZIRINIS  
**ISBN: 978-1-912983-04-9**  
 64 pages | 50 colour illustrations  
 186 x 123 mm | £7.99 (hardback)  
 Carton quantity: 60



My Pregnancy Journal



**BESTSELLER**  
193,000 SOLD

**ISBN: 978-1-84172-435-5**  
144 pages with 8 dividers & pockets  
100 colour photographs | 244 x 169 mm  
rrp £14.99 inc. VAT, trade price £6.25  
(spiral-bound, hardback plc, cloth quarter-binding, elastic closure)  
Carton quantity: 20  
Rights sold: CZ, FC, FI, FR, GR, NL, NO, SK



My Baby Journal  
(deluxe slipcase edition)



**BESTSELLER**  
47,000 SOLD

**ISBN: 978-1-84975-275-6**  
144 pages with 8 dividers & pockets,  
keepsake envelopes & magic dots | acid-free  
photo paper | 100 colour photographs  
244 x 169 mm | rrp £25.00 inc. VAT, trade  
price £10.40 (spiral-bound, hardback, cloth  
quarter-binding, elastic closure band, cloth  
slipcase with closure ribbon & gift tag)  
Carton quantity: 10



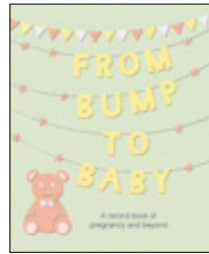
My Baby's First Year



**ISBN: 978-1-84975-671-6**  
144 pages with 8 dividers & pockets  
100 colour photographs | 244 x 169 mm  
rrp £14.99 inc. VAT, trade price £6.25  
(spiral-bound, hardback plc, cloth  
quarter-binding, elastic closure band)  
Carton quantity: 20



From Bump to Baby



**ISBN: 978-1-78249-666-3**  
96 pages (wood-free paper) with  
1 pocket | 40 colour artworks  
235 x 190 mm | rrp £12.99 inc.  
VAT, trade price £10.82 (hardback,  
concealed spiral-binding)  
Carton quantity: 24



My Baby's Journal (Pink)

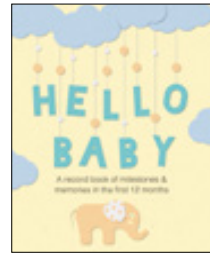


**BESTSELLER**  
89,000 SOLD

**ISBN: 978-1-84597-717-7**  
144 pages with 8 dividers & pockets  
80 colour photographs | 244 x 169 mm  
rrp £14.99 inc. VAT, trade price £6.25  
(spiral-bound, hardback plc, cloth quarter-binding, elastic closure)  
Carton quantity: 20  
Rights sold: ES, FC, FR, GR, IT, NL, NO, SE, RO



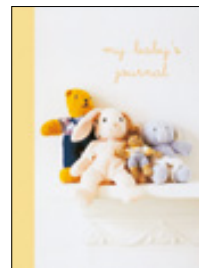
Hello Baby



**ISBN: 978-1-78249-665-6**  
96 pages (wood-free paper) with  
1 pocket | 40 colour artworks  
235 x 190 mm | rrp £12.99 inc.  
VAT, trade price £10.82 (hardback,  
concealed spiral-binding)  
Carton quantity: 24



My Baby's Journal (Yellow)



**BESTSELLER**  
760,000 SOLD

**ISBN: 978-1-84172-292-4**  
144 pages with 8 dividers & pockets  
100 colour photographs | 244 x 169 mm  
rrp £14.99 inc. VAT, trade price £6.25  
(spiral-bound, hardback plc, cloth quarter-binding, elastic closure)  
Carton quantity: 20  
Rights sold: ES, FC, FR, GR, IT, NL, NO, SE, RO



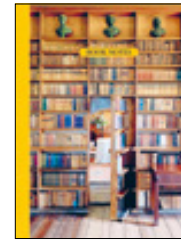
My Greeting Card Organizer



**ISBN: 978-1-84975-785-0**  
76 pages with 12 dividers & pockets  
35 colour photographs & artworks  
244 x 169 mm | rrp £16.99 inc. VAT,  
trade price £6.25 (spiral-bound, hardback  
plc, cloth quarter-binding, elastic closure  
band & belly band)  
Carton quantity: 20



Book Notes



**ISBN: 978-1-78249-537-6**  
144 pages with 4 dividers &  
pockets | 20 colour illustrations  
210 x 148 mm | hardback,  
concealed spiral binding, cloth  
quarter-binding | rrp £12.99 inc.  
VAT, trade price £5.41  
Carton quantity: 30



Stay Grounded



KRISTINE PIDKAMENY  
**ISBN: 978-1-80065-035-0**  
144 pages (wood-free paper)  
50 colour artworks | 210 x 148 mm  
£9.99 (paperback)  
Carton quantity: 24



My Mindfulness Journal



ANNA BLACK  
**ISBN: 978-1-78249-807-0**  
144 pages (wood-free paper,  
exposed edges) | 80 colour artworks  
210 x 148 mm | £9.99 (hardback,  
imitation cloth spine)  
Carton quantity: 20  
Rights sold: DE



My Creativity Journal



LIZ DEAN  
**ISBN: 978-1-78249-661-8**  
144 pages (wood-free paper,  
exposed edges) | 80 colour  
artworks | 210 x 148 mm | £9.99  
(hardback, imitation cloth spine)  
Carton quantity: 30



Change the Story



KRISTINE PIDKAMENY  
**ISBN: 978-1-80065-923-7**  
144 pages (wood-free paper)  
50 colour artworks | 210 x 148 mm  
£9.99 (hardback)  
Carton quantity: 20



My Dream Journal



TONY CRISP  
**ISBN: 978-1-78249-724-0**  
144 pages (wood-free paper,  
exposed edges) | 80 colour artworks  
210 x 148 mm | £9.99 (hardback,  
imitation cloth spine)  
Carton quantity: 20  
Rights sold: NO



My Creative Writing Journal



KRISTINE PIDKAMENY  
**ISBN: 978-1-78249-924-4**  
144 pages (wood-free paper)  
80 colour artworks | 210 x 148 mm  
£9.99 (hardback)  
Carton quantity: 20



Magical Self-Care Journal



LEAH VANDERVELDT  
**ISBN: 978-1-80065-061-9**  
144 pages (wood-free paper)  
80 colour artworks | 210 x 148 mm  
£9.99 (paperback)  
Carton quantity: 20



# At Home with Books

Jigsaw Puzzle



**ISBN: 978-1-78249-588-8**  
1000 pieces | box 196 x 278 x 50 mm,  
finished puzzle 680 x 481 mm | £10.82  
plus VAT (net trade price, firm sale);  
£12.99 inc. VAT  
Carton quantity: 5



Book Notes\*



**ISBN: 978-1-78249-537-6**  
144 pages with 4 dividers &  
pockets | 20 colour illustrations  
210 x 148 mm | hardback,  
concealed spiral binding, cloth  
quarter-binding | rrp £12.99 inc.  
VAT, trade price £5.41  
Carton quantity: 30



# Botanical Style

Jigsaw Puzzle



**ISBN: 978-1-84975-953-3**  
1000 pieces | box 196 x 278 x 50 mm,  
finished puzzle 680 x 481 mm | £10.82  
plus VAT (net trade price, firm sale);  
£12.99 inc. VAT  
Carton quantity: 5



**Ryland Peters & Small and CICO Books**  
20–21 Jockey's Fields, London WC1R 4BW  
RPS Tel: +44 (0)20 7025 2200 Fax: +44 (0)20 7025 2201  
CICO Tel: +44 (0)20 7025 2280 Fax: +44 (0)20 7025 2281  
Email: [info@rps.co.uk](mailto:info@rps.co.uk)  
Website: [www.rylandpeters.com](http://www.rylandpeters.com)

**Ryland Peters & Small, Inc., and CICO Books**  
341 E 116th St, New York, NY 10029  
Tel: +1 646 791 5410/8684/8685  
Fax: +1 646 861 3518  
Email: [info@rylandpeters.com](mailto:info@rylandpeters.com)  
Website: [www.rylandpeters.com](http://www.rylandpeters.com)

## Sales & Marketing

### UK AND EXPORT SALES

**Alex Elliott**  
Head of UK Sales  
Ryland Peters & Small  
20–21 Jockey's Fields  
London WC1R 4BW  
Tel: +44 (0)20 7025 2228  
[alex.elliott@rps.co.uk](mailto:alex.elliott@rps.co.uk)

**Emma McArthur**  
Export Sales Manager  
Address as above  
Tel: +44 (0)20 7025 2254  
[emma.mcarthur@rps.co.uk](mailto:emma.mcarthur@rps.co.uk)

**Pamela Ponciano**  
UK and Export Sales Assistant  
Address as above  
Tel: +44 (0)20 7025 2230  
[pamela.ponciano@rps.co.uk](mailto:pamela.ponciano@rps.co.uk)

**Lauren Buck**  
Special Sales Manager  
Address as above  
Tel: +44 (0)20 7025 2270  
[lauren.buck@rps.co.uk](mailto:lauren.buck@rps.co.uk)

**Caitlin Hynd**  
Special Sales Assistant  
Address as above  
Tel: +44 (0)20 7025 2262  
[caitlin.hynd@rps.co.uk](mailto:caitlin.hynd@rps.co.uk)

**Publicity and Marketing**  
**Yvonne Doolan**  
Head of Publicity  
Address as above  
Tel: +44 (0)20 7025 2240  
[yvonne.doolan@cicobooks.co.uk](mailto:yvonne.doolan@cicobooks.co.uk)

**Jack Duce**  
Campaigns Executive  
Address as above  
[jack.duce@rps.co.uk](mailto:jack.duce@rps.co.uk)

[publicity@rps.co.uk](mailto:publicity@rps.co.uk)

### Northern Ireland and Republic of Ireland Sales and Publicity

**John Fitzpatrick**  
Co. Dublin, Ireland  
Tel: +353 87 246 9859  
Fax: +353 1 282 0491  
[fitzmullbooks@eircom.net](mailto:fitzmullbooks@eircom.net)  
[johnfitz.books@gmail.com](mailto:johnfitz.books@gmail.com)

**Spain and Portugal**  
**Jenny Padovani Frias**  
Padovani Books  
Barcelona, Spain  
Tel: +34 637 027 587  
[jenny@padovanibooks.com](mailto:jenny@padovanibooks.com)

**Italy and Gibraltar**  
**Penny Padovani**  
Padovani Books  
Cortona, Italy  
Tel/Fax: +39 0575 614338  
Mobile: +39 3453536837  
[penny@padovanibooks.com](mailto:penny@padovanibooks.com)

**Greece and Cyprus**  
**Isabella Curtis**  
Padovani Books  
Athens, Greece  
Tel: +30 210 7218995  
[isabella@padovanibooks.com](mailto:isabella@padovanibooks.com)

**Scandinavia**  
**Gill Angell and Stewart Siddall**  
Angell Eurosales  
Perth, United Kingdom  
Tel: +44 1764 683781  
[info@angelleurosales.com](mailto:info@angelleurosales.com)

### Australia

**Leilani Mason**  
Hardie Grant Books  
Melbourne, Australia  
Tel: +61 3 8520 6444  
Fax: +61 3 8520 6422  
[leilanimason@hardiegrant.com](mailto:leilanimason@hardiegrant.com)

**New Zealand**  
**Susan Holmes**  
Bookreps NZ Ltd  
Auckland, New Zealand  
Tel: +64 9 419 2635  
Fax: +64 9 419 2634  
[susan@bookreps.co.nz](mailto:susan@bookreps.co.nz)

**Singapore and Malaysia**  
**June Lim**  
Pansing Distribution SDN BHD  
1 New Industrial Road  
Singapore 536196  
Tel: +65 6319 9939  
[junelim@pansing.com](mailto:junelim@pansing.com)

**South Africa**  
**Giulietta Campanelli**  
SG Distributors  
Johannesburg, South Africa  
Tel: +21 11 444 9050  
[giulietta@sgdistributors.co.za](mailto:giulietta@sgdistributors.co.za)

**Africa (except South Africa)**  
**Anita Zih**  
A-Z Africa Book Services  
Rotterdam, The Netherlands  
Tel: +31 104 154 250  
Fax: +31 104 151 128  
[anita.zih@azabs.nl](mailto:anita.zih@azabs.nl)

**For all other Export enquiries, contact Emma McArthur.**

### CO-EDITION SALES

**Denise Lie**  
Rights Director  
Ryland Peters & Small  
20–21 Jockey's Fields  
London WC1R 4BW  
Tel: +44 (0)20 7025 2283  
Fax: +44 (0)20 7025 2201  
[denise.lie@rps.co.uk](mailto:denise.lie@rps.co.uk)

**Sarah See**  
Rights Manager  
Address as above  
Tel: +44 (0)20 7025 2252  
[sarah.see@rps.co.uk](mailto:sarah.see@rps.co.uk)

\*see note on Contents page re. Paperstyle FSC Certification

All details and prices are correct at time of production but may be subject to change without notice.