

From bathroom to boudoir to every room in between, create a green oasis in your own home with Plant Muse.

# Plant Style

*How to greenify your space*

Alan Langan and Jacqui Vidal

Over 120 illustrations

21.0 x 17.0cm

160pp

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Book



## Key Sales Points

- Packed with design-savvy tips and expert advice on how to turn your home into a jungle-like retreat
- A timely publication – indoor plants are popular again
- The perfect companion to Indoor Green

## Bedrooms

You spend almost a third of your life tucked up in bed, so your bedroom should be a tranquil place to rest and recuperate. By reminding us of our connection with nature, plants help create a peaceful space that encourages relaxation and calmness. They add life, warmth and softness, and add interesting focal points for the eye to flow over and linger on. Whether it's a simple potted plant on a bedside table or a jungle-like boudoir with a wild mix of greenery, every bedroom will benefit from a touch of green.





## IS IT SAFE TO HAVE PLANTS IN THE BEDROOM?

There is an ongoing debate about whether or not it's a good idea to have plants in the bedroom. Yes, it is. To explain, let's go back to high school science. During photosynthesis, plants absorb carbon dioxide and give out oxygen. At night, when there is no sunlight to fuel this process, it reverses. Oxygen is absorbed and carbon dioxide is emitted. However, plants use so little oxygen that there's really no need for concern. If you are still worried, opt for mother-in-law's tongue). Unlike most other plants, it emits oxygen at night. [Could also add a discussion based on this text (taken from the intro): Plants improve the quality of the air (and potentially the quality of our



## EVERY BEDROOM NEEDS A BIG PLANT

Floor space in a bedroom can sometimes be tight, but there are often large blank walls. The solution is a big plant – anywhere from two metres upwards will do. There are heaps of big plants to choose from, and you can use a plant stand to increase the height. Choose a plant that has a lot going on up top (the wider the better), but has a slim footprint. Ideally, you want to put it in a spot where it is out of the way. Next to the bed is a good option if you have the space. Just make sure you won't bump into it in the dark.





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Plant Styling  
Principles

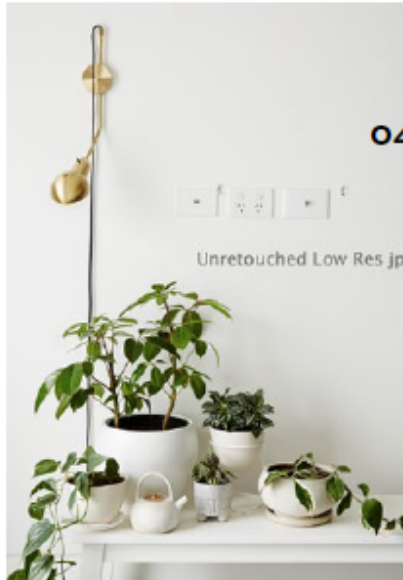
03.



Above: A little caption about shape, why this image is all about variety. Right: A caption about how the image is mood.

## VARIETY

Strength in numbers is a strong statement. Closely related plant varieties, like different cactuses or succulents, can create an interesting and cohesive scene. Examples: [authors to list plants used in relevant photograph] ditis ullab ipicitae doloreribus consequere est aut ipsaestis plabora vendund ebitat ipsaperem et in rae. Itas renihictesse la velenim inulles et vella vellabo. Hentur? Sed magnihic te perum eum vololibus delliqui quos sundanda susam faciis dolorero tem ut enis Atur aut id que corem. usam faciis dolorero tem ut enis Atur aut id que corem.



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## MOOD

Plants can be grouped to create moods that echo the style of your home or to create contrasting scenes. Adding greenery to dark rooms and walls can make for a very moody vibe. Light walls with plenty of reflective light can form an ideal backdrop for a vibrant and uplifting scene. Examples: Olupta natur atest, utem. Itat. Am fugitendem cum, ut eos re plibusapel illuptions eum alit quunt voloreperum delia cuptatiunt hitet voluptatecae simus sima iscipsunt. At harum harciantur sequat od quam, ommod molupta epreperum rest am vololibus simusda epudipsapite endam quis enduntius,



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## TEXTURE

Play around with the contrast between rough undulating leaves or smooth and glossy foliage. Subtle textural differences will add dimension and emphasise the different shades of green in any grouping. Examples: [authors to list plants used in relevant photograph] ditis ullab ipicitae doloreribus consequere est aut ipsaestis plabora vendund ebitat ipsaperem et in rae. Itas renihictesse la velenim inulles et vella vellabo. Hentur? Sed magnihic te perum eum vololibus delliqui quos sundanda susam faciis dolorero tem ut enis Atur aut id que corem. Nam re cones

## Bathrooms

Bathrooms are generally the simplest room in a house and, to be honest, they can be a bit boring. Yet they're also one of the most used areas, so it pays to give them a little extra attention. As well as adding interest, plants can thrive in a bathroom. Unlike decor pieces that might suffer from the moist conditions, they love a bit of humidity.

Bathrooms are notoriously hard to decorate. You might have a cute stool, a beautiful towel or two and some designer soap, but what else can you add? There's often too much stark, blank space and too few interesting focus points. This is where plants come in. Even the smallest of plants can help soften the space, breathe some life into it and complete the scene.







## SIZE

Bathrooms are usually small, but think of this as an opportunity rather than a problem, and get creative with greenery. Take a good hard look at your bathroom. Does it have a high ledge, a windowsill or a perfectly placed ceiling hook that you've never used? Elements like these can be used to display your plants. And don't forget accessories like hangers – they can be used to great effect in small spaces. Choose suitable plants, and remember that even one small plant can make a huge difference. Use neutral pots to keep the focus on the greenery and the details of the bathroom. Sticking to light

## PLACEMENT

In small bathrooms, focus on making the most of all the spots where you can put plants. Hang air plants on the wall, fill windowsills with a mix of potted plants and place medium-sized plants on the floor to help break up the space. Think about how the plants will grow. If the space is limited, choose plants that grow vertically or will cascade down a wall rather than spreading out horizontally. Check the light conditions to make sure you are choosing plants that enjoy bright light or grow well in more shaded positions.

Ensure that the plants are spread throughout the



## Living Rooms

The living room is usually one of the biggest rooms in a house and it meets a lot of needs. It's used for hanging out, relaxing and entertaining guests. It has to be inspiring yet relaxing, comfortable yet memorable and, of course, always a pleasure to spend time in.

The key to styling your living room is to get to grips with its special features. Does it have period details, a wonderful neutral backdrop or plenty of open-plan space? Living rooms, especially when they are filled with great decor items like rugs and artworks, are an exciting opportunity to style with plants and create something magical.





## PLANNING

Before you start styling your kitchen with plants, think about how you use the space and what you would like to achieve. Do you just want to add some touches of greenery or go all-out with a jungle theme? Consider your space and what will work well. If you want to use large, spreading plants, you'll need enough space for them to grow horizontally. If you've only got room on a bench or table, look for plants that are suited to that. Identify the places where plants could sit, without necessarily changing the overall look of the room too much. The goal is to complement rather than overwhelm.



## PLACEMENT

Big kitchen benches or islands can be functionally great when you're cooking but, when you aren't using them, they can look barren and boring. Try adding a plant with height to give the bench a focal point. Make sure it's easy to move when you need to use the space again.

Large enclosed terrariums also work well. They are low-maintenance, self-watering, and the wooden ones won't scratch delicate marble or stone benchtops when you move them. There are lots of great small businesses making terrariums these days or, if you're creatively inclined, you can have a

go at making one yourself. There's plenty of advice to be found online or in books.

If you are a keen cook, a bright spot like a windowsill is the perfect place for potted herbs. They will grow well and be easily accessible when you are cooking. *Ro et, consequost fugiasp eriscid quo et, to cone adia core eum inventis et mi, sum, ut eostibus dis quamend itatur simus moluptatur, quat vent, cus.*

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