

Packed with ideas and inspiration for a life with flowers!

The Flower Expert

Ideas and inspiration for a life with flowers

Fleur McHarg

Illustrated in colour throughout

27.0 x 20.0cm

248pp

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Hardback

£24.95 TBC

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A4

Book

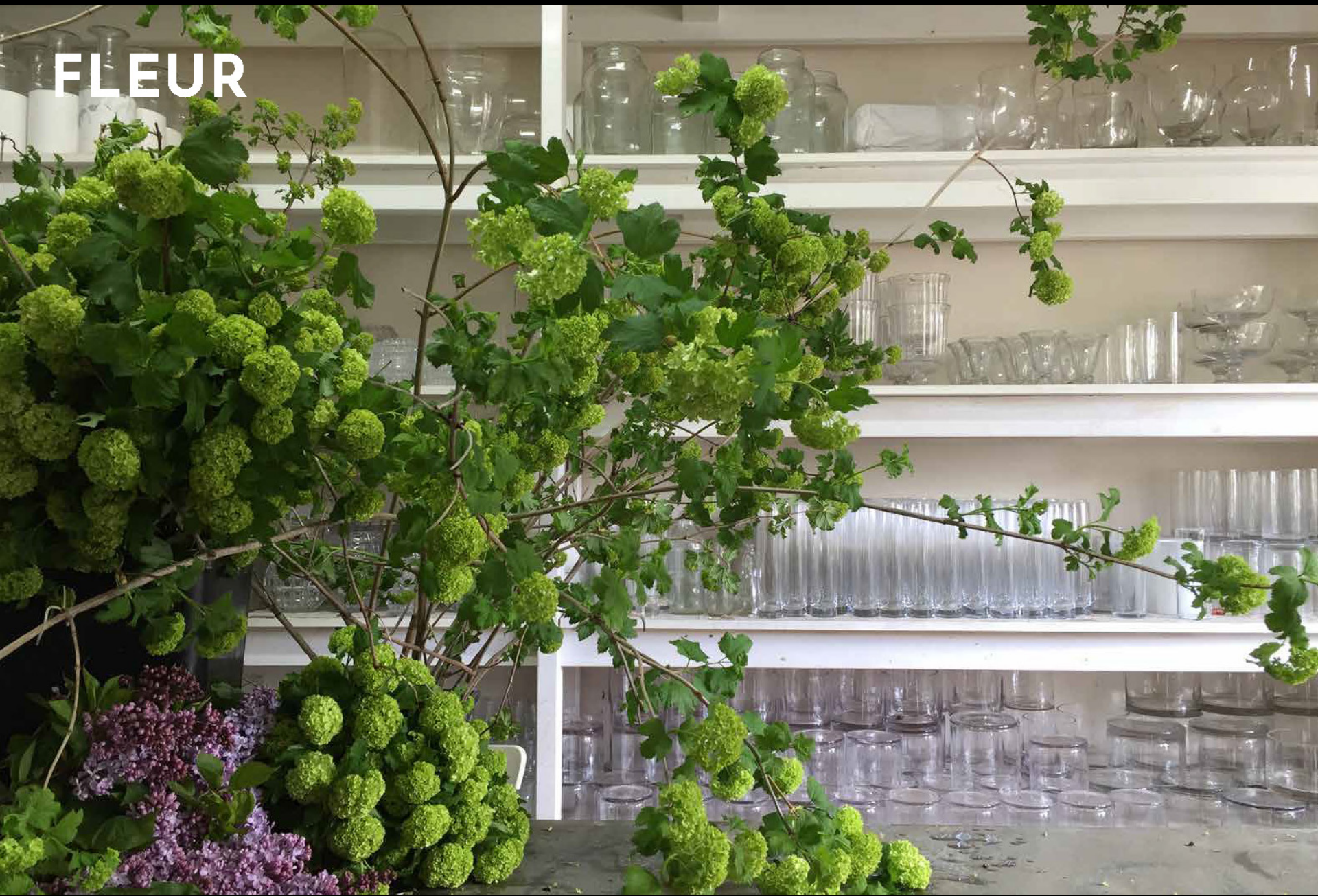


Key Sales Points

- An indispensable insight into how breathtaking floral displays are created, written by Fleur McHarg, the 'Flower Expert', one of the most in-demand Australian florists and floral arrangers
- The perfect companion to *Indoor Green* and *Plant Style*
- McHarg analyses over thirty of her favourite flowers and how to use them
- Explores why some combinations work and others don't
- Shows readers how to select a base and blend colours for a flower arrangement



FLEUR



Monday

O
R
A
N
G
E

I don't much like orange, to be honest, which is probably why I associate it with Mondays - nobody likes Mondays. Orange is a very unflattering colour and Monday is a very unflattering day! Orange can have a harsh, heavy feeling; however, it can also be warm and sunny. It's about the shades you choose. Orange Mondays jolt me out of the weekend and into the start of something new, whether I like it or not.



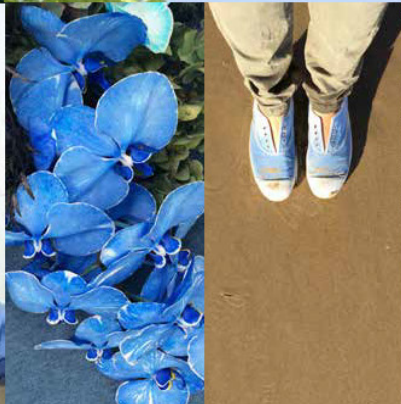


Tuesday

B
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Blue is my favourite colour and Tuesday is my favourite day. On Tuesdays I tend to feel peaceful, relaxed and safe. The rude shock of Monday is over and I'm beginning to get into the swing of the working week. I don't feel rushed, yet I can get a lot of planning done for the rest of the week.





MY
FLOWER
FRIENDS



HOW TO **PEEL A ROSE**

A 'peeled' rose has a fullness and sumptuousness that is completely different to a rose that has not been opened. I think they look spectacular and often I use peeled South American hybrid tea roses for glamorous occasions. A large event, like a wedding, might require 4000 roses and it takes about a minute to peel each one. It's not uncommon to walk into our warehouse in Murrumbena to find six or seven women sitting around frantically peeling roses for a wedding that's happening the next day.

There is definitely an art to peeling a rose - it's a delicate process and you don't want to create sharp edges or a protruding centre. Here's how I do it.

Allow roses that have been refrigerated to come to room temperature before you begin, otherwise the petals will tear.

Fold back the outside petals one by one, using your thumb to support the base of the petal where it meets the stem.

Touch the petal as little as possible, to avoid creating any hard creases.

Roll your fingers gently around the sides of the petal to fold the edges under slightly and smooth it into place.

Continue peeling petals until only a small bud remains in the centre of the flower.



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