

The Fly Fisher

The Essence and Essentials
of Fly Fishing

gestalten





PORTRAIT *Fly fishing, film, and family: **Brothers on the Fly** is a new-media partnership of siblings that uses film and photography to inspire fly fishers everywhere to fish more and to start discussing controversial ideas.*



FISH SPECIES AROUND THE GLOBE

Favorite targets for fly fishing are often salmonids, as the angling methods themselves were developed around catching trout. Including various species of trout, as well as rainbow trout/steelhead, grayling, and, of course, salmon, the salmonid family is made up of cold-water fish that spawn in freshwater. The anadromous fish of these species spend the majority of their lives in the ocean, having migrated from the freshwater where they are born; they return to freshwater to spawn.

Salmonids are predators, as is the northern pike, a hard-fighting catch and another cold-water species popular with anglers. Tarpon, bonefish, permit, mahi mahi, and giant trevally—fish that live in warmer waters—also make good marks for anglers, whether because of their fight, size, or suitability for the table. The fish described here are a mix of species with anadromous lifecycles and those that live in landlocked waters, including rivers, lakes, streams, or ponds.



THE BROOK TROUT

Though commonly called a brook trout, the *Salvelinus fontinalis* is actually part of the salmon family. There are two types: salters, which are anadromous, and coasters, which are potamodromous and so migrate from lake to stream. The prized North American native is distinguished by the worm-like markings on its back, its pink spots, and its spectacular shading. These characteristics are more pronounced when the fish is in freshwater. Because of the declining populations caused by the loss of the fish's habitat in its native regions, anglers use catch and release for the sought-after brook trout. Fly fishers should ensure their hands are wet if handling the brook trout, as its skin is easily damaged.

LATIN NAME *Salvelinus fontinalis*
LOCATION Fresh and salt waters
WEIGHT Average 2–13 lb. (1–6 kg); up to 18 lb. (8 kg)
LENGTH Average 15–20 in. (38–50 cm); up to 34 in. (86 cm)
FACT The brook trout is the state fish for nine U.S. states and the provincial fish of Nova Scotia, Canada.





FLY-FISHING ESSENTIALS

(1) Saltwater fly box (2) Waterproof neck pouch (3) Pliers (4) Glue and UV wader repair (5) Breathable waders (6) Hip pack (7) Fish stringer (8) Wading boots (9) 7.6-inch #4 fly rod (10) 9-inch #6 fly rod (11) Landing net (12) Fly vest (13) Water bottle (14) Pocket flask (15) Wading jacket (16) Beanie (17) Scale (18) Freshwater fly box (19) Fly-drying tube (20) Hip waders (21) Polarized sunglasses (22) Headlight (23) Windstopper gloves (24) Baseball cap (25) Water rules



First cast of the season in Paradise Valley, Montana.

THE FLY FISHER

The Essence and Essentials of Fly Fishing

Editors: gestalten & Maximilian Funk & Thorsten Strüben & Jan Blumentritt
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Reel the rewards of fly fishing while being surrounded by nature and wildlife. The lure of pristine rivers coupled with the sensation of casting a net into the open make fly fishing the perfect balance of outdoor activities.

The Fly Fisher is a celebration of both the community and artistry of a sport with an ever-growing global appeal. By showing a new generation of aficionados alongside an established, avid band of global fishers, we take a refreshing overview on the essence of the sport, while showing how to care for nature and connect with the environment.

For both curious minds and prolific fishers, this is an updated version of a gestalten favorite. In this definitive look at contemporary fly fishing, we go through gear essentials and knot patterns, and explain the techniques needed to master this pastime. Join us as we explore new fishing spots, introduce newcomers to the sport on a beautiful scale, and exhibit an opulence of stunning new photography.

WHAT TO EXPECT

- An updated edition of the best-selling title *The Fly Fisher*
- Reflecting the growing want for a lifestyle connected to nature and spending time outdoors
- The combination of inspiring photography, people, and initiatives
- Step-by-step illustrations on basic techniques and equipment
- Exclusive illustrations by Japanese artist Yusei Nagashima

THORSTEN STRÜBEN is an instructor with the European Fly Fishing Association and has a wealth of knowledge over the sport extending nearly two decades. Hamburg-based freelance creative director **JAN BLUMENTRITT** is an active fly fisher with several years worth of knowledge in the sport.

FALL 20



UPDATED EDITION

SAMPLE COVER

