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'Travel inspiration titles are the fastest-growing area of the market.'

- Piers Pickard (*Lonely Planet*)



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## Go Your Own Way

Hacks, Tips and Tricks to Travel the World Solo  
**Ben Groundwater**

April  
ISBN 9781741176438  
£16.99 | Flexibound  
256pp | 210 x 190 mm  
Full colour throughout

**An inspirational and practical guide to travelling the world on your own**

You can do anything! Because the world might seem like an intimidating place: a place where no one speaks your language, where no one knows your name and where no one is there to help; but the reality is very different. Travelling solo is empowering. This is a practical and aspirational book designed to help you take your first bold steps into solo travel, with tips on preparation, planning and safety, as well as inspiring and amusing travel tales. It includes detailed guides to the 10 best cities to travel solo (Tokyo, New York City, Buenos Aires, Queenstown, Sydney, Saigon, Esfahan in Iran, Berlin, Lisbon & Amsterdam) as well as where 'not to go' on your own, and gives ideas for how to travel consciously and in a culturally sensitive way.

**Ben Groundwater** is an award-winning columnist and feature writer for major national Australian newspapers as well as *Lonely Planet* publications. He is also the host of the travel podcast *Flight of Fancy*, available now on iTunes.

- Solo travel is on the rise, with a *Huffington Post* UK survey showing it to be a travel trend to watch, and *Evening Standard* calling 2018 the year of solo travel