



**Books & Gifts 2024**  
**New Titles & Backlist**

# TODDLER

男の子 OTOKONOKO



2

YOUR TURN!

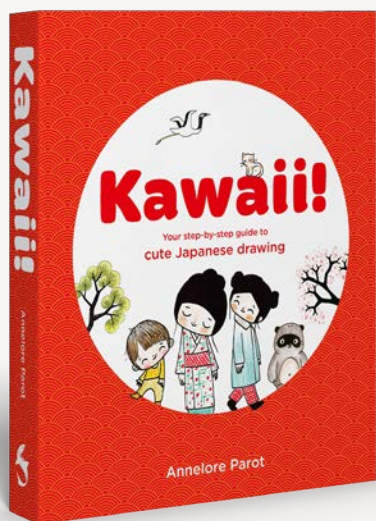
# THE EMOTIONS



6

OVER TO YOU!





For more than 20 years, **Annelore Parot** has illustrated books and taught drawing. Her series of books on Kokeshi (cute Japanese dolls) have been a worldwide success. With this very *kawaii* book, she returns to a subject close to her heart – Japan – and gives you all the tips and tricks you need to easily draw it!

c. 600 illustrations  
16.5 × 1.35cm (6½ × 5⅜ in.)  
80 pp Paperback  
9781837760404

£10.00

Publication date 15 February

## Kawaii!

Your step-by-step  
guide to cute  
Japanese drawing

Annelore Parot

*Drawing skills and simple  
projects that fans of cute  
things will love!*

- A chunky little tome that makes it easy to picture hundreds of Japanese places, scenes, things and people.
- Practice on the page beginners will love this fun approach to learning to draw.
- Line by line instructions from a professional illustrator and teacher with decades of experience.

'Kawaii' means cute in Japanese, and often refers to a delightful range of drawing styles that western audiences have come to love. Now, with this straightforward guide, anyone can draw Japanese people and places in an appealing kawaii style.

Each spread shows, in six or seven steps, how to build up a picture with just a few strokes of the pencil: and on the right page of the spread, there's space for you to practice them yourself. You'll be amazed at how easy it is to create lively people, expressive faces, and evocative scenes.

A4





## Road Trip! A 1000-piece jigsaw puzzle

Created by Maria Rivans

*Take a 1950s-inspired  
jigsaw journey from coast  
to coast.*

- Gives a fresh spin to travel, nostalgia, and motoring puzzles.
- The distinctive box adds value: this doesn't feel like your everyday jigsaw, and the puzzle stands out in-store.
- Copious, colourful, and fun, Maria's collage art makes for perfect puzzling, with plenty of details to discover.

Join celebrated collage artist Maria Rivans on a thrilling, freewheeling jigsaw journey across North America. Driving from sea to shining sea, taking in the deserts, the Rockies, the great plains and the forests of New England, you'll feel the excitement of the open road and the wind in your hair.

Box: 25.5 × 16.7 × 8.0 cm

(10<sup>1</sup>/<sub>8</sub> × 6<sup>5</sup>/<sub>8</sub> × 3<sup>1</sup>/<sub>4</sub> in.)

Puzzle: 68.5 × 49.0 cm

(27 × 19<sup>3</sup>/<sub>8</sub> in.)

Plastic-free packaging

9781837760237

£19.99 inc VAT

Publication date 22 February

A4





## Orient Express

A 1000-piece  
jigsaw puzzle

Created by Maria Rivans

Box: 25.5 × 16.7 × 8.0 cm

(10 1/8 × 6 5/8 × 3 1/4 in.)

Puzzle: 68.5 × 49.0 cm

(27 × 19 1/8 in.)

Plastic-free packaging

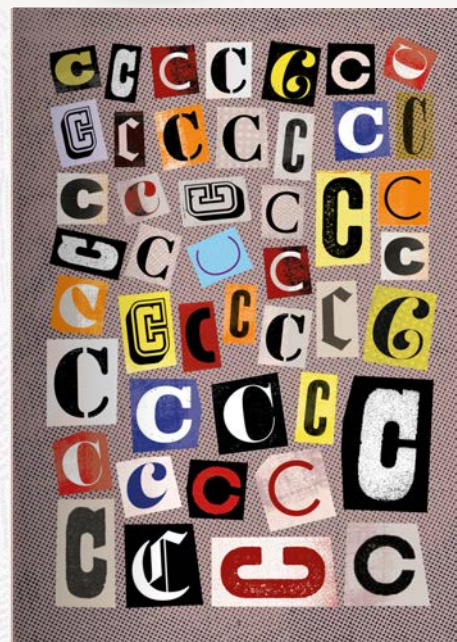
9781837760244

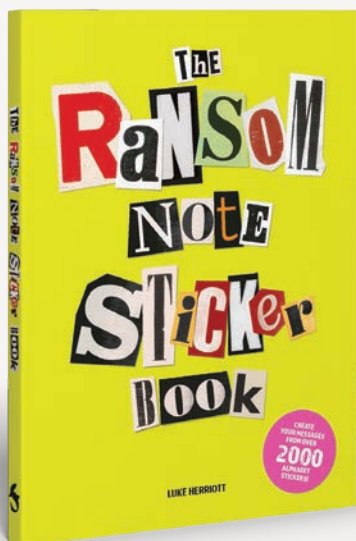
£19.99 inc VAT

Available now



Two more puzzles  
coming in Fall:  
*Voyage of the Beagle*  
and *Shakespeare's  
Flowers*





Luke Herritt, who creates the layouts, is an award-winning designer and typographer whose work has always had a playful side. He is the author of *Art Directing Projects for Print* and *The Designer's Packaging Bible*.

c. 2,000 stickers  
21.0 × 14.8 cm (8 $\frac{3}{8}$  × 5 $\frac{7}{8}$  in.)  
88 pp Paperback  
9781837760398

£14.99

Publication date 7 March

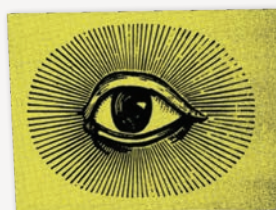
## The Ransom Note Sticker Book

*Have fun messaging creatively!*

- Over 2,000 typographical stickers to peel, stick, and create mischief with.
- A creative gift for all ages.
- Suits trends like journal keeping and collage.

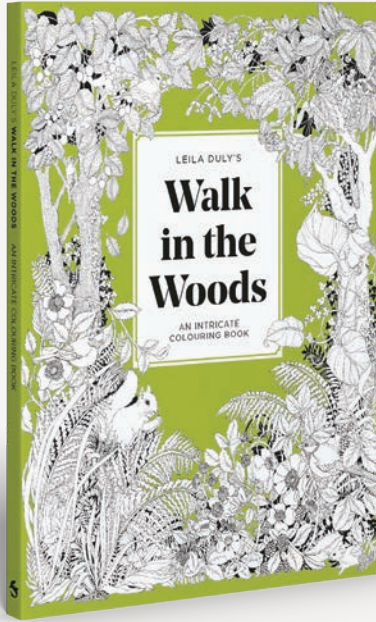
Unleash your roguish side with this playful take on the ultimate in anonymous correspondence – the ransom note. With thousands of letterforms to choose from, you can decorate your stuff, write unique messages or customize your journals.

The vintage letterpress vibe makes you feel like you're snipping out letters from an actual newspaper, and the collection includes type ornaments, woodblock illustrations and a range of accents for elegant, multilingual, ransom notes.



A4





Leila Duly is a textile print designer and botanical illustrator based in East Sussex, UK. Inspired by the English countryside, her hand-drawn work celebrates botanical and wildlife scenes and has appeared in campaigns for Historic Royal Palaces, Victoria's Secret and a host of fashion brands. Her successful books *Floribunda* (2016), *The Flower Year* (2017) and *Beautiful Planet* (2023) have made her one of the best-loved names in the colouring scene.

c. 80 illustrations  
31.0 × 23.5 cm (12¼ × 9⅝ in.)  
80 pp Paperback  
9781837760282

£14.99 inc VAT

Publication date 22 February

## Leila Duly's Walk in the Woods

An intricate  
colouring book

*Take a refreshing walk  
through the woods without  
even leaving your home.*

- Stylish package and distinctive artwork elevate this book above the competition.
- Will appeal to discerning colourists who know what makes for compelling pages.
- Freshly hand-drawn art from a name illustrator – no Shutterstock!

Woodlands are everyone's favorite landscapes and, from a coloring perspective, they're full of amazing details. Acorns, bluebells, curling ferns, toadstools and leaves all give the colourist a calming, natural, and satisfying experience.

Uplifting quotations scattered through the pages give the book another thoughtful dimension.



A4





Also available:



## Leila Duly's Beautiful Planet

An intricate colouring book

c. 80 illustrations  
31.0 × 23.5 cm (12¼ × 9⅜ in.)  
80 pp Paperback  
9781837760008

£14.99 inc VAT

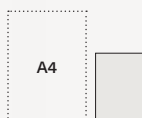
Available now



## Aromatherapist in a Box

Jo Kellett  
Illustrated by Elin Svensson

*A box to stimulate the senses: use it to discover the incredible benefits of natural essential oils.*



- A simple way to learn about essential oils and the art of aromatherapy.
- Will help you create your own blends to use in diffusers, inhalers and massage oils.
- Written by a leading expert who understands what beginners need to know.

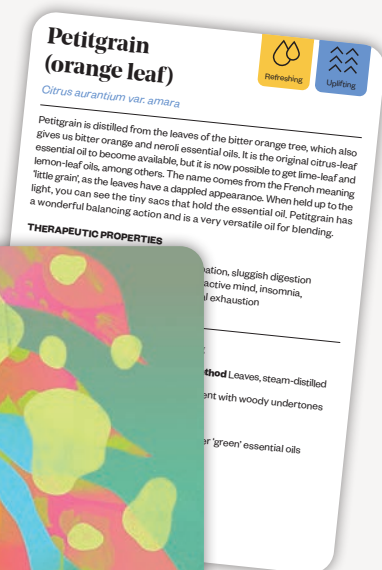
Understand the fifty most common essential oils and their therapeutic uses with this attractive and practical box. Learn how to combine them in effective blends and follow the simple instructions to make your own massage oils, inhalers, diffusers, and aromatic baths.

Jo Kellett is an aromatherapist and massage instructor based in Brighton, UK. She received her Diploma of Holistic Aromatherapy from the Tisserand Institute, has run a practice at London's Portland Hospital, and teaches at Neal's Yard Remedies and the Institute of Traditional Herbal Medicine and Aromatherapy.

60 illustrations  
Box: 16.5 x 11.0 x 4.5 cm (6½ x 4¾ x 1⅞ in.)  
60 illustrated cards + a 32-page booklet  
9781837760350

£19.99 inc VAT

Publication date 28 March



### Petitgrain (orange leaf)

*Citrus aurantium var. amara*



Petitgrain is distilled from the leaves of the bitter orange tree, which also gives us bitter orange and neroli essential oils. It is the original citrus-leaf essential oil to become available, but it is now possible to get lime-leaf and lemon-leaf oils, among others. The name comes from the French meaning 'little grain', as the leaves have a dimpled appearance. When held up to the light, you can see the tiny sacs that hold the essential oil. Petitgrain has a wonderful balancing action and is a very versatile oil for blending.

#### THERAPEUTIC PROPERTIES

...ation, sluggish digestion  
...active mind, insomnia,  
...exhaustion

**Method** Leaves, steam-distilled  
...ent with woody undertones

...or 'green' essential oils



**Extended triangle pose**  
*Utthita trikonāsana*

Energy Balance Strength

The symmetry of the three triangles created by this posture builds stability and strength in body and mind.

Feet wide, feet parallel. Lift and angle your right heel and turn in to the right to the end of your mat.

From shoulder height then tilt from your right shoulder keeping your lower ribs long. Bring your right hand where it meets your leg (or a block).

Use a block to lift through your inner ankles and legs, chest, raising your top arm. Either keep your feet aligned with your spine or turn to look up.

Use the right side.

Embodied in *pāda bandha*, the lift through your inner legs and up your arms.

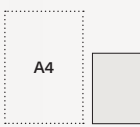
Use the top shoulder and rotate to ease the lift. Lifting your legs to build strength.



## Yoga Teacher in a Box

Leonie Taylor  
 Illustrated by Harriet Lee-Merrion

*Sixty yoga poses, breathing exercises, meditations and philosophies, elegantly presented in a stylish box.*



- The cards-for-yoga concept is proven and successful, letting the user easily create their own routine.
- Leonie Taylor is a highly experienced yogi and trained teacher.
- An inspirational gift – or a practical self-purchase.

This attractive and practical set of yoga cards lets you create a routine that's perfect for you. It includes a handy booklet that introduces the cards and suggests movements for common conditions such as insomnia or indigestion. The sixty illustrated cards allow you to practice with confidence and enjoy yoga's benefits to the full.

Leonie Taylor has taught yoga since 2006, has multiple qualifications and is 500+ hour Yoga Alliance Accredited. Formerly a magazine journalist and editor, she has her own studio, has edited and co-authored several specialist books and written for magazines including *ELLE*, *Red* and *Press Gazette*.

60 illustrations  
 Box: 16.5 x 11.0 x 4.5 cm (6½ x 4¾ x 1⅞ in.)  
 60 illustrated cards + a 32-page booklet  
 9781837760312

£19.99 inc VAT

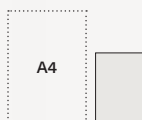
Publication date 28 March



## Writing Coach in a Box

Alan Anderson  
Illustrated by Clare Owen

*Plain-speaking advice  
for anyone who writes.*



- **Master the details and the big picture:** which verbs to choose, how to balance a paragraph, when to close a chapter, and how to make a character compelling.
- **Practical format:** cards are categorized by topic, so writers can find the help they need in an instant.
- **Professional expertise** from a publisher and author who has worked with words for decades.

What are the most common mistakes first-time authors make? How do you make readers root for your protagonist? Which verbs should you avoid, and which must you use? This ingenious tool kit answers all these questions and hundreds more, and will help novelists, memoirists, journalists, copywriters and bloggers craft better prose.

Alan Anderson is the pen name of the Writing Coach, who works for a major UK publishing house. He has written eight books for six publishers under five names, coached several authors to their first publishing deals and ghost-written memoirs and how-to titles.

25 illustrations  
Box: 16.5 × 11.0 × 4.5 cm (6½ × 4¾ × 1⅞ in.)  
60 technique cards + a 32-page booklet  
9781837760176

£19.99 inc VAT

Available now



## Houseplant Gardener in a Box

Jane Perrone  
Illustrated by Cody Bond

*Watch your home bloom  
in to life with this expert  
advice.*

- **Practical advice:** which plants to choose, where to put them and how to help them flourish.
- **The format makes the advice easy to discover:** its cards are categorized by topic, so you can find the information you need in an instant.
- **Contemporary illustration** makes the set an appealing and immediate gift.

Nothing brings a room to life like the green of a thriving houseplant. Interior designers love them, and they make us happier and healthier too. But you need knowledge: and that's where the *Houseplant Gardener* comes in: all the answers, thanks to sixty informative cards and a 32-page book.

Jane Perrone, an obsessive houseplant gardener since the age of eight, has turned her passion into a respected expertise. She has written for the *Guardian*, the *Financial Times*, *Gardens Illustrated* and *Garden Design Journal*, has produced over 200 episodes of her houseplant podcast *On The Ledge* and is a member of the Royal Horticultural Society's Houseplant Committee.

60 illustrations  
Box: 16.5 × 11.0 × 4.5 cm (6½ × 4¾ × 1⅞ in.)  
60 illustrated cards + a 32-page practical booklet  
9781837760169

£19.99 inc VAT

Available now

16.

## World-building

# Evoked the senses

We experience the world through our senses – all of them. Yet too often we rely on just one or two – sight, of course, but if you're writing about a place, you need to engage all the senses. There, you have to bring it to life through sound, taste, touch –

A good rule of thumb is to use all three senses. You don't want a scene that's all sight and sound and no taste or touch.

13.

## Character

# The four antagonists

Character change drives story and conflict drives plot – and for both, you need a convincing antagonist.

The most important antagonist is usually your protagonist. That may sound illogical, but we tend to be our own worst enemies and, in nearly every successful story, the protagonist has to overcome some flaw, weakness or mistaken belief within before they can take on the external conflict without.

...out, what sort of external antagonist face? You can mix and match.



37.

## Syntax

# your

Syntax is an important part of writing. It's not just about putting words in a sentence. It's about making a sentence work. It's about making a sentence – and

The

## The details

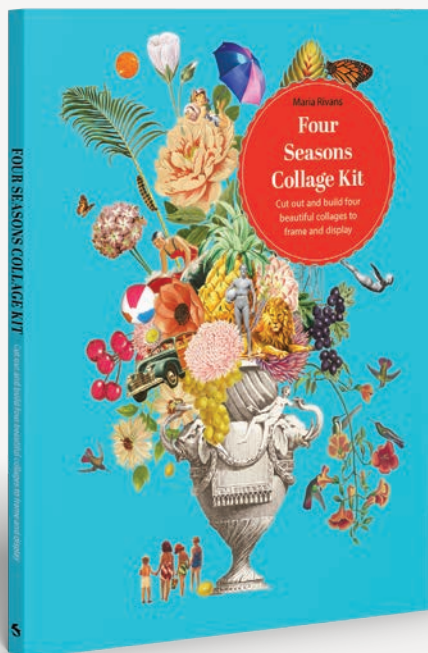
Once you've got your story and don't worry about the time to go back through the details. The cards in this set will help you write sentences, paragraphs and pages.

### You'll learn...

- How to pick the most powerful prose
- How to transform your key lines



*Dracaena reflexa var. angustifolia*



**Maria Rivans** is a collage artist based in Brighton, UK, whose work spins bizarre and dreamlike tales. She curated the images for the hugely successful *Extraordinary Things to Cut Out and Collage* (2020); she's exhibited widely and internationally; and she's behind the distinctive visual identity of Hendrick's Gin.

c. 150 illustrations  
 35.5 × 26.4 cm (14 × 10½ in.)  
 64 pp Paperback  
 9781837760343

£19.99 inc VAT

Publication date 11 April

## Four Seasons Collage Kit

Cut out and build four beautiful collages to frame and display

Maria Rivans

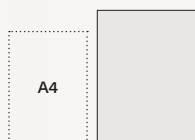
*Create your very own works of art to frame and enjoy.*

- A fresh concept that makes a stylish creative gift.
- **Maria Rivans created the fast-growing collage-book category** and has a committed fan base.
- **Will appeal to an audience** of artists, paper crafters and colouring enthusiasts, introducing them to a rewarding new pursuit.

Piece together your own seasonal masterpieces with this stunning kit-in-a-book. Celebrating each season, the four finished collages will work together as complementary artworks to adorn your walls.

Celebrated artist Maria Rivans provides the backdrop, hundreds of surprising collage elements, and the practical advice.

You bring your own spin for a unique, contemporary result.





Also available:



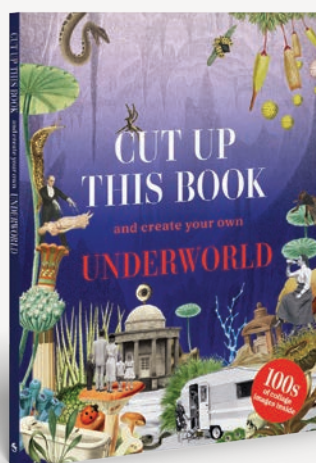
## Cut Up This Book and Create Your Own Wonderland

Curated by Eliza Scott

800+ illustrations  
 31.0 × 23.5 cm (12¼ × 9½ in.)  
 128 pp Paperback  
 9781837760022

£14.99 inc VAT

Available now



## Cut Up This Book and Create Your Own Underworld

Curated by Eliza Scott

800+ illustrations  
 31.0 × 23.5 cm (12¼ × 9½ in.)  
 128 pp Paperback  
 9781837760039

£14.99 inc VAT

Available now



Natascha Maksimovic is a designer, artist and wallpaper-maker based in Margate, UK, where she practices and teaches the time-honored art form of *suminagashi* paper marbling. Having previously worked as a film designer alongside Sir Ridley Scott, Natascha decided to set up her own studio to explore both craftsmanship and collaboration, and her bespoke wallpapers have since featured in *Elle Decoration*, *Living Etc*, the *Guardian*, the *Sunday Times* and the *Daily Telegraph*.

c. 120 photographs  
 21.5 × 17.0 cm (8½ × 6¾ in.)  
 80 pp Paperback  
 9781837760336

£12.99

Publication date 2 May

## Paper Marbling

### Learn in a weekend

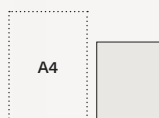
Natascha Maksimovic

*Experiment with the modern and colourful aesthetic of this versatile and simple craft.*

- Paper marbling is easy to learn, suitable for all ages and perfect for exploring over a weekend.
- The marbled look is spot on with current trends for furnishings, fabrics, and objects for the home.
- No expensive equipment needed: ink, paper, and water are the essentials of the basic kit.

*Suminagashi*, which translates simply as ‘ink floating’, is the ancient technique of Japanese-style paper marbling. A highly instinctive and satisfying process, it closely connects the crafter, the ink, and the water, and can be enjoyed by anyone. In this book, Natascha Maksimovic guides you through every stage, from choosing colours right through to your very own finished pieces.

Included in the book are easy-to-follow projects showing how marbled paper can elevate crafts and interiors alike. Make stationery, bunting, botanical leaves, wallpaper and lampshades, or simply place your bold designs into a frame, stand back and admire.









Cover not yet revealed

**Anna Berrill** is the commissioning editor of *Feast*, the *Guardian's* Saturday food magazine. Having previously worked for *Waitrose Food*, *Jamie Magazine*, *Red*, *Homes & Gardens*, *Food & Travel*, the *Huffington Post*, *Healthy* and *Decanter*, she's an expert on food trends, knowing exactly what – and how – real people want to cook.

Polish illustrator **Aga Więckowska** has created a stylish portrait of each store-cupboard staple.

120 illustrations  
22.4 × 17.6 cm (8 7/8 × 7 in.)  
176 pp Hardback  
9781837760411

£19.99

Publication date 15 August

## Store Cupboard Genius!

200 Inventive Recipes for Unused Yet Delicious Ingredients

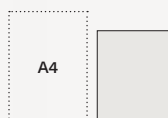
Anna Berrill

*Reveals the true potential of forty kitchen staples: sardines, chickpeas, lentils, oats, tahini and many more – with five easy and modern recipes for each.*

- **Anna knows exactly what kind of recipes today's readers want:** quick, uncomplicated, yet rich in flavor and texture.
- **Presents easy cooking ideas with vibrant illustrations,** making this a feast for the eyes as well as the taste buds.
- **Hundreds of recipes plus handy references for each ingredient** give exceptional value – especially for less confident cooks.
- **Includes many vegetarian and vegan recipes,** and taps into current trends for fermented foods and legumes.

Simple but inventive meal ideas to bring new flavors to your table: with this book, you'll never look at a dried noodle the same way again!

Forty different store-cupboard staples are showcased, each with five easy recipe ideas. Elevating everyday staples like lentils, beans, and olives, Anna presents a host of tastes from around the world, and with 200 recipes, you'll never run out of ideas. Designed for real-world simplicity, every recipe takes only a single paragraph to explain – so they're sure to become regular favourites, returned to time and again.



## Tinned Tomatoes

Chopped, plum, cherry ... Tinned tomatoes are dinner insurance, and the gateway to pasta sauces, curries, shakshuka, soups, and stews. In short: they are a cook's comfort blanket. Tinned tomatoes are often better than their fresh counterpart (depending on where you live, of course): picked at peak ripeness and preserved to maintain that sweet, slightly acidic flavour all year round, especially when fresh tomatoes are of questionable quality. While there's often lots of choice, you get what you pay for – and the better quality your tomatoes, the more flavourful your meals will be. Whole plum tomatoes tend to be the best bet for a good flesh-to-juice ratio, and you can easily break them up with the back of a wooden spoon or chop with scissors if need be.

<b>VARIETIES</b>	With their chunky texture, chopped tomatoes are perfect for long simmering (casseroles, soups, curries, say); sweet cherry tomatoes are ideal for quick sauces; Bushier plum tomatoes are versatile, and can be used for both long and short cooking (and you can chop, crush, or leave them whole).
<b>TRANSFORM</b>	A simple yet satisfying sauce can be achieved by frying a chopped onion in olive oil until soft, stirring in garlic, followed by a tin of plum tomatoes, breaking them up with a wooden spoon. Add sugar and red-wine vinegar to taste, simmer until thick, and finish with fresh basil leaves.
<b>TIP</b>	Rinse empty tomato tins with a little water and add to your recipe – it will ensure you get every last bit and, once reduced, will add more flavour.



### Sardine, celery, and lemon salad

Sardines and celery are a winning combination, but you could easily swap the lettuce for a cooked grain.

Olive oil  
Lemon  
Wholegrain mustard  
Chives  
Tarragon  
Capers  
Celery  
Tinned sardines  
Lettuce

In a bowl, mix 2 tbsp olive oil, the zest of ½ lemon and the juice of 1. 1 tsp wholegrain mustard, 1 handful each of chopped chives and tarragon, and 1 tsp capers. Add 3 slices of diced celery, combine, then gently fold in 1 x 200g tin sardines, drained. Season to taste, then add some lettuce leaves. Serves 2.

### Fish cakes

Fish and potatoes are one of the great culinary love-ries, and these budget-friendly fish cakes need little more than a crisp green salad and wedge of lemon.

Potatoes  
Tinned sardines  
Spring onions  
Flat-leaf parsley  
Lemon  
Plain flour  
Egg  
Panko breadcrumbs  
Sunflower oil

Simmer 250g potatoes cut into chunks in boiling salted water until tender, about 10 minutes. Drain, leave to steam in the pan, then mash. Meanwhile, drain 1 x 200g tin sardines, put in a bowl and mash with a fork. Add 3 finely sliced spring onions, a big handful of chopped flat leaf parsley, the zest and juice of ½ lemon, the mashed potato, season with pepper, and combine. With lightly floured hands, shape the mixture into four patties.

Put 1 tablespoon plain flour on a plate, 1 beaten egg in a bowl, and 25g panko breadcrumbs on a plate. Dust the patties with flour, coat in egg, then dip in the breadcrumbs. To fry, heat 2 tbsp sunflower oil in a frying pan, and cook the fishcakes for about 3 minutes on each side until golden all over and cooked through. Serves 2.

### Sardine reuben

Tinned sardines join the line-up of the best parts of the New York grilled sandwich - sharp, tangy sauerkraut, melting cheese, and a creamy dressing.

Mayo/mustard  
Horseradish sauce  
Tomato ketchup  
Spring onion  
Flat bread  
Tinned sardines  
Sauerkraut  
Butter  
Cornichons

In a bowl, mix 2 tsp mayo/mustard, 15 tsp horseradish sauce, 1 tsp tomato ketchup and ½ finely sliced spring onion. Take 1 slice of rye bread and spread with a layer of the dressing, then lay a few sardines on top followed by a couple of slices of sauerkraut and spoonfuls of sauerkraut. Top with another slice of bread. Butter the outside of the sandwich and fry in a hot, non-stick pan until golden on both sides and the cheese has started to melt. Serve with cornichons. Serves 1.

### Sardine linguine with pangrattato

A rustic, aromatic Sicilian pasta dish topped with crunchy breadcrumbs.

Raisins  
Pine nuts  
Breadcrumbs  
Garlic  
Tinned sardines  
Shallots  
Fennel seeds  
Linguine  
Lemon  
Saffron  
Parsley

First, soak 20g raisins in hot water. Then make the pangrattato: heat a little oil in a frying pan, add 50g pine nuts, 50g breadcrumbs and 1 crushed garlic clove and fry, stirring occasionally, until crisp. Set aside.

Heat a splash of oil from the sardine tin, add 2 finely sliced shallots and 1 tsp fennel seeds and cook until golden and sticky. Drain the raisins, add them to the pan along with some black pepper, and cook for a couple of minutes. Meanwhile, cook 200g linguine according to the packet instructions.

Transfer the pasta to the onions, add a good splash of pasta cooking water, and toss to combine. Turn up the heat, and stir in 1 x 200g tinned sardines, drained, the juice of 1 lemon, a good pinch of saffron, and some seasoning. Simmer for 3 minutes, tossing until the pasta is well coated in the sauce – add more pasta water to loosen, if need be. Toss through some chopped parsley and a little lemon zest and serve sprinkled with the pangrattato. Serves 2.

### Sardine puttanesca and polenta

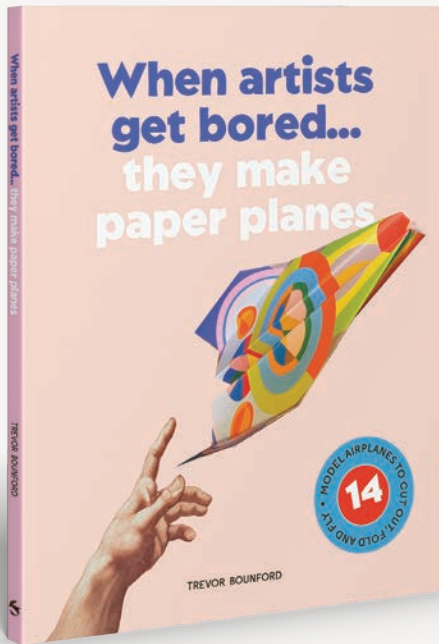
Anchovies are replaced with sardines in this heavy meal that makes good use of store cupboard ingredients.

Tinned sardines  
Red onion  
Garlic  
Red chili  
Tinned tomatoes  
Tomato purée  
Black olives  
Capers  
Polenta  
Butter  
Oregano

Pour a little oil from the sardine tin into a pan, add 1 finely chopped red onion and cook until softened, about 10 minutes. Add 2 finely sliced garlic cloves, ½ chopped red chili, 1 x 400g tin of chopped tomatoes, 1 tsp tomato purée and 200ml water. Season and simmer for 15 minutes, until thickened. Stir in 2 x 50g tins sardines, 2g halved black olives, 1 tsp capers, and cook for another 5 minutes.

To cook the polenta, bring 1000ml stock or water to a boil, turn the heat down, and tip in 125g quick-cook polenta, whisking constantly. Keep whisking for a few minutes until the polenta is cooked – the mixture should come away from the side – then stir in 50g butter and some seasoning. Serve the puttanesca on top of the polenta, and scatter with fresh oregano. Serves 2.





Trevor Bounford is a graphic designer, illustrator, artist, and author of more than fifteen books including one on origami, and three on making paper airplanes. His design and illustration work has appeared in museums and galleries worldwide, and his art has been exhibited in the Royal Academy Summer Exhibition and at London's Mall Galleries. In this book, he combines his passion for the work of great artists and designers with a lifelong fascination for paper aeronautics.

c. 50 illustrations  
28.0 × 22.5 cm (11 $\frac{1}{8}$  × 10 $\frac{1}{8}$  in.)  
64 pp Paperback  
9781837760480

£11.99

Publication date 15 August

## When Artists Get Bored... They Make Paper Planes

Trevor Bounford

*A surprising selection of sixteen paper plane designs inspired by some of art's greatest names. Simply cut out, fold, and fly!*

- **Easy-to-follow** instructions with spectacularly swooping results.
- A **fun promise** that lightly delivers manageable chunks of art history, landing it in a sweet spot for gallery and museum stores.
- **The author's previous paper books** on this subject have sold well internationally.

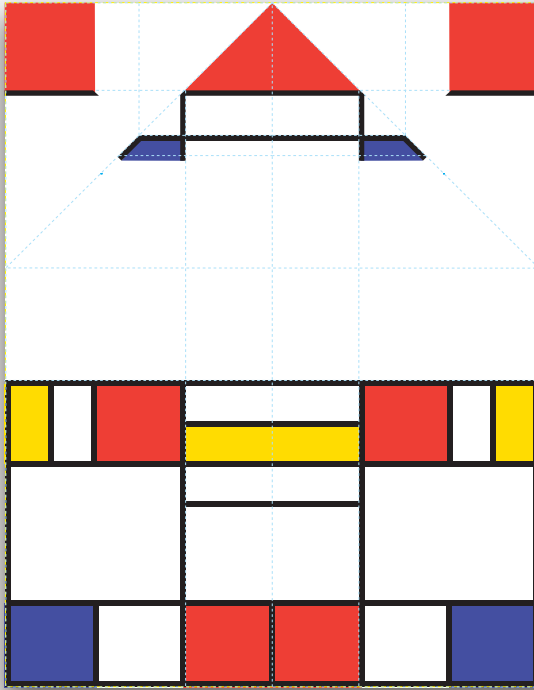
Each of the planes included in this book celebrate an instantly recognizable masterwork from one of history's great artists. Transformed into brand-new designs by the ingenious imagination of paper-plane expert Trevor Bounford, they're easy to cut out, fold, and fly, so you'll soon be taking to the skies!

The selection includes Hokusai's iconic woodcut *Great Wave off Kanagawa*, Mondrian's *Broadway Boogie Woogie* and Leonardo's *Vitruvian Man* – as well as designs inspired by the work of Frida Kahlo, Hilma af Klint and Sonia Delaunay.

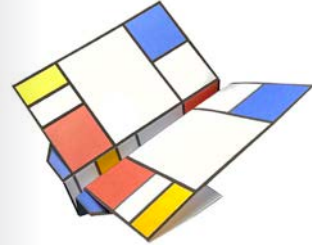
Reimagined in this book, all become elegantly cultured flying machines, each celebrating form, colour and aerodynamics.

A4





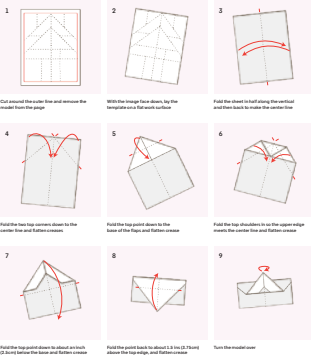
## Piet Mondrian's BROADWAY GLIDER



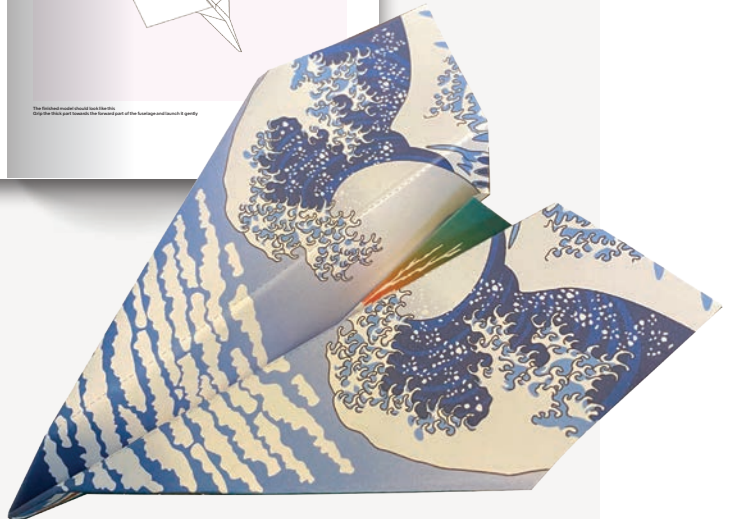
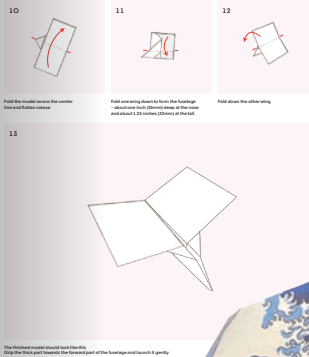
A Dutch born artist who lived in Paris from 1911 to 1914 and from 1918 until 1938 when He moved to London then to New York in 1940. His early paintings, mostly landscapes, were naturalistic and influenced by impressionism. Over time, Mondrian, whose work always had a strong spiritual

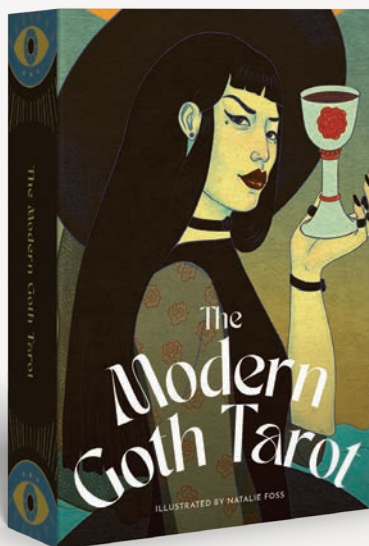
 PIET IS PRONOUNCED  
LIKE PETER!

### Airplane model 1 (for Vasarely, Mondrian and Klee)



© 2011 PAPER MODELS - 11030-01-010





**Natalie Foss** is a Norwegian illustrator and artist who has a degree in illustration from Kingston University and lives in London. Her client list includes PRH, *Rolling Stone*, *Entertainment Weekly*, Laurence King Publishing, *Stylist*, *Wired*, and many more; she created the best-selling *Movie Tarot* deck for Laurence King Publishing, and used to run a Goth club night.

**Stephen Baird**, who contributes the text, is a bookseller, ex-Goth, and Tarot reader who tweets at @IndieBookshopUK.

78 illustrations

Box: 16.0 × 10.8 × 4.2 cm  
(6 3/8 × 4 3/8 × 1 3/4 in.)

78 cards with a 40-page booklet  
9781837760428

£20 inc VAT

Publication date 29 August

## The Modern Goth Tarot

Tarot card illustrations  
by Natalie Foss  
Introductory book by  
Stephen Baird

*Celebrating the glories of Gothic style and attitude, this Tarot deck will help any Goth find their true path.*

- **Most bookstores** and many gift stores have dedicated Tarot tables, where this package will stand out.
- **As the Big Bearded Bookseller**, Stephen Baird champions indie stores and publishers, and was named one of the 2021 Bookshop Heroes by the Bookseller and the BA.
- **With traditional Tarot iconography** given a uniquely Gothic aesthetic, this deck is illustrated with sophisticated new art by illustrator – and Goth – Natalie Foss.

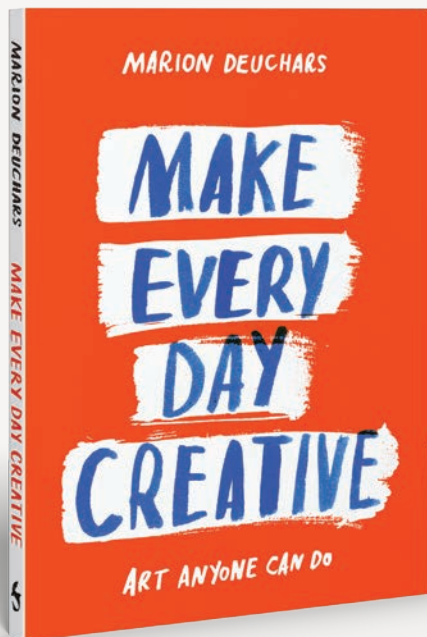
Together, the 78 cards and 40-page guidebook, elegantly presented in a gift box, will accompany the user on their journey towards self-knowledge and a more profound understanding of their place in the world.

The 22 cards of the Major Arcana (representing the journey from foolishness to wisdom) and the 54-card Minor Arcana (the suits of Wands, Pentacles, Cups, and Swords) help us understand our creative, material, emotional, and rational selves. All are demystified by seasoned Tarot practitioner (and ex-Goth) Stephen Baird.



A4





Marion Deuchars' distinctive lettering and illustration has established her as one of the UK's leading visual creatives. She has won Gold and Silver awards from the Art Directors Club NY, and three D&AD Yellow Pencils. Her first book for adults, *Yoga for Stiff Birds*, has been translated into eight languages. She has also written numerous books for children, including *Let's Make Some Great Art*, *Bob the Artist*, *Art Play* and *Colour*.

c. 400 illustrations  
23.0 x 17.0 cm (9<sup>1</sup>/<sub>8</sub> x 6<sup>3</sup>/<sub>4</sub> in.)  
192 pp Paperback  
£9781837760152

£16.99

Publication date 5 September

## Autumn lead title!

### Make Every Day Creative Art anyone can do

Marion Deuchars

*Projects to inspire and nurture creativity all the year round.*

- In a screen-dominated age, this book will help readers enjoy hands-on artistic expression.
- The projects can be enjoyed by adults, families, or groups.
- A bestselling author with a strong track record in museum, gallery and gift sales, as well as the book trade.

Live the life of a true creative! Marion Deuchars invites you into her world, introducing over 100 projects and ideas, with plenty of inspiration to release your artistic potential. Projects like hand printing, marbling, cyanotype and rubber stamping will absorb you for an enjoyable afternoon; others like street photography, beach sculpture and dog doodling can be done in the moment.

It's never too late to discover – or rediscover – your artistic side. With Marion's inspiring ideas to get you started, you'll learn how a little creativity every day can bring happiness and fulfilment.

A4







# DRAW BIG DRAW SMALL



## #00 CHANGE SCALE

Select a small item nearby. Enlarge it on the largest paper available, aiming to fill the page. Charcoal or brush and ink work better than a pencil. This exercise makes you really look. I thought I knew what a pencil sharpener looked like until I started trying to draw it. It also takes you out of your comfort zone and can be a real challenge.

## #00 Creative Exercise

Draw tiny human figures in pen or pencil. Small size focuses effort and medium linings. People don't stand straight - they lounge, sway, slouch. Capture movement for realistic characters. I used London street photos for my drawings.

## #00 Creative quickie

Look at the work of William Kentridge and Andrea Bowers.

# BRUSH LOVE

## MAKE YOUR OWN BRUSH

I had so much fun making these brushes as I had had them. Colored flowers, grasses, things around the house and street to utilize. The used brushes sit on the garden, not too far from the house with a small pile of them to be used for painting or drawing.

Use salt or sugar, paper, clay, grass, newspaper, old leaf, bamboo leaf, wood, sticks, cardboard, cotton buds, newspaper, string, flower, dandelin, leaf.

## Creative Exercise

Use your hand to make brushes. Use salt or sugar and try to use with them. Use the following page to see how to use them and how to use them to make your own brush.

## Creative quickie

Take an old brush and use it to draw a simple shape. Use the salt or sugar to make a simple shape. Use the salt or sugar to make a simple shape.



# CALM the CRITIC

There's a persistent voice inside our heads, often telling us what we can and cannot do, especially when we start making art.

It's our logical mind attempting to set boundaries. To truly embrace creativity, you must quieten that critic and trust your intuitive instincts. That's when the good stuff happens.



# BIRD BLOTCHING

## PLAYFUL WATERCOLOUR AND INK

I enjoy drawing birds because of the variety of shapes and colours to draw from in nature and their resilience are really inspiring. I usually start on mixed media paper, and water, spiritolene, and dry brush work on top.

Over time, I draw the bird in black watercolour ink. Alternatively I start with the ink drawing and remove the process.

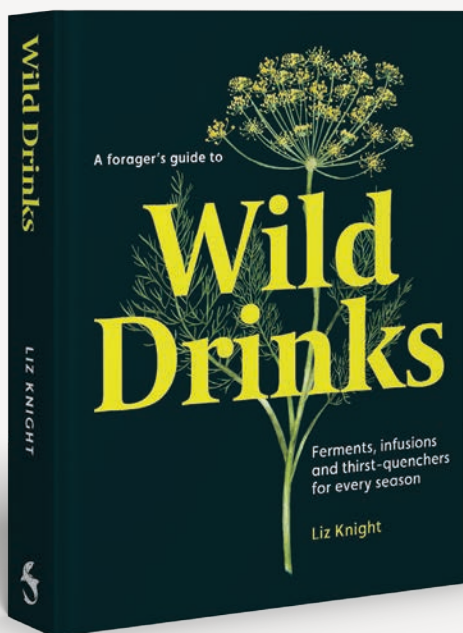
The versatility is part of the joy of this exercise.

## Creative Exercise

Draw bird shapes on thick paper for a strong pencil and ink line. Use dry brush work on top. Use the water, spiritolene, and dry brush work on top.

## Creative quickie

Look at the work of David Laing, George Bower and Peter Bird drawings and paintings.



Liz Knight is a leading wild plant and foraging expert who lives in the Black Mountains in Wales, UK. She runs courses and workshops in foraging and cookery, and is the author of the bestselling book *Forage: Wild Plants to Gather, Cook and Eat*. When not writing or teaching, she can usually be found deep in a ditch or hedge, surrounded by nettles and brambles.

c. 80 illustrations  
24.6 × 18.8 cm (9¾ × 7½ in.)  
288 pp Hback  
9781837760138

£24.99

Publication date 5 September

## A Forager's Guide to Wild Drinks

Ferments, infusions, and thirst-quenchers for every season

Liz Knight  
Illustrated by  
Veronica Ballart Lilja

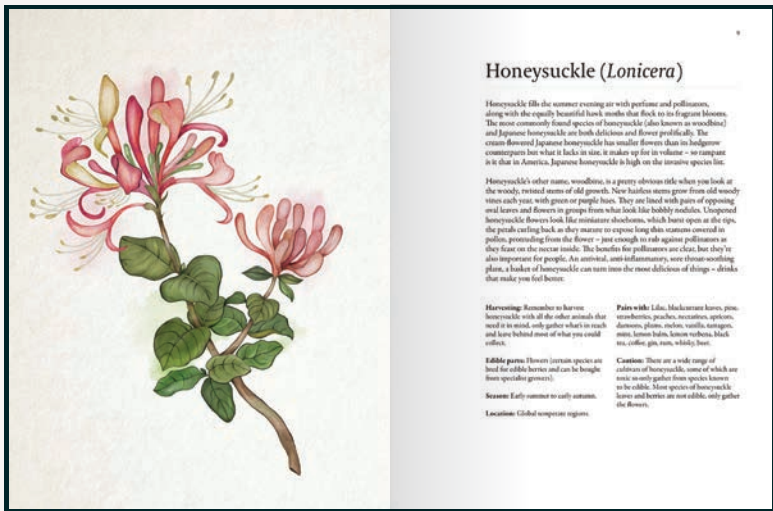
*Brew up your own wild concoctions to enjoy through the seasons.*

- An ideal reference for foodies, lovers of the outdoors, and anyone interested in natural health and wellbeing.
- Written by a leading expert, and packed with practical information about over 50 wild plants
- Ties in with current trends for small-batch beverages like wine, coffee and craft beer.

An illustrated guide to wild ingredient-based drinks featuring the plants to forage, where to find them, which parts to safely use, an overview of their uses in drinks and delicious recipes.

The book celebrates year-round foraging and feasting, from soothing winter warmers and delicate botanical teas to energy-boosting tonics and zingy summer coolers. Liz's expertise and enthusiasm are truly infectious, and her readers will soon be happily gathering their own wild harvest. She includes step-by-step instructions for the basic processes for making eleven types of drinks, including wines, beers, ciders, kombuchas, teas, coffees, juices, tinctures, and tonics.





## Honeysuckle (*Lonicera*)

Honeysuckle fills the summer evening air with perfume and pollinators, along with the equally beautiful hawk moths that flock to its fragrant blossoms. The most commonly found species of honeysuckle (also known as woodbine) and Japanese honeysuckle are both delicious and flower prolifically. The cream-flowered Japanese honeysuckle has smaller flowers than its hedgehog counterpart but when it lacks its size, it makes up for it in volume — so rampant is it that in America, Japanese honeysuckle is high on the invasive species list.

Honeysuckle's other name, *wandooita*, is a pretty obvious title when you look at the woody, twisted stems of old growth. New harkens stems grow from old woody vines each year, with green or purple leaves. They are lined with pairs of opposing oval leaves and flowers in groups from what look like bubbly nodules. Unopened honeysuckle flowers look like miniature chachos, which burst open at the top, the push curling back as they mature to expose long thin stamens covered in pollen, protruding from the flower — just enough to rub against pollinators as they feast on the nectar inside. The benefit for pollinators is clear, but they're also important for people. An antioxidant and inflammation, some throat-soothing plant, a basket of honeysuckle can taste the most delicious of things — drinks that make you feel better.

**Harvesting:** Remember to harvest honeysuckle with all the other animals that need it to eat, and gather what is fresh and have behind most of what you could collect.

**Edible parts:** Flowers (some species are best for colds, berries and can be brewed from sprouts or green).

**Season:** Early summer to early autumn.

**Locations:** Global temperate regions.

**Pain relief:** Lids, blackberry leaves, pine, strawberry, peach, cucumber, spinach, dill, lemon, ginger, onion, garlic, orange, mint, lemon balm, lemon verbena, black tea, coffee, gin, rum, whisky, beer.

**Caution:** There are a wide range of subspecies of honeysuckle, some of which are toxic to early gather from species known as the edible. Blue species of honeysuckle leaves and berries are not edible, only gather the flowers.

## Rowan (*Sorbus spp*)



Rowan trees, often called mountain ash, are easier to identify in the late summer when they are adorned with large clusters of bright red berries. You'll find rowan trees in gardens, cross streets, parks and, as in other names suggest, on mountain sides. Rowan trees are small with slender grey trunks, which if cut back will grow multiple trunks like a coppiced stand. The leaves are divided like small ash leaves but, unlike ash, rowan leaves are toothed or serrated around the edges.

Rowan berries are incredibly nutritious — they're crammed full of vitamin C, vitamin E, beta carotene and potassium. They're also riddled by berberin as a medicine, used for healing digestion, lung and the liver. Easy to find and quick to harvest, the large clusters of berries mean you can fill a bucket in minutes but, despite all of their attributes, rowan berries aren't as commonly eaten as other wild fruit. If you see a row berry (fruit) you'll know why they are incredibly bitter and astringent. The reason for their unappealing flavor when ripe is due to sorbic acid, a compound that renders the fruit inedible when raw. Not only would eating raw rowan berries be incredibly unpleasant, but they'd also make you feel rather ill. Fortunately, freezing or cooking renders this compound harmless. Freezing also 'highly' sweetens the berries but may be enough to eat them alone. Luckily, Rowan's berries, strawberries, fruit, Rowan is most well-known in drinks than on plates of food and with a bit of know-how, the berries are turned into the most delicious of drinks.

**Edible parts:** Leaf and flower bud, flowers and berries.

**Pain relief:** Ginger, honey, crab apple, dill, lemon, blackberry leaves, orange, cinnamon, ginseng, pepper.

**Harvesting:** Collect leaf and flower buds in early spring. Berries are going early summer. Gather ripe berries when they are soft and beginning to become open jars.

**Caution:** Rowan berries, buds and berries all need to be heated to make them safe to consume.

**Locations:** Trees planting: parks and mountain sides.

## The wine-making process



**1 Preparing your ingredients**  
Before your ingredients are turned into wine, they need to be sorted and cleaned to make sure that you are not using anything damaged or rotting, which could introduce unwanted bacteria.



**2 Making the 'must'**  
Add boiled water with sugar and any additional acid to a glass bottle to make a 'must'. This is the stage in wine-making where nothing has started fermenting yet, or been strained, allowing flavonins from the fruit, herbs or flowers to be pulled into the liquid before straining.



**3 The first fermentation**  
Add wine-making yeast to the bottle to start fermentation, covering it with a muslin cloth and rubber band. This can take anything from a few days to over a week, according to what type of wine you are making.



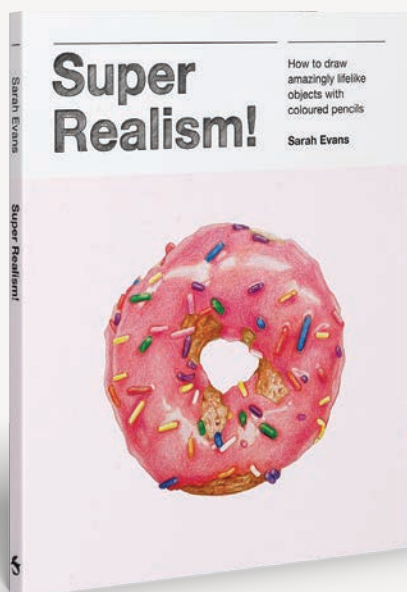
**4 Secondary fermentation**  
When the yeast starts converting sugars into alcohol, the wine will start forming bubbles on the surface. At this stage, strain it, removing any solids, then pour into a demijohn, and seal with a clean air lock. You should see bubbles rise through the wine into the airlock after a couple of days.



**5 Racking the wine**  
After a few weeks, the bubbles will stop rising. Separate (or rack) the wine from the sediment into a clean demijohn by siphoning it with a sanitized rubber tube. Add a sanitized Campden tablet to your racked wine (you may need to rack the wine a second time if more sediment builds up). After racking, leave the wine to slowly mature. Light, floral wines will be ready after around a few months, dark fruit wines may need over a year.



**6 Bottling the wine**  
Bottle the wine once it has matured. Fill the bottles by siphoning it into them, leaving a few small gaps at the neck for the cork to fit in. Store the bottles on their sides so that the cork stays wet and doesn't shrink.



**Sarah Evans** became a full-time artist after working as an architect for fifteen years and now specializes in prints and drawings. In 2017, she started a new series, *My Still Life*, which marked a departure from her signature architectural style and instead focused on hyper-real pencil drawings of modern foodstuffs with a playful edge. Sarah also works with the pencil brand Derwent to inspire new artists to experiment with coloured pencils.

c. 400 illustrations  
25.0 × 20.0 cm (9<sup>7</sup>/<sub>8</sub> × 7<sup>7</sup>/<sub>8</sub> in.)  
96 pp Paperback  
9781837760442

£14.99

Publication date 12 September

## Super Realism!

How to draw  
amazingly lifelike  
objects with  
coloured pencils

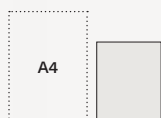
Sarah Evans

*Master the skills of this  
on-trend style of drawing.*

- **Evans makes it easy:** her authoritative techniques section leads into twenty detailed work-throughs with hundreds of step-by-step images.
- **Using everyday objects as models,** the images aren't just hyper-realistic, they also raise a smile.
- **Existing pencil techniques books** are dry, old-fashioned, and badly dated: *Super Realism!* brings the fun back.

Pick up your pencils and get ready to draw like you never knew you could. Transforming the banal into the beautiful, Sarah's hyper-real coloured-pencil drawings highlight the fascinating detail and harmony in the everyday world around us. Simple items that seemed dull and mundane gain a fresh and playful appeal.

With this book, you'll learn how to draw your own super-real artworks. Twenty step-by-step tutorials show you each stage on the way to an impressive finished effect. From a simple spoon to an appetizing avocado and beautiful rosebuds, you'll discover new confidence and skills.







Your dog will be schooled by Sophie Collins, who wrote the classic guide to the body language of dogs, *Tail Talk*, a bestseller in twelve countries. Since then, she has created a number of successful books including the award-winning *Tricks & Games to Teach Your Dog*; and, most recently, *How to Raise a Happy Dog*. Illustrator Charlotte Farmer completes the cards: her previous books include *The Hipster Colouring Book*, *The Passive-Aggressive Colouring Book* and *The Museum of Me*.

c. 50 illustrations

Box: 15.1 × 11.0 × 4.8 cm  
(6 × 4<sup>3</sup>/<sub>8</sub> × 2 in.)

50 cards with a 16-page booklet  
9781837760473

£18

Publication date 12 September

## School for Dogs (and their humans)

Sophie Collins  
Illustrated by Charlotte Farmer

*A chance to gift the  
priceless blessing of  
a well-behaved dog!*

- Combines proven dog know-how with wry illustrations in a fresh package.
- Charlotte Farmer's dry humor will appeal to dog owners and gift-givers alike.
- There are 11 million dogs in the UK.

The best way to keep your dog happy and well behaved is to give it challenging things to do. *School for Dogs* presents fifty ingenious ideas for tricks, training, and doggy happiness. You'll learn how to introduce new games and toys into the day; how to keep your dog lively and friendly, and how to address occasional behaviour problems before they become serious.

Each card presents one simple piece of Sophie Collins' expert advice paired with a winning illustration from the pen of Charlotte Farmer.

Topics include Swapping not Snatching, Slow Walking, Bake Tray Treasure Hunt and more.

A4



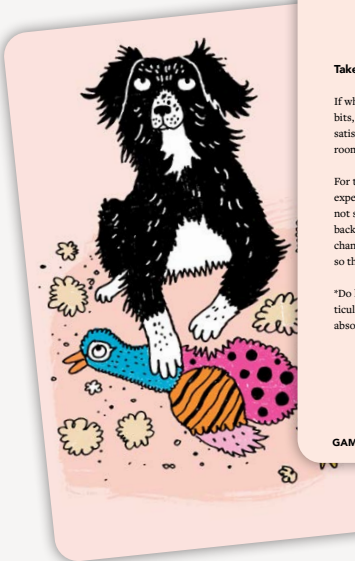
## Fair Exchange

### Tricking to avoid snatching

The worst tactic when your dog has something you want them to have is to try to grab it back, or start an entertaining game of chase.

Instead of swapping, offer swaps instead and you'll be setting up a good game for those times when you need to get something from them more urgently. Why should they always be going to offer something that's more valuable to them? You're the more experienced guardian – especially of a dog that keeps a small, novel, desirable toy, ball, or treat about their person.

For success: practise when your dog is distracted by something, produce the substitute, attention-grabbing noise – 'wow!' – change, holding the lure out with one hand and the original object. It's a great habit to instill in you as the provider of the good stuff, and your pet, and ensuring you can stage a swap when it really matters.



## TERMINATOR GAMES

### Take it out on the toy

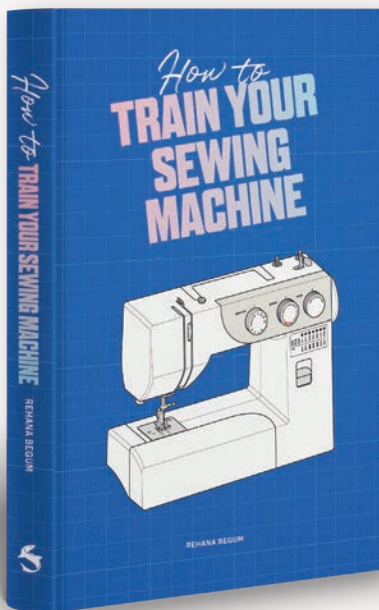
If what your dog really likes to do with a toy is tear it to bits, go along with it. For a terminator, the game only satisfies once the toy is in tiny pieces scattered round the room. 'Great,' their expression seems to say, 'job done.'

For these dogs, take care to choose the right toys – not too expensive, not so cheap or poorly put together that they're not safe, and ideally with possibilities to be knotted or tied back into some kind of whole so that your dog gets another chance to finish them off. Many will double up as tug toys, so that a dog can first 'win' them and then go in for the kill.

\*Do keep an eye on this – swallowed squeakers, in particular, not only endanger your beloved dog, but cost an absolute fortune to remove.

GAMES #8





As a child, **Rehana Begum** watched her mother create colorful matching outfits for her daughters on an industrial sewing machine; by the age of thirteen, she knew that she would become a fashion designer. After gaining a BA in Fashion Design from Central Saint Martin's, she mastered tailoring and pattern cutting on Savile Row and designed for brands including All Saints, Matthew Williamson and Ozwald Boateng. Having first taught sewing in West Africa, she now shares her passion and knowledge at her London school, Sew It With Love.

c. 120 illustrations  
19.8 × 13.7 cm (7<sup>7</sup>/<sub>8</sub> × 5<sup>1</sup>/<sub>2</sub> in.)  
144 pp Hardback  
9781837760374

£14.99

Publication date 17 October

## How to Train Your Sewing Machine

Rehana Begum

*A real-world beginner's guide to the confusing, infuriating, wonderful device that is your sewing machine.*

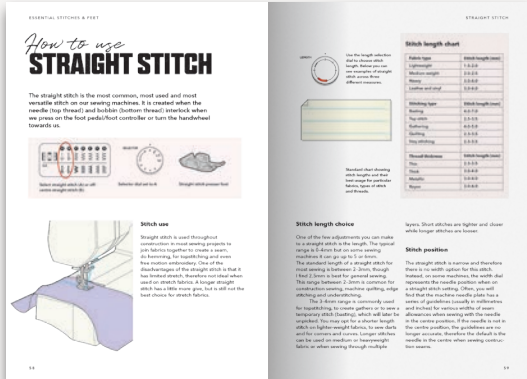
- **With a fresh spin on a classic topic**, this titling and approach will appeal to younger sewers.
- **Combines real-world expertise** with contemporary patterns and passionate enthusiasm.
- **Rehana's great story** ranges from cutting-edge fashion design to the finest tradition of British tailoring – and her drive to share her knowledge, everywhere from West Africa to Lambeth.

Rehana Begum has taught sewing for years and knows how to introduce beginners to their sewing machines without stress or disaster. Now she presents that expertise in an elegant contemporary format.

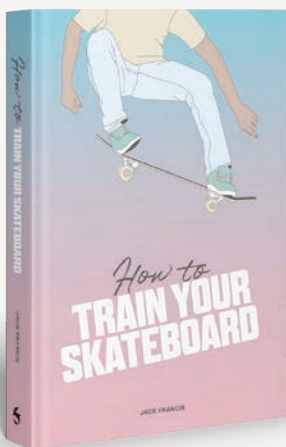
With the book's clearly illustrated techniques section, you'll quickly learn how to thread your machine, choose your stitch, and start the machine without creating a frustrating mess of knots. Rehana then presents simple patterns including a tote bag and a zip-up pouch, so you'll quickly be able to build on your skills and turn them into finished products to be proud of.

A4





Also available:



## How to Train Your Skateboard

Jack Francis  
Illustrated by Ewa Żak

c. 150 illustrations  
19.8 x 13.7 cm (7 7/8 x 5 1/2 in.)  
144 pp Hardback  
9781837760060

£14.99

Available now



**Kate Colin** is a paper-folding artist and designer based in Glasgow. Inspired by origami and geometric form, Kate creates modern, handcrafted lighting designs and other products for interiors, retail and individual clients. Her work has been featured in the *Financial Times*, *Elle Decoration*, *Living*, *Homes & Interiors*, *Country Living* and *Stylist*. She teaches students at all levels, hosts regular online and in-person workshops and has created a course for Domestika.

c. 200 photographs  
21.5 × 17.0 cm (8½ × 6¾ in.)  
80 pp Paperback  
9781837760459

£12.99

Publication date 3 October

## Paper Folding

### Learn in a weekend

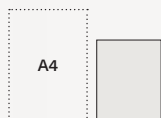
Kate Colin

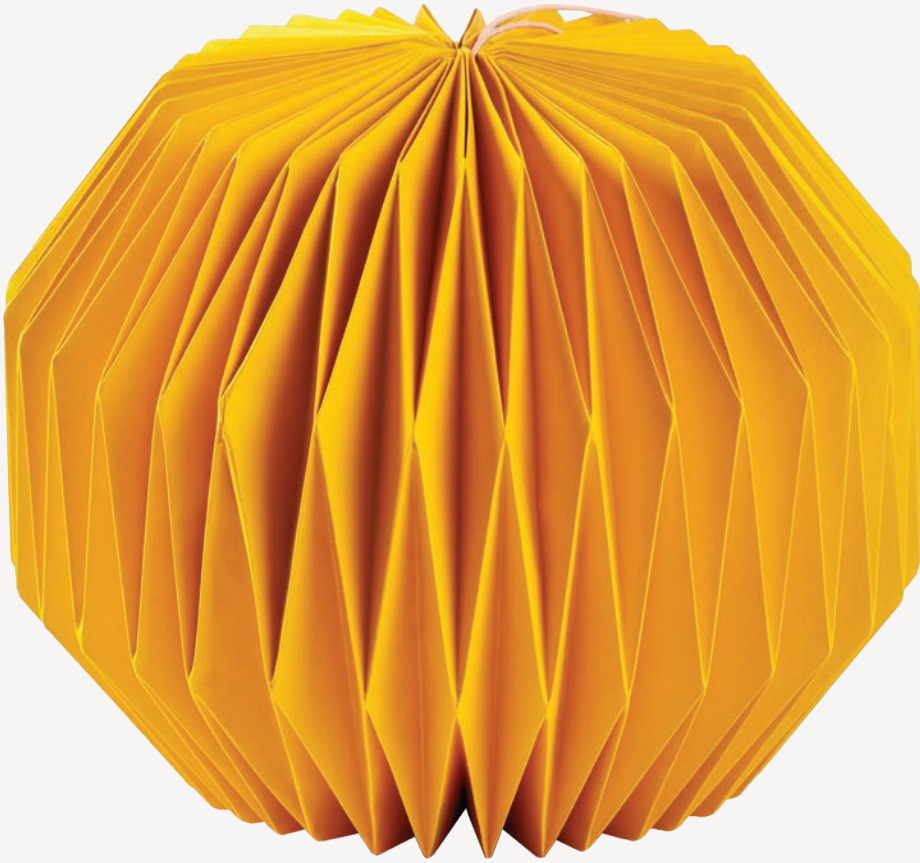
*The art of decorative folding, made easy.*

- **An easy-to-learn craft** with eye-catching results that spark conversations.
- **This simple approach** yields contemporary results that are achievable for beginners—but look fantastic.
- **Experienced author**, featured in lifestyle magazines, who knows how to share her skills.

The fourth creative skill to be covered by the *Learn in a weekend* series, paper folding is easy to learn with a highly rewarding outcome.

This book's opening section introduces a range of folding techniques; the reader can then apply their new skills to make eight complete projects – any of which will make a distinctive centrepiece in the home.





**Projects**

1. Framed faceted artwork
2. Hanging decoration
3. Geometric vase covers
4. Folded handles
5. Hand-faceted lampshades



### Mixing some simple colours

The colour chart on the opposite page should give you some idea how many colours can be mixed using just the three primary (process) colours: yellow, magenta and cyan. Adding extender to the mix will enable you to lighten the colours.

The following formulas are for Caligo inks. If you are using other inks you may need to tweak the recipes slightly. If you are using lower quality inks you will still be able to mix a range of colours but they won't be as pure and vibrant as the colours here. Please use the proportions I have given as a guide so you end up with the correct amount of ink. Do not, for instance, use 100 blobs of yellow ink to make warm yellow! Start with a blob of yellow and add a tiny amount of magenta.

When mixing colours, remember to start with the weaker or light colour first, and add a little at a time of the other colour. For example, to mix light green, start with yellow and add a very small amount of cyan at a time. It is very easy to underestimate the strength of the magenta and especially the cyan.



86 GETTING STARTED

#### PRIMARY (PROCESS) COLOURS

yellow, magenta, cyan

#### PRIMARY COLOURS + EXTENDER

light yellow = 1 part yellow + 5 parts extender

light magenta = 1 part magenta + 5 parts extender

light cyan = 1 part cyan + 10 parts extender

#### SECONDARY COLOURS (MAGENTA + YELLOW)

red = 2 parts magenta + 1 part yellow

orange = 1 part magenta + 10 parts yellow

warm yellow = 1 part magenta + 100 parts yellow

#### SECONDARY COLOURS (CYAN + YELLOW)

dark green = 1 part yellow + 1 part cyan

mid green = 5 parts yellow + 1 part cyan

light green = 10 parts yellow + 1 part cyan

#### SECONDARY COLOURS (CYAN + MAGENTA)

dark purple = 1 part cyan + 1 part magenta

mid purple = 1 part cyan + 1 part magenta

+ 2 parts extender

mauve = 1 part cyan + 3 parts magenta

+ 4 parts extender

#### TERTIARY COLOURS (CYAN + MAGENTA + YELLOW)

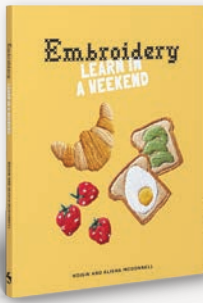
grey = 1 part cyan + 1 part magenta + 1 part yellow

+ 10 parts extender

black = 1 part cyan + 1 part magenta + 1 part yellow

+ 5 parts yellow + 3 parts magenta + 1 part cyan





## Embroidery

### Learn in a weekend

Alisha McDonnell, Roisin McDonnell

*An easy way to get into needlecraft, with instructions, templates and contemporary projects.*

- **Embroidery is booming** as a new demographic falls in love with it.
- **The authors know this market** – with years of experience giving workshops and selling patterns, they understand which subjects and designs are hot.
- **Sew Botanical has a passionately engaged online following.**

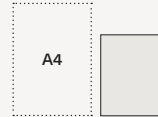
The traditional craft of embroidery has gained fresh excitement as a new generation of stitchers tries contemporary subjects like houseplants and modern interiors. This smart little book, written with beginners in mind, perfectly captures that aesthetic, and gives you the skills you need to succeed.

Alisha and Roisin McDonnell built Sew Botanical, their online store, from the ground up, beginning with nothing but a few skeins of thread and their visual flair. They now have a thriving international business, running workshops for beginners and creating kits and templates to get people started.

c. 120 photographs  
21.5 × 17.0 cm (8½ × 6¾ in.)  
80 pp Paperback  
9781837760190

£12.99

Available now



## Linocut

### Learn in a weekend

Nick Morley

*Make prints to be proud of in no time at all.*

- **Linocut is the most accessible of print media**; even cheap kits yield high-quality results.
- **Nick has years of experience** teaching beginners how to make their own prints and knows how to overcome the stumbling blocks that they face.
- **The realistic 'in a weekend' promise** has a proven appeal and allows anyone to get started with confidence and ambition.

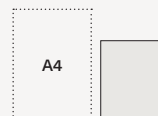
Linocut is a perennially popular medium for the amateur artist, as the forgiving process makes it possible for a beginner to come up with powerfully graphic results using basic equipment; this book will show you how.

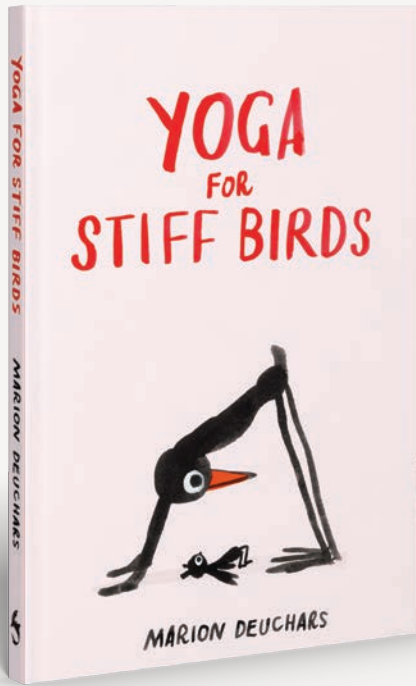
Nick Morley (aka Linocutboy) has been a professional linocut artist for more than two decades; his clients include food and drink brands, many magazines, and publishers including Penguin, Faber, Bloomsbury and the Folio Society. He also teaches printing and has written two instructional books. He lives and works in Margate, UK.

c. 240 photographs  
21.5 × 17.0 cm (8½ × 6¾ in.)  
80 pp Paperback  
9781837760107

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Available now





Marion Deuchars' distinctive and individual style has established her as one of the UK's leading visual creatives. She has won Gold and Silver awards at the Art Directors Club NY, and three D&AD yellow pencils. She has also written numerous books including *Let's Make Some Great Art*, *Bob the Artist*, *Art Play* and *Colour*; these have been translated into many languages including French, German, Spanish, Italian, Catalan, Japanese, Chinese, Portuguese and Dutch.

200 illustrations  
18.0 x 13.0 cm (7 1/8 x 5 1/8 in.)  
80 pp Hardback  
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£10

Available now

## Yoga for Stiff Birds

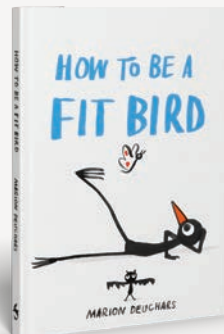
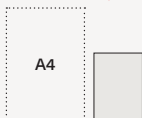
Marion Deuchars

*Loosen up with a smile on your face.*

- A distinctive fresh take on yoga from the bestselling author of *Let's Make Great Art* and *Bob the Artist*.
- The cute package makes for easy point-of-sale placement and impulse-buy gifting.
- A perennial topic that's ripe for a new treatment.

Marion Deuchars has practiced yoga for many years, and well knows the benefits it brings. Now she shares that passion through her illustrated bird, whose expressive poses will charm you into a reviving session of yoga breathing, stretching, posing, and mindfulness.

Everyone who sees this book falls in love with it. Join them!



COMING IN 2025!

# WHERE to START?

START WITH A CONVENTIONAL SEATED POSE. IT IS ONE THAT IS MOST ASSOCIATED WITH YOGA PRACTICE AND SO A GOOD PLACE TO START.

## SEATED POSE EASY/COMFORTABLE Sukhasana

SIT CROSS-LEGGED, USE A BLOCK OR ROLLER UP TOWEL IF NEEDED UNDER BOTH SEATHEM SHOULDERS, LENGTHEN NECK, HANDS UP/OUT.



YOGA FLOW TO ENERGISE THE BODY AND WAKE UP SPINE. REPEAT 3 TIMES.



### 1. TABLE TOP

*Bhujangasana*  
ON ALL FOURS, HIPS OVER KNEES, SHOULDERS OVER HEADS, KNEES INSTANTLY APART.



### 2. CAT

*Marjaryasana*

EQUAL AS YOU BEND TOWARD DRAWN AROUND YOUR SPINE. BE ON THE HEEL. DRAW YOUR BELLY IN AND UP.

Deep stretch



### 3. COW

*Bitilasana*  
SHOULDER IS OVERHEAD YOUR BACK, BELLY TOWARD HEEL. LIFT FEET. ANYLY DRAW EARS. EXTEND NECK UP.

STANDING POSE

## WARRIOR I

*Virabhadrasana I*

FEET HIP WIDTH, HIPS FACING FORWARD, STEP YOUR RIGHT FOOT FORWARD, BENDING YOUR KNEE. STRETCH ARMS UP, REACH TO THE SKY.



STANDING POSE

## WARRIOR II

*Virabhadrasana II*

FEET WIDE AND PARALLEL. TURN LEFT TOES IN 45°, RIGHT TOES OUT 90°. LUNGE TO RIGHT, KNEE ABOVE ANKLE. ARMS STRETCHED OUT TO SIDE. REPEAT ON OTHER SIDE.



# How to Eat Chocolate

# How to Drink Coffee

Sarah Ford

*Life's tastiest  
little pleasures,  
richly illustrated  
and guaranteed  
to raise a smile.*

Sarah Ford has written many giftable bestsellers including *50 Ways to Kill a Slug*, *What Would Unicorn Do?*, *Be a Flamingo*, *The Chinese Zodiac* and *It's the Little Things*. Kari Modén, who illustrates *Chocolate*, has a stellar client list including Bonnier Fakta, *Cosmopolitan*, *Die Zeit*, Dorling Kindersley, *Elle*, *GQ*, *Tatler*, the *Guardian*, the *New Yorker* and the *New York Times*. Clare Owen, who illustrates *Coffee*, is a freelance Illustrator based in Bristol. Select clients include *Elle France*, *Oprah Magazine*, *Monocle*, Hallmark and Marks & Spencer.



- A giftable little series celebrating life's tastiest pleasures, presented with a touch of style.
- We all know a chocaholic and a caffeine addict who'll enjoy new ways to get their fix!
- The distinctive package, arresting titling and dramatic illustrations make the books stand out from the crowd.

With these charmingly giftable titles, you'll discover how to tame the world's two most beloved tastes. Sarah Ford's expertise makes these books a lifesaver for the person in your life who simply can't do anything before their first cup of the day or who lives and breathes for their chocolate fix.

45 illustrations  
18.5 x 13.5 cm (7 $\frac{3}{8}$  x 5 $\frac{3}{8}$  in.)  
128 pp Hardback

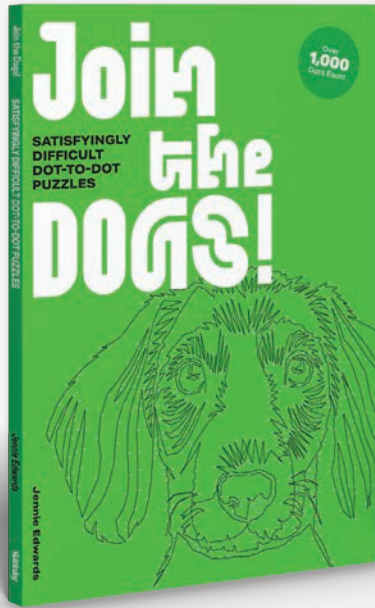
How to Drink Coffee: 9781837760220  
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## Join the Dogs!

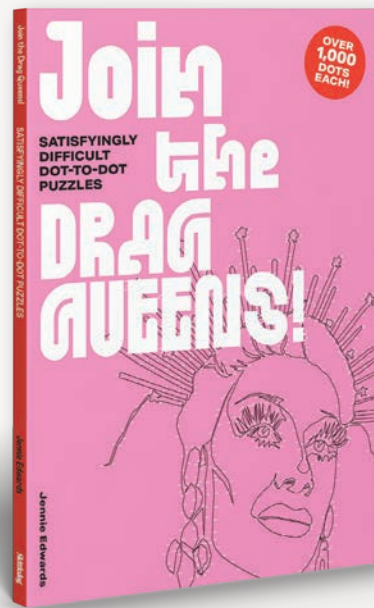
Satisfyingly difficult  
dot-to-dot puzzles

Illustrated by Jennie Edwards

20 puzzles  
35.5 × 25.4 cm (14 × 10½ in.)  
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## Join the Drag Queens!

Satisfyingly difficult  
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Illustrated by Jennie Edwards

20 puzzles  
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48 pp Paperback  
9781837760091

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Available now



Elin Svensson's playful and harmonious illustrations show off her command of color, texture and form. Aimed at the head and the heart, these sophisticated combinations of tone and gradient have won her clients like Adidas, Apotek Hjärtat, *the Business of Fashion*, Facebook, the *Financial Times*, *Grafik* magazine, the *Guardian*, IKEA, the *Wall Street Journal* and *Zeit Wissen*. She lives in Stockholm, Sweden.

Box: 26.7 × 26.7 × 5 cm  
(10<sup>5</sup>/<sub>8</sub> × 10<sup>5</sup>/<sub>8</sub> × 2 in.)  
Puzzle: 65 cm (25<sup>1</sup>/<sub>2</sub> in.)  
in diameter  
Plastic-free packaging

Forest Dream  
9781837760046

Reef Dream  
9781837760053

£19.99 inc VAT

Available now

## Forest Dream

A flow state  
jigsaw puzzle

## Reef Dream

A flow state  
jigsaw puzzle

Illustrated by Elin Svensson

*Discover the calming power of the flow state with two nature-themed jigsaw puzzles.*

- **Jigsaw puzzling is a growing trend:** more and more people are turning to this calming, mindful pastime.
- **Abstract gradient puzzles are already popular;** this is the first to use gradient-based art in a circular form, specially designed to engender a flow state.
- **The luxuriously finished packaging** and the circular puzzle combine to make this a highly desirable gift.

We all know flow, even if we don't yet know what to call it: that blissful state of absorption, when you're so engaged with what you're doing that you don't notice the time passing. Psychologists now know that it brings us a host of mental health benefits: balance, tranquility and less stress.

Spread out the puzzle pieces and discover it for yourself!



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